# Welcome to

# **Active Beyond the Bell (ABTB)**

#### **General information**

We believe in supporting individuals and communities to be active and healthy for life. Whether we are playing in the gym, taking advantage of the outdoors, or using a multi-purpose space for games and activities, our staff will ensure your child(ren) are active and healthy each day.

We would like to share a few things with you that will help us make your child's experience fun and memorable.

- The program runs inside your child's school gymnasium for two hours after school dismissal and ends two hours after the final school bell.
- If your child attends Alex Hope Elementary or James Kennedy Elementary, an ABTB instructor will provide a supervised walk to Walnut Grove Community Centre where the program will take place.
- Children in Kindergarten and Grade 1 will wait at their classrooms and will be picked by an ABTB instructor.
- It is expected that parents notify abtb@tol.ca when their child will not be attending, or if there are changes to pick up plans.

#### School closures

ABTB does not operate during winter and spring breaks, non-instructional days, and statutory holidays. As these dates are confirmed by Langley School District #35, you will be reimbursed for any dates not included in your initial ABTB registration. These dates will be confirmed through monthly newsletters. Additionally, ABTB will not operate on snow days when schools in the Langley School District are closed. Refunds are provided for any cancelled days.

School's Out Day Camps may be available at Township of Langley recreation facilities on non-instructional days.

To view and register for School's Out Day Camps visit **tol.ca/recregister**.

#### Things to bring each day

We will be taking advantage of the great outdoor spaces surrounding the schools; we could be outside, rain or shine.

Please send your child with the following:

- weather-appropriate clothing and footwear for indoor and outdoor play
- · running shoes
- · active clothing
- · water bottle
- · nutritious (nut-free) snack
- · sunscreen and a hat

### What is physical literacy?

Physical Literacy is the development of fundamental movement skills that enable us to move with competence and confidence in a wide variety of physical activities and environments.

We've taken a blend of models from Canadian Sport for Life, Physical and Health Education Canada, PlaySport, and the National Coaching Certification Program.



#### Prepare your child for ABTB

Please read this together with your child:

ABTB provides a fun, safe, and respectful environment, following a code of conduct similar to the Langley School District. ABTB aims to foster and maintain a positive environment for our participants and program leaders. For everyone to feel safe, valued, and respected, it is a shared responsibility amongst children, parents, and staff members to conduct themselves in a courteous and respectful manner.

Everyone has a right to:

- be treated with respect, courtesy, fairness, and equality
- · feel safe in an accessible and welcoming environment
- be free from harassment, discrimination, physical or verbal abuse

Conduct or behaviour that does not contribute to a positive and safe environment may result in ABTB staff contacting parents to pick up their child or removing the child from the program.

## 1:1 support

If your child requires 1:1 support at school, the same level of support is required to participate in ABTB. Support workers are to be acquired by the family and require a Police Information Check to be completed a minimum of two weeks prior to the first day of your child attending ABTB. Please visit the front desk at one of our recreation facilities to obtain the paperwork.

Please email abtb@tol.ca for more information.

#### Refund policy

Registration fees are refundable if a request for withdrawal is received at least five days before the start of the program. If less than five days notice is given, registration fees are non-refundable. Examples: if your child is registered for the week of September 20-24, to receive a full refund, notice must be received by September 15. If your child is registered for the month of October, to receive a refund, notice must be received by September 26, five days before the start of the program. Daily registration and daily withdrawals are not available.

For full information on withdrawals and refunds visit tol.ca/recreginfo.



Please feel free to approach the program staff at any time with questions, concerns, or comments! Alternatively you can email **abtb@tol.ca**.

Recreation, Arts and Culture tol.ca/abtb