



Willoughby Elementary School

Newsletter #27 March 31, 2026

20766 – 80th Avenue

Langley, B.C., V2Y 1X6

Phone: 604-888-6033 / Fax: 604-888-9598

<https://willoughby.sd35.bc.ca>

Principal: Mrs. Karin Muuren

Vice Principal: Mrs. Lara Gray

Administrative Assistant: Mrs. Mya Bainbridge



Upcoming Events

- April 3: Good Friday – No School
- April 6: Easter Monday – No School
- April 10: Hot Lunch Hot Dog Day and Booster Juice
- April 14: Gr 5 students transitioning to PEMS
- April 14: Reading Link Challenge @ Lynn Fripps 12:30-2:00 PM
- April 17: Spirit Day: Decades Day & PAC Movie Night
- April 20: PAC Meeting 6:30 PM
- April 24: Jump Rope for Heart Event
- May 1: Class Photo Day & PAC Treat Day
- May 3- 8: Teacher Appreciation Week
- May 6: Gr 5 students transitioning to YCMS
- May 12: IDEA Summit LEC
- May 15: Pro D – No students in attendance



Important Reminders:

- No School April 3 & 6
- Hot Lunch Friday, April 10
- PAC Movie Night April 17

We hope you had a wonderful Spring Break and are feeling refreshed as we head into the final term of the 2025/26 school year! The next three months will be full and exciting as we continue to focus on what matters most, teaching and learning, while also preparing for the year ahead. Throughout April, May, and June, our team will be thoughtfully planning budgets, staffing, programming, and goals for September

2026.

We are committed to encouraging our students to put forth their very best each day. You can support this at home by helping your children get enough sleep, stay active, and enjoy nutritious meals. To ensure calm and positive starts and ends to each school day, please have students arrive at school on time in the morning and be picked up promptly at 2:33 p.m.

As always, we truly appreciate your continued support and partnership in your children's education. Together, we can make this final term a great one!



The Student Inclusive conference documents can be accessed on MyEd now.

McHappy Day - May 6, 2026

On **Wednesday, May 6, 2026**, McDonald's Langley locations will celebrate McHappy Day, raising funds to support families and children in our community. Proceeds will be split between three local charities, including the **Langley School District Foundation!**

This year, the goal is to raise \$28,000. Your support will help fund Out-of-School Programs for Langley students.

Volunteers Needed!

Volunteers will help create a fun and welcoming atmosphere while supporting fundraising efforts.

Volunteer activities may include:

- Greeting guests in the lobby
- Helping with games or activities for families
- Collecting donations in the drive-thru donation bucket
- Encouraging guests to support McHappy Day fundraising

No experience is needed — just bring your energy, enthusiasm, and community spirit!

Volunteer Times

Volunteers are needed throughout the day from: **9:00 AM – 7:00 PM**. You are welcome to volunteer for **as little as 1 hour or longer**. We welcome:

- Individuals
- Families
- Students completing volunteer hours
- Community groups
- School groups such as band, cheer teams, and dance teams

I need your help!

I'm a Grade 5 student at JDE (previously Willoughby!), and I have been asked to participate in a district-wide entrepreneur fair where we make products out of recycled materials.

I am asking for scrap fabric and empty chip bags of all sizes (I need 100) (except the smallest). Bonus points if they're from a foreign country.

Please send your empty large chip bags to Willoughby, and they will contact my mom to pick them up. Thanks, and have a great day!



ZONES of Regulations

At Willoughby, as part of our Action Plan for Learning, we use the Zones of Regulation to help our students understand and regulate their feelings. Why teach the Zones?! We need to teach our kids GOOD coping and regulation strategies so they can help themselves when they become stressed, anxious, or sad. Typically, kids who can self-regulate will turn into teens who can self-regulate. Self-regulation skills are vital for the success and happiness of our children.

WHAT ARE THE ZONES?

There are four zones to describe how your brain and body feel.

BLUE Zone – Your body is running slow, such as when you are tired, sick, sad or bored.

GREEN Zone – Like a green light, you are “good to go.” Your body may feel happy, calm and focused.

YELLOW Zone – This zone describes when you start to lose control, such as when you are frustrated, anxious, worried, silly or surprised. Use caution when you are in this zone.

RED Zone – This zone is for extreme emotions such as anger, terror and aggression. When you are in this zone, you are out of control, have trouble making good decisions and must STOP!



PAC Monthly Newsletter

The latest news and updates for parents of Willoughby Elementary

Spring is here and it's an exciting time for our PAC as we begin planning for next year! The PAC plays an important role in our school community. Through the support of parents and caregivers, we help fund enrichment opportunities for students, organize events that bring families together, and provide a voice for parents in supporting our school.

With several current PAC members finishing at the school in 2027, **we would love to welcome new parents to get involved next year.**

Getting involved is a great way to meet other families and help create memorable experiences for our students.

Please keep an eye out for more information about the May AGM. We hope you'll join us and consider being part of the PAC next year!

