



Coghlan Fundamental Elementary School

4452 -256TH STREET, ALDERGROVE, BC V4W 1J3

[HTTP://COGHLAN.SD35.BC.CA](http://COGHLAN.SD35.BC.CA)

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PRINCIPAL: MS. ISABELLA LAM

ADMIN. ASSISTANT: MRS. NAOMI LAYCOCK

Rocky Raccoon Weekly Update **June 24 - 27, 2024**

- Monday, June 24: Cultus Lake Waterslides field trip for all students. Please check email sent regarding details of the day.
- Wednesday, June 26: Treat Day – Dairy Queen Dilly Bars – pre-order/pay on Munch A Lunch
Div. 3, 4 & 5 Zoo Field Trip
- Thursday, June 27: 9:30 am Grade 7 Grad Ceremony
Last day for students. Dismissal at 12 noon.

Dear Coghlan Families,

As June is coming to an end, this is also the time where we sadly have to say goodbye to a number of staff members. At this time, I would like to recognize and say farewell to the following staff members who have played an integral role in our school community:

Mr. Hegquist, Resource Teacher
Mrs. Jdi, Gr. 6/7 Teacher
Ms. Gander, Gr. 1/2 Teacher
Ms. McDonald, Gr. 1/2 and K Teacher
Ms. Bouwman, K Teacher
Ms. Culo, LA/Literacy Interventionist Teacher
Mr. Steeves, Band Teacher
Ms. Nordby, School Counsellor
Ms. King, Youth Care Worker
Ms. Black, Special Education Assistant

On behalf of our school community, we thank each and every one of you for your dedication, support, and care for our children at Coghlan. We wish you all the best as you venture through the next educational journey, and hope to see you again in the future.

In September, when we return to school, we will welcome and introduce new staff members joining our Coghlan family.

Sincerely,

Isabella Lam
Principal

Parade". Unfortunately, due to safety concerns we ask that pre-schoolers do not participate in this activity and motorized wheels will not be allowed. ***Please note that the Bike Parade will take place on the basketball court the back of the school.**

As in previous years we are offering pre-packaged school supplies, prices are competitive and the supplies are customized to meet the needs of our school, teachers and students. Supplies will be individually packed and delivered to the school in time for September start up and placed in classrooms by teachers.

Before school starts, students in the Wheels Parade are to drop off their wheels by the library courtyard area and then head to class for attendance.

- 3 WAYS TO ORDER:**
- Attendance (Teachers tell students where their first event is. Students will join their teacher there after the 1. **ONLINE:** Place your order online at: www.schoolstart.ca Our site is best compatible with Firefox or Chrome. **OUR CALL CENTRE IS 1-800-580-1868** if you have issues ordering online. 1-800-580-1868
 - 2. PHONE:** You can call our customer service centre at 1-800-580-1868 to place your order.
 - 3. ORDER FORM:** You can print and fill out the order form and return it to the School Start office via email to: info@schoolstart.ca

8. A (free) concession will be available for parents and siblings compliments of the PAC and your fundraising efforts.

To ensure delivery at Coghlan for September the Order Deadline is July 31, 2024

Orders placed July 31 or later will be mailed to your home.

The teachers like this service because good quality supplies are standardized and each student will have the right items and quantity to start the school year and saves borrowing items from other students. Parents have indicated that this service eliminates the frustration of figuring out what exactly is needed as well as the time and money spent shopping from store to store. This program also offers the flexibility of not having to order anything that may be serviceable from previous years, e.g. scissors, dictionary, math set etc. Please refer to "are also required" section of the order form. These items are required, but you may have them to re-use from previous years. Should you not wish to participate in ordering through School Start keep this list to take with you when you do your school supply shopping, supply lists for the 2023-2024 school year are also available on our school web site: Coghlan.sd35.bc.ca and the School Start website: schoolstart.ca

I am grateful to be the Principal at Coghlan Fundamental Elementary School

This year the student affordability fund will be paying for a variety of school supplies based on student needs, including student agendas, spelling dictionaries and student writing books. Students requiring these items in their classroom will automatically receive them from their teacher.

