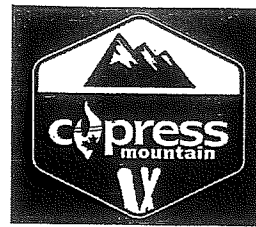




**YORKSON CREEK**  
**MIDDLE SCHOOL**



Dear Parents:

October 21, 2024

We have planned the Ski and Snowboard Program for Yorkson Creek this year to Cypress Mountain Resort on Wednesday, February 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup>, 2025. We have reserved 144 spots at Cypress Mountain ski school for interested students.

During this program, students will be learning how to ski or snowboard and will be involved in skiing or snowboarding lessons and free skiing or snowboarding time. This trip is related to the Physical Health Education curriculum in the following ways: Exploration of life long physical activities.

Skiing and snowboarding are inherently risky activities with falls and spills expected. It is very demanding physically, especially for students new to these sports. Students of similar abilities are grouped for the lessons; however, students may ski with friends of various abilities during the free time after the lesson. It should be noted that during some of the free ski time it will be dark, with students restricted to only the runs that are lit. **Students are never permitted to ski or snowboard alone.**

We will be travelling to Cypress Mountain and back to Yorkson Creek Middle by bus. We will depart from the school Wednesday, February 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup>, 2025 at 11:20am and return to the school on the same day at 7:45pm. **You will need to arrange to have your child picked-up promptly at 7:45pm.** Students are not permitted to walk home upon return to the school. Staff members along with parent chaperones will be supervising on the bus and on the mountain.

DATE	Leaving YCMS on Bus	Session Time: Rentals/Lessons	Leaving Cypress on Bus	Arrive @ YCMS
Wednesday, February 5	11:20 AM	1:00-4:00 PM	6:45 PM	7:45 PM
Wednesday, February 12	11:20 AM	1:00-4:00 PM	6:45 PM	7:45 PM
Wednesday, February 19	11:20 AM	1:00-4:00 PM	6:45 PM	7:45 PM
Wednesday, February 26	11:20 AM	1:00-4:00 PM	6:45 PM	7:45 PM

**\*\*Important: Parents MUST be at the school 15 minutes prior to our return from Cypress to pick up students.**

The costs for skiing or snowboarding this year are listed below. Please note that anyone 1 part in this program MUST take all four lessons.

**Student Prices and Payment (via School Cash Online):**

- Full Package (bus transportation, lessons, lifts, and rentals): **\$425**
- Bus transportation, lift tickets and lessons (no-rental): **\$340**
- Bus transportation, rentals and lessons (season pass holder): **\$370**
- Bus transportation, lessons only (season pass holder, no-rental): **\$285**

Payment must be made online only. Please pay online and select the correct package when paying. **Attach your receipt to your signed waiver and consent form showing proof of payment.**

**Food:** Cypress is a cashless mountain. Students will either need to bring their own bagged dinner or bring a debit or credit card. Students have the option to purchase a Cypress gift card at guest services with cash.

**Lottery System:**

We have 144 reserved spots at Cypress Mountain and often the number of applicants exceeds this amount. As such, there will be a lottery system to determine participants in the program. Students will have until Friday, November 1<sup>st</sup> to submit their completed online application as well as the signed paper copies of the School District #35 waiver and consent forms. All applications will be reviewed and applications that are completed, with payment receipt attached, will be entered into a lottery for a spot. Students will be notified by November 7<sup>th</sup> as to whether they received a spot. We will keep a waitlist. **There are no refunds for students who are selected, no exceptions!**

Permission forms should be given directly to Mrs. Parkes in room E208. Applications turned into the front office will **NOT** be accepted. **Applications are only considered complete when online applications are complete and waiver and consent forms with payment receipt are submitted together.** If your child receives a spot in this program, payments for this field trip are non-refundable. Students who miss a day will receive a lift ticket voucher.

**Notices with payment are due by Friday, November 1<sup>st</sup>, 2024.**

We need the following steps to be completed:

- ☐ Fill out the online application (via <https://ycms.sd35.bc.ca/programs-clubs/ski-club/>) and ensure that all sections are filled out.
- ☐ Fill out the SD35 waiver forms, medical form and student contract
- ☐ Make your payment through School Cash Online.
- ☐ Print your receipt and include it with your SD35 waiver forms package
- ☐ Deliver the application to Mrs. Parkes in Room E208. **Applications delivered to the front office will not be accepted.**
- ☐ Wait to hear if you got a spot! (Participants will be confirmed by November 7<sup>th</sup>). A refund will be made to those who did not receive a spot in the program. **There are no refunds for students who are selected, no exceptions!**

**Forms and payment are due by Friday, November 1, 2024**

**\*All Payments MUST be made on School Cash Online prior to registration forms being accepted.**

☐ I will be Skiing Or

☐ I will be Snowboarding

Last Name Initial: \_\_\_\_\_

### Student Contract

All students participating in the ski program, please read the rules and sign:

Dear student,

Your participation in the ski/snowboard program is a privilege, and certain rules must be followed to keep the privilege. Please review these rules with your child and have them sign the rule information below.

