



Willoughby Elementary School

Newsletter #4 September 23, 2025

20766 – 80th Avenue

Langley, B.C., V2Y 1X6

Phone: 604-888-6033 / Fax: 604-888-9598

<https://willoughby.sd35.bc.ca>

Principal: Mrs. Karin Muuren

Vice Principal: Mrs. Lara Gray

Administrative Assistant: Mrs. Mya Bainbridge



Upcoming Events

September 26:	Orange Shirt Day at school
September 26:	Hot Lunch
September 29:	School Improvement Day – No students in session
September 30:	National Day for Truth and Reconciliation – No students in session
October 1:	Yom Kippur
October 5:	World Teachers' Day
October 10:	Individual Photos
October 10:	Hot Lunch
October 13:	Thanksgiving Day – School not in session
October 16:	Great Shake out and Reunification Drill
October 23:	Learning Updates issued
October 23:	Halloween Dance - PAC
October 24:	Pro D – No Students in session
October 31:	Halloween- Costume Twirl
November 3:	Photo Retakes
November 8:	National Aboriginal Veterans Day
November 10:	Design and Assessment Day – No students in attendance
November 11:	Remembrance Day – No school
November 13:	World Kindness Day
November 14:	PAC Movie night
November 15:	Christmas Market
November 17:	PAC Meeting 6:30 PM
November 26:	Student Inclusive Conference – No School
November 27:	Early Dismissal 12:30 PM- Student Inclusive Conference
November 28:	Hot Lunch



Reminders

Student Agendas now available for purchase - \$6 <https://sd35.schoolcashonline.com/Home/SignIn>

Sept 26 Orange Shirt Day for our school on Friday,

Sept 26 Hot Lunch – Friday

Sept 29: School Improvement Day – No Students in Session

Sept 30 No School September 30- National Day of Truth and Reconciliation

Student Verification, Student Reunification Release and Self-Identification of Aboriginal Ancestry (if applicable) forms are due now.

THANK YOU!

Thank you to everyone who came to the kick-off event at the Meet the Teacher Night. It was so lovely seeing everyone and bringing the community together. Thank you to all the parent volunteers who organized and facilitated this event!



FALL WEATHER



Autumn is here, and the mornings are getting cooler.

As we transition into our rainy season, our students continue to enjoy outdoor play—rain or shine! To help them stay comfortable, please ensure your child is dressed appropriately for the weather. It's a great idea to pack extra socks in their backpack, and for our younger students, additional clothing is highly recommended—those puddles are just too tempting sometimes!

On warmer afternoons, we often find coats left outside. If your child is missing a jacket, please encourage them to check the lost and found this week. **And don't forget to label your child's clothing—this makes it much easier for us to help reunite lost items with their owners.**



Terry Fox Run: The final total has now been confirmed. Thank you to our Willoughby families and staff for their help in raising \$ 1195.35.00 for the Terry Fox Foundation. We almost made our goal of \$1500. Students donated enough money to ensure that Terry's paper "running shoes" were able to travel around the entire exterior of the learning commons and back to the office, and earned extra recesses as a reward. Thank you to our Terry Fox Run Committee for all their hard work in organizing an amazing school event for this very special Canadian hero, and to all the parents and caregivers who joined us for last Friday's run. Well done, everyone!



Back to School Health Guide – Fraser Health

As summer winds down, it's time to gear up for a healthy back-to-school season. Set the stage for a smooth transition back to school. Here are some practical tips to get you started.

Prioritize Sleep

Ensuring your child gets enough sleep is an important part of a healthy back-to-school routine. Quality sleep helps with concentration, mood and overall well-being. Aim for nine to 11 hours of quality sleep per night.

Eat Well

Support your child's learning and development with scheduled meals and snacks. Breakfast kick starts their morning, while snacks and lunches nourish them throughout the day. Pack a water bottle to help them stay hydrated.

Boost Immunity

As with any public environment, school exposes children to various germs. Ensuring they are up-to-date on their vaccinations helps protect them and others. Specific immunizations are recommended for children prior to entering kindergarten as well as in grades six and nine. Help your child avoid the spread of illness by encouraging them to wash their hands regularly, teaching them to cover their coughs and sneezes and keeping them home when sick.

