

# COGHLAN FUNDAMENTAL ELEMENTARY SCHOOL

4452 -256<sup>th</sup> Street, Aldergrove, BC V4W 1J3

<http://coghlansd35.bc.ca>

Phone: 604-856-8539

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Principal: Mrs. Isabella lam

Admin. Assistant: Mrs. Naomi Laycock

## Rocky Raccoon Weekly Update

December 16 to January 6

Monday, December 16:	Gr. 7s Candy Grams Sale. 12:00 pm @Library (see flyer below)
Wednesday, December 18:	Gr. 7s Hot Chocolate Sale. 2:30 pm
Friday, December 20:	Spirit Day – Ugly Sweater Day! PAC Pancake Breakfast for all Students. 9:00-10:25 AM Last day prior to Winter Break
Monday, January 6:	School Re-opens

### **Parking Lot – NO Parking/Drop-Off Zone**

A couple of friendly and quick reminders regarding drop-off/pick-up of your child(ren) before/after school:

1. Please do NOT park your vehicle along the drop-off zone lane, this would include before the dismissal bell at 2:30 pm. If you would like to park and wait for your child, please find a parking spot in our parking lot or please continue to loop back around the school until you see your child(ren).
2. Please ensure you pull over to the very front of the drop-off zone lane, so that we are not backed up, or blocking other cars behind us.

We appreciate your efforts in creating a safe and caring environment for the school community. Thank you for helping one another!

**Mud puddles have a way of finding kids** ☺ and they come to the office wet needing dry clothes. Please save yourself a trip to school in the afternoon by sending a couple sets of dry clothes, including extra socks in their backpack and replacing them as needed. Thank you!

### **Communicating Student Learning (CSL) - Elementary School**

Learning is a journey for all students that requires the support of teachers, staff, and families. Parent/guardian involvement is always a contributing factor to a student's success. But how does a parent/guardian know how their child is doing? The District is sharing information about the different ways of **Communicating Student Learning (CSL)** to help support families. In this newsletter you will find information about student inclusive conferences, proficiency scales, and self-reflection on the core competencies. These resources are aimed to help support your child. Read more [here](#).

### **Volunteer Application Process**

A friendly reminder that the Langley School District has updated processes for potential volunteers who would like to volunteer at schools on a more than casual basis. This process would include connecting with your school Principal first. If you are interested in volunteering at Coghlan this year or have questions pertaining to volunteer work itself, please reach out to the Principal directly to begin the process: [ilam@sd35.bc.ca](mailto:ilam@sd35.bc.ca)

Additionally, a letter from Ms. Lam was sent home to families on Monday, October 7th, to provide details of the application process. Thank you to all parents who have reached out to Ms. Lam and indicated their interest in volunteering at the school this year. Please note that moving forward, all approved volunteers are to sign-in/out at the office and wear a volunteer nametag that will be given by Mrs. Laycock or Ms. Lam.

# Langley Children's Choir is looking for singers!

Openings are now available for singers in grades 3 to 7

What are we looking for?

- ✓ School choir members (if your school has one)
- ✓ Good attitude and enthusiasm!
- ✓ Advanced vocal skills, and the ability to focus
- ✓ A firm commitment to the group
- ✓ Desire to develop as a singer and choir member

What do you get out of this?

- ✓ Make new friends who like to sing, too
- ✓ Learn about how to sing better and learn lots of music
- ✓ Perform at other schools (a day off school!)
- ✓ Sing at festivals and hear other great choirs

Rehearsals? Langley Secondary School, 21405 – 56 Ave on Tuesdays,

Sept – April from 4:30 – 6 pm

Fees? \$175 Jan - May (reduced rate for multiple children in the same family)

Directors? Kim Hardy, Tanya DeVido and Patti Thorpe (Langley music teachers) plus accompanist

Heather Hicks

How Do I Join?

Contact us via email for an audition time before Jan 5, 2024. Auditions will be Tuesday Jan 7.

*Please include singer's name, phone number, school and grade.*

Patti Thorpe [langleychildrenschoir2022@gmail.com](mailto:langleychildrenschoir2022@gmail.com)



## **Emergency Preparedness, Power Outages, and School Closures**

With storm season upon us, the District is reminding families about procedures during emergencies such as power outages. The District will post important information on school and District websites as well as on social media channels. The District may also send special instructions in emails and text messages (for those that opt-in) via School Messenger. In the event of power outages, schools have an emergency phone line operational. Please avoid calling the school unless it is an emergency as this ties up the phone line.

