



# Willoughby Elementary School

Newsletter #20 January 29, 2026

20766 – 80<sup>th</sup> Avenue

Langley, B.C., V2Y 1X6

Phone: 604-888-6033 / Fax: 604-888-9598

<https://willoughby.sd35.bc.ca>

**Principal:** Mrs. Karin Muuren

**Vice Principal:** Mrs. Lara Gray

**Administrative Assistant:** Mrs. Mya Bainbridge



## Upcoming Events

February 6:	Hot Lunch
February 9:	Pro D – No students in attendance
February 12:	Red, White and Pink Spirit Day
February 13:	Design and Assessment Day -No students in attendance
February 16:	Family Day
February 20:	Hot Lunch
Feb 23- 27:	Respect and Diversity week
February 25:	Pink Shirt Day
March 1-6:	Student Inclusive Conferences
March 4:	Early Dismissal 12:30 pm (SIC)
March 5:	No students in attendance – Full Day SIC
March 13:	Spirit Day-Sports Jersey Day
March 13:	Last Day Prior to Spring Break



## Reminders

**February 6 Hot Lunch**

**February 9 Pro D - No students in attendance**

**February 13 Design and Assessment Day - No students in attendance**



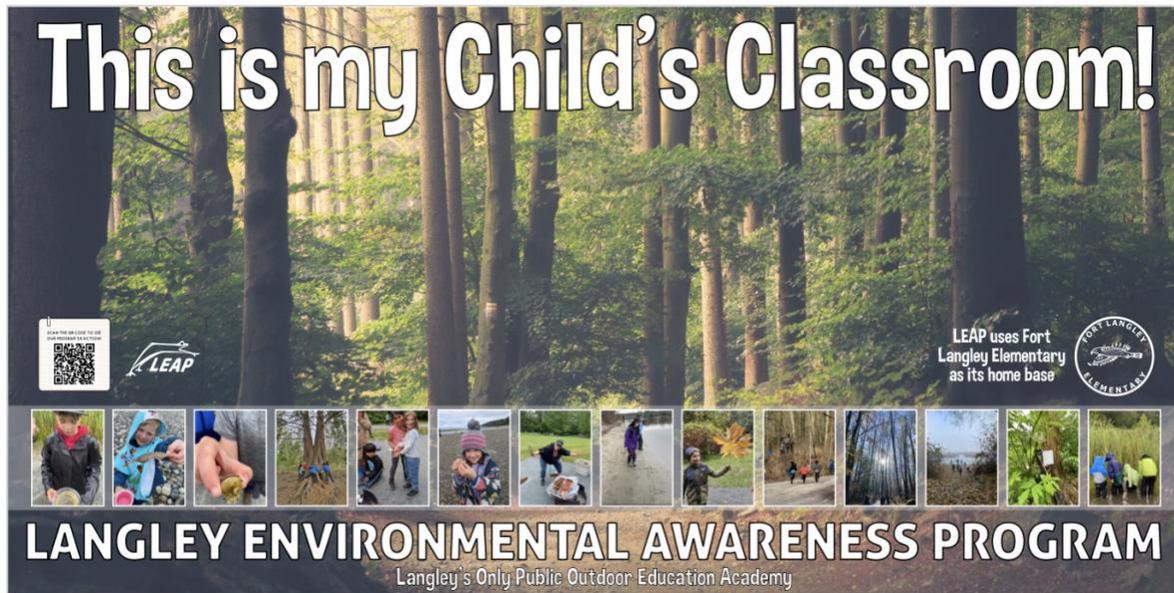
## Parent Requested Early Dismissal

If you would like to pick your child up during school hours, please email [WESAttendance@sd35.bc.ca](mailto:WESAttendance@sd35.bc.ca) or call 604-888-6033 and let the office know what time you will be picking your child up. This way we can ensure that your child will be ready for

pickup.

