

# Co-Parenting Supports

(This is not an exhaustive list, rather it is just a place to start looking)

Note: (EAP) Employment Assistance Program, and/or work benefit packages may help cover associated costs, please check with your employer, or benefits provider.

- **Langley Family Justice Centre (NO FEE)**
  - 604-501- 3100
  - Trained (Co-Parenting / Child) Mediation Services
  - Building 100, 120-20434 64th Ave, Langley, BC V2Y 1N4
- **Ministry of Justice: Oak Hill Counselling & Mediation Services**
  - 3 hour information session (No FEE)
  - Counselling Services (Variable Cost)
  - Assets & Co-Parenting Mediation Services (Variable Cost)
  - 604-607-1035 (109-19610 64<sup>th</sup> Ave. Langley)
- **Parent Support Services Society of BC**
  - 1 877-345-9777 or 604 699-1616
  - [http://www.parentsupportbc.ca/parent\\_support\\_circles](http://www.parentsupportbc.ca/parent_support_circles)
  - 204 Imperial Street, Burnaby BC
- **Smart Settle: 1 877-479-3736 (Variable Cost)**
  - Co-Parenting supports and counselling
  - Co-Parenting aps
    - 2houses
    - Our Family Wizard
- **BC Council for Families**
  - Co-Parenting resources – Kids In The Middle Program
  - <https://www.bccf.ca/program/program-5/>
- **BC Families Change**
  - <http://bc.familieschange.ca/en/teens>
  - Information & resources for parents / teens / kids
- **Online Guide to Divorce & Family Health**
  - <https://www.helpguide.org/articles/family-divorce/children-and-divorce.htm#resources>
- **Interactive site for kids to help them understand divorce**
  - <http://www.changeville.ca/#/helping-bc-kids-with-parental-divorce-or-separation>
- **Online Co-parenting & Divorce Class (\$4.99)**
  - Also includes access to 20 wellness courses.
  - <http://mentalhealth.openpathcollective.org/coparenting/>