Thunder Blurb: Wed Oct 1st

Principal's Message

Please keep an eye out for the digital parent consent forms arriving in your emails. Also, if you have a grad of 2025 in your household, please let them know the official diplomas will be mailed home in mid October.

Lots of buzz in the building with fall sports starting, musical theatre auditions completed, school photos taken (retakes later if needed) and the wheels spinning with brain power throughout the classrooms.

Our AVID students are promoting a fundraising campaign for the Terry Fox Foundation. Students watched an engagin presentation fromTerry Fox's niece who lives locally. Help us with our school goal to raise $1500. We will be in good shape if every student brought a toonie. Our school will participate in a Terry Fox run (jog, walk) on Tues. Oct 7th.

You will find some useful information below regarding learning updates (aka report cards) for the year. We encourage all students to take responsibility for their learning and seek out support if needed through the various tutoring offered.

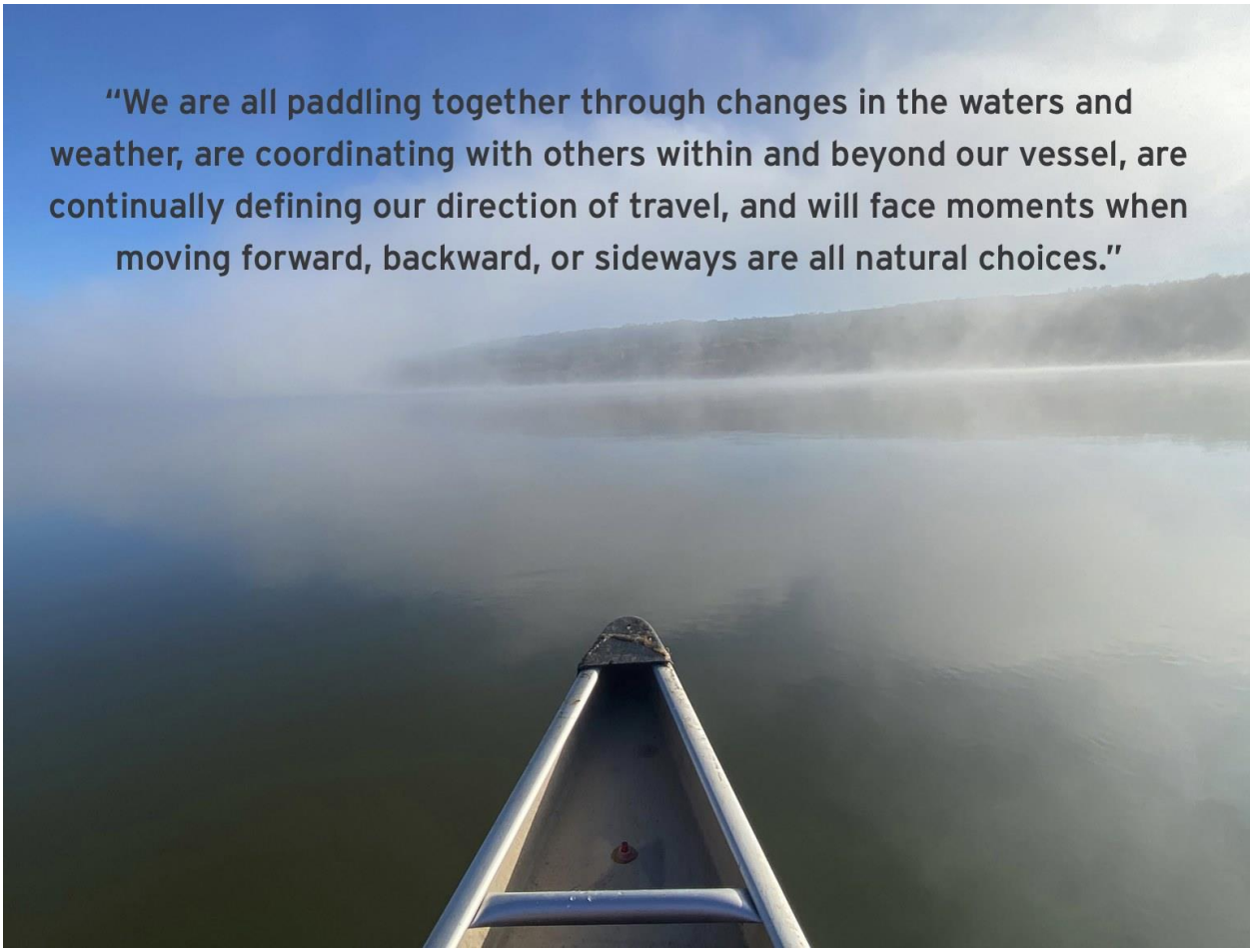
Parent Teacher meetings take place on October 22 (2:05 – 4:30 pm) or October 23 (2:05 – 7:30 pm). Appointments will be booked online at lss.schoolappointments.com. The website will be open for parents to book appointments at 3 pm on October 10th. The website will close for bookings at 11:59PM on Tuesday, October 21st.