## **LEAP (Outdoor Education): Parent Information Session - January 28<sup>th</sup>**

Imagine your child's classroom in the open air! Join us on **Wednesday, January 28<sup>th</sup> at 5:30pm** at Fort Langley Elementary for our LEAP (Langley Environmental Awareness Program) Information Session. This meeting is for families interested in enrolment for the 2026-2027 school year with a student in grades 1-6 that might want a change and an opportunity to learn in the great outdoors. For more about the



outdoor education program and to watch our new stunning promotional video please visit: <https://youtu.be/PdXcrUJSzfl>

### **Parking at the church**

As you know, the church across from our school is kindly allowing us to use their parking lot during drop-off and pick-up times. We kindly request your cooperation in ensuring that we use this space responsibly.

Please be mindful of the following:

1. **Do not park on the exit lane:** This area must remain clear to allow for smooth traffic flow. If this lane is blocked, cars cannot exit, leading to congestion.
2. **Avoid parking on the roundabout:** Parking in this area obstructs the exit path for other vehicles.
3. **Avoid parking in front of the Pastor's residential gate.**

We understand that parking can be challenging, and we appreciate your understanding and cooperation. We need to maintain the good relationship and privilege of using the church's parking lot for our school community. Thank you for showing respect to our crossing guard, as they help keep our students and families safe at the 208 Street exit.

Thank you for your attention to this matter and for helping us maintain a safe and efficient parking environment.

# Connect & Learn

## Online Events for Parents & Caregivers

Every month, we host events for parents and caregivers of a child or youth with a mental health and/or substance use challenge.

Join us to watch a video and share experiences and strategies that help in the hard moments, focusing on strengthening our understanding and connection with our kids.

### Mental Health and Preparing for the Transition to Post Secondary

After high school, post-secondary education for our youth can be exciting but also stressful if they have struggled with their mental health. Learn from Dawn Schell from the University of Victoria and Melissa Feddersen from the University of British Columbia Okanagan. Discover some ways we can prepare our youth for school, and support their mental health and independence while they are at school.

Join us and other families for this video presentation and discussion that's facilitated by a FamilySmart Parent Peer Support Worker.

- **COST:** Free
- **DATES:**

Times are in Pacific Time (most of B.C.)

- Thursday, February 5, 12pm
- Tuesday, February 24, 6:30pm



Register online at  
[familysmart.ca/events](https://familysmart.ca/events)



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### For Families: A Conversation About Eating Disorders

Knowing how to help our kids who are experiencing an eating disorder can be a terrifying, isolating and overwhelming experience. Learn about disordered eating, what to be aware of, the importance of connection, and strategies that help support recovery. Learn as Victoria Keddis hosts a conversation with Eating Disorders Therapist & Educator Carmen Kaufmann, and Rylee McKinlay, a young person with lived experience, and Terri McKinlay, a parent with lived experience.

Join us and other families for this video presentation and discussion that's facilitated by a FamilySmart Parent Peer Support Worker.

- **COST:** Free
- **DATES:**

Times are in Pacific Time (most of B.C.)

- Wednesday, February 4, 6:30pm
- Thursday, February 19, 6:30pm
- Thursday, February 26, 6:30pm



Register online at  
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# Connect & Learn

## Online Event for Parents and Caregivers

### Parenting ADHD Children A Neuro-Affirming Approach

Build a deeper understanding of how the ADHD brain works. Explore how some aspects of ADHD can act as a strength in certain situations, and a challenge in others. This event is designed for parents of school-aged children.

Join FamilySmart and Mary Klovance live online for an evening to learn neurodiversity-affirming communication strategies to reduce power struggles and strengthen connection. Parents will leave with tools they can use immediately, greater compassion for their child's nervous system, and a clearer roadmap for supporting their child.

**Mary Klovance** is an award-winning counsellor, author, and founder of The Neurodiversity Family Centre. She has over 14 years of front-line experience as a school counsellor and working with youth facing complex challenges. She is a Registered Clinical Counsellor and ADHD-Certified Clinical Services Provider.

- **DATE:** Wednesday, February 18, 2026
- **TIME:** 6:30 – 8:00pm (Pacific Time)
- **LOCATION:** On Zoom (online)
- **COST:** Free

*With gratitude, FamilySmart would like to acknowledge the generosity of the Ministry of Children and Family Development for sponsoring this event.*



Register online at  
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**FamilySmart**  
Together-Centred