



Issue #11

Principal's Message

Reports were published on Feb 7th for Semester 1. Please use the following link if you have difficulties accessing the MyEd Portal: <u>https://lss.sd35.bc.ca/our-school/lss-myedbc-parent-student-portal/</u>

Admin and Counsellors met with the Graduates to provide information regarding Scholarships. There are School, District and Township Scholarships in many categories offering money for students to use for post secondary studies. This money supports opportunity in academics, leadership, volunteerism and simply membership so please be sure to ask about the orange and pink handouts provided or check out the School District Scholarship page for more information.

The first stages of planning for next year took place this week when meeting with all grades in assemblies to provide information about courses for next year. Please see the timeline below for course planning along with the encouragement of conversations at home to select courses. Students can always book an appointment with their counsellor to help guide.

LSS offers a wide variety of programs, please note there are a number of evenings scheduled for parents including: Gr 8 parents (6:00 pm Feb 12^{th} , LSS Small Gym), Sport Academies (7:00 pm Feb 11^{th} Learning Commons⁾, Piping and Plumbing program (6:30 pm Feb 20^{th} Learning Commons) and many other dual credit programs. Gr 10 - 12 parents can use this link to provide information about courses and the course planning process. Click here: https://vimeo.com/1054663932?share=copy

Thanks to all the coaches for their time and commitment for the students during the winter sport season: basketball and curling. I would like to extend a thank you to all the coaches of our Winter Sports (basketball and curling): **Curling:** Stephen Nicol

Jr./Sr. Girls Basketball: Avneet Basra, Kyle Olson, and Dave Sheppard

Jr. Boys Basketball: Van Meer, Rowe, and Calderon

Sr. Boys Basketball: Janus Mangayao, RJ Robello, Brent Lozano, Noah Waldu, Mervin Escota and Andre Ratio (Community Coaches) *Roland Calderon and Dave Sheppard Teacher sponsors* Your generous offering of your own time to serve others is appreciated.

Your generous offering of your own time to serve others is appreciated.

The robust spring sport offerings include Rugby, Track and Field, Girls Soccer, Ball and Ice Hockey, Badminton and Golf. A great opportunity to get involved! Pay attention to the school's Instagram.

We look forward to the Musical Theatre performance of Percy Jackson's "Lightning Thief". Please see the ad below to book your tickets.

Diane Smillie Principal Langley Secondary School





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Important Dates

(please visit the calendar on our website LSS Calendar for more information on each event)

February 2025

February 17, Family Day – School closed February 21, Grade 9 Immunization – please return your consent forms to the main office

PIPING AND PLUMBING DATES

For those who may be interested in the Piping and Plumbing program in the future, there will be an info session on **Thursday, February 20 6:30pm** in the LSS Learning Commons

March 2025

March 12, Parent/Teacher Interviews – 1 hour early (1:55pm) dismissal March 13, Parent/Teacher Interviews – 1 hour early (1:55pm) dismissal March 17 – 28, Spring Break – School Closed

April 2025

April 9, Grad assembly April 11, Learning Update Pre/Design – students not in session April 17, Grad Cruise April 18, Good Friday, School closed April 21, Easter Monday, School closed April 28, Learning Update Issued





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2024/2025 District Calendar

Sep 2 (M) Labour Day (Schools Closed) Sep 3 (T) Schools Open Sep 30 (M) Truth and Reconciliation Day (Schools Closed) Oct 4 (F) School Improvement Day (students not in attendance) Oct 14 (M) Thanksgiving (Schools Closed) Oct 23 (W) 1 Hour Early Dismissal - Parent/Teacher Interviews-Oct 24 (Th) 1 Hour Early Dismissal - Parent/Teacher Interviews Oct 25 (F) Professional Development Day (Provincial - students not in attendance) Nov 8 (F) Learning Update Prep/Design and Assessment Day (students not in attendance) Nov 11 (M) Remembrance Day (Schools Closed) Nov 22 (F) Learning Updates Issued Dec 20 (F) Last Day Prior to Winter Break Jan 6 (M) Schools Re-Open After Winter Break-Jan 29 (W) Semester 2 Begins Feb 7 (F) Learning Updates Issued Feb 10 (M) Professional Development Day (District - students not in attendance) Feb 17 (M) Family Day (Schools Closed) Mar 12 (W) 1 Hour Early Dismissal - Parent/Teacher Interviews Mar 13 (Th) 1 Hour Early Dismissal - Parent/Teacher Interviews Mar 14 (F) Last Day Prior to Spring Break Mar 31 (M) Schools Re-Open After Spring Break Apr 11 (F) Learning Update Prep/Design and Assessment Day (students not in attendance) Apr 18 (F) Good Friday (Schools Closed) Apr 21 (M) Easter Monday (Schools Closed) Apr 28 (M) Learning Updates Issued May 16 (F) Professional Development Day (students not in attendance) May 19 (M) Victoria Day (Schools Closed) Jun 26 (Th) Final Learning Updates Issued & Last Day for Students Prior to Summer Vacation Jun 27 (F) Administrative Day (students not in attendance) July / August Summer Session