Grade 9 parents are invited to the school for an evening presentation during our parent / teacher interviews on Thurs Oct 23rd at 6:30 pm in the Small Gym. The purpose is to answer any questions you may have now that your student is a month into the school year. This is an optional and may is suited to parents who may be new to the secondary experience.

Grade 12 parents are invited to the school for an evening presentation at 7:00 pm in the Small Gym. The purpose of this meeting is around grad requirements and credits as well as post secondary preparation. Our school counsellors will be available to present and answer any questions.

Diane Smillie, Principal

Important Dates on the Horizon



Tues Oct 7th: Terry Fox Run

Fri Oct 10th: Football Home Opener

Mon Oct 13th: Thanksgiving (School not in session)

Tues Oct 14 - 17th Interim Report

Wed Oct 22nd: Parent Teacher Interviews

Thur Oct 23rd: Parent Teacher Interviews

Thurs Oct 23rd: Gr 9 Parent Evening (6:00 pm)

Thurs Oct 23rd: Gr 12 Parent Evening (7:00 pm)

Fri Oct 24th: Pro D (No school for students)

Fri / Sat Oct 24- 25th: Halloween Volleyball Tourni

Mon Oct 27th: PAC Meeting

Thurs Oct 30th: LSS Fall Concert (Small Gym)

School News

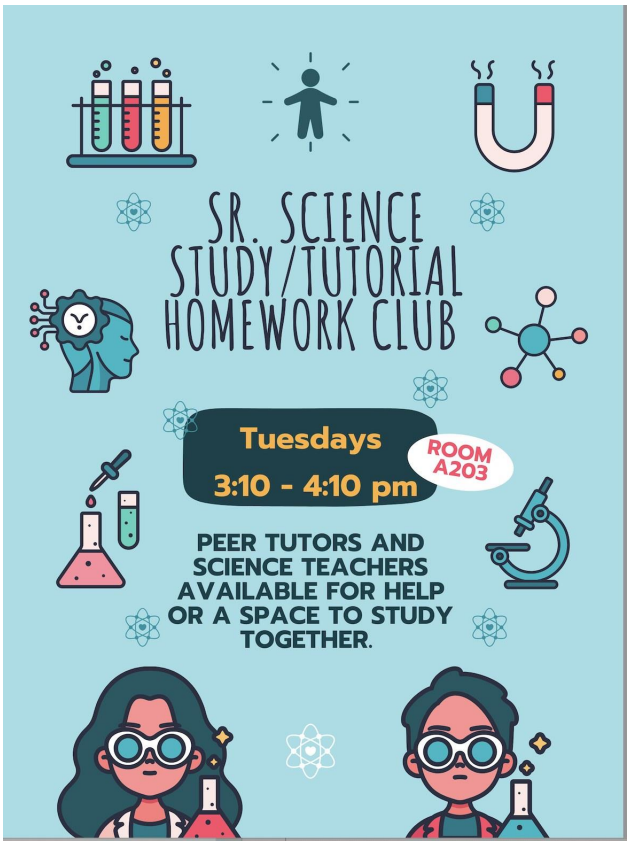
Academic Tutoring

Homework Club: Tuesday and Thursday 3:00- 4:00 pm in Room 114.

Math Tutoring

Aside from seeking extra help from the classroom teacher, student math tutors are also available. Please reach out to the counsellor in charge of your child's alpha to help direct.

Senior Science Tutoring



Senior Science Study/Tutorial Time

Offering Tuesdays after school in room A203 from 3:10 – 4:10 pm. There will be Senior students to support/tutor/study, as well as a science department teacher.

Learning Updates / Report Cards

Over the course of a school year, parents and caregivers should expect to receive 5 Learning Updates:

2 Informal Learning Updates

· Communication of student learning in relation to the learning standards in all current areas of learning. No percentage, letter grade or Competency Based Assessment needed for the Informal Reporting.

