



COGHLAN FUNDAMENTAL ELEMENTARY SCHOOL

4452 -256th Street, Aldergrove, BC V4W 1J3

<http://coghlansd35.bc.ca>

Phone: 604-856-8539

Principal: Mrs. Isabella Iam

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Admin. Assistant: Mrs. Naomi Laycock

Rocky Raccoon Weekly Update

February 3 - 21, 2025

Monday, February 3:

Tuesday, February 4:

February 5, 6, & 7:

Friday, February 7:

Monday, February 10:

Tuesday, February 11:

Wednesday, February 12:

Wednesday, February 12:

Thursday, February 13:

Friday, February 14:

Monday, February 17:

Tuesday, February 18:

Wednesday, February 19:

Thursday, February 20:

Friday, February 21:

Friday, February 21

Gr. 6/7 Girls Bandits Basketball Game. 4-7 pm @LEC

Gr. 6/7 Boys Basketball Game: Team #1 Home VS

Peterson Road; Team #2 Away @Fort Langley

Gr. 7 Valentine's Candy Gram Sale (see flyer on last page)

PAC Hot Lunch

District Pro-D Day (No School)

Gr. 7 Valentine's Candy Gram Sale (see flyer on last page)

Pokémon Club. 12:00 pm @Library

Gr. 6/7 Boys Basketball Game: Team #1 Home VS Fort

Langley; Team #2 Away @Wix Brown

Gr. 6/7 Girls Basketball: Away @Fort Langley

PAC Popcorn

1:15 pm Green Thumbs Theatre Performance 500 Words.

Valentine's Day!

Family Day STATUTORY HOLIDAY. School Closed.

Gr. 6/7 Boys Basketball Game: Team #1 Away @Fort

Langley; Team #2 Home VS North Otter

Jump Rope for Heart Event

Gr. 6/7 Girls Basketball: Home VS North Otter

Spirit Day – Careers Day!

Intermediate Skating at Twin Rinks.

PAC Hot Lunch



What to do if your child is absent?

Please **CALL the office** *before 8 am* and leave a message if your child will be late or absent. It's vital that you call early. It's ok to email the teacher but you Must Call the Office. If your child will be away for more than one day you can tell us that too. Remember sick students need to be "symptom free" for 24 to 48 hours before returning to school, this avoids sharing germs with other students and staff. Thank you!

Intermediate Student Ice Skating – Feb. 21st

Friday, February 21st. Students will leave Coghlan by school bus at 11:15 and return at approximately 1:15 pm. Further details will be coming home next week with payment via Cash Online.

Parking Lot – NO Parking/Drop-Off Zone

A couple of friendly and quick reminders regarding drop-off/pick-up of your child(ren) before/after school:

1. Please do NOT park your vehicle along the drop-off zone lane, this would include before the dismissal bell at 2:30 pm. If you would like to park and wait for your child, please find a parking spot in our parking lot or please continue to loop back around the school until you see your child(ren).
2. Please ensure you pull over to the very front of the drop-off zone lane, so that we are not backed up, or blocking other cars behind us.

Coghlan Fundamental is a NUT AWARE School

A friendly reminder that Coghlan Fundamental is a nut aware school. We have several community members who have life threatening allergies to many types of nuts, and it is an expectation that we, collectively, make every reasonable effort to ensure that there are no nuts brought to school. To clarify, the reason why we are nut "aware", and not nut "free" is

because we cannot always guarantee that every food product brought to school has not been contaminated or have traces of nuts in it, but we encourage everyone to make best efforts to avoid bringing nuts to school. Thank you for your care and support for the members of our school community.

Mud puddles have a way of finding kids 😊 and they come to the office wet needing dry clothes. Please save yourself a trip to school in the afternoon by sending a couple sets of dry clothes, including extra socks in their backpack and replacing them as needed. Thank you!

Volunteer Application Process

A friendly reminder that the Langley School District has updated processes for potential volunteers who would like to volunteer at schools on a more than casual basis. This process would include connecting with your school Principal first. If you are interested in volunteering at Coghlan this year or have questions pertaining to volunteer work itself, please reach out to the Principal directly to begin the process: ilam@sd35.bc.ca

Please note that moving forward, all approved volunteers are to sign-in/out at the office and wear a volunteer nametag that will be given by Mrs. Laycock or Ms. Lam.

Parent Education Presentation

Langley DPAC presents Hannah Beach

February 13, 2025 at 7pm

Kwantlen Polytech University

Free Event, Registration Required

Childminding available

Today's children face rising anxiety, aggression, and withdrawal, leaving parents feeling overwhelmed. Kids are isolated, glued to screens, and struggling to connect. Hannah Beach, award-winning educator and author of *Reclaiming Our Students*, is dedicated to helping children build emotional resilience through relationship and play. Her work is transforming how we support kids in schools and at home. Here is the **REGISTRATION LINK**.

Social Media Awareness Family Sessions

ERASE will be holding FREE virtual sessions on social media awareness for parents and caregivers. Please see the link below to access these valuable sessions:

<https://pages.saferschoolstogether.com/erase-family-session>

Lunch Lady Hot Lunch Program (February Menu)

Please note this program is separate from our Coghlan PAC Munch A Lunch (where the funds benefit our school)

Setting Up a Regular Account –

Please use this one-time registration link order.lunchlady.ca/signup/54

To register for your lunch account.

