
Uplands Elementary/Uplands Montessori

4471 – 207 A Street Langley, BC V3A 5V8
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School Website: <https://uplands.sd35.bc.ca/>

Principal: Ryan Neufeld
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Admin Assistant: Deanna Halldorson
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Family Fridge Memo Sept 12, 2025

Dear Uplands Families,

As we wrap up the first two weeks of the school year, I want to take a moment to thank you for your support, patience, and partnership as we've welcomed students back into the building. It's been a joy to see classrooms come alive with learning, laughter, and connection.

Our staff has worked hard to create safe, inclusive, and engaging spaces for all students. Whether your child is settling into a new classroom, reconnecting with friends, or exploring new routines, we are proud of the resilience and enthusiasm they've shown.

We know that the start of the year can bring a mix of emotions for families and students alike. Please know that we are here to support families and students. If you have any questions or concerns, don't hesitate to reach out to your child's teacher or the school office.

As we move forward, we're excited to build on the momentum of these first weeks and continue fostering a strong sense of community and belonging at Uplands.

Thank you again for being part of our school family. We're looking forward to a fantastic year ahead!

Warm regards,
Ryan Neufeld
Principal of Uplands Elementary

Action Required:

- ☐ **Individual Photo Day – Tuesday Sept 16th** - Come dressed in your smiles. Ordering done on-line for quick turnaround. Retakes will be scheduled for a later date. Pictures arrive in time for the Holidays!



- ❑ **Save the Date: Meet the Teacher Night Grade 1 – 5**
Sept 18, 2025 @ 5:00 to 6:00
A - L 5:00 to 5:30
M - Z 5:30 to 6:00



There will be a short scavenger hunt for families to take part in during this evening. Please obtain an Open House Passport checklist from your child's classroom. When you complete the Open House Passport, drop it off in the draw box by 6pm (located near the front doors) to be entered in a draw for some prizes.

Don't forget to order Pizza!

- ❑ Montessori Kindergarten Registration for the 2026 – 2027 School Year **begins online** Monday Oct 6, 2025, **at Noon – Please click the link below to get directed to the Choice Program Registration page.**

<https://www.sd35.bc.ca/page/10213/choice-program-registration>



- ❑ **Parent Consent Request**

Each year, Langley Schools asks families to complete a set of parent consent forms for their child. These consent forms are required by our schools to ensure the health, safety, and security of all students. Langley Schools uses a secure web form to collect this information. **Beginning mid-September, please look for an email request (subject Parent Consent Request) that contains one link for you to submit consents for all children in your family attending any Langley School.** If your email address or contact information has changed, please call your school to correct it in our files. If you have not received an email regarding Parent Consent Request by the end of the month or have any questions/concerns, please contact your school administrator.

- ❑ **First Full Day of Kindergarten – Sept 15, 2025**



- **It's the 45th anniversary of Terry Fox's Marathon of Hope.** This year, our school is going all out to fundraise for cancer research! We're super excited to take part! Please support our student's fundraising efforts and donate today at:
<https://schools.terryfox.ca/99913> #terryfoxschoolrun @theterryfoxfoundation

The Terry Fox Run will be done outside with the whole school participating Monday September 22, 2025, from 1:20 – 2:00.

We shall run around the school yard following the trail into the woods in a counterclockwise direction.

Please help show your support by donating to: <https://schools.terryfox.ca/99913>

Bring a Toonie (\$2.00) for Terry on Thursday Sept 18th or donate online through the link above. Thank you for your support.



Important Dates:

- ☐ Sept 16 - **Individual Photo Day**
- ☐ Sept 18 - Meet the Teacher Night: Grades 1 – 5 @ 5:00 – 6:00
Welcome Back BBQ hosted by the PAC 4:30 – 5:30
- ☐ Sept 19 - Peace Day Assembly @ 1:20 pm
- ☐ Sept 22 - Terry Fox Run @ 1:20 pm
- ☐ Sept 22 - Fire Drill @ 10:40 am
- ☐ Sept 26 - Recognize Truth and Reconciliation (Orange Shirt Day)
- ☐ Sept 29 - School Improvement Day – Students Not In Session
- ☐ Sept 30 - **Truth and Reconciliation Day – School is Closed**
- ☐ Oct 2 - Earthquake Drill
- ☐ Oct 7 - **Photo Retake Day**
- ☐ Oct 10 - Lockdown Drill @ 10:30am
- ☐ Oct 13 - **Thanksgiving – School Closed**
- ☐ Oct 17 - PAC Halloween Dance
- ☐ Oct 24 - **Professional Development Day – Students Not In Session**
- ☐ Oct 27 - Book Fair