By checking the boxes & signing this sheet, you agree to following these rules:

- ☐ I must be on time for the bus.
  - a. At school, I must be ready to get on the bus at 11:15am.
  - b. On the mountain, I must be ready to get on the bus at 6:45pm.
- ☐ I will NOT leave any garbage on the bus, or in the lodge. I will clean up after myself.
- ☐ I must be on time for lessons (1:30pm) and stay with my lesson group.
- ☐ I must check in with YCMS staff at 4pm (after lessons are over) and 6:15pm (when we get ready to go home). All students meet with teachers and chaperones in the lodge at **4pm and 6:15pm**. Students may NOT buy food/beverages from the cafeteria after 6pm.
- ☐ I will NOT take a chair lift after 6pm.
- ☐ Once checked in at 6:15pm, I am not allowed to leave the meeting area because we will be preparing to board the bus.
- ☐ I MUST wear a helmet. I will wear appropriate winter clothing, suitable for mountain conditions: snow pants, jacket, toque, gloves, neck warmer, goggles, layers, etc.
- ☐ I MUST follow all the rules of the mountain – I will not ski, or board, in an unsafe manner, on runs that are outside of my ability, or out of bounds.
- ☐ I MUST always be with at least one other person – **no skiing or boarding alone!** I will choose to ski/board with friends who are at my skill level.
- ☐ I MUST be respectful, cooperative, and courteous with teachers, parents, and Cypress Staff.

At the discretion of the supervisors of this trip, and Cypress Mountain Staff, you may have your privilege to participate in this program revoked if you break any of the rules above. **Your safety is our first concern.**

**By signing this, I understand ALL of the rules above and I will diligently follow the rules as specified. If I should break any of the rules above, it could lead to losing my privilege to participate in the school Cypress ski and snowboard program.**

\_\_\_\_\_  
Student's signature

\_\_\_\_\_  
Parent's signature

\_\_\_\_\_  
Student name (please print)

\_\_\_\_\_  
Parent name (please print)

\_\_\_\_\_  
Parent email

\_\_\_\_\_  
Parent contact number

Fill out one (1) of the following (do NOT fill out both):

This is also available on the YCMS Website under Clubs and Ski and Snowboard Club

1) If you are **SKIING**, fill in this form:

[https://forms.office.com/Pages/DesignPageV2.aspx?subpage=design&FormId=rvqr\\_Ar4dE-2p7oVwqS7JGd7hZo-PcNBqPsMr-cZhkFUNTJSU1dZQ05VNII3VkFVNFY3TjkwRE80Uy4u](https://forms.office.com/Pages/DesignPageV2.aspx?subpage=design&FormId=rvqr_Ar4dE-2p7oVwqS7JGd7hZo-PcNBqPsMr-cZhkFUNTJSU1dZQ05VNII3VkFVNFY3TjkwRE80Uy4u)



OR

2) If you are **SNOWBOARDING**, fill in this form:

[https://forms.office.com/Pages/DesignPageV2.aspx?subpage=design&FormId=rvqr\\_Ar4dE-2p7oVwqS7JGd7hZo-PcNBqPsMr-cZhkFUQzIPQk0yMIE5UFZGVkUxTEFOSzVDU1VHVS4u](https://forms.office.com/Pages/DesignPageV2.aspx?subpage=design&FormId=rvqr_Ar4dE-2p7oVwqS7JGd7hZo-PcNBqPsMr-cZhkFUQzIPQk0yMIE5UFZGVkUxTEFOSzVDU1VHVS4u)



If you are wanting to chaperone, fill in this form:

[https://forms.office.com/Pages/DesignPageV2.aspx?subpage=design&FormId=rvqr\\_Ar4dE-2p7oVwqS7JGd7hZo-PcNBqPsMr-cZhkFUMUowUVNZNEMxQlpJTEw2N1ZRNIBaR0xFVS4u](https://forms.office.com/Pages/DesignPageV2.aspx?subpage=design&FormId=rvqr_Ar4dE-2p7oVwqS7JGd7hZo-PcNBqPsMr-cZhkFUMUowUVNZNEMxQlpJTEw2N1ZRNIBaR0xFVS4u)

