



Coghlan Fundamental Elementary School

4452 -256TH STREET, ALDERGROVE, BC V4W 1J3

[HTTP://COGHLAN.SD35.BC.CA](http://COGHLAN.SD35.BC.CA)

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PRINCIPAL: MRS. ISABELLA LAM

ADMIN. ASSISTANT: MRS. NAOMI LAYCOCK

Rocky Raccoon Weekly Update **February 19 – March 1, 2024**

Monday, February 19:	Family Day Statutory Holiday. Students and staff DO NOT attend.
Tuesday, February 20:	Boys Basketball Home Game VS North Otter
Wednesday, February 21:	Coding Club. 12:00 pm (rescheduled only for this week) Girls Basketball Away Game VS North Otter
Thursday, February 22:	6 pm PAC Meeting in the library and via skype on-line. All parents welcome!
Friday, February 23:	Entrepreneur Fair Divisions 1 to 4. 12:45-1:45 pm Crazy Sock Day Hot Lunch
Saturday, February 24:	7 pm Pub Night fundraiser. See details in poster below.
Monday, February 26:	Design and Assessment Day – Students DO NOT Attend. Student Inclusive Conferences by appointment (afternoon only).
Wednesday, February 28:	Student Inclusive Conferences by appointment. Late afternoon/evening from 2:45 pm to 6:30 pm Pink Shirt Day Popcorn
Thursday, February 29:	Student Inclusive Conferences by appointment (early morning & afternoon only)
Friday, March 1:	Student Inclusive Conferences by appointment (early morning & afternoon only)

Dear Families,

We are looking forward to our upcoming Student Inclusive Conferences towards the end of the month. A friendly reminder that our School Appointments have gone live on Friday, February 9th, and will remain opened until Tuesday, February 20th at 9 pm. Please see attached for instructions on how to book an appointment with your child's teacher.

As shared previously in our newsletters, as Student Inclusive Conferences will be replacing our former Term 2 report card, it would be expected for all parents/guardians to sign up for a session, and attend the conference with your child. Please sign up for 1 appointment per student.

A reminder that there is a 2-week window that the Conferences will be taking place from February 26 to March 8:

- During the 2-week window, teachers may be offering before or after school appointments.
- Wednesday, February 28th is our late afternoon/evening appointments until 6:30 pm.
- Wednesday, March 6th is a 2-hour early dismissal, and conferences will be taking place between 12:45 pm to 3:45 pm.

- Wednesday, March 7th is a full day of Conferences, and students do not attend school, unless they have booked an appointment with their teacher.

Thank you for being a part of your child's learning journey with us! We are excited to embark in a new and improved model of communicating student learning.

Please do not hesitate to reach out to me with any questions: ilam@sd35.bc.ca

Sincerely,

Isabella Lam

Principal

Coghlán Fundamental Elementary School

#thatWellnessThing - March 6th

Join several of our community partners to learn more about mental health and wellness at the 5th Annual Open House & Community Resource Fair. Please see the poster attached for more details. Wednesday, March 6th from 4:30-7pm at the Langley Education Centre (21405A 56th Avenue).



Join us to learn more about mental health and wellness at our fifth annual open house & community resource fair!

PRESENTATIONS & INFORMATION TABLES

- Mental Health & Wellness
- Substance Use Resources
- Healthy Living
- Counselling
- Family Support
- Post-Secondary Info
- Employment

4:30 - 7:00 PM

**WEDNESDAY
MARCH 6 2024**

**21405A - 56 Ave.
Langley**



Langley Education Centre
www.leccss.com LEARN • ENGAGE • CONNECT

For additional information or to participate as an agency, please contact Amanda: arawle@sd35.bc.ca



Website: coghlan.parentteacherconferences.net

SchoolAppointments.com
Scheduling Parent Teacher Appointments
Can be Easy for Everyone!



School Appointments - Parent Instructions

1. Go to our school appointments web site for your school.
2. Register for an account by clicking the "**REGISTER**" menu tab and filling in the on-line form. Choose a user id and password for yourself and then click the "**Register Now**" button.
3. Add your children into the system by clicking the "**Add a Student**" button. Click "**Insert New**" button to add more children.
4. Click the "**date**" icon beside each child's name to schedule appointments. Select the staff you wish to book appointments with and the "**View Calendars**" button. Use the "**Ctrl**" or "**Command**" key to select multiple staff to view at the same time.
5. Click on available time slots to book your appointments to make your bookings.