From the PAC

- ☐ **Meet the Teacher Pizza Social Sept 18 – 4:30 pm - 5:30 pm**
Pre Order required - **Orders Due Sunday Sept 14**
<https://www.zeffy.com/en-CA/ticketing/meet-the-teachers--2526>
- ☐ **Please take a moment to fill out the PAC Permission Forms using the link below.** This helps us confirm your child's event participation, treat permissions, dietary needs, and yearbook/photo consent, as well as keep our parent contact list up to date.
<http://bit.ly/41Ps6DT>
- ☐ **COMMUNITY VALUE Coupon Books** – Books were sent home with students this week. Please return your orders and money to your classroom teacher by Sept 25th - *If you are not going to sell any books, please return the package in full to your classroom teacher.*

3 WAYS TO BUY A BOOK

- 1) **Cash-** Please put money in an envelope or Ziplock with child's name and division
- 2) **Cheque-** Make Payable to UPLANDS PAC (child's name and div on memo line)
- 3) **Zeffy-** <https://www.zeffy.com/en-CA/ticketing/2526-community-values-coupon-book>

From the District

☐ **Communicating With Your School**

Schools and families continue to work together to ensure success for students. If you have an issue or concern but don't know who to speak with, the District encourages you to read *these helpful Communicating with your School guidelines for parents/guardians found on our District website [here](#)*. As an additional reference, review *this one-page resource [here](#)*.

☐ **Voluntary student accident insurance** - The District is offering two options for a voluntary student accident insurance plan for students. This plan is voluntary but provides significant benefits for accident insurance coverage for families.

Please note, enrolment in the program can be done online only, through one of the following options:

[Insure My Kids](#) OR [Study Insured](#)

Corresponding digital support materials for above service providers can be accessed via following links:

Insure My Kids:

[Insure My Kids - School Resources](#)

Study Insured:

☐ [Study Insured - Support Material](#)

☐ "With the start of the school season, we're asking drivers to avoid distractions and watch for children, especially near schools, parks and residential areas," said Leanne Cassap, local ICBC road safety coordinator. "We encourage parents and caregivers to give their children a refresher on road safety and practice their route to and from school if they'll be walking or cycling." Please see the attached info sheet for parents and caregivers.

Teach your child to be a safe pedestrian. Good habits start at home.

<https://www.icbc.com/road-safety/teaching/road-safety-for-your-kids>.

☐ **Talk with Me, Play with Me, Learn with Me**

Talk with Me, Play with Me, Learn with Me is a fun and engaging Langley Literacy Network program designed for Kindergarten students and their caregivers. The program will run Saturday mornings from 10-11 am, October 4 - November 22, 2025 in the Family Place portable on the grounds of Shortreed Community Elementary. It is an opportunity to read, play, learn, and connect. Each week, families will explore new books and activities that support early literacy and learning. Plus, every participating family will take home eight new books to build their home library!

Registration is required, and space is limited - sign up today at:
<https://langleyliteracynetwork.com/talk-with-me-play-with-me-learn-with-me/>

❑ **Reading Buddies Program**

Reading Buddies is an initiative that pairs different grade-level students for community reading time, outside of school hours. A Grade 10, 11 or 12 student buddies up with a Grade 2, 3 or 4 student to practice reading. The program will begin in October 2025 and take place in libraries across Langley. To register for the program visit:
<https://langleyliteracynetwork.com/reading-buddies/>.

Please note applying for the program does not guarantee a spot in the program. The number of Little Buddies we can serve depends on the number of Big Buddies that sign up.

Fraser Health Immunization Information for students in Kindergarten to Grade 5.

[All routine school-aged immunizations](#) are free in British Columbia.

It is important that all students stay up to date with their immunizations.