· **Informal** learning updates may involve one of the following: Interims, phone calls, emails, interviews, student reflections.

3 Formal Written Learning Updates

· Communication of student learning in relation to the learning standards

· Proficiency (gr 9) or Percentage / Letter Grade (gr 10 – 12)

· Feedback describing student strengths, areas for future growth, and opportunities for further development.

· Student generated content, including self-reflection on the Core Competencies and goal setting

The yearly timeline for reporting in both semester and linear courses are shown below:

ALIGNING REPORTING – SECONDARY

Classroom Teacher - Semester	Classroom Teacher - Linear	Learning Support Teacher	ELL Teacher
Informal Learning Update #1 *Week of October 14-17	Informal Learning Update #1 *Week of October 14-17	Informal Learning Update #1 * IEP Meeting	Informal Learning Update #1 *Week of October 14-17
Formal Learning Update #1 * November 21	Formal Learning Update #1 * November 21	Formal Learning Update #1 * IEP completed by Oct. 31	Formal Learning Update #1 * Progress Report – Nov. 21
Summary of Learning * February 6	Informal Learning Update #2 * February 6	Informal Learning Update #2 * February 6	Informal Learning Update #2 * February 6
Informal Learning Update #2 *Week of March 2-6			
Formal Learning Update #2 * April 27	Formal Learning Update #2 * April 27	Formal Learning Update #2 * Progress Report - April 27	Formal Learning Update #2 * Progress Report - April 27
Summary of Learning * June 25	Summary of Learning * June 25	Summary of Learning * June 25	Summary of Learning * June 25

Parent Teacher Interviews

Parent Teacher meetings take place on October 22 (2:05 – 4:30 pm) or October 23 (2:05 – 7:30 pm). Appointments will be booked online at lss.schoolappointments.com .

Appointments: The website will be open for parents to book appointments at 3 pm October 10th. The website will close for bookings at 11:59PM on Tuesday, October 22nd.

Grade 9 parents are invited to a Gr 9 parent evening at 6:00 pm on Oct 23rd in the Small Gym . The purpose of the meeting is to provide an overview for programming and answer any questions you may have if you are new to the secondary setting.

Grade 12 parents are also invited to a Gr 12 parent evening at 7:00 pm on Oct 23rd in the Small Gym to review grad requirements and credits and post secondary admissions.

Grad News

Post Secondary Info

Many post secondary institutions are opening up their applications soon. Counsellors will be speaking with graduates about their grad requirements and post secondary options. This information will be offered to parents on the evening of Thurs. Oct 23rd at 7:00 pm.

Dry Grad Parent Committee

The Dry Grad is not a school sanctioned event, however communication and meeting place can be provided to help support the committee. Any parents of 2026 graduates are invited to attend a Dry Grad Meeting at 6:00 pm in the Learning Commons on Wednesday, October 8th. You can also reach out to the committee via email at

lssdrygrad@gmail.com

Student Grad Council

Grad staff sponsors are Ms. Duong, Ms. Benzanson, Ms Kauldher and Ms. Smillie. Grad Cruise was the first event and truly a huge success due to the spirit of this grad class who love to dance! The first meeting for Grad Council took place on September 23rd with great representation by the students. Council meetings will fall on the first Tuesday of every month in Ms Duong's room with the next one scheduled for Tuesday, October 7th. We encourage students to attend who would like a voice in the planning for events for their grad year. They are off to a great start with grad pumpkin carving scheduled for October . Grads are encouraged to wear their crowns on the 26th of each month this school year to represent their grad 2026! We

look forward to hosting the Sr Winter Ball for grade 11 & 12's on Thursday, November 27th. Guests are invited.

The Grad Cruise was a wonderful evening to share a beautiful cruise through the Burrard inlet. The students were a delight dancing the night away.

CAREER NEWS

*1 - **Canadian Universities Event Field Trip***

Considering Post Secondary? Want to find out what programs are out there? Grade 11 and 12's are encouraged to attend the Canadian Universities event. See Mrs. Warmerdam or Ms. Seymour in the counselling office for an application form.

Post Secondary BC Day – Thurs. November 6th @ Langley Secondary School

Grades 11&12's! On the afternoon of Thursday, November 6th we will have 18 post-secondary institutions join us in the big gym at LSS. Students are encouraged to start researching the post-secondary schools on the list attached that are of most interest to them. There will be a mini fair to follow for any grade level students that interested at the end of the day.

