

4452 -256<sup>th</sup> Street, Aldergrove, BC V4W 1J3 http://coghlan.sd35.bc.ca



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### Rocky Raccoon Weekly Update March 3 – April 5, 2025

Saturday, March 1: March 3 – 6: March 3 – 7: Tuesday, March 4: Wednesday, March 5: Thursday, March 6:	PAC Pub Night School Fundraiser. Bring your friends! Scholastic Book Fair Student Inclusive Conferences Gr. 6/7 Boys Basketball #1&2 Home VS Wix Brown 2-hour early dismissal at 12:30 pm Student Inclusive Conferences ALL DAY by appointment.
	Students only attend if they have their conference scheduled that day.
Friday, March 7:	PAC Hot Lunch
Monday, March 10:	Pokémon Club. 12:00 pm @Library
	Elementary Band Concert @Poppy. 7:00 pm
Wednesday, March 12:	Popcorn
	Gr. 6/7 Boys & Girls Basketball Jamboree @Poppy.
Friday, March 14:	Last day before spring break
	Spirit Day – stuffed animals and pj's
Monday, March 31:	School Reopens
Tuesday, April 1:	Talent Show Sign-Up
Saturday, April 5:	Gr. 7 Garage Sale. 9 am-2 pm. Please save items at home. More information to come.

## Keep current on school events with the convenience of your cell phone!

Subscribe to the School Calendar and it will update the calendar on your cell phone and show all upcoming school events. An easy way to look up Pro-D Days, Early Dismissal Days, Hot Lunch Days and so much more!

- 1. Go to the Coghlan website: coghlan.sd35.bc.ca
- 2. Click on the header "News & Events"
- 3. Click on Calendar
- 4. Scroll down to the bottom and look to the far-left side
- 5. Click on Subscribe to Calendar and click on "Learn More"
- 6. Click on the top link and in a few quick steps your cell phone calendar will be hooked up to the School Calendar!



## What to do if your child is absent?

Please <u>CALL the office</u> <u>before 8 am</u> and leave a message if your child will be late or absent. It's vital that you call early. It's ok to email the teacher but you Must Call the Office. If your child will be away for more than one day you can tell us that too. Remember sick students need to be "symptom free" for 24 to 48 hours before returning to school, this avoids sharing germs with other students and staff. Thank you!

## Coghlan Fundamental is a NUT AWARE School

A friendly reminder that Coghlan Fundamental is a nut aware school. We have several community members who have life threatening allergies to many types of nuts, and it is an expectation that we, collectively, make every reasonable effort to ensure that there are no nuts brought to school. To clarify, the reason why we are nut "aware", and not nut "free" is because we cannot always guarantee that every food product brought to school has not been contaminated or have traces of nuts in it, but we encourage everyone to make best efforts to avoid bringing nuts to school. Thank you for your care and support for the members of our school community.

# Communicating Student Learning (CSL) - Elementary School

Learning is a journey for all students that requires the support of teachers, staff, and families. Parent/guardian involvement is always a contributing factor to a student's success. But how does a parent/guardian know how their child is doing? The District is sharing information about the different ways of <u>Communicating Student Learning (CSL)</u> to help support families. On this webpage you will find information about student inclusive conferences, proficiency scales, and self-reflection on the core competencies. These resources are aimed to help support your child. Read more <u>here</u>.

# Term 2 Student Inclusive Conferences (SICs)

Our Term 2 Student Inclusive Conferences are taking place between February 24th, 2025, to March 7th, 2025. Thank you to families for booking your child's conference with their teacher. We look forward to seeing you then!



# This Month in the Arts - March 2025

The Arts are alive and well in Langley schools! Please check out the poster at the link below for a quick glance and overview of all of the amazing Arts events and activities happening across schools in the Langley School District in March!

Des This Month...March.pdf

## Raising Digitally Resilient Kids - Parent Workshop/Resource

The *Raising Digitally Resilient Kids* parent workshop outlines how parents and guardians can support children's wellbeing and help them balance the risks and benefits of digital media. Based on insights from MediaSmarts' research with youth, the workshop provides an overview of online risk categories and provides resources and essential strategies that participants can take to manage these risks. You can find all of these resources at the link below:

## <u>https://mediasmarts.ca/digital-media-literacy/workshops/raising-digitally-resilient-</u> <u>kids?mc\_cid=cadc5a99de&mc\_eid=43f3fb04f2</u>

## Screenagers - Elementary School Age Edition: Community Screening and Expert Q&A - April 9, 2025

Physician and filmmaker Delaney Ruston examines the growing impact of screen time on young children, exploring the challenges families and educators face in managing digital use. Through personal experiences, expert insights, and the latest research, the film addresses key issues such as social media pressures, video gaming, screen time limits, and the effects of early exposure to technology.