Found Student Clothing

Throughout the school year many clothing items including shoes, boots, umbrellas, water bottles, mitts and hats are put into the lost and found box and clothing rack by the gym door. PLEASE take the time to look for items that may belong to your child before school ends in June.

Student clothing not claimed when school ends will be donated to a charitable organization who sets up mini pop up shops in the areas of need prior to the start of school in September.

When the fall hits, every parent feels the tension around back to school shopping, and not all families have the resources and ability to do this. This organization aims to meet this need, and provide an opportunity for families and students to pick up items for the school year for FREE.

Keeping Kids Healthy and Safe this Summer – Tips for Parents

As summer approaches, excitement levels rise in anticipation for outdoor adventures, sports and family vacations. Summer is a time for fun and relaxation, but it's also a time to prioritize health and well-being. Below are some tips to help your kids stay active, healthy and safe during the summer months.

Sun Protection

Help avoid sunburns by applying a sunscreen lotion with Sun Protection Factor (SPF) 30 or more to your children (and yourself) at least 20 minutes before heading outside. Seek shade and stay out of the hot sun between 11am and 4pm Look for places with lots of shade, such as parks with big trees. Take an umbrella or tent to the beach and cover up with a wide brimmed hat, long sleeves and lose-fitting long pants.

Breathe Easier

BC wildfires and dry weather conditions are common during the summer months resulting in poorer air quality. **Reducing exposure to wildfire smoke** is the best way to protect your and your family's health. **Stay on top of air quality advisories.**

Hydration

Encourage your children to drink water regularly, before they become thirsty. Instill the habit of always carrying a water bottle with them wherever they go.

Physical Activity

Parents who join in on soccer games, splash in the pool or set out on hikes with their children on summer vacation – and all year long – not only get fit themselves but provide healthy role models for the next generation. Healthy, active outdoor play is one of the best ways to improve both adults' and children's overall physical and mental health.

Enjoy the Bounty of the Summer Produce

Summer is here, which means fresh fruits and vegetables are in season. This makes it an ideal time to eat some delicious locally grown foods. **Local farmers' markets** and **u-pick farms** are a fun way to enjoy farm fresh fruits and veggies while getting outside and supporting your local farmers.

Find more summer health tips in Fraser Health's Healthy Summer

Guide: <https://ow.ly/G0r350S7S3Y>

Langley Children's Choir is looking for singers!

Openings are now available for singers in grades 3 to 7

We have 2 Coghlan students participating in the choir and would love some more!

What are we looking for?

- School choir members (if your school has one)
- Good attitude and enthusiasm!
- Advanced vocal skills, and the ability to focus
- A firm commitment to the group
- Desire to develop as a singer and choir member

What do you get out of this?

- Make new friends who like to sing, too
- Learn about how to sing better and learn lots of music
- Perform at other schools (a day off!)
- Have fun on a choir tour or camp in the spring
- Sing at festivals and hear other great choirs

Rehearsals? Langley Secondary School, 21405 – 56 Ave on Tuesdays,
Sept – April from 4:30 – 6 pm

Fees? \$275 per year (reduced rate for families) plus refundable \$100 deposit

Directors? Kim Hardy and Patti Thorpe (both Langley music teachers) plus accompanist Heather Hicks

How Do I Join?

Contact us for an audition time before June 10, 2024. Auditions will be Tuesday June 11

Please include singer's name, phone number, school and grade.

Patti Thorpe

pthorpe@sd35.bc.ca

We wanted to reach out to let you know about our **NEW Summer Fun Passes for children & youth**. If you feel this information would be valuable to add to school newsletters, socials, or end-of-year communication, please feel free to do so!

I've highlighted some information below, as well as attached our news release document with more detailed information. You can also easily access the link to the news post here:

<https://www.tol.ca/en/news/children-and-youth-can-be-active-while-school-s-out-with-a-summer-fun-pass.aspx>

The Summer Fun Pass gives children and youth the opportunity to be active and enjoy unlimited drop-in access to pools, fitness centres, and gymnasiums at Township of Langley recreation facilities throughout the summer. Additionally, children and youth will receive free admission to Family Night and Youth Night events at The Outdoor Experience at Aldergrove Community Centre.

