Uplands Elementary/Uplands Montessori

4471 – 207 A Street Langley, BC V3A 5V8 Phone: 604-533-1285 Fax: 604-532-9748 School Website: https://uplands.sd35.bc.ca/

Principal: Ryan Neufeld Admin Assistant: Deanna Halldorson Email: ryneufeld@sd35.bc.ca Email: dhalldorson@sd35.bc.ca



Family Fridge Memo Sept 5, 2025

Dear Uplands Families,

Welcome to a brand new school year! We are so excited to open our doors once again and welcome our students and families back to Uplands Elementary. Whether you're returning or joining us for the first time, we are thrilled to have you as part of our vibrant school community.

Our staff has been working hard to prepare for a fantastic year filled with learning, growth, and connection. We can't wait to see the energy and enthusiasm your children bring to our classrooms and hallways.

Important Reminder:

Please keep an eye on your email inbox today (Friday). Your child's classroom teacher will be reaching out to let you know which classroom your child will be in on Monday morning. This will help ensure a smooth and confident start to next week.

As always, we are here to support you and your child every step of the way. If you have any questions or need assistance, don't hesitate to reach out to the school office.

Warm regards, Ryan Neufeld Principal of Uplands Elementary

Action Required:

□ **School Supplies** - School Supplies are here and, in the classrooms, ready for the year! Don't forget to **purchase through School Cash Online**. (Please allow 24hrs for notification to arrive as the system needs to catch up)

https://www.schoolcashonline.com/

Kindergarten Families will pay a **School Supply Fee** (no supply list is generated). You should have received School Cash online information sheet at your family conferences this past week. If you need help please contact the office.



- ☐ Individual Photo Day Tuesday Sept 16th Come dressed in your smiles. Ordering done on-line for quick turnaround Retakes will be scheduled for a later date. Pictures arrive in time for the Holidays!
- □ Save the Date: Meet the Teacher Night Grade 1 5 Sept 18, 2025 @ 5:00 to 6:00 (More information to come)

A - L 5:00 to 5:30 M - Z 5:30 to 6:00



□ Parent Consent Request

Each year, Langley Schools asks families to complete a set of parent consent forms for their child. These consent forms are required by our schools to ensure the health, safety, and security of all students. Langley Schools uses a secure web form to collect this information. Beginning mid-September, please look for an email request (subject Parent Consent Request) that contains one link for you to submit consents for all children in your family attending any Langley School. If your email address or contact information has changed, please call your school to correct it in our files. If you have not received an email regarding Parent Consent Request by the end of the month or have any questions/concerns, please contact your school administrator.

☐ SchoolMessenger in the Langley School District

The Langley School District uses a notification system called SchoolMessenger to communicate information to families. As we welcome our new families to our schools, some parents/guardians may receive a text message notifying them about SchoolMessenger. For more information about the system and how to opt-in to receive text messages, visit the District webpage here.



☐ Busters Bistro will not be in operation for the first few weeks of School.

We hope to have the program up and running by Mid-September.

What is Busters Bistro?

Buster Bistro is a daily breakfast/lunch program that Uplands Staff will run. The goal of the program is to make sure all Uplands students have the nutrition needed to do their best learning. Food will be distributed via the gym doors on the basketball court from 8:20am-8:35 am each day.



☐ First Full Day of Kindergarten – Sept 15, 202	ZUZJ
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☐ Please do not send your child to School when they are sick.

We recognize this is a hard ship for families. Please do not send your child to School even with the mildest of symptoms as **to insure the health and safety of everyone in the School Community.**







☐ Thank you for continuing to inform the office when your child is going to be absent, arriving late, away or leaving early due to an appointment.

Please call the School before 9:00 am 604-533-1285 press option 1 to leave voice mail message regarding absence.

If you have any questions about attendance/absence procedures, contact the school office.