As per the District's procedures, schools in the District may be closed to students by the Superintendent for weather related emergencies such as power outages or other causes related to health and safety. The decision to close a school due to a power outage is based on many considerations including expected power restoration time, operational emergency lighting, access to water and washrooms, among other factors. As always, it is a parent's decision whether to send their child to school (or keep their child at school) based on safety and individual circumstances. If you feel it is unsafe for you or your child to travel to or attend an open school for any reason, please keep your child home and report an absence to the school. For more information on school status information, read [here](#). The District thanks students, families, staff for their cooperation during recent power outages impacting schools.

## **Information About School Status During Inclement Weather**

Snow closures and power outages are an annual occurrence in the Langley School District. So, where do you go to get information about the status of schools during periods of inclement weather? If you are able to access the internet via computer or smartphone, current information about Langley schools can be accessed on all school websites or [www.sd35.bc.ca](http://www.sd35.bc.ca). Updates are also posted to X (formerly Twitter) @LangleySchools and Facebook at [www.facebook.com/langleyschooldistrict](https://www.facebook.com/langleyschooldistrict). If you don't have internet connectivity but your phone is working, call a relative or friend in an area that has not been affected by the storm and ask them to check the district website for you. Local radio stations are also informed of school status in Langley. Tune in to CKWX 1130AM, CKNW 980AM, Country Radio 107.1FM, Pulse 107.7 or CBC 690AM or 88.1FM for updates.

Please note that Langley District schools are all considered 'open' until a decision to close is required. Decisions on school closures are usually made by 6:30am. As always, it is a parent's decision whether to send their child to school based on safety and individual circumstances. If you feel it is unsafe for you or your child to travel to or attend an open school for any reason, please keep your child home and report an absence to the school.

## **Student Illnesses**

It's that time of year when we see a rise in illnesses impacting students and staff in our school. We are hearing from families about colds, respiratory illnesses, and stomach bugs circulating in our community. As a reminder to help keep our school community healthy and well, we are sharing this online resource from our community partner Fraser Health. Here you will find information about protecting your child from communicable diseases and managing their illness:

<https://www.fraserhealth.ca/health-topics-a-to-z/school-health/illness-and-immunizations/illness-in-the-classroom>

## **Winter Health Tips (from Fraser Health)**

Health, safety, and wellness continue to be a priority in our schools. To help support our students and families, we are sharing important information from our community partner Fraser Health about winter health. Please see below for helpful reminders to support your child.

### **Keeping Your Child Healthy During Winter (from Fraser Health)**

As the chilly winter season is upon us, there's a few extra things you can do to help keep your children healthy and well. Navigate this season with these essential tips.

#### **Bundle Up For The Cold**

Dressing appropriately for the cold weather is vital in keeping your child comfortable and protected. Wearing multiple layers is a great way to trap body heat and provide insulation against the cold.

Keep a warm hat, gloves, scarves and insulated boots handy. Remind your child to wear these items before heading outside to play or going to school.

#### **Protect Against Winter Illnesses**

Winter brings an increased risk of colds and flus. Make sure your child is getting enough sleep (nine to 11 hours for elementary-aged children), eating a variety of foods and staying hydrated by drinking plenty of water. Ensure your child receives their annual flu vaccine and talk to a health care provider about any additional vaccines that may be recommended. Teach your child good respiratory etiquette such as regular hand washing, covering their coughs and sneezes and staying home when sick. If they are sick and cannot stay away from others, they can wear a mask to reduce the risk of spreading their illness. Learn more about masks here: [Masks \(bccdc.ca\)](https://www.bccdc.ca/health-topics/masks)

#### **Keep Their Bodies Moving**

While colder weather may limit outdoor activities, it's crucial to keep your child active during winter as regular physical activity boosts their immune system and keeps them energized. Encourage indoor play and activities such as dancing, yoga or interactive video games that promote movement. Look for winter programs at local community centres or indoor sports facilities.

Find more tips for a healthy winter: <https://www.fraserhealth.ca/health-topics-a-to-z/winter-health>

## Lunch Lady Hot Lunch Program (December Menu)

Please note this program is separate from our Coghlan PAC Munch A Lunch (where the funds benefit our school).

**Setting Up a Regular Account** – Please use this one-time registration link [order.lunchlady.ca/signup/54](https://order.lunchlady.ca/signup/54) To register for your lunch account. Once an account is created, place your order, and pay for your child's hot lunches at [order.lunchlady.ca](https://order.lunchlady.ca)

*Questions? Please reach out to your Lunch Lady Team at [jennifer@thelunchlady.ca](mailto:jennifer@thelunchlady.ca)*

Please note *The Lunch Lady* operates peanut and tree nut-free commercial kitchens; however, it is the parent and caregivers' responsibility to review each meal and select only meals that consider their child's dietary restrictions.