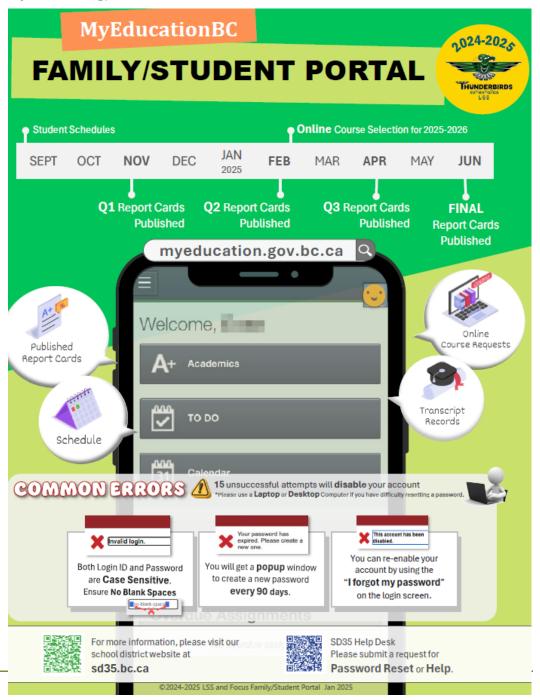


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Reporting (SEMESTER 1 Summary of Learning)

Reporting (SEMESTER 1 Learning Updates)

Learning updates (report cards) will be posted on February 7. If you have any issues accessing your child's Learning Update, please use this sheet.



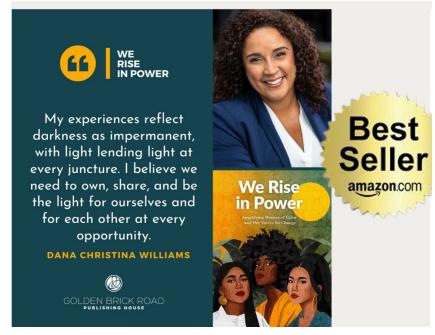




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Diversity, Equity and Inclusion

Grade 11 & 12 students listened to a guest speaker opening a dialogue about racism and resilience. The District will be celebrating diversity during the week of Feb 23 – Mar 1st.



Christina Williams is a distinguished author, media professional, and advocate for social change. With over twenty years of experience in marketing, media, and advertising, Christina has made significant contributions to her field. She is a graduate of Cornell University's Diversity and Inclusion program, which has further fueled her passion for equity and representation.

Christina co-authored the book "We Rise in Power: Amplifying Women of Color and Her Voices for Change", which provides a visceral and honest view of the experiences that many women of color endure

. This book brings together diverse women from across North America who advocate for social change and offer pathways and strategies for transformative actions.





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2024/2025 Graduation

2025 Dry Grad Event - June 25th at Central City Fun Park

Chaperoned buses depart following the banquet at 11pm on June 25 and return to the same location around 4am on June 26. Parents can pick up their grad earlier from venue. There are no in and out privileges.

Ticket price is \$50.00 per student or guest, due by April 22

Ticket price includes bus transportation, refreshments, snacks and a "Fun Card" with credits to use towards attractions and video games such as: laser tag, bowling, golf, photo booths, karaoke, carousel and virtual reality.