Once an account is created, place your order, and pay for your child's hot lunches at order.lunchlady.ca

Questions? Please reach out to your Lunch Lady Team at

jennifer@thelunchlady.ca

Please note *The Lunch Lady* operates peanut and tree nut-free commercial kitchens; however, it is the parent and caregivers' responsibility to review each meal and select only meals that consider their child's dietary restrictions.

February 2025

Langley MENU – Tuesdays



	Tuesday 02/04	Tuesday 02/11	Tuesday 02/18	Tuesday 02/25
Regular	Beef Meatball Submarine Garden Ranch Salad	Chicken Nuggets Rice Corn Plum Sauce Fruit of the Day	Pancakes Turkey Sausage Apple Blueberry Compote Syrup Fruit of the Day	Chicken Burger Tator Tots Fruit
2nd Choice	Beefaroni Garden Ranch Salad	Breakfast Burrito Hash Brown Triangles Ketchup Fruit of the Day	Macaroni and Cheese Peas and Carrots Fruit of the Day	BBQ Beef Meatballs Mashed Potatoes Corn Fruit
Vegetarian	Veggie Meatball Submarine Garden Ranch Salad	Vegetarian Nuggets Rice Corn Plum Sauce Fruit of the Day	Pancakes Yogurt Apple Blueberry Compote Syrup Fruit of the Day	Veggie Burger Tator Tots Fruit
Halal	Halal Beef Meatball Submarine Garden Ranch Salad	Halal Chicken Nuggets Rice Corn Plum Sauce Fruit of the Day	Pancakes Yogurt Apple Blueberry Compote Syrup Fruit of the Day	Halal Chicken Burger Tator Tots Fruit



Practical Parenting Strategies for Change

FREE Parent / Caregiver Presentation

Today's children face rising anxiety, aggression, and withdrawal, leaving parents feeling overwhelmed. Kids are isolated, glued to screens, and struggling to connect.

Hannah Beach, award-winning educator and author of *Reclaiming Our Students*, is dedicated to helping children build emotional resilience through relationship and play. Her work is transforming how we support kids in schools and at home.



Free Event



Registration required



Childminding Available



February 13, 2025



Kwantlen Polytechnic University
20901 Langley Bypass Langley



7:00 pm

UPDATED Calendar Dates 2024-2025 (Year At A Glance)

As of January 23, 2025

February 2025

7-16 – Term 2 Student Inclusive Conference Appointments

Booking Open for Parents

10 (M) – District Pro-D (no school for students)

13 (R) – School-Wide Presentation Green

Thumbs Theatre 500 Words. 1 pm

14 (F) – Valentine’s Swim for Intermediate

Students at Walnut Grove

17 (M) – Family Day (Stat, no school)

19 (W) – Jump Rope for Heart Event Day

20 (R) – Spirit Day: Careers Day!

24-Mar. 7 – Student Inclusive Conference

Window for Conferences

24 (M) – Design & Assessment Day (no school for students)

24-28 – District Diversity & Respect

Week

26 (W) – Pink Shirt Day Kindness Assembly. 9:00 am

March 2025

3-6 – Scholastic Spring Book Fair

3-7 – Student Inclusive Conference Window Continues

5 (W) – Student Inclusive Conference 2 Hour Early Dismissal at
12:30 pm & Late Evening for Conferences

6 (R) – Student Inclusive Conference Day (students do not
attend school unless they have a scheduled conference)

14 (F) – Spirit Day: Stuffed Animal & PJ

Day! Last Day of School before Spring

Break 31 (M) – School Reopens

April 2025

1 (T) – Talent Show Sign-up Begins

10 (R) – Class/Team Photos for

Students. AM **18 (F) – Good Friday**

(Stat, no school)

21 (M) – Easter Monday (Stat, no school)

24 (R) – Spirit Day: Hobby Day!

May 2025

9 (F) – PAC Fun Fair

5 (M) – Spirit Day: Star Wars Day!

5-15 – Track & Field Tryouts. 1:45-2:30 pm

16 (F) – District Pro-D Day

19 (M) – Victoria Day (Stat, no school)

20 (T) – PAC Staff Appreciation Luncheon

22 (R) – Spirit Day: Anything but a

Backpack Day!

23 (F) – Talent Show. 1 pm

26 (M) – Welcome to K

29 (R) – Track & Field Meet. McCleod Athletic Park

June 2025

4 (W) – Parent Appreciation Tea

6 (F) – Gr. 6 Immunizations

20 (F) – Sports Day

23 (M) – Cultus Lake (date to be confirmed)

26 (R) – Last Day of School for Students/Gr. 7 Grad Assembly/

Early Dismissal @11:36 am/Reports Home 27 (F) – Admin Day



VALENTINES CANDY GRAMS

ALL PROCEEDS
GO TOWARDS
GRAD 2025

CARNATION & CANDY GRAM **\$2**
CANDY HEARTS & CANDY GRAM **\$1**
CHOCOLATES & CANDY GRAM **\$1**

FEB 5TH
LUNCH TIME &
AFTER
SCHOOL

**FEB 6TH
& 11TH**
LUNCH TIME

FEB 7TH
AFTER
SCHOOL