Parents as Career Coaches - Education Planner Session

Tuesday October 7th 6:30pm - 7:45pm

EducationPlannerBC, in collaboration with our school district partners, invites parents, families, and supporters to join our virtual presentation.

Please register for this session if your student attends high school in the Vancouver Region.

Come explore our website! Learn about post-secondary education and career opportunities, and resources to support your student in planning for their future. The information will be especially helpful for families with students in grades 10-12.

GET INVOLVED!

Students are encouraged to get-involved in school and community activities. Here are a few ideas and who you can contact for more info.

CLUBS

LSS CLUBS
Show up for a meeting. All are welcome!

	LED BY	WHEN/WHERE TO MEET	BEGINS	DESCRIPTION
ANIME CLUB	HAJDECKI	**@ LUNCH & AFTER SCHOOL, PORTABLE 24 (closer to stadium)**	SEPTEMBER	At lunch we watch the first episode of a new anime, chosen either by teacher or student within the club. After school, we can talk about the anime or watch two more episodes--with popcorn!
ANTI-RACISIM & DIVERSITY CLUB	DUONG	**WEDNESDAYS @ LUNCH, A215**	September	Students who want to make a difference and are reliable work together to create posters, announcements, host events & fundraisers throughout the year. Listen to announcements for first meeting.
BADMINTON CLUB	CALDERON	**AFTER SCHOOL, LARGE GYM**	WINTER	Play badminton!
BOOK CLUB	KUSICK	**THURSDAYS @ LUNCH, A131 Every other week**	SEPTEMBER 18	Connect with other readers, share about what you're reading, get recommendations. Full day field trip to celebrate with readers from Langley School District
CROCHET CLUB	POGORZELSKI WILLIAMSON	**AFTER SCHOOL, A112**	SEPTEMBER 17	New or experienced crocheters welcome!
DANCE CLUB	LIDEMARK	**MONDAYS & WEDNESDAYS, 3-4pm, Dance Studio, A78**	START OF SEMESTER 1 OR 2	Join us to do HIP HOP/JAZZ/FUNK choreo, if you'd like to perform.
DUNGEONS & DRAGON'S CLUB	HAJDECKI	**TUESDAYS AFTER SCHOOL**	TUESDAY SEPTEMBER 14	Play! We can teach you if you've never played.
ENVIRONMENTAL CLUB	PAGNANINI	**THURSDAYS @ LUNCH, A203**	SEPTEMBER	Plan activities to engage/improve earth-friendly choices for LSS

LSS CLUBS CONTINUED
Show up for a meeting. All are welcome!

	LED BY	WHEN/WHERE TO MEET	BEGINS	DESCRIPTION
GENDER SEXUALITY ALLIANCE (GSA)	LEE	**TUESDAYS @ LUNCH, A112**	SEPTEMBER	A safe place for students of all ibackgrounds and identities to ask questions, play games and connect with peers.
GOLF CLUB	RAND	**TBD**	SPRING	Play golf!
GRAD COUNCIL	BENZANSON	**THURSDAYS 1x/MONTH**	SEPTEMBER 11	Plan events to make Grade 12 the BEST YEAR!
HOMEWORK CLUB	SEA'S & AVID 12 STUDENTS	**TUESDAY, WEDNESDAY, THURSDAY AFTER SCHOOL, A114**	SEPTEMBER	Get support on your homework. Starts 3rd week in September.
K-POP CLUB	ALATRASH	**MONDAYS @ LUNCH**	SEPTEMBER 16	Meet other fans! We listen to the latest releases, play games, decorate photo cards and other K-pop related activities.
MAGIC THE GATHERING CLUB	WATSON	**TUESDAYS & THURSDAYS @ LUNCH, PORTABLE 8**	SEPTEMBER	Learn & play the card game Improve deck-building skills
MINDFULNESS	SEYMOUR	**THURSDAYS AFTER SCHOOL, DANCE STUDIO**	SEPTEMBER	Explore various mindfulness techniques like breath work, journaling and more. Build skills and resilience and connect with others!
STUDENT COUNCIL	ZYRA	**TBD (To be determined)**	TBD	Nominees have experience as school leaders. Student vote to elect positions. More to come.

3 - LSS CLUBS II

ATHLETICS

THUNDERBIRD SPORTS
Cross County, Football and Soccer still accepting new student athelte!