Payments can be made online here: <u>Grads Only Tickets | LSS Dry Grad</u> or by cash/cheque. The venue requires a waiver signed by parents/guardians of students, please submit that to us, you can find it on our website.

20 chaperones are needed to proceed, as required by the venue. Volunteer link is here: LSS Dry Grad: Dry Grad Event Night Volunteers

Fundraising and planning are ongoing. Volunteers are needed to help the fundraisers be successful. All parents of graduating students and grad students themselves are encouraged to participate as best as you can. Visit our website for our upcoming Fundraising Events and more information.

To those that are busy, have other commitments and schedules that may not align, we thank you for your desire to help if you could. Sharing our fundraisers with your neighbors or colleagues would be tremendous! If you are able, a cash donation would go a long way to helping make this night a reality.

We sincerely thank the school admin for lending their meeting space and for distributing our information in newsletters and other forms of communication. We also thank the school PAC for their support and generous donation.

To find out more: https://lssdrygrad.square.site

Connect with us: lssdrygrad@gmail.com @langleydrygrad LSS Dry Grad Fundraising 2025





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2024/2025 Graduation cont'd





Connect with us for more information or help with ordering: lssdrygrad@gmail.com





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2024/2025 Graduation cont'd.

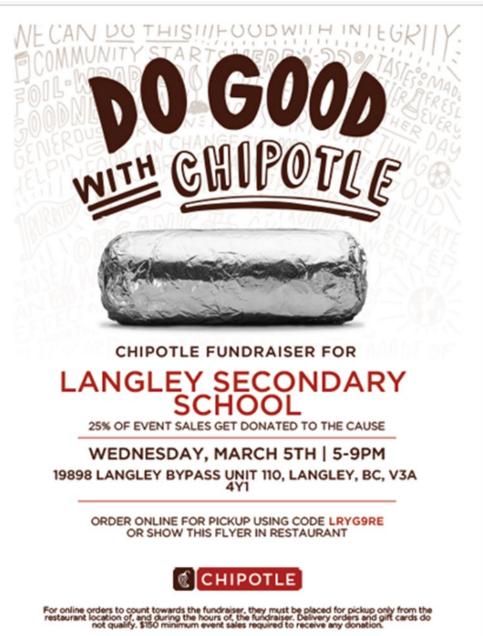






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2024/2025 Graduation cont'd







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2024/2025 Graduation cont'd



Pub Night Fundraiser!

Pub Night April 24th Artful Dodger

7pm to 9pm

Tickets available soon! Must be 19+ to purchase.

Currently looking for donations for Silent Auction, Raffle Baskets, Door Prizes and so on.

email us: lssdrygrad@gmail.com

12" Hanging Basket

\$10 from each hanging basket purchase goes directly LSS Dry Grad! Pickup instructions are provided after payment is made. Clearview Garden Shop.

Shop Direct here







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2024/2025 Graduation cont'd



Langley Liquor Warehouse

5% of your purchase is given back to us when you mention LSS Grad at the register. Save at the till, mention us!



Return it Depot

Use account# phone number 577-379-4723 (LSS DRY GRAD) when you drop off at any Return-it Depot

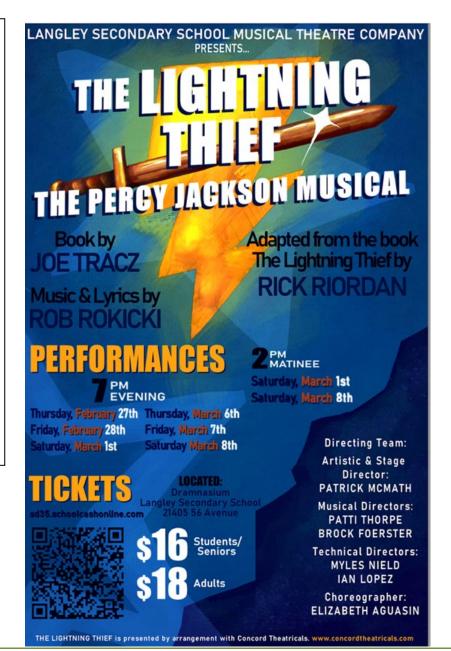




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Fine Arts Week

We are just around the corner to the launch of another incredible "Season of Theatre" in Langley schools! Please get out and support the Arts and our Theatre students and teachers by taking in one, or a couple or all of these great productions that will be happening in the next few months across the District! Please see the poster at the link below for an overview and the dates of all of the productions happening in Langley schools this year!