Warmly,
PAC Team



MOVIE NIGHT

Fri Apr 17 at 6:00pm
in the school gym

Purchase movie tickets on
MunchaLunch.

PAC ANNUAL GENERAL MEETING

Monday, May 25 6:30pm in the Learning Commons (Library)

At the AGM we:

- Present and pass the 2026-27 PAC budget
- Vote for 2026-27 Executive positions
- Start forming committees for projects, hot lunches, events, fundraisers for next year (see blue section, below)



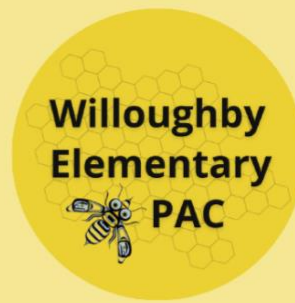
More information will be sent soon.

GET INVOLVED AT OUR SCHOOL!

We would love to welcome new parents to start learning the ropes for the 2026-27 school year. Areas to help plan and lead:

- Member at Large Executive position
- Coupon book fundraiser
- Christmas Pancake Breakfast
- Christmas Market
- Treat days
- Fun Fair
- Halloween Dance
- Movie nights

If you have questions or would like to get involved with the PAC, please email us or speak with any PAC member in person.



APRIL 2026

PAC MEETINGS

Next meeting, in the school's Learning Commons:

- Mon Apr 20 at 6:30pm
- AGM: Mon May 25 at 6:30pm

UPCOMING DATES

Mar 30 Schools Re-open after Spring Break

Apr 3 Good Friday, no school

Apr 6 Easter Monday, no school

Apr 10 PAC Hot Lunch: Hot Dog Day and Booster Juice
(order by Mar 31)

Apr 17 PAC Event: Movie Night: Cloudy with a Chance
of Meatballs

April 20 PAC Meeting

Apr 22 Earth Day

Apr 24 PAC Hot Lunch: Golden Medal Chinese and
COBS (order by Apr 14)

May 1 PAC Treat Day, \$2 Push Pops

May 8 PAC Hot Lunch: Panago Pizza (order by April 28)

May 25 PAC AGM at 6:30pm

ORDER HOT LUNCH

munchalunch.com/schools/willoughby

The Hot Lunch program is a PAC fundraiser run by parent volunteers. It is our largest fundraiser with all proceeds going to PAC initiatives that benefit the students and school community.

VOLUNTEER

- April 17 - Movie Night
- Sign up to volunteer online:



WILLOUGHBYPAC@GMAIL.COM



WWW.WILLOUGHBYPAC.CA



FACEBOOK.COM/WILLOUGHBYELEMENTARYPAC

AFTER-SCHOOL MENTORING PROGRAMS

Big Brothers Big Sisters of Langley offers FREE after school programs to the students in the Langley Community.



NOW ACCEPTING APPLICATIONS FOR SPRING 2026!

Where: Willoughby Elementary School

Who: Students in Grade 4-5

When: Wednesday's 2:30-4pm running May 6th - June 17th

Go Girls is a fun, recreation program designed for female identifying students who want to participate in fun-filled physical activities, games, art projects and interesting discussions. This is a chance to meet new friends and learn about healthy living in a fun, interactive, and supportive environment. They will also spend time with great mentors who are dedicated to making the program amazing!

Each session focuses on different topics such as healthy eating, active lifestyle, friendship, teamwork, social media. This is done through games, activities, crafts, sports, discussion and more!

For more information and to register your child please visit:

<https://form.jotform.com/langleybigbrothersbigsisters/application-for-spring-2026-bbbsl-p>
or scan the code to sign up!



**Big Brothers
Big Sisters**
OF LANGLEY

Questions? Email Kaylee at kalyee.weisgerber@bigbrothersbigsisters.ca
or call **604-530-5055 ext. 104**

AFTER-SCHOOL MENTORING PROGRAMS

Big Brothers Big Sisters of Langley offers FREE after school programs to the students in the Langley/Aldergrove Community.



NOW ACCEPTING APPLICATIONS FOR SPRING 2026 PROGRAMS!

Where: RE Mountain Secondary School

Who: Students in Grade 3-4

When: Mon & Wed 3:30-5:30pm
running Apr 15th - Jun 3rd

School's Out Explorations: is a free after-school program where students will participate in fun-filled activities and learn more about a particular topic of interest in a supportive environment with Big Brothers Big Sisters mentors. The main goal of the Explorations program is to have fun, take part in activities, engage in interesting discussions, learn new skills, hangout with friends, meet new ones and spend time with great leaders!

Each week, mentors will lead students through a different area of focus; Art, Gym Games, Sports, Science, and Drama. Our goal is to create a safe, positive space for students to explore different creative outlets!

For more information and to register your child please visit:
<https://form.jotform.com/langleybigbrothersbigsisters/application-for-spring-2026-bbbsl-p>
or scan the code to sign up!



**Big Brothers
Big Sisters**
OF LANGLEY

Questions? Email Kaylee at
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or call **604-530-5055 ext. 104**