	TEACHER	WHEN /WHERE TO MEET	START DATE	SEASON
CROSS COUNTRY RUNNING	NICOL PAGNANINI	**WED/THURS PRACTICES AFTER SCHOOL, A203**	**Meeting September 4th at Lunch in A202**	FALL
FOOTBALL	MAC LEOD -Senior SAFIQ - Junrio	**M, T, W, R, 3pm, STADIUM**	**JUNE, FALL for GR. 9**	FALL
SOCCER	ROWE	**Senior Tryouts: Sept. 8 &10 3:15pm**	**SEPTEMBER (2nd WEEK)**	BOYS FALL, GIRLS SPRING
VOLLEYBALL	MCLEOD - Senior MYETTE - Grade 10	**September 3&4 Juniors - 3:15-5:30 Seniors - 6-8pm**	**Tryouts: 1st week of school**	FALL
BASKETBALL	SHEPPARD		**LATE OCT**	WINTER
CURLING			**MID NOV**	WINTER
RUGBY	PAUL & VAN MEER	Boys & Girls	**FEBRUARY**	SPRING
BADMINTON	OH		**LATE FEBRUARY**	SPRING
ULTIMATE FRISBEE	HEATH		**LATE FEBRUARY**	SPRING
TRACK & FIELD	NICOL/PAGNANINI/ SYNYCHYCH		**APRIL**	SPRING
ICE & BALL HOCKEY	BANNISTER	TBD	**APRIL**	SPRING
GOLF			**APRIL**	SPRING

4 - ATHLETICS

COURSES OUTSIDE THE TIME TABLE
Have a question? Contact the Teacher on Teams or in Person.

	TEACHER	WHEN/WHERE TO MEET	WHO IT'S FOR, WHEN TO JOIN
CHOIR	TRESSEL	**MON & WED 3:10 - 4:30**	GRADES 9-12, COURSE SELECTION & **SEPTEMBER**
CONCERT BAND	TRESSEL	**TUES & THURS 3:10 - 4:30**	GRADES 9-12, COURSE SELECTION & **SEPTEMBER**
JAZZ BAND	TRESSEL	**TUES & THURS 7:30 - 8:30AM**	GRADES 9-12, COURSE SELECTION & **SEPTEMBER**
MUSICAL THEATRE	MCMATH	**MON 4:45-8:30 & FRI 3 - 4:30**	GRADES 9-12, COURSE SELECTION & **SEPTEMBER**
TECH CREW	LOPEZ/NIELD	**WED AFTER SCHOOL**	GRADES 9-12, COURSE SELECTION & **SEPTEMBER**
ATHLETIC LEADERSHIP	SHEPPARD	**FULL YEAR**	GRADES 9-12, COURSE SELECTION
LEADERSHIP	WILLIAMSON/ZYRA	**FULL YEAR 7:30am TUESDAYS**	GRADES 9-12, COURSE SELECTION
PEER MENTORSHIP	VAN MEER	**Teams Message VAN MEER**	GRADES 10, 11, 12, COURSE SELECTION & SEPTEMBER
WORK & VOLUNTEER EXPERIENCE	KIERS	**Info Sessions at Lunch Sept. 9, 11 & 12 in A113 FIRST CLASS, Sept 18 library @REP**	Applications due in A103b, September 26, 2025

5 - ATHLETICS II

VOLUNTEER OPPORTUNITIES

Contact Career Advisors Ms. Sandie Seymour or Mrs. Naomi Warmerdam for applications and details.

VOLUNTEER OPPORTUNITIES
Contact Ms. Seymour, Mrs. Stulve or Ms. Kiers for more information