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Fine Arts Week cont'd.







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Career News – February 2025

Big Brother Spring Break Camps: see the link below: <u>https://docs.google.com/forms/d/e/1FAIpQLSdqOMFo2ZhJjbZ6R17GIk8t7_qj5jZE_daUCdhUx1KUEZUUfw/vie</u> <u>wform</u>

Virtual Family Math Day - February 22, 2025

The Department of Curriculum and Pedagogy in the Faculty of Education at UBC is hosting a virtual Family Math Fair on Saturday, February 22nd from 10am - 11:30am. UBC Faculty of Education Graduate Students and Teacher Candidates will engage students, teachers and parents in Hands-On, Minds-On Math Activities for all ages. See the poster on the next page for more information.







THE UNIVERSITY OF BRITISH COLUMBIA Faculty of Education Department of Curriculum & Pedagogy

For Curious and Inquiring Minds





Virtual Family Math Fair

Saturday Feb 22, 2025, 10:00am - 11:30am PT

Virtual through Zoom with

UBC Faculty of Education Graduate Students and Teacher Candidates



Sat Feb 22, 2025 10:00am-11:30am PT



Hands-on Minds-on Math Activities for all Ages!

All Welcome: Families, Teachers, Parents

Event FREE! | Registration Required

For more info and to register: https://tinyurl.com/UBCFamilyMathFair2025









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The grade 9 and 10's had an opportunity to visit a "Find Your Fit" Career Exhibit last week. This was an interactive exhibit to expose students to a variety of career choices to get them thinking about areas of interest.

Be sure to see the parent info session below for the number of dual credit parent info A number of parent info sessions are planned for dual







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Volunteer at a Spring Break Camp:

Students in Grades 9 - 12 can earn volunteer hours this spring break by volunteering with kids' camps! Fill out the registration form here:

https://docs.google.com/forms/d/e/1FAIpQLSdqOMFo2ZhJjbZ6R17GIk8t7_qj5jZE_daUCdhUx1KUEZUUfw/vie wform







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Community News

Generation Health Program- Healthy Lifestyle Program for Kids Ages 8-12

Please include the following in your next newsletters to families:

Generation Health is a **FREE 10-week healthy lifestyle program** for children and their families, delivered through YMCA BC and in partnership with the Childhood Healthy Living Foundation. Program participants will meet virtually or in person to learn about healthy eating, physical activity, goal setting, body image, self-esteem and more!

We have 4 program days to choose from: Starting in February on Tuesdays (In Person at the Tong Louie YMCA) or Wednesdays, Thursdays, or Fridays virtually from 6:30-8:30pm. This program requires prior registration through these details: phone 1-888-650-3141 or send an e-mail to **generationhealth@bc.ymca.ca**.

Families who join this program receive a complimentary membership to the YMCA.

Social Media Awareness Family Sessions

ERASE will be holding FREE virtual sessions on social media awareness for parents and caregivers. Please share the link below in an upcoming communication with families for them to access these valuable sessions:

https://pages.saferschoolstogether.com/erase-family-session





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Community News cont'd

Sexual Health Information (from Fraser Health)

Health, safety, and wellness continue to be a priority in our schools. To help support our students and families, we are sharing important information from our community partner Fraser Health about sexual health for school-aged children and youth. Please see below for helpful reminders to support your child.

Healthy Childhood and Youth Development includes Sexual Health

Learning about sexual health, including understanding your body and its changes, health conditions, personal hygiene, healthy relationships, consent and sexuality, are all part of growing up. Talking about sexual health can allow young people to identify their values and develop skills that promote healthy decision making and sexuality.

How do I Teach My Child about Sex and Sexuality?

Talking to your children about sexual health is important. Establishing an open and trusting relationship with your child will help them know they can come to you for honest answers to their questions about sex and sexuality.