Coghlan's Entrepreneur Fair

We're pleased to announce that Coghlan will be having an Entrepreneur Fair on Friday, February 23rd from 12:45 to 1:45 pm in the Gym and Library. Divisions 1 to 4 have been working hard preparing for this day, and will have products ready to sell for you to purchase. Please save the date, and we hope to see you there!

TICKETS

\$25

Includes a burger with
a side & beverage.

Available on
munchalunch

There will be

Silent auction

Opportunity to bid on
items donated by local
businesses.

School Perks: reserved
parking spot, principal
and secretary for the
day

50 /50

Wine Wall

Toonie Toss

Door Prizes!

*Let's get to know each other beyond the pickup line
and raise some funds for our school!*

Please join us for Coghlan's

PARENTS NIGHT OUT

At Bob's Burgers & Brews in Aldergrove

**We are currently looking
for donations towards
the silent auction.**

**If you own or know a
local business who
could donate goods,
services or gift
certificates please ask
them to contribute!**

**FEB
24
7PM**

HOW YOU CAN GET INVOLVED

Buy tickets & attend
Donate items to the silent auction
Ask a business to donate an item
Donate a bottle of wine

This is a community event.
Everyone is welcome so
please invite friends and
family. The more people
who attend, the more we
raise towards technology
for the school!

Please contact Michelle DeRossi with any questions 604.835.2898



Coghlan Fundamental

GARAGE SALE DONATIONS NEEDED!



On Saturday March 9th we will be hosting a Garage Sale inside the Coghlan Gym. We need donations for this to be a success! Cleaning out the house? Please consider donating items to help support our Grade 7s. Please drop off donations at the office on or before March 8th. Please drop off large donations March 8th between 2-4pm or contact sarahpeat@hotmail.com to arrange drop off.



**clothing, toys, books, household/kitchen items, home decor, baby items
No mattresses accepted - Good used condition items only please!**



Girls & Boys Basketball Season Schedule

Jan. 30th - Boys **HOME** Game VS Peterson Road
Jan. 31st - Girls Away Game VS Peterson Road
Feb. 6th - Boys Away Game VS Fort Langley
Feb. 7th - Girls **HOME** Game VS Fort Langley
Feb. 13th - Boys Away Game VS Wix Brown
Feb. 14th - Girls **HOME** Game VS Wix Brown
Feb. 20th - Boys **HOME** Game VS North Otter
Feb. 21st - Girls Away Game VS North Otter
Mar. 5th - DW Poppy Jamboree

Free Virtual Sessions for Parents on the Topic of Substance Use

The Ministry of Education and Child Care, in partnership with adolescent Clinical Psychologist, Dr. Hayley Watson, will be hosting free virtual sessions on youth substance use for parents/guardians, caregivers and caring adults. Dr. Watson will provide valuable insights, practical tips, and resources to equip participants with the tools needed to guide their children and youth toward making positive choices when it comes to substance use.

Key Takeaways for Participants:

- *Learn why children/teenagers are drawn to substances.*
- *Understand what causes and maintains substance use disorder and needs.*
- *Increase your child's ability to make positive choices about substances.*
- *Acquire practical conversation tools for discussing substances in the home.*

Participants must register in advance due to limited capacity. Session dates are:

- *February 20, 6:00 – 7:30 pm PST - **[Click here to Register](#)***
- *February 22, 6:00 – 7:30 pm PST – **[Click here to Register](#)***
- *February 28, 6:00 – 7:30 pm PST - **[Click here to Register](#)***

*Please email **educ.mentalhealth@gov.bc.ca** with any questions.*

SPRING INTO WELLNESS



Family Gathering

HOSTED BY THE S.D. #35 ABORIGINAL PROGRAM
AND LOWER FRASER VALLEY ABORIGINAL SOCIETY

Where? H.D. Stafford Middle School
20441 Grade Crescent

When? Friday, March 1st from 5-8 pm

What? Join us for an evening of healing and wellness as we come together as a community to celebrate our culture. You'll be treated to cultural performances and informative displays by local organizations, and have the chance to participate in a smudging and cedar brushing station. Dinner provided.



We will be accepting donations of non-perishable food items (canned foods, pasta, sauce, rice, etc.) as well as new toiletries (toothpaste, toothbrushes, feminine products, deodorant etc) at the door.

SEE YOU THERE!