OPPORTUNITY	WHEN/WHERE	Applications & Info at the LSS Careers Office
LSS BREAKFAST PROGRAM (10+students needed) Join with a friend	7:30 - 8:30 am One day/week 2 month commitment 2 students each day	Give back to LSS! Get experience for your first job! Reliable students who can practice food-safe and knife-handling skills can apply with the form on the career corner bulletin board. Training provided.
LIBRARY VOLUNTEER (2)	Lunch, REP, or after school	*Positions have been filled for Semester 1.*
LANGLEY LEARNING FARM (6 students, grade 9-12 welcome)	**Dererk Doubleday Arboretum 3-4pm, Mondays & Tuesdays starting October**	Learn to grow and care for a garden. Spend time outdoors in all types of weather. Work together with peers. Follow the life cycle of a plant.
BGC (formerly Boys & Girls Club) All ages welcome	**Douglas Park Elementary**	Support elementary kids with after school care sports, crafts and activities. Training provided. Be part of a team and make an impact! Develop leadership skills and community!
VOLUNTEEN (16-18 years old)	**Langley Memorial Hospital**	Take on a bunch of different roles serving guests and patients at LMH. Gift shop, surveys, food service, and more! Applications opening in October and June for full year or summer.
PENNY PINCHERS THRIFT STORE	**DOWNTOWN LANGLEY**	Help sort, organize and sell products that support the hospice. Get first dibs on what donations are brought in.
MISSION THRIFT STORE	**DOWNTOWN LANGLEY**	Sort donations
GATEWAY OF HOPE, Salvation Army	**5787 LANGLEY BYPASS**	Kitchen, Food Prep (Pick a weekday, 3-7pm) Holiday Meals (decorate and handout meals) Building/Support Projects:clean windows, office work Kettle Campaign (collect donations outside stores) Prepare care packs & hampers

6 - VOLUNTEER OPPORTUNITIES

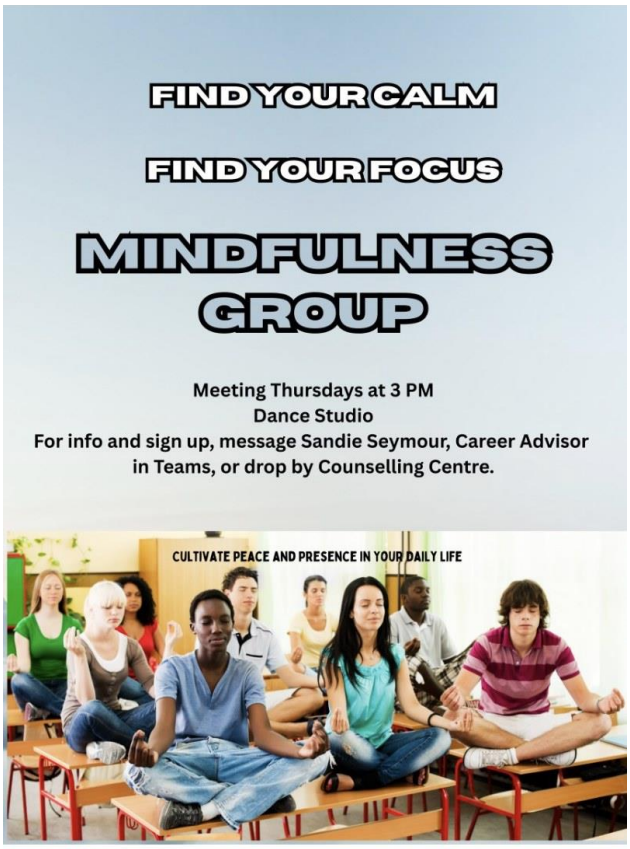
VOLUNTEER OPPORTUNITIES
Give Back

OPPORTUNITY	WHEN/WHERE	Applications & Info at the LSS Careers Office
Big Brothers, Big Sisters Langley	**Various Locations**	Go Girls, 1:1 Mentorship Holiday Gift Wrapping at Willowbrook Mall Spring break or summer camp for kids
Langley Literacy Network	**Langley Libraries After school, grade 10-12**	Be a big buddy! Training provided. Work with students in grade 2-4. Watch Teams for openings.
Langley Seniors Resources Society Adult Day Program	**20256 56 Ave, Langley**	Assist with Meals to Go/Cater events on evenings and weekends Tech Support (help seniors send emails and photos) Snow Shoveling (on call) Christmas Hamper Helpers (1 day only) Serve cookies and hot chocolate Serve at the half marathon in February
City of Langley	**Timms Community Centre**	Assist with programs, camps, etc.
Township of Langley	**Pools and Rec Centres**	Assist with programs, swimming lessons, camps, etc.
Small Blessings Animal Ministries	**17330 21A Ave, Surrey**	90-120min shifts with horses. 1hr bus ride from LSS
Know of another opportunity? Share it with Ms. Kiers rkiers@sd35.bc.ca		

7 - VOLUNTEER OPPORTUNITIES II

Mindfulness Club:

Our Careers advisor, Sandie Seymour is inviting students to build their **mindfulness toolkit** by trying out different techniques to see what works best for you. We will try something different each week. It's not all about zenning out in the lotus position! It will be staff led with the occasional guest presenter, and you can even bring your own favourite techniques to share with the group. Bring calm into your life Come join us on Thursdays after school! Meet in the Dance Studio.