For help on how to talk to your child and what to include about sexual health take a look at the following information: <u>Sexual education for children – Fraser Health Authority</u>

Learning about sexual health also means understanding sexual orientation and gender identity (SOGI). Look at these two resources for more information: <u>Sexual orientation, gender identity and gender</u> <u>expression; Parents' Guide to SOGI in Schools / SOGI 1 2 3</u>

Youth Clinics

Let your child know about our youth clinics. These clinics are located across the Fraser Health region and provide free, confidential information and education regarding sexuality and health to youth up to 21 to 24 years old (age varies by site). Learn more about the services available at youth clinics: <u>Youth clinics - Fraser</u> <u>Health Authority</u>





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Open Parachute Virtual Parent Night Presentations

(please share in an upcoming parent/guardian communication)

The Ministry of Education and Child Care, in partnership with adolescent clinical psychologist Dr. Hayley Watson from *Open Parachute*, will host three, free virtual sessions for parents, guardians and caregivers that will focus on practical skills you can teach your child and youth (ages 0-19) to prevent substance use and mental health needs. These sessions will build on a previous presentation, which focused on practical conversation tools for speaking about substance use prevention with your children/youth. The *previous* <u>session</u> is not a pre-requisite for this session.

Key takeaways for participants during this session:

- Learn the factors that lead to substance use and mental health needs from a trauma-informed lens
- Focus on prevention rather than intervention/response
- Applies to parents, guardians and caregivers of all age groups (youth aged 0-5, 6-10, and 11-18)
- Learn ways that these skills can be applied to yourself and the rest of your family to support the mental health of parents, guardians and caregivers

Participants <u>must</u> register in advance. Session dates are:

- February 20, 6:00-7:30 pm PST
- <u>February 25, 6:00-7:30 pm PST</u>
- <u>February 26, 6:00-7:30 pm PST</u>

Please share this information within your school community to reach parents, guardians, and caregivers of all ages.

If you have any questions, please email the Mental Health and Substance Use team at educ.mentalhealth@gov.bc.ca.





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Y-Minds: FREE Program for Teens, Youth, and Adults

Y Mind is a FREE seven-week group program for teens, youth, or adults who are managing mild-to-moderate anxiety, stress, or worry. Two facilitators guide the group through evidence-based coping strategies based on Acceptance and Commitment Therapy (ACT), mindfulness, and self-compassion. Group sizes are kept small, with 8 to 12 participants per group to facilitate peer support and connection.

Participants may self-refer, no diagnosis of anxiety is needed, and you do not need to be a YMCA member. All Y Mind Teen and Y Mind Youth participants receive a free YMCA membership for up to 14 weeks, including 10 free guest passes to bring a friend to the Y.

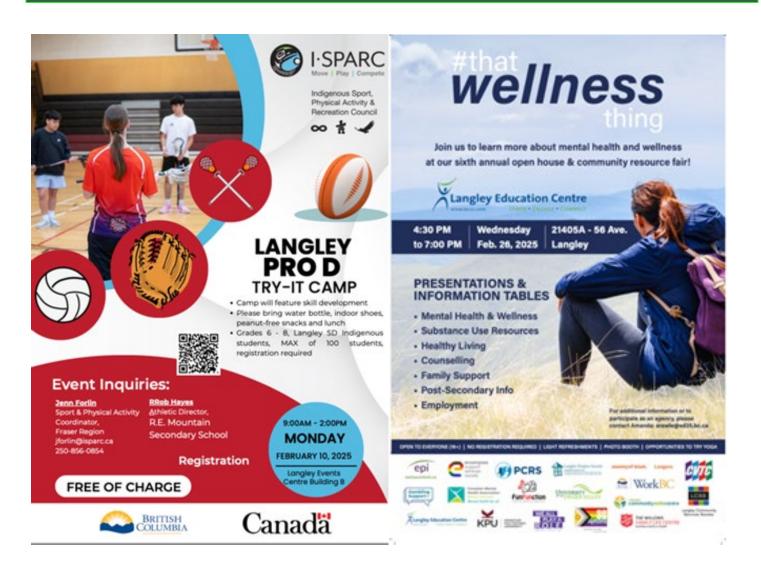
To join Y Mind, you must first register for an information session where you will meet the group facilitators and complete an intake for the program. Spaces are limited, so inquire ASAP to guarantee your spot at an information session.

