

Shortreed Track Meet

Grades 3 – 5
Friday, May 8, 2026

Below is the rotation for the track meet. There will be six groups, and each group will rotate through the six events. The events will last about 15-25 minutes. As this is part of the expectations for health education, all students will participate unless they have a medical reason not to (teachers can use their discretion as well). Each student must try at least three events, though they can try all six if they like. The groups will rotate as grade groups, and teachers will stay at events. The groups are:

- Grade 3 girls and grade 3 boys
- Grade 4 girls and grade 4 boys
- Grade 5 girls and grade 5 boys

Ribbons will be awarded to the top 8 finishers for each group once the results have been confirmed in the days following the meet. The top 2-3 finishers of each event could move on to the LSS/ACSS Regional Meet, which is scheduled for Wednesday, May 27. Final decisions will be made the week of May 19..

The 400m and 800m races will occur on Monday, May 11 at 11:30 and 1:45 (respectively)..

Times	50m	100m	200m	Long Jump	Ball Throw	Shot Put
9:00	5 Girls	5 Boys	4 Girls	4 Boys	3 Girls	3 Boys
9:25	3 Girls	3 Boys	5 Girls	5 Boys	4 Girls	4 Boys
9:50	4 Girls	4 Boys	3 Girls	3 Boys	5 Girls	5 Boys
10:20	Break	Break	Break	Break	Break	Break
10:45	5 Boys	5 Girls	4 Boys	4 Girls	3 Boys	3 Girls
11:10	3 Boys	3 Girls	5 Boys	5 Girls	4 Boys	4 Girls
11:35	4 Boys	4 Girls	3 Boys	3 Girls	5 Boys	5 Girls

Stations

50 meters: Mr. Wejr/ACSS

Shot Put: Mrs. Parsons/Mossey/ACSS

100 meters: Ms. Schmidt/ACSS

Long Jump: Mrs. Hlady/ACSS

200 meters: Mrs. Thompson/ACSS

Ball Throw: Mrs. Johnstone/ACSS

Supervision: Gr. 5B: Mrs. Gill; Gr. 4B: Ms. Garcha/Mrs. Russell; Gr. 3B: Ms. Johnson/Fournier
Gr. 5G: Ms. Choi; Gr. 4G: Mr. Lock; Gr. 3G: Ms. Dornian
General: Mrs. Detroy, Ms. Randhawa, Ms. Baker, Ms. Palitti

