

Langley Fundamental Middle and Secondary School
Alpine Sports Program Checklist and Waiver
RETURN THIS TO MR. BRESETT

STUDENT FIRST NAME: _____

STUDENT LAST NAME: _____

GRADE: _____



ALPINE SPORTS PROGRAM REGISTRATION CHECKLIST √ :

☐

I HAVE FILLED IN THE APPROPRIATE ONLINE REGISTRATION FORMS AT:

<https://lfmss.sd35.bc.ca/>

EXTRA CURRICULAR >

ALPINE SPORTS PROGRAM

☐

I HAVE PAID AT SCHOOLCASH ONLINE

☐

I HAVE FILLED OUT AND WILL SEND THIS WAIVER TO MR. BRESETT

**I UNDERSTAND THAT IF I MISS ANY OF
THESE STEPS THE REGISTRATION WILL
NOT BE COUNTED.**

SIGNATURE

PARENTS INTERESTED IN CHAPERONING MUST ALSO FILL OUT THE ONLINE REGISTRATION FORM FOR CHAPERONES AND PAY AT SCHOOL CASHONLINE



Craig Bresett
LFMSS
21250 42 Ave
Langley, BC
V3A 8K6
604 534 4779

September 16, 2026

Dear parent/guardian,

Attached please find the information regarding the Alpine Sports Program for this school year. **Registration closes Friday, October 16th or whenever the program is full. Space is limited** – a maximum of 250 students for Cypress and 48 students for the Whistler extension. To register for the trip, **please follow these steps:**

1. FILL OUT THE APPROPRIATE ONLINE REGISTRATION FORM

<https://lfmss.sd35.bc.ca/>

**EXTRA CURRICULAR >
ALPINE SPORTS PROGRAM**

2. PAY AT SCHOOLCASH ONLINE

Make sure you choose and pay for the correct option:

- 4 days (Cypress only) No Rentals Required - \$350
- 4 days (Cypress only) Rentals Required - \$430
- 5 days (Cypress and Whistler) No Rentals Required - \$500
- 5 days (Cypress and Whistler) Rentals Required - \$605

3. FILL OUT AND RETURN THE WAIVER TO MR. BRESETT

PARENTS INTERESTED IN CHAPERONING MUST ALSO FILL OUT THE ONLINE REGISTRATION FORM FOR CHAPERONES AND PAY AT SCHOOL CASH ONLINE.

**IF YOU MISS ANY OF THESE STEPS YOUR
REGISTRATION WILL NOT BE COUNTED.**

The dates and times for program are as follows:

DATE	Leaving School	Lesson	Leaving Mountain	Arrive at School
Friday, January 8	11:00 AM	1:00 – 3:30 PM approx.	7:30 PM	8:30 PM
Friday, January 15	11:00 AM	1:00 – 3:30 PM approx.	7:30 PM	8:30 PM
Friday, January 22	11:00 AM	1:00 – 3:30 PM approx.	7:30 PM	8:30 PM
Friday, January 29	11:00 AM	1:00 – 3:30 PM approx.	7:30 PM	8:30 PM
Friday, February 5	5:45 AM	With guide the whole day	3:30 PM	6:00 PM

Parents **MUST** be at the school on time to pickup their children. There will be no supervision of students at the school after pickup time.

Please note that ALL students must take a lesson. Students may take snowboarding or skiing lessons and will be put into the appropriate level according to their skills/experience.

Interested in Chaperoning?

As the trip sponsor Mr. Bresett will accompany the students on each trip. Other staff members that are available will be joining us on each date, and we would like to invite some parents to accompany us as well. We have limited space open for each date – chaperones pay \$30 per session which includes transportation, lift ticket and rentals if needed. See last page for more details and the registration link.

As the program is paid for before it begins, **there will be no refunds after November 1, 2026.** Students who miss a day will receive a lift ticket voucher and rental voucher if rentals were chosen.