<u>https://forms.office.com/pages/responsepage.aspx?id=snyDnhYL3E2wNRMe5Jog_bfrfMlzExBJnS5Hx4A</u> <u>QGFdUM0gzRjg5SjhLMDMzRzIZRVdDU1FWSEQxUyQlQCN0PWcu&route=shorturl</u>





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Community News cont'd

PAC Meetings 2024-2025

October 21, 2024

November 18, 2024

January 20, 2025

February 24, 2025

April 28, 2025

May 26, 2025 – AGM





Issue #11

Friday, February 14, 2025

Communication

Communication Tools

In order for us to collectively best support students, it is crucial that communication lines are open and efficient. We have a few structures in place to help share information. Please be sure you utilize the following: Thunderbird Chronicle: Good communication between home and school is a critical factor in student success. We encourage parents to read the monthly newsletter "Thunderbird Chronicle" and pay attention to school emails for important information. We welcome your involvement, and your suggestions.

Please feel free to communicate with us, by following:

Website: https://lss.sd35.bc.ca/

Instagram: @langleysecondary. @lssthunderbirds. @lsscareers

Youth Care Worker:

Our two Youth Care Workers, Diaz Kambere and Maina Manodon assist both students and families with ways of coping with and correcting negative behaviours, making friends and finding success.

Feeding Futures

A breakfast program runs every morning for students who wish to participate. The Feeding Futures Program is intended to offer food for those in need. Healthy nourishment is vital to set student's up for success as they put their minds to work in class.

Canuel Caters offers Lunch which is also served daily Thank you!

Math Tutors Available

If you or your student are looking for a math tutor this semester, Mr. Vanbergen has a list of students who would be excellent candidates to support your student. Please reach out to your math teacher or counsellor for some possible options.

Homework Club

Tuesday/Wednesday/Thursday room 114 – 3 – 3:45pm







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Support Services

School Based Team (SBT):

The Resource lead chairs a meeting of teachers and an administrator, plus School District support staff twice a month. Meetings are scheduled to discuss the needs of individual students, referred by teachers, and to brainstorm suggestions for their support.

English Language Learner Support (ELL):

ELL support teachers work with students for whom English is their second language.

Aboriginal Support Worker:

Our Aboriginal Support Worker David White work with our Aboriginal students for academic and cultural support.





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ARE YOU A CAREGIVER OF SOMEONE BETWEEN

THE AGES OF 12 AND 24? FOUNDRY LANGLEY WANTS TO HEAR FROM YOU!

JOIN OUR FAMILY ADVISORY COMMITTEE

WE ARE LOOKING FOR CAREGIVERS WHO ARE PASSIONATE ABOUT YOUTH AND FAMILY WELLBEING AND WANT TO MAKE A POSITIVE IMPACT!

Email: Foundry@Encompass-Supports.com





Issue #11

Information About School Status During Inclement Weather

Snow closures and power outages are an annual occurrence in Langley School District. So, where do you go to get information about the status of schools during periods of inclement weather? If you are able to access the internet via computer or smartphone, current information about Langley schools can be accessed on all school websites or <u>www.sd35.bc.ca</u>. Updates are also posted to Twitter @LangleySchools and Facebook at <u>www.facebook.com/langleyschooldistrict</u>. If you don't have internet connectivity but your phone is working, call a relative or friend in an area that has not been affected by the storm and ask them to check the district website for you. Local radio stations are also informed of school status in Langley. Tune in to CKWX 1130AM, CKNW 980AM, Country Radio 107.1FM, Pulse 107.7 or CBC 690AM or 88.1FM for updates.

Please note that Langley District schools are all considered 'open' until a decision to close is required. Decisions on school closures are usually made by 6:30am. As always, it is a parent's decision whether to send their child to school based on safety and individual circumstances. If you feel it is unsafe for you or your child to travel to or attend an open school for any reason, please keep your child home and report an absence to the school.