For Kindergarten - Grade 5:

Check your child's immunization record: Log in to Health Gateway at HealthGateway.gov.bc.ca to see what's on file.

Get immunized: If your child is missing any vaccine, book an appointment with public health or check with your local pharmacist, family doctor, or nurse practitioner.

Report your immunizations:

If vaccines your child has received aren't on their public health record, get a copy from your provider and upload it at fraserhealth.ca/immunizationform.

Records can be submitted in any language.

Learn more at fraserhealth.ca/immunize.

SHOP LOCAL & SAVE MONEY WHILE HELPING RAISE FUNDS

Dear Uplands Parents,

Your support is needed for our **COMMUNITY VALUES** fundraiser to help us achieve our goal to raise money!



Community Values is a new take on the traditional coupon book. For only \$35...this book features:

1. 3 Coupons from Dairy Queen that are no purchase necessary
2. Over \$6,500 in Savings at businesses in Langley, Cloverdale and Aldergrove
3. Custom Coupon Templates to make your own coupons to share with family and friends
4. Weekend Jar Coupons to experience local things to do for free with your family
5. Bonus Savings and Contests year-round on Instagram @community_values

Important Info

- Sale Dates: Sept 11th – Sept 25th, 2025

- 3 WAYS TO BUY A BOOK

- 1) **Cash-** Please put your money in an envelope or Ziplock with child's name and div or class on it
- 2) **Cheque-** Make Payable to UPLANDS PAC (Put your child's name and div or class on memo line)
- 3) **Zeffy-** <https://www.zeffy.com/en-CA/ticketing/2526-community-values-coupon-book>



Bonus Incentives

- 1) Every book a student sells they will receive a blind bag that will contain a collectable COOP Squad Buddy keychain. If you sell 12 books you will be **guaranteed all 12 characters** if you submit all 12 orders together. (Refer to prize flyer).
- 2) If you sell **13 books or more**, you will receive all 12 characters and the special limited-edition GOLDEN COOP KEYCHAIN + a pair of sunglasses
- 3) There will be minimum 7 GOLDEN COOP KEYCHAINS given out in random blind bags - if you find one you get to keep it and win a pair of sunglasses
- 4) Every Student that sells 2 books or more will win a Dilly Bar or Ice Cream Sandwich Gift Certificate for DQ
- 5) Every book you sell, your name will go into a draw to win 1 of these 9 prizes:
 - a) A free ice cream cake from Dairy Queen (1 winner)
 - b) 4 tickets to a Vancouver Giants game (1 winner)
 - c) DQ kids meal for a Langley DQ (3 winners)
 - d) Orange Julius hotdog and drink at Willowbrook mall (3 winners)
 - e) 2 Front row seats to Christmas concert (1 winner)
- 6) Top Selling Family will win 2 front row seats to the Christmas concert and reserve parking for the concert
- 7) Top Selling Class with money and books in on time will win a class presentation by urban safari!



IF EVERY STUDENT AT OUR SCHOOL SELLS 2 BOOKS, OUR SCHOOL WILL EARN \$7,770

ACCIDENT INSURANCE

FOR COSTS NOT COVERED BY
GOVERNMENT OR WORK BENEFITS



CRACKED
TOOTH
\$1,958



FRACTURE
\$4,554

OR HAVE THOSE COSTS COVERED WITH:



SILVER PLAN

- 10 Years Unlimited Dental
- \$6k Tutoring
- \$500 Paramedical
- \$750 Fracture/Dislocation
- \$15k Accidental Death
- + more

\$17



PLATINUM PLAN

- 10 Years Unlimited Dental
- \$200k Out of Province Medical
- \$6k Tutoring
- \$800 Paramedical
- \$1k Fracture/Dislocation
- \$30k Accidental Death
- + more

\$33

TO LEARN MORE OR BUY:

INSUREMYKIDS.COM

1-800-463-5437

Underwritten by Old Republic Insurance Company of Canada. Please visit insuremykids.com for detailed information on coverages, conditions, limitations and exclusions.