→





## PARENT CONSENT AND PERMISSION FORM AND WAIVER FOR CHILD PARTICIPATING IN SNOWBOARD/SKI TRIP

Please return by: November 1, 2024

Name of student: \_\_\_\_\_ ("my child")

Name of school: Yorkson Creek Middle School Grade: \_\_\_\_\_

Date of trip: Wednesdays, February 5,12,19,26, 2025

My child has been offered the opportunity to participate in a ski/snowboard trip on February 5,12,19,26, 2025

to Cypress Mountain Ski Resort

I understand that participation in this trip is optional and if my child does not attend they will be required to attend school and will be provided with other classroom activities.

There will be charges for the trip as follows:

Helmet / wrist guard rental: N/A

Transportation and lift fees: Please see attached

Other charges: Please see attached

Additional trip information (To be completed by school/trip organizer)

The Cypress Ski and Snowboard program is open to 144 students in grade 6, 7, and 8. Spaces are limited. Payment via School Cash Online is required as part of the registration process. Only students

that are not selected will receive a full refund. PAYMENT IS NON\_REFUNDABLE FOR ALL

CONFIRMED STUDENTS. <https://ycms.sd35.bc.ca/programs-clubs/ski-club/>

By signing this agreement, I hereby give my consent to allow my child to participate in this school trip and confirm that I understand the following:

Students will be going to Cypress Mountain Ski Resort (location), and will be away from the school from 11:20 AM to 7:45 PM (times) on February 5,12,19,26, 2025 (date)

They will be traveling by School Bus (i.e. school bus)

On this field trip, approximately 144 (number) of students will be skiing and/or snowboarding.

The students will be supervised by 4 (number) teachers while on the bus and by ski hill employees while on the hill. I understand that while on the hill, my child may not be directly supervised at all times.

Additional supervision information (To be completed by school/trip organizer)

There will be about 8 parent chaperones each session as well as the 4 teachers.

On the hill, students will be divided into groups according to their skill level, as indicated by you on this form and/or as assessed by hill instructors.



## PARENT CONSENT AND PERMISSION FORM AND WAIVER FOR CHILD PARTICIPATING IN SNOWBOARD/SKI TRIP

My child has no illnesses, allergies, disabilities or special needs that may require special attention, except as described here:

My child has no illnesses, allergies or disabilities that make snowboarding or skiing inappropriate for him/her. I know of no health related or other reason why my child should not participate in this trip.

I am aware that my child's participation in this trip entails certain risks and dangers to my child which cannot be eliminated, and that skiing and snowboarding has an inherent risk of personal injury, including but not limited to: sprains, strains, fractures, head/brain injuries, paralysis, internal injuries and death, and property and equipment damage or losses resulting from the activities.

In addition to the risks described above, other risks and hazards may include, but are not limited to: motor vehicle accidents occurring on the way to or from the hill; rock fall and avalanches, weather and snow conditions including unforeseen, inclement or temperate weather; hypothermia; frostbite; equipment failure or defects (skis, boards, t-bars, lift chairs, gondolas, etc.); collisions with other skiers or snowboarder or with other objects such as trees, signs, snow grooming equipment, and lift towers; poor grooming or design of hill, runs or jumps; poor or inadequate instruction or supervision; falls; assault; injuries as a result of consumption of or exposure to food and drink; injuries occurring while using chair lifts, t-bars, etc.; delays in obtaining medical treatment or appropriate medical treatment; injuries when attempting to perform jumps or tricks; the possibility that my child may not heed warning or safety instructions or restrictions given to participants, thus putting himself/herself at risk.

I will supply suitable clothing for my child's participation in all activities associated with the field trip, including: sufficiently warm clothes, including a hat, mitts or gloves, warm jacket, ski/snowboarding pants, goggles. I accept full responsibility for any inadequate clothing or equipment which I provide. I am aware that I should contact the school for further information if I am unclear about what clothing or equipment is required for the activities or the possible weather conditions.

My child and I are aware that my child must wear a helmet while skiing or snowboarding.

My child and I are aware that if my child is snowboarding wrist guards must be worn to prevent wrist injuries.

My child agrees that he or she will wear a helmet, and if snowboarding wrist guards.

I give permission for \_\_\_\_\_ (my child) to ☐ Snowboard / ☐ Ski on this trip.

