Uplands Elementary/Uplands Montessori

4471 – 207 A Street Langley, BC V3A 5V8 Phone: 604-533-1285 Fax: 604-532-9748 School Website: https://uplands.sd35.bc.ca/

Principal: Ryan Neufeld Admin Assistant: Deanna Halldorson Email: ryneufeld@sd35.bc.ca Email: dhalldorson@sd35.bc.ca



Family Fridge Memo Nov 14, 2025

Dear Uplands Families,

One of the greatest strengths of our school community is the partnership between home and school. Parents and guardians play a vital role in their child's learning, wellness, and overall development. This involvement, encouragement, and communication make a significant difference in helping students thrive.

If you ever have questions or concerns about your child's learning, safety, or well-being, we encourage you to follow the steps outlined in the Communicating with Your School Process document. This guide ensures that questions are addressed efficiently and respectfully. You can find the document here:

https://www.sd35.bc.ca/communicating-with-your-school

Thank you for your continued support and collaboration. Together, we strive to create the best possible learning environment for every student.

Warm regards,

Ryan Neufeld Principal of Uplands Elementary

Action Required:

☐ Registration is now open for families to book their Student Inclusive Conference November 24 - 28.

Teachers are aiming to complete all their conference the week of November 24 - 28. There are time slots available both before school and after school. If for some reason you are unavailable to attend one of the time slots available, please contact the classroom teacher to try to find a mutually appropriate time.

To login, please click on the following link: https://uplands.schoolappointments.com/

Please note you must create a new account each year.

□ Nov 20 – Excel Martial Arts will be coming to Uplands Elementary on Nov 20 students will get the opportunity to participate in a Marial Arts Lesson during a PE Block. If you DO NOT want your child to participate in this event, please let the office know.



Fall brings wind & rain. Please have your children dress appropriately every day for the weather. Please pack a spare change of clothes that can be kept in your child's backpack, please include a pair of socks.

□ Uplands Holiday Giving Trees

What is a Giving Tree?

The idea of the Giving Tree is to provide some muchneeded Holiday cheer to our Uplands Families

There will be two decorated Christmas trees in the halls. One tree will be our gift Card tree, and one will have gift requests from an Uplands family hanging from the branches.



The Christmas Trees will be beautifully decorated and ready for your family to pick a gift tag or two starting on November 26th. (See the flyer below for more information)

☐ Winter Concert - Our teachers have been planning and putting together a performance that is planned for Dec. 17th We plan to have a dress rehearsal in the morning @ 9:15 and a Matinee in the afternoon @ 1:30 pm



Important Dates:

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- □ Nov 20 Excel Martial Arts Visiting Uplands
- □ Nov 21 Hot Lunch Day
- □ Nov 25 Fire Drill
- □ Nov 26 Student Inclusive Conference (Students NOT in attendance)
- □ Nov 27 Student Inclusive Conference 2 hr. early dismissal for Students (12:33 pm)
- ☐ Nov 27 **Early Dismissal @ 12:33**
- □ Nov 28 Inside Out Day Spirit Day
- ☐ Dec 15 Ugly Holiday Sweater Day Spirit Day
- ☐ Dec 17 Red & Green / Elf Day Spirit Day
- □ Dec 17 Winter Concert Rehearsal @ 9:15 am & Concert at 1:30 pm
- □ Dec 19 Santa Breakfast & Pajama Day
- ☐ Dec 19 Last Day prior to Winter Break



From the PAC

- ☐ PAC Meeting Tuesday November 18 in the Library @ 6:30 pm.
- ☐ Munch-A-Lunch is now Open for HOT LUNCH ordering Nov 7 Dec 5 hot lunch dates. Nov 21 Hot Dog, Dec 5 Sushi

Click the link here to order now: https://munchalunch.com/schools/UplandsLangley/

From the District

□ Langley School District Foundation - We are thrilled to share our 2024/25 Annual Impact Report! We invite you to take a few moments to explore the profound effects of our community's generous support.













UPLANDS HOLIDAY GIVING TREES

What is a Giving Tree?

The idea of the Giving Tree is to provide some much-needed Holiday cheer to our Uplands Families

There will be two decorated Christmas trees in the halls. One tree will be our gift Card tree, and one will have gift requests from an Uplands family hanging from the branches.

How does it work?

- Uplands families can come into the school starting Nov 26th and pick a gift tag or two from the trees.
- 2. Families will go out and purchase the gift item requested on the tag.
- Wrap the gift at home.
- Bring the gift back to the school wrapped with the gift tag attached (so the organizers know what the gift is)

The deadline to bring wrapped gifts back is Dec 15th at 9am.

With your generosity we can give multiple Uplands Families the helping hand they need during the Holiday Season! – Thank you















Dental, Hearing, and Vision Health (from Fraser Health)

Health, safety, and wellness continue to be a priority in our schools. To help support our students and families, we are sharing important information from our community partner Fraser Health about Dental, Hearing, and Vision Health. Please see below for helpful reminders to support your child.