Keep Active

Adding physical activity to your child's routine sets them up for success. Activities like walking or biking to school, playing sports, dancing, swimming or helping around the house are great ways for your child to stay active. Set limits on screen time and promote outdoor play as much as possible for overall well-being.

Make Time for Talking and Connection

Going back to school can be a cause of anxiety or stress for children. Make it a point to encourage open communication and support your child to talk about their feelings



and help them feel heard and understood. Integrate downtime into their routine where they can relax or focus on a special interest or hobby.

Find more school health tips and resources on Fraser Health's website:

[School Health - Fraser Health Authority](#)

Communicating With Your School

Schools and families continue to work together to ensure success for students. If you have an issue or concern but don't know who to speak with, the District encourages you to read these helpful Communicating with your School guidelines for parents/guardians found on our District website [here](#). As an additional reference, review this one-page resource [here](#).

Morning Breakfast Cart Reminder

We're pleased to offer a breakfast cart for students each morning from 8:30 to 8:45 a.m. If your child needs something for breakfast and misses that time slot, they can ask their teacher for permission to visit our Community Fridge, located near the office.

We want every student to start their day feeling nourished and ready to learn—thank you for your continued support!



NATIONAL DAY OF TRUTH AND RECONCILIATION

Our students continue to explore the impacts of Residential Schools as we lead up to the National Day of Truth and Reconciliation. One of the ways that we engage in these important conversations is through rich and meaningful picture books that allow students of all ages to access learning. While we will be leading our students in the learning, we recognize the importance of all of our community members also conversations at home. Below are some suggestions for engaging in the conversations.



Orange Shirt Day

September 30th

What can you do?



Read books by Indigenous authors



Review the 94 Truth and Reconciliation calls to action and commit to at least one



Watch online events hosted by the National Centre for Truth and Reconciliation



Identify and connect with your local Indigenous serving organizations



Read Phyllis Webstad's book "The Orange Shirt Story"



Cross-Country practice and races for our Grade 4 & 5 Students

It is that time of the year that we have our Cross-Country practices and meets. Practice will take place every Monday after school from 2:45 – 3:15 PM and every Friday before school from 8:15- 8:40 AM. Meets will be on Tuesdays. Our first meet is on October 1.

Emergency Procedures in Schools

Schools follow emergency procedures and practice drills throughout the year to ensure students, staff, and any visitors at our sites are safe when unexpected incidents happen. The District encourages families to become familiar with emergency procedures to help you and your child be prepared. You will find the District's Emergency Procedures poster in schools and on the website [here](#).

Community Volunteers in Emergencies

Emergencies can happen unexpectedly due to weather events (e.g., earthquake or flooding) or unforeseen situations in the community. The health and safety of students, staff, and families is the District's priority. The District, together with schools, follow emergency procedures to respond to incidents as well as prevent them from happening. As stated in the provincial **Emergency Management Planning Guide for Schools, Districts and Authorities**, staff have a legal "duty of care," meaning that they "must ensure that students are cared for until such time as they can be safely reunited with their parents." Depending on the situation, the school may be caring for students for many days.

In these circumstances, schools may rely on members of the community to assist with emergency responses. Administrators may send a request to parents/guardians to help volunteer with first aid, facilities and maintenance, safety and security, and general labour. Adults with special skills in health care, policing, and engineering would be an asset in an emergency. No action is needed from families at this time as the purpose is to keep families informed.

Choice Program Applications Open Soon for French Immersion

Did you know there are two options for families looking for French Immersion for their students? Early Immersion starts in Kindergarten and goes to grade 12; the Late Immersion program begins in grade 6. The online registration window **opens October 6 and closes October 20, 2025**. To learn about French Immersion, there is an online information meeting on **October 1st at 6 pm**. This features a short presentation about the program and the benefits of learning an additional language, with time for questions.

Here is the link for the online meeting:

Join the meeting now

Meeting ID: 248 048 850 522 9

Passcode: P9rc9J9X

More information can also found on the District website:

<https://www.sd35.bc.ca/programs-initiatives/programs-of-choice/immersion-programs/>

All inquiries can be emailed to languages@sd35.bc.ca.