Offering practical strategies for fostering healthy digital habits, Screenagers: Elementary School Age Edition is a mustwatch for parents, teachers, and caregivers looking to guide children toward balanced tech use. View trailer: *https://youtu.be/EzzzeCny60U* 

**FREE EVENT:** Join other Langley parents and caregivers for a 55-minute documentary screening followed by a Q&A with expert panelists.

**Eventbrite ticket page:** https://www.eventbrite.ca/e/screenagers-elementary-school-age-edition-tickets-1234161352829?aff=ebdsshcopyurl&utm-campaign=social&utm-content=attendeeshare&utmmedium=discovery&utm-term=organizer-profile&utm-share-source=organizer-profile

### Facebook event page: <u>https://www.facebook.com/events/1140497717607292</u>

### Lunch Lady Hot Lunch Program (March Menu)

Please note this program is separate from our Coghlan PAC Munch A Lunch (where the funds benefit our school).

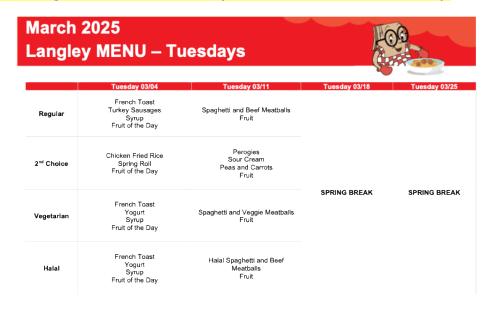
# Setting Up a Regular Account –

Please use this one-time registration link **order.lunchlady.ca/signup/54** To register for your lunch account. Once an account is created, place your order, and pay for your child's hot lunches at **order.lunchlady.ca** 

### *Questions? Please reach out to your Lunch Lady Team at*

### jennifer@thelunchlady.ca

Please note *The Lunch Lady* operates peanut and tree nut-free commercial kitchens; however, it is the parent and caregivers' responsibility to review each meal and select only meals that consider their child's dietary restrictions.



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UPDATED Calendar Dates 2024-2025 (Year At A Glance) As of February 7, 2025

#### March 2025

1 – PAC Pub Night @Station House Bar & Grill in Aldergrove
3-6 – Scholastic Spring Book Fair
3-7 – Student Inclusive Conference Window Continues
5 (W) – Student Inclusive Conference 2 Hour Early Dismissal at 12:30 pm & Late Evening for Conferences
6 (R) – Student Inclusive Conference Day (students do not attend school unless they have a scheduled conference)
14 (F) – Spirit Day: Stuffed Animal & PJ Day! Last Day of School before Spring
Break 31 (M) – School Reopens

#### April 2025

1 (T) – Talent Show Sign-up Begins 10 (R) – Class/Team Photos for Students. AM 18 (F) – Good Friday (Stat, no school) 21 (M) – Easter Monday (Stat, no school) 24 (R) – Spirit Day: Hobby Day!

#### May 2025

9 (F) – PAC Fun Fair
5 (M) – Spirit Day: Star Wars Day!
5-15 – Track & Field Tryouts. 1:45-2:30 pm
16 (F) – District Pro-D Day
19 (M) – Victoria Day (Stat, no school)
20 (T) – PAC Staff Appreciation Luncheon
22 (R) – Spirit Day: Anything but a Backpack Day!
23 (F) – Talent Show. 1 pm
26 (M) – Welcome to K

29 (R) – Track & Field Meet. McCleod Athletic Park

#### June 2025

4 (W) - Parent Appreciation Tea 6 (F) - Gr. 6 Immunizations

20 (F) – Sports Day

23 (M) - Cultus Lake (date to be confirmed)

26 (R) - Last Day of School for Students/Gr. 7 Grad Assembly/Early Dismissal @11:36 am/Reports Home 27 (F) - Admin Day