PAC News

Dear Langley Secondary Parents and Guardians,

The Langley Secondary Parent Advisory Council (PAC) would like to extend a warm welcome to all the parents and guardians of our Langley Secondary students. The LSS PAC meets on the 3rd or 4th Monday of most school months to receive school updates from the principal and to discuss recent events and issues that arise at the school.

Our PAC meetings are on the last Monday of every month with the next one on October 27th, 7pm in the school library. We would welcome you all to attend.

One of the required functions of the PAC is to distribute funds raised through parent donations and gaming grant funds. This is a very important task allowing parents to have a voice in how money is allocated at the school.

The Gaming grant that the PAC receives does help with most of the requests from teachers, but there are some items which do not fall under the gaming grant criteria. Scholarships and bursaries are one of the items that are no longer eligible with gaming funds. In the past we have

been able to help 4 LSS Grads with bursaries for post secondary education, we are hoping to continue helping our students for years to come.

Please show your Thunderbird Spirit by donating to LSS PAC. Any donation, large or small, is welcome and greatly appreciated! Thank you in advance for helping enrich the school experience for all our Thunderbirds.

Imagine, if every family donated $5, your support would make a big impact.

If you would like to contribute to the PAC, please donate via your School Cash Online account.

Lastly, I have included a copy of our constitution and by-laws, an agenda for the next meeting, the minutes from our last meeting as well as the final budgets from last year.

Sincerely,

Cathy Worrall: PAC president, as well as the rest of the PAC executives

If you have any questions, please email me at lsspacpresident@gmail.com

Communicating with your School

*Schools and families continue to work together to ensure success for students. If you have an issue or concern but don't know who to speak with, the District encourages you to read these helpful Communicating with your School guidelines for parents/guardians found on our District website **here**.*

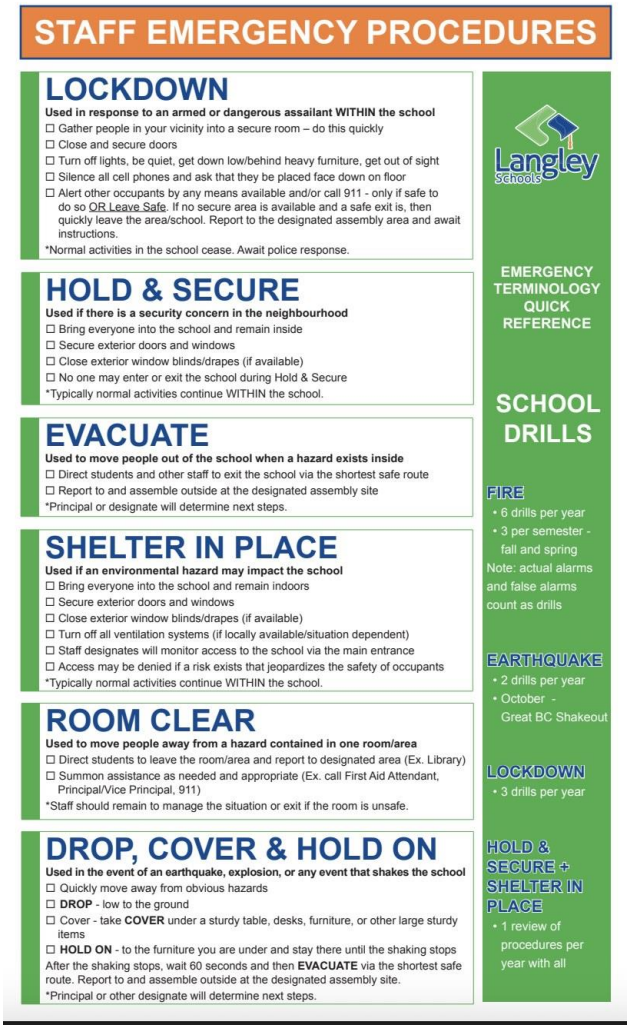
COMMUNICATING
with your school

GUIDELINES FOR REPORTING AN ISSUE OR CONCERN

1. Start with the employee whose action has given rise to the issue or concern
2. Contact your principal, vice-principal, or counsellor
3. Speak with a District Principal or Assistant Superintendent
4. When applicable, make an appeal to the Board of Education

