

**Learning is connected
to land, culture, and spirit.**

**We—the two-legged,
four-legged, finned and
feathered, plants and
rocks—are all related.**

**We must always practice
reciprocity through acts
of giving and receiving.**

**Learning honours our
Ancestors, Elders, Knowledge
Keepers and Descendents.**

**It respects and embraces
ceremony, protocol, and
teachings that are connected
to the sacred medicines
including tobacco, cedar,
sage, and sweetgrass.**

**Important teachings
emerge through stories.**

**Learning involves developing
relationships, respecting
distinct cultures, and
honouring the perspective of
others in our communities.**


**The deepest learning
takes place through lived
experience. It requires
exploring our identities,
learning from our mistakes,
and having gratitude for
our gifts.**

**Learning is a journey that
takes courage, patience
and humility.**

**It is about striving to become
a better human being and
living with balance in body,
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ABORIGINAL WAYS OF KNOWING AND BEING



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