From the District

☐ Electric Kick Scooters

As more students use electric kick scooters to come to school, the District would like to inform families on some basic safety:

- 1. What is an electric kick scooter? Electric kick scooters have a simple design and are very much the same scooters that children have used for decades... they require the rider to stand on a narrow platform with one foot and then kick or push off with the other. The difference now is that these kick scooters are electric, they no longer need the rider to push off, and they go at much faster speeds.
- 2. In BC, you must be at least 16 years of age and be wearing a helmet to operate an Electric kick scooter, within certain parameters, as per below and in the links.
- 3. Electric kick scooters cannot be ridden on public roads, except if the municipality is conducting a pilot. The Township is in the pilot, but the City is not. For more information, please click on the link: https://www2.gov.bc.ca/gov/content/transportation/driving-and-cycling/cycling/personal-mobility-devices/scooter
- 4. Operators cannot ride an electric kick scooter on sidewalks or in crosswalks, except if a sign or traffic control device allows.
- 5. Please refer to the link below for a full list of safety rules for operators. https://www2.gov.bc.ca/gov/content/transportation/driving-and-cycling/cycling/electric-kick-scooter-rules

□ Parent Code of Conduct

The Langley School District is committed to fostering safe and caring schools that promote mutual respect, cooperation, and social responsibility, and support optimal learning. Trauma Informed Practices and Procedures promote the creation and maintenance of safe, inclusive, equitable, welcoming, and nurturing school environments.

Families play an important role in helping students achieve success as well as helping create a compassionate learning community. Just as students are expected to follow the District's <u>Student Code of Conduct</u>, there is an expectation for parents/guardians to uphold the District's <u>Parent/Guardian Code of Conduct</u>

Kindergarten Families Only

Uplands Elementary/Uplands Montessori					
September 2025 Kindergarten Gradual Entry and Full Day Schedule.					
Monday	Tuesday	Wednesday	Thursday	Friday	
1	2	3	4	5	
Labour Day No school	No school for Kindergarte n	Family Meetings	Family Meetings	First day of school Group A	
		All day	All day	8:45-10:45 <u>Group B</u> 12:30-2:30	
8	9	10	11	12	
Group A 8:45-11:00 (Bring snack) Group B 12:15-2:30 (Bring snack)	Group A 8:45-11:00 (Bring snack and inside shoes) Group B 12:15-2:30 (Bring snack and inside shoes)	Everyone 8:45-12:00 (Bring snack and lunch)	Everyone 8:45-1:30 (Bring snack and lunch)	Everyone 8:45-1:45 (Bring snack, lunch and spare clothes bag)	
Full Day Kindergarte n begins 8:50- 2:33 (welcome bell and doors open at 8:45)	16	17	18	19	

School District #35 (Langley) 2025-2026 School Calendar Elementary Schools

MONTH	DATE	
	Sep 1 (M)	Labour Day (School Closed)
September	Sep 2 (T)	School Opens
September	Sep 29 (M)	School Improvement Day (Students not in attendance)
	Sep 30 (T)	National Day for Truth and Reconciliation (School Closed)
October	Oct 13 (M)	Thanksgiving (School Closed)
October	Oct 24 (F)	Professional Development Day (Provincial - Students not in attendance)
	Nov 10 (M)	Design & Assessment Day / Learning Update Prep (Students not in attendance)
Messeenhap	Nov 11 (T)	Remembrance Day (School Closed)
November	Nov 26 (W)	Student Inclusive Conferences
	Nov 27 (Th)	2 Hour Early Dismissal - Student Inclusive Conferences
December	Dec 19 (F)	Last Day Prior to Winter Break
		Last definite to think a com-
January	Jan 5 (M)	School Re-Opens After Winter Break
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	Feb 9 (M)	Professional Development Day (District - Students not in attendance)
February	Feb 13 (F)	Design & Assessment Day / Learning Update Prep (Students not in attendance)
,,	Feb 16 (M)	Family Day (School Closed)
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	Mar 4 (W)	2 Hour Early Dismissal - Student Inclusive Conferences
	Mar 5 (Th)	Student Inclusive Conferences
March	Mar 13 (F)	Last Day Prior to Spring Break
	Mar 30 (M)	School Re-Opens After Spring Break
# I	Apr 3 (F)	Good Friday (School Closed)
April	Apr 6 (M)	Easter Monday (School Closed)
		,
	May 15 (F)	Professional Development Day (District - Students not in attendance)
May	May 18 (M)	Victoria Day (School Closed)
	11103 10 (11.7	Victoria Day Journey
	Jun 25 (Th)	Final Learning Update & Last Day for Students Prior to Summer Vacation
June	Jun 26 (F)	Administrative Day (Students not in attendance)
	2011 20 (1)	Pullidistrative buy (statems not an attendance)
July / August	T	Summer Session
July / Mugust		Suffiller Session

APPROVED: SD35 Board of Education Meeting April 29, 2025

PARENT/GUARDIAN CODE OF CONDUCT



Our goal is to create compassionate learning communities that are both academically and socially inclusive. Parents and Guardians play an essential role in the achievement of this goal in both physical and online spaces.