Here are some basic rules for our LFMSS ski trip:

1. Students must be on time for their lessons.
2. Cypress instructors will be bringing students back to the lodge after their lessons. At that point students are welcome to ski or snowboard in groups.
3. Students must be on time for the bus at the end of each trip. The bus will be leaving Cypress at 7:30 PM – students **MUST BE AT THE BUS LOADING AREA NO LATER THAN 7:20** for attendance on the bus. Students who are late returning to the bus may have their Alpine sports program privileges revoked for the remaining trips.
4. After lessons, students have free skiing/boarding time on the mountain. All students must be with at least one other student at all times on the mountain. A student who is caught skiing/boarding alone may have his ski program privileges revoked for the remaining trips.
5. **ALL STUDENTS MUST WEAR HELMETS AT ALL TIMES WHILE SKIING AND SNOWBOARDING.** These are Langley School District rules. A student caught skiing/boarding without a helmet may have his Alpine sports program privileges revoked for the remaining trips.
6. **Food at Cypress:** Cypress is selling meal vouchers again this year – the price will be posted on school cash online. This is a separate item on school cashonline. Cypress still refuses to accept cash in their cafeteria, so students will either need to bring their own bagged dinner, purchase the voucher, bring a debit or credit card, or purchase a Cypress gift card in the guest services with cash.
7. **Food at Whistler:** The snow school at Whistler is providing lunch for all students this year as part of the price of the session. They can accommodate any food restrictions.
8. Students are expected to clean up after themselves in the lodge and treat the staff and instructors with respect.

If you have any questions, please contact Mr. Bresett.

Sincerely,

Craig Bresett

cbresett@sd35.bc.ca (**Emergency only** cell phone number on the mountain: 778 771 3679)

LFMSS Alpine Sports Program

Information for Student Participants



Your participation in the ski program is a privilege, and certain rules must be followed in order to keep the privilege.

1. All school rules are in effect. Vaping, smoking, using drugs or alcohol will result in immediate removal from the program.
2. Students must act in a respectful, responsible manner at all times. Disrespectful behaviour on the bus or the mountain will not be tolerated – a student can be sent home from the trip (parents will be called to come and pick up the student).
3. You must be on time for the bus
 - a. At the school the bus will be leaving at 11:00 – you need to be ready to go.
 - b. On the mountain the bus will be leaving at 7:30 PM.
4. You must be on time for lessons and stay with your lesson group
 - a. Cypress will be keeping track of all students during lessons and reporting any students who do not show up for lessons or leave their lesson group directly to Mr. Bresett.
5. All students must wear helmets.
6. You must follow all the rules of the mountain – do not ski or board on runs that are outside of your ability; do not ski or board in an unsafe manner; never go out of bounds.
7. You must always be with at least one other person – no skiing or boarding alone!

At the discretion of the supervisors of this trip and Cypress Mountain, you may have your privilege to participate in this program revoked if you break any of rules 1 – 7 above. Your safety is our first concern.

LFMSS Alpine Sports Program

Information for Parent Chaperones



1. Skiing/Snowboarding – while you are skiing or snowboarding, you are asked to watch out for any LFMSS students who may need assistance or may be alone (students are not allowed to ski or board alone ever). Report any problems to Craig Bresett at 778 771 3679. Don't send texts – they won't be read.
2. Assistance with distributing passes and rental vouchers – when we arrive we will follow the instructions of the Cypress staff who will speak to the group and then hand out passes and vouchers.
3. Assistance with rentals at the start of the day – parents *may* be asked to go to the rentals area upon arrival and help out as needed as our students get their equipment.
4. Students will be told to report any problems to guest services (or their instructor if still in a lesson) and this will get relayed to Craig Bresett at 778 771 3679.
5. Riding the bus – If you witness any inappropriate behavior, please report it to a teacher.

Chaperones Must Register AND Pay at School Cash Online:

<https://forms.cloud.microsoft/r/tdEYYvxf2H>



PARENT CONSENT AND PERMISSION FORM AND WAIVER FOR CHILD PARTICIPATING IN SNOWBOARD/SKI TRIP

Please return by: October 15, 2026

Name of student: _____ ("my child")

Name of school: Langley Fundamental Middle and Secondary School Grade: _____

Date of trip: January 8,15,22,29 / Feb 5 (optional)

My child has been offered the opportunity to participate in a ski/snowboard trip on January 8,15,22,29 / Feb 5 (optional)
to Cypress Mountain (Optional Extra - Whistler)

I understand that participation in this trip is optional and if my child does not attend they will be required to attend school and will be provided with other classroom activities.

Additional trip information (To be completed by school/trip organizer)

<https://www.sd35.bc.ca/lfmss/alpine-sports-program>

By signing this agreement, I hereby give my consent to allow my child to participate in this school trip and confirm that I understand the following:

Students will be going to Cypress (Whistler optional) (location), and will be away from the school
from 11:00 AM to 8:30 PM (times) on see above (date)

They will be traveling by bus (i.e. school bus)

On this field trip, approximately 250 (number) of students will be skiing and/or snowboarding.