The Summer Fun Pass is available to children (4-12 years old) and youth (13-18 years old) for a one-time cost of \$25 including tax. The pass is valid from Friday, June 28 to Monday, September 2.

These passes are now available for purchase, can be bought online by signing into your registration account at tol.ca/recregister and selecting the "Buy a Pass" option. You can also purchase the pass in-person or by phone at Aldergrove Community Centre, George Preston Recreation Centre, Walnut Grove Community Centre, and W.C. Blair Recreation Centre.

If you have any questions, please feel free to reach out!

Jenna Morrison (she/her) BTR, CTRS | **Recreation Programmer**

Recreation Programs & Services | Township of Langley

22200 Fraser Highway, Langley, BC V3A 7T2

Office: 604-533-6173

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AYSC – INSTILLING TEAMWORK, HEALTHY LIVING & LIFELONG FRIENDSHIPS

The Aldergrove Youth Soccer Club (AYSC) is a duly registered BC non-profit society operated by volunteers that develops, promotes and organizes community soccer for boys and girls.

- AYSC players come together across school and neighborhood boundaries (Aldergrove, Langley, and West Abbotsford)
- very reasonable registration fees – quality soccer programs and coaching
- strong emphasis on community soccer – every child is given an opportunity to play, regardless of skill level or physical development
- AYSC players have received soccer scholarships to universities such as TWU, UFV, and UNBC
- instills teamwork, healthy living and lifelong friendships



ALDERGROVE

YOUTH SOCCER CLUB



FALL 2024/2025 REGISTRATION

Boys & Girls Ages 4–15

September–February

REGISTRATION NOW OPEN

DON'T MISS THE DEADLINE – REGISTER NOW!

Our Goal is “Fitness & Fun”

www.aldergrovesoccer.com/play

School District #35 (Langley)
2024-2025 School Calendar
Elementary Schools

MONTH	DATE	
September	Sep 2 (M)	Labour Day (Schools Closed)
	Sep 3 (T)	Schools Open
	Sep 30 (M)	Truth and Reconciliation Day (Schools Closed)
October	Oct 4 (F)	School Improvement Day (students not in attendance)
	Oct 14 (M)	Thanksgiving (Schools Closed)
	Oct 25 (F)	Professional Development Day (Provincial - students not in attendance)
November	Nov 8 (F)	Learning Update Prep/Design & Assessment Day (students not in attendance)
	Nov 11 (M)	Remembrance Day (Schools Closed)
	Nov 27 (W)	Student Inclusive Conferences
	Nov 28 (Th)	2 Hour Early Dismissal - Student Inclusive Conferences
December	Dec 20 (F)	Last Day Prior to Winter Break
January	Jan 6 (M)	Schools Re-Open After Winter Break
February	Feb 10 (M)	Professional Development Day (District - students not in attendance)
	Feb 17 (M)	Family Day (Schools Closed)
	Feb 24 (M)	Learning Update Prep/Design & Assessment Day (students not in attendance)
March	Mar 5 (W)	2 Hour Early Dismissal - Student Inclusive Conferences
	Mar 6 (Th)	Student Inclusive Conferences
	Mar 14 (F)	Last Day Prior to Spring Break
	Mar 31 (M)	Schools Re-Open After Spring Break
April	Apr 18 (F)	Good Friday (Schools Closed)
	Apr 21 (M)	Easter Monday (Schools Closed)
May	May 16 (F)	Professional Development Day (District - students not in attendance)
	May 19 (M)	Victoria Day (Schools Closed)
June	Jun 26 (Th)	Final Learning Update Issued & Last Day for Students Prior to Summer Vacation
	Jun 27 (F)	Administrative Day (students not in attendance)
July / August		Summer Session

SD35 Board of Education Meeting
APPROVED: April 23, 2024

Coghlan Fundamental Elementary - Bell Schedule 2023 – 2024

8:30 Supervision Begins
8:42 Warning Bell
8:47 Classes Begin
10:25 – 10:40 Recess
11:57 – 12:30 Outside Playtime (Warning Bell 12:27)
12:30 – 12:45 Lunch – Eating Time
2:30 Dismissal