If renting equipment my child's height and weight are: Height: \_\_\_\_\_ Weight: \_\_\_\_\_

### ☐ My child will be skiing

I will supply suitable equipment including ski boots, poles, skis and helmet: Yes ☐ No ☐

If NO: I will be required to rent the following equipment for my child from the hill:

Skis – Yes ☐ Boots – Yes ☐ Poles – Yes ☐ Helmet – Yes ☐

OR

### ☐ My child will be snowboarding

I will supply suitable equipment including snowboard, boots, wrist guards and helmet: Yes ☐ No ☐

If NO: I will be required to rent the following equipment for my child from the hill:

Snowboard and boots – Yes ☐ Helmet – Yes ☐ Wrist guards – Yes ☐

# PARENT CONSENT AND PERMISSION FORM AND WAIVER FOR CHILD PARTICIPATING IN SNOWBOARD/SKI TRIP

My child has (Check the appropriate level of skill your child has in the chosen activity):

- ☐ No previous experience / beginner
- ☐ Minimal skills – comfortable on easiest (green) runs
- ☐ Intermediate skills – comfortable on more difficult (blue marked) runs
- ☐ Advance / Expert skills – able to be on advanced / challenging (black diamond) runs

I understand that employees of the hill may or may not individually assess my child's experience level. I give permission for hill staff to do so and put my child in the class they deem appropriate.

I understand that a lesson and/or skiing/snowboarding with a coach will be mandatory for my child.

I am aware that expert advanced / expert level students are sometimes permitted by hill staff to attempt tricks and jumps in terrain parks or on expert runs, and that these activities may pose a greater risk to these students, including the risk of death, quadriplegia or paraplegia, brain injury, or serious fractures.

CHECK THE APPROPRIATE RESPONSE and INITIAL:

☆☆ Check one box and initial

- ☐ I DO NOT GRANT PERMISSION FOR MY CHILD TO ENTER A TERRAIN PARK OR ATTEMPT EXPERT (Black Diamond) RUNS. I have discussed the risks inherent in these types of activities with my child and my child is aware that he/she is not permitted to participate in these activities. Furthermore, my child agrees that he/she will not participate in these activities.

\_\_\_\_ Initial

OR

- ☐ I believe my child has the necessary skill to ski or board on expert level (Black Diamond) runs. I believe these are appropriate runs for my child, and as a result, I DO GRANT PERMISSION FOR MY CHILD TO SKI OR BOARD ON EXPERT LEVEL (BLACK DIAMOND) RUNS UNDER THE SUPERVISION OR DIRECTION OF A SKI HILL INSTRUCTOR/COACH IF THE SKI HILL INSTRUCTOR/COACH DEEMS IT APPROPRIATE, INCLUDING ATTEMPTING JUMPS AND/OR TRICKS.

However, I DO NOT GRANT PERMISSION FOR MY CHILD TO ATTEMPT TO PERFORM JUMPS AND/OR TRICKS IN A TERRAIN PARK. I have discussed the risks inherent in Terrain Park activities with my child, and my child is aware that he/she is not permitted to participate in Terrain Park activities, and furthermore, my child agrees that he/she will not participate in Terrain Park activities.

\_\_\_\_ Initial

OR

- ☐ I believe my child has the necessary skill to ski or board in a terrain park and on expert level (Black Diamond) runs. I believe these are appropriate activities for my child, and as a result, I DO GRANT PERMISSION FOR MY CHILD TO ENTER A TERRAIN PARK OR SKI OR BOARD ON EXPERT LEVEL (BLACK DIAMOND) RUNS UNDER THE SUPERVISION OR DIRECTION OF THE SKI HILL INSTRUCTOR/COACH IF THE SKI HILL INSTRUCTOR/COACH DEEMS IT APPROPRIATE, INCLUDING ATTEMPTING JUMPS AND/OR TRICKS.

I have discussed the risks inherent in these types of activities with my child and my child is aware that he/she is only permitted to participate in these activities under the supervision or direction of a ski hill instructor/coach. My child has agreed that he/she will only ski or board in these areas under the supervision or direction of a ski hill instructor/coach.

\_\_\_\_ Initial

My child and I understand that the school's Code of Conduct and the Alpine Responsibility Code applies during this trip.

I will be responsible for any costs associated with my child's attendance on the trip, including the cost of any equipment rented by my child and not returned, and any other costs which arise during the trip or are caused by or associated with my child's attendance on the trip, including any extra costs to send my child home.

The school has provided me with the following documents about the ski hill and the trip as listed here:

[School/trip organizer to list the items to be provided here: (i.e. Hill information package. Hill lift ticket waiver, etc.)]