The students will be supervised by 7 (number) teachers while on the bus and by ski hill employees while on the hill.
I understand that while on the hill, my child may not be directly supervised at all times.

Additional supervision information (To be completed by school/trip organizer)

There will be about 20 parent chaperones each session as well as the 7 teachers/
staff members.

On the hill, students will be divided into groups according to their skill level, as indicated by you on this form and/or as
assessed by hill instructors.



PARENT CONSENT AND PERMISSION FORM AND WAIVER FOR CHILD PARTICIPATING IN SNOWBOARD/SKI TRIP

My child has no illnesses, allergies, disabilities or special needs that may require special attention, except as described here:

My child has no illnesses, allergies or disabilities that make snowboarding or skiing inappropriate for him/her. I know of no health related or other reason why my child should not participate in this trip.

I am aware that my child's participation in this trip entails certain risks and dangers to my child which cannot be eliminated, and that skiing and snowboarding has an inherent risk of personal injury, including but not limited to: sprains, strains, fractures, head/brain injuries, paralysis, internal injuries and death, and property and equipment damage or losses resulting from the activities.

In addition to the risks described above, other risks and hazards may include, but are not limited to: motor vehicle accidents occurring on the way to or from the hill; rock fall and avalanches, weather and snow conditions including unforeseen, inclement or intemperate weather; hypothermia; frostbite; equipment failure or defects (skis, boards, t-bars, lift chairs, gondolas, etc.); collisions with other skiers or snowboarder or with other objects such as trees, signs, snow grooming equipment, and lift towers; poor grooming or design of hill, runs or jumps; poor or inadequate instruction or supervision; falls; assault; injuries as a result of consumption of or exposure to food and drink; injuries occurring while using chair lifts, t-bars, etc.; delays in obtaining medical treatment or appropriate medical treatment; injuries when attempting to perform jumps or tricks; the possibility that my child may not heed warning or safety instructions or restrictions given to participants, thus putting himself/herself at risk.

I will supply suitable clothing for my child's participation in all activities associated with the field trip, including: sufficiently warm clothes, including a hat, mitts or gloves, warm jacket, ski/snowboarding pants, goggles. I accept full responsibility for any inadequate clothing or equipment which I provide. I am aware that I should contact the school for further information if I am unclear about what clothing or equipment is required for the activities or the possible weather conditions.

My child and I are aware that my child must wear a helmet while skiing or snowboarding.

My child and I are aware that if my child is snowboarding wrist guards must be worn to prevent wrist injuries.

My child agrees that he or she will wear a helmet, and if snowboarding wrist guards.

I give permission for _____ (my child) to ☐ Snowboard / ☐ Ski on this trip.

Redundant rental/level information whited out

PARENT CONSENT AND PERMISSION FORM AND WAIVER FOR CHILD PARTICIPATING IN SNOWBOARD/SKI TRIP

Redundant rental / level information whited out

I understand that employees of the hill may or may not individually assess my child's experience level. I give permission for hill staff to do so and put my child in the class they deem appropriate.

I understand that a lesson and/or skiing/snowboarding with a coach will be mandatory for my child.

I am aware that expert advanced / expert level students are sometimes permitted by hill staff to attempt tricks and jumps in terrain parks or on expert runs, and that these activities may pose a greater risk to these students, including the risk of death, quadriplegia or paraplegia, brain injury, or serious fractures.

CHECK THE APPROPRIATE RESPONSE and INITIAL):

☐ I **DO NOT GRANT PERMISSION FOR MY CHILD TO ENTER A TERRAIN PARK OR ATTEMPT EXPERT (Black Diamond) RUNS.** I have discussed the risks inherent in these types of activities with my child and my child is aware that he/she is not permitted to participate in these activities. Furthermore, my child agrees that he/she will not participate in these activities.