EVERY PARENT AND GUARDIAN CAN EXPECT TO:

- be treated with and have their child treated with respect and courtesy.
- · have their family's privacy respected.
- · be consulted with about their child's educational programming.
- speak to teachers and administrators when they have questions, concerns or need information, and bring along a support person.
- · feel safe in receiving services from the school.
- have their concerns listened and responded to promptly and respectfully.
- have their school and community treated respectfully by others on social media platforms.

EVERY PARENT AND GUARDIAN IS EXPECTED TO:

- · treat others and their children with respect and courtesy.
- respect the privacy of other students, parents, caregivers and staff.
- consult with teachers and administrators about their child's educational programming when asked.
- communicate with school staff in a respectful manner.
- ensure their actions provide school staff with a workplace free of harassment, intimidation, threats and violence.
- address concerns by following the Guidelines for Reporting an Issue or Concern process.
- use social media platforms responsibly and avoid engaging in discussions that harm the school or community.

Any person who disrupts or interrupts the proceedings of a school may be directed by a principal, or their designate, to leave the school premises. Any person who engages in abusive, threatening, or harassing communication may have their communication with school staff restricted.

Parent/Guardian Code of Conduct



Guidelines for Reporting an Issue or Concern





<u>September Health Messaging – Fraser Health</u>

As part of its health promotion for students and families, our community partner Fraser Health is sharing important information on various topics. The theme for September is Back to School Health. Please share the following information below in your next newsletter or communication to families. This information will be shared on the District's social media channels.

Back to School Health Tips (from Fraser Health)

Health, safety, and wellness continue to be a priority in our schools. To help support our students and families, we are sharing important information from our community partner Fraser Health about various topics to keep our students healthy and safe as they return to school. Please see below for helpful reminders to support your child.

Tips for a healthy back to school season

As children head back to school, parents face the familiar challenge of managing busy schedules, school routines and inevitably, health concerns.

Help set the stage for a healthy school year with Fraser Health's <u>Healthy Back to School</u> <u>Guide</u>.

Fostering healthy routines for sleep, mealtimes and physical activity can support your child's health and wellness. Learn more at Fraser Health's <u>School Health</u> and <u>Children and Youth</u> pages.

Staying healthy during the school year isn't just about routines - it's also about protecting children from illnesses that can spread quickly in classrooms. An important preventable illness to be aware of right now is measles, which has been increasing globally, including here in Canada. Symptoms of measles include fever, cough, runny nose and red, inflamed eyes, followed by a rash. The rash usually starts on the face and neck and spreads to the chest, arms and legs.

Get vaccinated against measles

Immunization is the best way to prevent measles infection. Please check that you (if born in or after 1970) and your children have received at least two doses of a measles-containing vaccine. Find out how to check your immunization records here.

Measles-containing vaccines are available at many <u>pharmacy locations</u>, physician offices and at all <u>public health units</u>.

If your children have symptoms of measles, please keep them home.

If you or your child needs urgent care for something like a high fever, please inform your health care provider before you visit so they can take steps to prevent the spread of measles. Wear a mask and avoid using public transportation.

Need general health advice? Fast care for busy families with Fraser Health Virtual Care

Our Fraser Health Virtual Care registered nurses and dietitians have access to your personal health record and provide convenient, fast health advice and information for busy families. With options for phone or web chat consultations, families receive medical advice from nurses with emergency experience, saving time and, in many cases, avoiding unnecessary visits to clinics or emergency departments. Nurses can connect you directly with a health care provider at an Urgent and Primary Care Centre for various health needs, including questions about measles-like symptoms.

How to reach Fraser Health Virtual Care

Dial 1-800-314-0999. For an interpreter, say your language in English. For web chat, go to fraserhealth.ca/virtualcare and click the blue chat bubble in the right corner to start.

Available 10am to 10pm, seven days a week including statutory holidays (after hours Call 8-1-1). Learn more about Fraser Health Virtual Care, other care options and more at: Fraserhealth.ca/VirtualCare