January 2025

Langley MENU – Tuesdays



	Tuesday 01/07	Tuesday 01/14	Tuesday 01/21	Tuesday 01/28
<b>Regular</b>	Sunshine Burger Tator Tots Ketchup Veggies and Dip	Butter Chicken Rice Peas Fruit of the Day	Beef Meatballs Mashed Potatoes Corn Gravy Fruit	Lunar New Year Chicken Fried Rice Spring Roll Fortune Cookie Seasonal Fruit
<b>2<sup>nd</sup> Choice</b>	Spaghetti and Beef Meatballs Veggies and Dip	Cheeseburger Pasta PEI Mixed Vegetables Fruit of the Day	French Toast Turkey Sausage Syrup Fruit	Lunar New Year Dumplings Oriental Steamed Vegetables Fortune Cookie Seasonal Fruit
<b>Vegetarian</b>	Sunshine Burger Tator Tots Ketchup Veggies and Dip	Butter Chickpeas Rice Peas Fruit of the Day	Veggie Meatballs Mashed Potatoes Corn Gravy Fruit	Lunar New Year Veggie Fried Rice Spring Roll Fortune Cookie Seasonal Fruit
<b>Halal</b>	Spaghetti and Halal Beef Meatballs Veggies and Dip	Halal Butter Chicken Rice Peas Fruit of the Day	Halal Beef Meatballs Mashed Potatoes Corn Gravy Fruit	Lunar New Year Halal Chicken Fried Rice Spring Roll Fortune Cookie Seasonal Fruit

## UPDATED Calendar Dates 2024-2025 (Year At A Glance)

As of Nov. 22nd, 2024

### March 2025

3-6 – Scholastic Spring Book Fair  
3-7 – Student Inclusive Conference Window Continues  
5 (W) – Student Inclusive Conference 2 Hour Early Dismissal  
6 (R) – Student Inclusive Conference Day  
14 (F) – Spirit Day: Stuffed Animal & PJ Day! Last Day of School before Spring  
Break 31 (M) – School Reopens

### April 2025

1 (T) – Talent Show Sign-up Begins  
10 (R) – Class/Team Photos for Students. AM  
18 (F) – Good Friday (Stat, no school)  
21 (M) – Easter Monday (Stat, no school)  
24 (R) – Spirit Day: Hobby Day!

### May 2025

2 OR 9 – PAC Fun Fair. Date TBD  
5 (M) – Spirit Day: Star Wars Day!  
5-15 – Track & Field Tryouts. 1:45-2:30 pm  
16 (F) – District Pro-D Day  
19 (M) – Victoria Day (Stat, no school)  
20 (T) – PAC Staff Appreciation Luncheon  
22 (R) – Spirit Day: Anything but a Backpack Day!  
23 (F) – Talent Show. 1 pm  
26 (M) – Welcome to K  
29 (R) – Track & Field Meet. McCleod Athletic Park

### December 2024

2 (M) – Langley Children's Choir. 10:50-11:20 am  
2-6 – Student Inclusive Conference Window Continues  
4 (W) – Gr. 6 Immunizations  
5 (R) – Late Night for Student Inclusive Conference  
9 (M) – DW Poppy Volleyball Jamboree  
10 (T) – Christmas Concert; 1:00 pm @Coghlan Gym & 6:30 pm Evening Concert @DW Poppy  
11 (W) – LFMSS Christmas Caroling. 9:15-9:30 am  
13 (F) – PAC Winter Festivities  
20 (F) – Spirit Day: Ugly Sweater Day/PAC Pancake Breakfast & Last Day of School before Winter Break

### January 2025

6 (M) – School Reopens  
28 (T) – Jump Rope for Heart Assembly  
30 (R) – Spirit Day: Decades Day!