_____ Initial

OR

☐ I believe my child has the necessary skill to ski or board on expert level (Black Diamond) runs. I believe these are appropriate runs for my child, and as a result, **I DO GRANT PERMISSION FOR MY CHILD TO SKI OR BOARD ON EXPERT LEVEL (BLACK DIAMOND) RUNS UNDER THE SUPERVISION OR DIRECTION OF A SKI HILL INSTRUCTOR/COACH IF THE SKI HILL INSTRUCTOR/COACH DEEMS IT APPROPRIATE, INCLUDING ATTEMPTING JUMPS AND/OR TRICKS.**

However, **I DO NOT GRANT PERMISSION FOR MY CHILD TO ATTEMPT TO PERFORM JUMPS AND/OR TRICKS IN A TERRAIN PARK.** I have discussed the risks inherent in Terrain Park activities with my child, and my child is aware that he/she is not permitted to participate in Terrain Park activities, and furthermore, my child agrees that he/she will not participate in Terrain Park activities.

_____ Initial

OR

☐ I believe my child has the necessary skill to ski or board in a terrain park and on expert level (Black Diamond) runs. I believe these are appropriate activities for my child, and as a result, **I DO GRANT PERMISSION FOR MY CHILD TO ENTER A TERRAIN PARK OR SKI OR BOARD ON EXPERT LEVEL (BLACK DIAMOND) RUNS UNDER THE SUPERVISION OR DIRECTION OF THE SKI HILL INSTRUCTOR/COACH IF THE SKI HILL INSTRUCTOR/COACH DEEMS IT APPROPRIATE, INCLUDING ATTEMPTING JUMPS AND/OR TRICKS.**

I have discussed the risks inherent in these types of activities with my child and my child is aware that he/she is only permitted to participate in these activities under the supervision or direction of a ski hill instructor/coach. My child has agreed that he/she will only ski or board in these areas under the supervision or direction of a ski hill instructor/coach.

_____ Initial

My child and I understand that the school's Code of Conduct and the Alpine Responsibility Code applies during this trip.

I will be responsible for any costs associated with my child's attendance on the trip, including the cost of any equipment rented by my child and not returned, and any other costs which arise during the trip or are caused by or associated with my child's attendance on the trip, including any extra costs to send my child home.

The school has provided me with the following documents about the ski hill and the trip as listed here:

[School/trip organizer to list the items to be provided here: (i.e. Hill information package. Hill lift ticket waiver, etc.)]

<https://www.sd35.bc.ca/lfmss/alpine-sports-program>



PARENT CONSENT AND PERMISSION FORM AND WAIVER FOR CHILD PARTICIPATING IN SNOWBOARD/SKI TRIP

I have read and understood all the materials listed above and have discussed them with my child, including the ski hill's code of conduct.

Accidents are common. They can be the result of the nature of the activity and can occur with or without any fault on either the part of the student, or the school board or its employees or agents, or the facility where the activity is taking place. By allowing my child to participate in this activity, I am accepting the risk of an accident and injury occurring, including death, and agree that the activity is suitable for my child. In permitting my child to attend this trip, I am not relying on any oral or written representation or statements made by the School Board and its servants, agents, employees, or authorized volunteers, to induce me to permit my child to take the trip, other than those set out in this document.

PARENTAL/GUARDIAN WAIVER OF LIABILITY: I agree that in consideration of School District No. 35 offering my child, (name) _____, an opportunity to participate in the trip I waive any and all claims I may have, and release from all liability and agree not to sue the Board of Trustees of School District No. 35 and its officers, employees, agents, volunteers and representatives, for any personal injury, death, property damage or loss as a result of or arising from my child's participation in the trip, arising out of any cause whatsoever, including negligence. I understand that this waives my right to sue on my own behalf, not the right for myself or a guardian ad litem to sue on my child's behalf.

I am 19 years of age or more and have read and understand the terms of this document and understand that it is binding upon me, my heirs, executors and administrators.

Date: _____	
Signature of Witness _____	Signature of Parent/Legal Guardian _____
Printed Name of Witness _____	Printed Name of Parent/Legal Guardian _____
Address _____	Address _____

Date: _____	
Signature of Witness _____	Signature of Parent/Legal Guardian _____
Printed Name of Witness _____	Printed Name of Parent/Legal Guardian _____
Address _____	Address _____

NOTE: This form must be signed by **ALL** custodial parents or legal guardians of a child who is under the age of 19 years.

Student Acknowledgement: I understand that there are inherent risks involved with skiing and snowboarding. I have discussed my parent's expectations, the school's expectations, and the hill's expectations for my behaviour while on the trip with my parents.

I agree to follow the instructions of teachers and instructors, abide by the school's code of conduct and the hill's code of conduct during this trip. I agree to wear a helmet at all times while skiing or snowboarding. I agree to wear wrist guards while snowboarding.

Student Signature