Langley Schools

Emergency Procedures



Emergency Procedures in Schools

*Schools follow emergency procedures and practice drills throughout the year to ensure students, staff, and any visitors at our sites are safe when unexpected incidents happen. The District encourages families to become familiar with emergency procedures to help you and your child be prepared. You will find the District's Emergency Procedures poster in schools and on the website **here**.*

Community Volunteers in Emergencies

Emergencies can happen unexpectedly due to weather events (e.g., earthquake or flooding) or unforeseen situations in the community. The health and safety of students, staff, and families is the District's priority. The District, together with schools, follow emergency procedures to respond to incidents as well as prevent them from happening. As stated in the

*provincial **Emergency Management Planning Guide for Schools, Districts and Authorities**, staff have a legal "duty of care," meaning that they "must ensure that students are cared for until such time as they can be safely reunited with their parents." Depending on the situation, the school may be caring for students for many days.*

In these circumstances, schools may rely on members of the community to assist with emergency responses. Administrators may send a request to parents/guardians to help volunteer with first aid, facilities and maintenance, safety and security, and general labour. Adults with special skills in health care, policing, and engineering would be an asset in an emergency. No action is needed from families at this time as the purpose is to keep families informed.

Emergency Marshalling Area

In the event of an emergency evacuation, students will go to the school's marshalling area on campus and, if necessary guided to **Twin Rinks** at **5700 Langley Bypass, Langley, BC**. This is our designated marshalling and family reunification area, where families can safely reconnect with their children.

Drop off and Pick up

Thank you for helping with the congestion of both car and foot traffic after school. Pickup and drop off on the north side of the building is helpful while students are directed to use the cross walks.

- **Administration**
  - Principal: Ms. Smillie
  - VP: Mr. Kilvert (A-K)
  - VP: Ms. Johnson (L-Z)
- **Counsellors**
  - Ms. Blount (A-G) (Sr AVID)
  - Ms. Ware (H-O) (Jr AVID)
  - Ms. Kauldher (P-Z) and ELL

Clinicians

- Chelsi Collard
- Amanda Hille

Aboriginal Support Worker

- Dave White

- **Youth Care Worker**
  - Diaz Kambere
  - Maina Manodon
- **School Liaison Officer**
  - Cst Millar
- **Athletic Director**
  - Mr. Paul / Mr. Sheppard
- **Careers:**
  - Rachel Kiers / Ms. Warmerdam / Ms. Seymour
- **Family Support Worker:**
  - **Mr. Sanchez**

Student Accident Insurance Plan (Voluntary Insurance)

This year again, the District is offering two options for a voluntary student accident insurance plan that replaced the family accident reimbursement plan last year. This plan is voluntary, but I would encourage you to share the following information with the parents of your students as soon as you can, so they have an opportunity to enroll as early in the school year as possible. There are significant benefits of this accident insurance coverage for families. Please use the following messaging in your newsletter and on your websites:

The District is offering two options for a voluntary student accident insurance plans for students. This plan is voluntary, but provides significant benefits for accident insurance coverage for families.

Please note, enrolment in the program can be done online only, through one of the following options:

Insure My Kids

OR

Study Insured

Corresponding digital support materials for above service providers can be accessed via following links:

Insure My Kids:

Insure My Kids - School Resources

Study Insured:

Study Insured - Support Material

fraserhealth

Choice Program Applications Open Soon for French Immersion

Did you know there are two options for families looking for French Immersion for their students? Early Immersion starts in Kindergarten and goes to grade 12; the Late Immersion program begins in grade 6. The online registration window ***opens October 6 and closes October 20, 2025****. To learn about French Immersion, there is an online information meeting on* ***October 1stat 6 pm****. This features a short presentation about the program and the benefits of learning an additional language, with time for questions.*

Here is the link for the online meeting:

Join the meeting now

Meeting ID: 248 048 850 522 9

Passcode: P9rc9J9X

Langley Community Services Men's Group

There is a Men's Group on Anger Management being held by Langley Community Services. If you would like to share the attached flyer in your next school communication, please feel free to do so.

School Health Resources

Fraser Health's Healthy Back-to-School Guide has information on back-to-school anxiety, nutrition, safe travel to and from school, sleep and immunizations.

Fraser Health School Health Web Resource has answers to the most frequently asked health related questions from parents, teachers and school administrators.

Get vaccinated against measles

Immunization is the best way to prevent measles infection. Please check that you (if born in or after 1970) and your children have received at least two doses of a measles-containing vaccine. Find out how to check your immunization records here*.*