Fair Notice Resource for Students/Families

*The Langley School District is committed to a safe and supportive environment for all. Our schools take all threatening comments and behaviours seriously. Our schools follow procedures when responding to threat-making behaviour to help keep students, staff, and the community safe. The following resource **here** outlines what information students and families need to know in relation to how the District responds to threat-making behaviour in our schools. Everyone has a role in helping keep our students safe. If you have any questions or concerns, please contact your school administrator.*



Updates from the PAC



- **If you are available to help during future hot lunches, please connect with the PAC at willoughbypac@gmail.com.**

Sprit Wear is On Sale

- Don't miss out! On sale until September 29.
- Show your school spirit! Colour t-shirts, hoodies, sweatpants, and bags.
- Purchase on <https://www.munchalunch.com/schools/willoughby/>

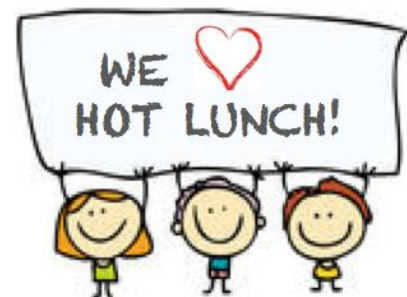
Coupon Books are On Sale

- On sale until October 2.
- Help us fundraise with the Community Values Coupon book.
- Books and information packages were sent home with all students.
- Please purchase or return your book.
- <https://www.munchalunch.com/schools/willoughby/>

Notice of Special PAC Meeting

Monday, October 6 at 6:30 PM via Zoom. Please see meeting agenda, below.
All parents and guardians are welcome to attend.

Please email the PAC with questions: willoughbypac@gmail.com



Willoughby
Elementary
PAC

SPIRIT WEAR

ON SALE NOW!



COLOUR T-SHIRTS

Yellow, red, green, and light blue

YOUTH: \$15

ADULT: \$20

Teachers will send home details on your child's team colour.

There will be team colour spirit days
throughout the year.

PLACE YOUR ORDER BETWEEN SEPTEMBER 15-29



SWEATPANTS

(with pockets)

YOUTH: \$35

ADULT: \$40



HOODIES

YOUTH: \$37

ADULT: \$42



FULL ZIP HOODIES

YOUTH: \$47

ADULT: \$52

Hoodies and pants available in black, navy, and grey.

Full zip hoodies in black and navy.

Drawstring bag in navy.



DRAWSTRING BAG

\$15

ORDER HERE:

<http://munchalunch.com/schools/willoughby>

SHOW YOUR SCHOOL SPIRIT! ORDER TODAY!

CONTACT THE PAC WITH QUESTIONS: willoughbypac@gmail.com



✉ WILLOUGHBPAC@GMAIL.COM
🌐 WILLOUGHBPAC.CA
f FACEBOOK.COM/WILLOUGHBYELEMENTARYPAC

Willoughby Elementary School PAC Meeting Agenda SPECIAL MEETING

Date: October 6, 2025

Time: 6:30pm

Online: Zoom Meeting ID 925 4743 4981

1. Call to Order
2. Welcome, Land Acknowledgement
3. Proposed amendment to the PAC Constitution and Bylaws:
 - a. Member-at-Large positions.
4. Budget adjustments:
 - a. Move the Drumming Workshop budget line (\$3,250) from the General account to the Gaming account.
 - b. Increase the budget for the Music Program, General account.

Next Regular PAC Meeting:

Monday, November 17, 2025 at 6:30pm in the Learning Commons.



Program for Children and Youth Experiencing Violence

Prevention, Education, Advocacy,
Counselling and Empowerment

HOSTED BY:



**THE WILLOWS
FAMILY LIFE CENTRE**
GIVING • HOPE • TODAY

Peace Fall Group Session

Where: The Salvation Army Willows Family Life Centre
Unit 103-5735 203 Street, Langley BC

When: Tuesdays evenings

Teen 4-4:45pm

Dinner 5:00pm

Preschool - Elementary 5:45-6:45pm

Beginning October 7th through December 2nd

Who: Children ages 3 - 16 and their Mother/Caregiver
who have experienced/witnessed violence.

****Pre-Registration Required****

Referrals to be made through Jamie Douglas

Email: jamie.douglas@salvationarmy.ca

Phone: 604-510-2628