OLD REPUBLIC INSURANCE COMPANY OF CANADA

insure
my kids®



ACCIDENT INSURANCE

PEACE OF MIND STARTING
AT **\$17** PER YEAR



AT SCHOOL

AT HOME

AT PLAY

School District #35 (Langley)
2025-2026 School Calendar
Elementary Schools

MONTH	DATE	
September	Sep 1 (M)	<i>Labour Day (School Closed)</i>
	Sep 2 (T)	School Opens
	Sep 29 (M)	<i>School Improvement Day (Students not in attendance)</i>
	Sep 30 (T)	<i>National Day for Truth and Reconciliation (School Closed)</i>
October	Oct 13 (M)	<i>Thanksgiving (School Closed)</i>
	Oct 24 (F)	<i>Professional Development Day (Provincial - Students not in attendance)</i>
November	Nov 10 (M)	<i>Design & Assessment Day / Learning Update Prep (Students not in attendance)</i>
	Nov 11 (T)	<i>Remembrance Day (School Closed)</i>
	Nov 26 (W)	Student Inclusive Conferences
	Nov 27 (Th)	2 Hour Early Dismissal - Student Inclusive Conferences
December	Dec 19 (F)	Last Day Prior to Winter Break
January	Jan 5 (M)	School Re-Opens After Winter Break
February	Feb 9 (M)	<i>Professional Development Day (District - Students not in attendance)</i>
	Feb 13 (F)	<i>Design & Assessment Day / Learning Update Prep (Students not in attendance)</i>
	Feb 16 (M)	<i>Family Day (School Closed)</i>
March	Mar 4 (W)	2 Hour Early Dismissal - Student Inclusive Conferences
	Mar 5 (Th)	Student Inclusive Conferences
	Mar 13 (F)	Last Day Prior to Spring Break
	Mar 30 (M)	School Re-Opens After Spring Break
April	Apr 3 (F)	<i>Good Friday (School Closed)</i>
	Apr 6 (M)	<i>Easter Monday (School Closed)</i>
May	May 15 (F)	<i>Professional Development Day (District - Students not in attendance)</i>
	May 18 (M)	<i>Victoria Day (School Closed)</i>
June	Jun 25 (Th)	Final Learning Update & Last Day for Students Prior to Summer Vacation
	Jun 26 (F)	<i>Administrative Day (Students not in attendance)</i>
July / August		Summer Session

APPROVED: SD35 Board of Education Meeting
April 29, 2025

PARENT/GUARDIAN CODE OF CONDUCT



Our goal is to create compassionate learning communities that are both academically and socially inclusive. Parents and Guardians play an essential role in the achievement of this goal in both physical and online spaces.

EVERY PARENT AND GUARDIAN CAN EXPECT TO:

- be treated with and have their child treated with respect and courtesy.
- have their family's privacy respected.
- be consulted with about their child's educational programming.
- speak to teachers and administrators when they have questions, concerns or need information, and bring along a support person.
- feel safe in receiving services from the school.
- have their concerns listened and responded to promptly and respectfully.
- have their school and community treated respectfully by others on social media platforms.

Parent/Guardian
Code of Conduct



EVERY PARENT AND GUARDIAN IS EXPECTED TO:

- treat others and their children with respect and courtesy.
- respect the privacy of other students, parents, caregivers and staff.
- consult with teachers and administrators about their child's educational programming when asked.
- communicate with school staff in a respectful manner.
- ensure their actions provide school staff with a workplace free of harassment, intimidation, threats and violence.
- address concerns by following the Guidelines for Reporting an Issue or Concern process.
- use social media platforms responsibly and avoid engaging in discussions that harm the school or community.

Guidelines for
Reporting an
Issue or Concern



Any person who disrupts or interrupts the proceedings of a school may be directed by a principal, or their designate, to leave the school premises. Any person who engages in abusive, threatening, or harassing communication may have their communication with school staff restricted.



September Health Messaging – Fraser Health

As part of its health promotion for students and families, our community partner Fraser Health is sharing important information on various topics. The theme for September is Back to School Health. Please share the following information below in your next newsletter or communication to families. This information will be shared on the District's social media channels.

Back to School Health Tips (from Fraser Health)

Health, safety, and wellness continue to be a priority in our schools. To help support our students and families, we are sharing important information from our community partner Fraser Health about various topics to keep our students healthy and safe as they return to school. Please see below for helpful reminders to support your child.