Make Dental, Hearing and Vision Checks Part of a Healthy Routine

It's important for your child to have regular eye exams and routine dental checkups. This can help find issues early and lead to better outcomes. It is also important to recognize any hearing loss early as this is essential for speech and language development.

Dental

Tooth decay and other oral health concerns are the most common preventable chronic diseases in children. Establishing good oral hygiene habits early and ensuring regular dental checkups are essential for your child's oral health.

To find a local dentist who is accepting new patients, visit the BC Dental Association's <u>Find</u> a Dentist database.

If your family is experiencing financial challenges and doesn't have extended health coverage, there are <u>programs</u> available to help make dental care more accessible. You can also reach out to the dental program at your local public health unit at <u>Dental Care</u> - <u>Fraser Health</u> to learn about community resources and support.

Vision

BC <u>Doctors of Optometry</u> (BCDO) recommends children receive their first eye exam when they are six to nine months old, with a follow up exam at least once between the ages of two and five, and then yearly once they enter school. You can find an optometrist accepting new patients near you on U. In BC, one basic eye exam per year is free up to the age of 18. Some optometrists may charge a user fee of about \$35-50 per visit, so be sure to ask about any fees before you make an appointment. Find more information on BCDO's <u>Children's Resources page</u>.

Hearing

Good hearing is essential for speech and language development and plays an important part in a child's social and emotional growth. It is important to recognize hearing loss early and seek out testing and treatment if needed. Fraser Health's Public Health community audiologists provide free hearing services for children from birth to 19 years of age. If you have a concern about your child's hearing, referrals can be made by a parent or caregiver, a health care provider or education professional to your <u>local public health</u> audiology (hearing) clinic.

Find more information on child health screenings and how to access free vision, hearing and dental exams on <u>Fraser Health's website</u>.

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School Status Info During Inclement Weather

Information about school status during **inclement weather**, **snow closures and power outages are an annual occurrence in Langley School District**. So, where do you go to get information about the status of schools during periods of inclement weather?

If you are able to access the internet via computer or smartphone, current information about Langley schools can be accessed on:

- On the District and School websites
 (See alert announcing the effected schools displayed at the top of the district website)
- On Facebook, X (formerly twitter) and Instagram
- On media outlets such as CKNW 980AM, News1130, 170.1FM Country, CBC Radio 690AM, Pulse Radio 107.7 or 88.1FM

If you don't have internet connectivity but your phone is working, call a relative or friend in an area that has not been affected by the storm and ask them to check the district website for you.

Please note that Langley District schools are all considered 'open' until a decision to close is required. Decisions on school closures are usually made by 6:30 am. As always, it is a parent's decision whether to send their child to school based on safety and individual circumstances. If you feel it is unsafe for you or your child to travel to or attend an open school for any reason, please keep your child home and report an absence to the school.

In the event of inclement weather, please do not call the school. During a power outage we are reduced to one landline. We need to this line free for emergencies. Also, the office is not able to answer so many phone calls.

Thank you for your cooperation - Uplands Office Staff.

School District #35 (Langley) 2025-2026 School Calendar Elementary Schools

MONTH	DATE	
	Sep 1 (M)	Labour Day (School Closed)
September	Sep 2 (T)	School Opens
September	Sep 29 (M)	School Improvement Day (Students not in attendance)
	Sep 30 (T)	National Day for Truth and Reconciliation (School Closed)
October	Oct 13 (M)	Thanksgiving (School Closed)
Octobel	Oct 24 (F)	Professional Development Day (Provincial - Students not in attendance)
	Nov 10 (M)	Design & Assessment Day / Learning Update Prep (Students not in attendance)
November	Nov 11 (T)	Remembrance Day (School Closed)
November	Nov 26 (W)	Student Inclusive Conferences
	Nov 27 (Th)	2 Hour Early Dismissal - Student Inclusive Conferences
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December	Dec 19 (F)	Last Day Prior to Winter Break
January	Jan 5 (M)	School Re-Opens After Winter Break
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	Feb 9 (M)	Professional Development Day (District - Students not in attendance)
February	Feb 13 (F)	Design & Assessment Day / Learning Update Prep (Students not in attendance)
	Feb 16 (M)	Family Day (School Closed)
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	Mar 4 (W)	2 Hour Early Dismissal - Student Inclusive Conferences
	Mar 5 (Th)	Student Inclusive Conferences
March	Mar 13 (F)	Last Day Prior to Spring Break
	Mar 30 (M)	School Re-Opens After Spring Break
A 1	Apr 3 (F)	Good Friday (School Closed)
April	Apr 6 (M)	Easter Monday (School Closed)
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May	May 15 (F)	Professional Development Day (District - Students not in attendance)
	May 18 (M)	Victoria Day (School Closed)
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L	Jun 25 (Th)	Final Learning Update & Last Day for Students Prior to Summer Vacation
June	Jun 26 (F)	Administrative Day (Students not in attendance)
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July / August		Summer Session
July / August		Julillet Jession

APPROVED: SD35 Board of Education Meeting April 29, 2025