Student Safety in Schools (Middle/Secondary Schools)

The Langley School District is committed to fostering safe and caring schools that promote mutual respect, cooperation, and social responsibility, and support optimal learning. Trauma Informed Practices and Procedures promote the creation and maintenance of safe, inclusive, equitable, welcoming, and nurturing school environments. The District expects all students to follow the Student Code of Conduct <u>AP 350</u>. The District is sharing a reminder that no one can have "any weapon for any purpose" on school property. This means that weapons are not allowed to be used as part of an educational project, drama production, or themed costume. Examples of weapons include but are not limited to knives, brass knuckles, swords, decommissioned firearms, replicas, air soft guns, bb guns, and toy guns. The possession or use of fireworks, firecrackers, explosives, or similar devices or objects is also prohibited on school property. Failure to follow these expectations may result in confiscation, intervention, and consequences.





Issue #11

Emergency Procedures & Response

Health and safety are a priority in the Langley School District. Schools follow emergency procedures to ensure students, staff, and any visitors in our schools or sites are safe when unexpected incidents or events happen. At the start of every school year, administrators, teachers, and staff review these emergency procedures. Schools practice a set number of drills annually in preparation for unexpected situations. The district encourages families to become familiar with these staff emergency procedures and the drills that are completed in our schools. You can read them in the Staff Emergency Procedures Poster <u>here</u> or find them posted in areas throughout our buildings. If you have any questions or concerns about emergency procedures, please get in contact with your child's teacher or administrator.

See next page for poster/procedures





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Parent Marshalling Areas

In the case of an emergency and a school is cordoned off or unavailable to parents, we will need to have an alternate site where parents can congregate and get important updates from the District.

The marshalling area for LSS parents and guardians is the Twin Rinks parking lot at 5700 Langley Bypass.

STAFF EMERGENCY PROCEDURES

LOCKDOWN

- Used in response to an armed or dangerous assailant WITHIN the school
- □ Close and secure doors □ Turn off lights, be quiet, get down low/behind heavy furniture, get out of sight
- □ Silence all cell phones and ask that they be placed face down on floor □ Alert other occupants by any means available and/or call 911 - only if safe to
- do so <u>OR Leave Safe</u>. If no secure area is available and a safe exit is, then quickly leave the area/school. Report to the designated assembly area and await instructions.
- *Normal activities in the school cease. Await police response.

HOLD & SECURE

- Used if there is a security concern in the neighbourhood
- Bring everyone into the school and remain inside
- Close exterior window blinds/drapes (if available)
- □ No one may enter or exit the school during Hold & Secure
- *Typically normal activities continue WITHIN the school.

EVACUATE

Used to move people out of the school when a hazard exists inside
Direct students and other staff to exit the school via the shortest safe route
Report to and assemble outside at the designated assembly site
*Principal or designate will determine next steps.

SHELTER IN PLACE

- Used if an environmental hazard may impact the school

 Bring everyone into the school and remain indoors

 Secure exterior doors and windows
- Close exterior window blinds/drapes (if available)
- Turn off all ventilation systems (if locally available)
- Staff designates will monitor access to the school via the main entrance
 Access may be denied if a risk exists that ieopardizes the safety of occupants
- *Typically normal activities continue WITHIN the school.

ROOM CLEAR

Used to move people away from a hazard contained in one room/area

Direct students to leave the room/area and report to designated area (Ex. Library)

Summon assistance as needed and appropriate (Ex. call First Aid Attendant,
Principal/Vice Principal, 911)

Staff should remain to manage the situation or exit if the room is unsafe.

DROP, COVER & HOLD ON

Used in the event of an earthquake, explosion, or any event that shakes the school Quickly move away from obvious hazards

- Quickly move away from obvious hazard DROP - low to the ground
- Cover take COVER under a sturdy table, desks, furniture, or other large sturdy items

□ HOLD ON - to the furniture you are under and stay there until the shaking stops After the shaking stops, wait 60 seconds and then EVACUATE via the shortest safe route. Report to and assemble outside at the designated assembly site. *Principal or other designate will determine next steps.



EMERGENCY TERMINOLOGY QUICK REFERENCE

SCHOOL DRILLS

FIRE

- 6 drills per year
 3 per semester -
- Note: actual alarms and false alarms count as drills

EARTHQUAKE

- 2 drills per year
- October -
- Great BC Shakeou

LOCKDOWN

3 drills per year

HOLD &

- SHELTER IN PLACE • 1 review of
- year with all