**On the consent and waiver form, please make sure the witness signatures are someone other than the legal guardians of the student.**



## PARENT CONSENT AND PERMISSION FORM AND WAIVER FOR CHILD PARTICIPATING IN SNOWBOARD/SKI TRIP

I have read and understood all the materials listed above and have discussed them with my child, including the ski hill's code of conduct.

Accidents are common. They can be the result of the nature of the activity and can occur with or without any fault on either the part of the student, or the school board or its employees or agents, or the facility where the activity is taking place. By allowing my child to participate in this activity, I am accepting the risk of an accident and injury occurring, including death, and agree that the activity is suitable for my child. In permitting my child to attend this trip, I am not relying on any oral or written representation or statements made by the School Board and its servants, agents, employees, or authorized volunteers, to induce me to permit my child to take the trip, other than those set out in this document.

**PARENTAL/GUARDIAN WAIVER OF LIABILITY:** I agree that in consideration of School District No. 35 offering my child, (name) \_\_\_\_\_, an opportunity to participate in the trip I waive any and all claims I may have, and release from all liability and agree not to sue the Board of Trustees of School District No. 35 and its officers, employees, agents, volunteers and representatives, for any personal injury, death, property damage or loss as a result of or arising from my child's participation in the trip, arising out of any cause whatsoever, including negligence. I understand that this waives my right to sue on my own behalf, not the right for myself or a guardian ad litem to sue on my child's behalf.

I am 19 years of age or more and have read and understand the terms of this document and understand that it is binding upon me, my heirs, executors and administrators.

Date: \_\_\_\_\_

Signature of Witness \_\_\_\_\_

Signature of Parent/Legal Guardian \_\_\_\_\_

Printed Name of Witness \_\_\_\_\_

Printed Name of Parent/Legal Guardian \_\_\_\_\_

Address \_\_\_\_\_

Address \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Witness \_\_\_\_\_

Signature of Parent/Legal Guardian \_\_\_\_\_

Printed Name of Witness \_\_\_\_\_

Printed Name of Parent/Legal Guardian \_\_\_\_\_

Address \_\_\_\_\_

Address \_\_\_\_\_

**NOTE:** This form must be signed by **ALL** custodial parents or legal guardians of a child who is under the age of 19 years.

**Student Acknowledgement:** I understand that there are inherent risks involved with skiing and snowboarding. I have discussed my parent's expectations, the school's expectations, and the hill's expectations for my behaviour while on the trip with my parents.

I agree to follow the instructions of teachers and instructors, abide by the school's code of conduct and the hill's code of conduct during this trip. I agree to wear a helmet at all times while skiing or snowboarding. I agree to wear wrist guards while snowboarding.

Student Signature \_\_\_\_\_

★ Witness cannot be the legal guardian ★



## FIELD TRIP MEDICAL FORM FOR OUTDOOR, OVERNIGHT AND OUT OF PROVINCE TRIPS

Name of Student: \_\_\_\_\_ Grade: \_\_\_\_\_ Division: \_\_\_\_\_

Care Card Personal Health No.: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Family Doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

Name of Parent/Legal Guardian: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Emergency Contact (In the event that the Parent/Legal Guardian cannot be reached):

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Please note any health problems, physical handicap, emotional difficulty, behaviour problem, or other factors which may limit full participation in this program. Use back of sheet if necessary.

Has the student had a previous injury which would require special first aid treatment should another injury occur? Explain.

The student has received the regular immunization program administered in B.C. for diphtheria, pertussis & tetanus (DPT; tetanus and diphtheria (Td); polio; measles, mumps & rubella (MMR).

☐ YES ☐ NO If NO, please explain: \_\_\_\_\_

Does the student wear contact lenses:

☐ YES ☐ NO

Child is subject to:

- ☐ asthma
- ☐ ear ache
- ☐ fainting
- ☐ tonsillitis
- ☐ eye infection
- ☐ sensitive skin
- ☐ sinus problems

- ☐ seizures
- ☐ nightmares
- ☐ bronchitis
- ☐ high blood pressure
- ☐ nosebleeds
- ☐ headache

- ☐ bed wetting
- ☐ kidney problems
- ☐ dizziness
- ☐ frequent colds
- ☐ dislocations
- ☐ motion sickness
- ☐ sprains

- ☐ pulled muscles
- ☐ sleep walking
- ☐ severe allergies (describe below)
- ☐ other (describe below)

Severe allergies/Other: \_\_\_\_\_

**Medications will only be administered in accordance with the District Policy No. 7012 Administration of Medication.**

In case of emergency, I hereby give permission to the physician selected by the supervisor(s) to provide necessary treatment for my child.

Parent/Legal Guardian Signature \_\_\_\_\_

Date \_\_\_\_\_