Tips for a healthy back to school season

As children head back to school, parents face the familiar challenge of managing busy schedules, school routines and inevitably, health concerns.

Help set the stage for a healthy school year with Fraser Health's [Healthy Back to School Guide](#).

Fostering healthy routines for sleep, mealtimes and physical activity can support your child's health and wellness. Learn more at Fraser Health's [School Health](#) and [Children and Youth](#) pages.

Staying healthy during the school year isn't just about routines - it's also about protecting children from illnesses that can spread quickly in classrooms. An important preventable illness to be aware of right now is measles, which has been increasing globally, including here in Canada. Symptoms of measles include fever, cough, runny nose and red, inflamed eyes, followed by a rash. The rash usually starts on the face and neck and spreads to the chest, arms and legs.

Get vaccinated against measles

Immunization is the best way to prevent measles infection. Please check that you (if born in or after 1970) and your children have received at least two doses of a measles-containing vaccine. Find out how to check your immunization records [here](#).

Measles-containing vaccines are available at many [pharmacy locations](#), physician offices and at all [public health units](#).

If your children have symptoms of measles, please keep them home.

If you or your child needs urgent care for something like a high fever, please inform your health care provider before you visit so they can take steps to prevent the spread of measles. Wear a mask and avoid using public transportation.

Need general health advice? Fast care for busy families with Fraser Health Virtual Care

Our Fraser Health Virtual Care registered nurses and dietitians have access to your personal health record and provide convenient, fast health advice and information for busy families. With options for phone or web chat consultations, families receive medical advice from nurses with emergency experience, saving time and, in many cases, avoiding unnecessary visits to clinics or emergency departments. Nurses can connect you directly with a health care provider at an Urgent and Primary Care Centre for various health needs, including questions about measles-like symptoms.

How to reach Fraser Health Virtual Care

Dial 1-800-314-0999. For an interpreter, say your language in English.

For web chat, go to fraserhealth.ca/virtualcare and click the blue chat bubble in the right corner to start.

Available 10am to 10pm, seven days a week including statutory holidays (after hours Call 8-1-1). Learn more about Fraser Health Virtual Care, other care options and more at:

[Fraserhealth.ca/VirtualCare](https://fraserhealth.ca/VirtualCare)



W E L C O M E B A C K B U L L D O G S

MEET THE
TEACHERS
PIZZA SOCIAL

September 18th 2025

Food will be served between 4:30-5:30

LAST NAME

A - L | 5:00 - 5:30

M - Z | 5:30 - 6:00

Scan me to order
food for the event!



* meeting times based on your child's last name





LEARN HOW TO DRAW WITH YOUNG REMBRANDTS THIS FALL AT UPLANDS ELEMENTARY

Every week, your child will discover exciting new lessons designed to inspire creativity and make learning fun! Our classes boost hand-eye coordination, sharpen critical thinking, and build confidence—all while kids enjoy exploring their artistic talents in a lively, supportive environment.

WHY CHOOSE YOUNG REMBRANDTS?

- Enhances Hand-Eye Coordination
- Boosts Brain Development & Critical Thinking
- Fosters Creativity & Unique Artistic Expression
- Encourages Creative Thought & Problem Solving

WE TEACH KIDS HOW TO DRAW IN A STEP BY STEP MANNER THAT IS BOTH MEMORABLE AND FUN, HELPING THEM TO BUILD DRAWING SKILLS THAT LAST A LIFETIME...AND WE HAVE TONS OF FUN IN EVERY CLASS!

CLASS DATES: OCT.7 – DEC. 16/2025

WHEN: Tuesdays at 2:35 PM - 3:35 PM

WHERE: THE SCHOOL Library

COST: \$199 for 10 classes over 11 weeks

***PAYMENT OPTIONS AVAILABLE AT CHECKOUT**

See our
Website for
Pro-D Day
camps!



REGISTER TODAY SCAN:

OR VISIT OUR WEBSITE

WWW.YOUNGREMBRANDTS.COM/LOWERMAINLAND



✉ artsbc@youngrembrandts.com

☎ 604-724-7919

PROUDLY CANADIAN OWNED & OPERATED