### February 2025

10 (M) – District Pro-D (no school for students)

13 (R) – School-Wide Presentation Green  
Thumbs Theatre 500 Words. 1 pm  
14 (F) – Valentine's Swim for Intermediate  
Students at Walnut Grove  
17 (M) – Family Day (Stat, no school)  
19 (W) – Jump Rope for Heart Event Day  
20 (R) – Spirit Day: Careers Day!  
24-Mar. 7 – Student Inclusive Conference  
Window for Conferences

24 (M) – Design & Assessment Day (no school for students)

26 (W) – Student Inclusive Conference  
Late Night 24-28 – District Diversity & Respect Week

**June 2025**

4 (W) – Parent

Appreciation Tea 6 (F)

– Gr. 6 Immunizations

20 (F) – Sports Day

23 (M) – Cultus Lake (to confirm in October)

26 (R) – Last Day of School for Students/Gr. 7 Grad

Assembly/

Early Dismissal @11:36 am/Reports Home 27 (F) – Admin Day





Grade 7 Candy Grams

CANDY  
CANE  
FUNDRAISER

DECEMBER 13  
DECEMBER 16

To: Suzy sweets

Grade: 4

Teacher: Mr. Morris

Message:

I hope you have the best  
christmas ever! You're my  
bestest friend!

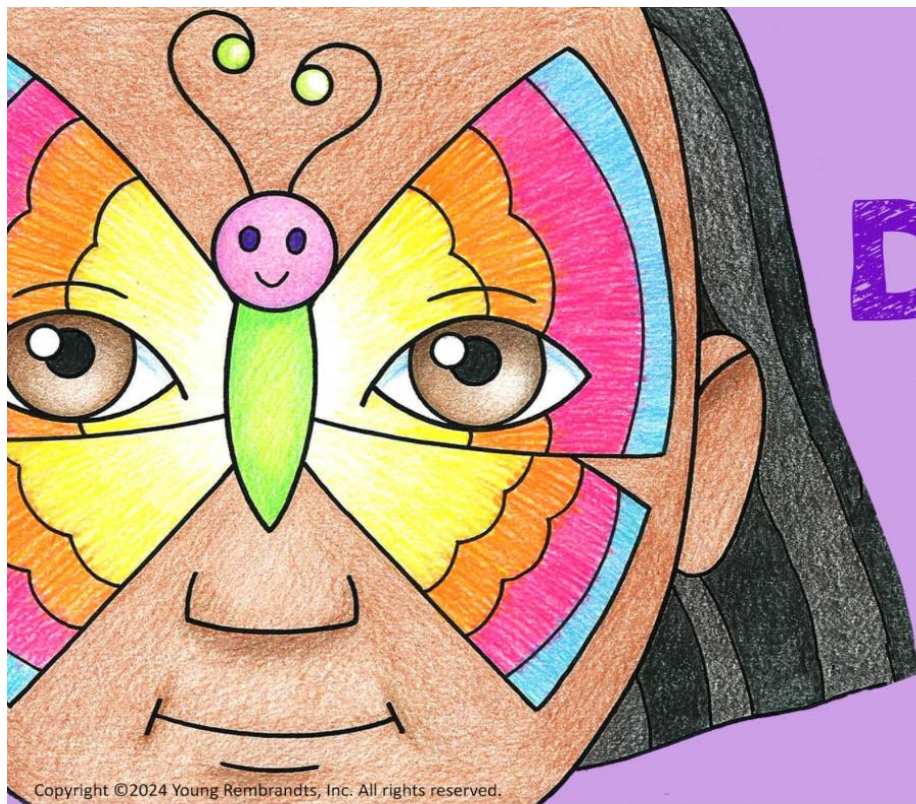
From: Lucy Lou

HAPPY HOLIDAYS

\$2.00 PER  
CANDY GRAM  
-OR-  
3 FOR \$5.00

ALL PROCEEDS GO TOWARDS GRAD EVENTS





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# Drawing

## Classes for Kids



Young Rembrandts



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## AFTER SCHOOL CLASSES AT: COGHLAN ELEMENTARY TUESDAYS IN THE LIBRARY

Young Rembrandts teaches drawing, the fundamental skill of visual arts, to children. We intentionally offer child-friendly and relevant subject matter to spark children's interest and increase knowledge retention. Our classes are fun, engaging and offer children a safe, comfortable place to talk about art, learn drawing skills and have fun while surrounded by creativity and encouragement.



**CLASS Dates: Jan. 7 - Mar. 11/25**

DAY: Tuesdays

TIME: 2:35 - 3:35 PM

Room: **THE SCHOOL Library**

\$215 for 10 weeks

*\*PAYMENTS OPTIONS AVAILABLE*



### ENROLLMENT

Visit our website :

[www.youngrembrandts.com/lowermainland](http://www.youngrembrandts.com/lowermainland)



**604-724-7919**



[artsbc@youngrembrandts.com](mailto:artsbc@youngrembrandts.com)



**SEE OUR WEBSITE  
FOR DETAILS ABOUT  
OUR SPRING BREAK  
PROGRAMS...**

**Did you know we are  
hiring Instructors in  
Surrey & Langley?  
Reach out for more  
info!**

