## COGHLAN FUNDAMENTAL ELEMENTARY SCHOOL



4452 -256<sup>th</sup> Street, Aldergrove, BC V4W 1J3 http://coghlan.sd35.bc.ca

Phone: 604-856-8539 Principal: Mrs. Isabella lam Fax: 604-856-4309 Admin. Assistant: Mrs. Naomi Laycock

Rocky Raccoon Weekly Update November 25 to December 6, 2024

| Monday, November 25:                         | Pokémon Club. 12:00 pm @Library<br>Student Inclusive Conferences 2-Week Window Begins  |
|--|--|
| Tuesday, November 26:                        | Popcorn  |
| Wednesday, November 27:                      | Student Inclusive Conferences All Day ( <i>no school for students;</i><br>students only attend their conference if scheduled for this day) |
| Thursday, November 28:                       | 2-hour early dismissal at 12:30 pm ( <i>the afternoon is dedicated to Student Inclusive Conferences</i> )                                  |
| Monday, December 2:                          | Langley Children's Choir Performance 10:50 – 11:20 am. Parents and siblings are welcome to attend.   |
| Wednesday, December 4:<br>Friday, December 6 | Grade 6 Immunizations<br>Hot lunch   |

## Parking Lot – NO Parking/Drop-Off Zone

A couple of friendly and quick reminders regarding drop-off/pick-up of your child(ren) before/after school:

- 1. Please do NOT park your vehicle along the drop-off zone lane. If you would like to park and wait for your child, please find a parking spot in our parking lot or please continue to loop back around the school until you see your child(ren).
- 2. Please ensure you pull over to the very front of the drop-off zone lane, so that we are not backed up, or blocking other cards behind us.

We appreciate your efforts in creating a safe and caring environment for the school community. Thank you for helping one another!

## **Boys Bathroom Information/Update**

The Plumbing and Carpentry Department are continuing the work in the boys bathroom, and the boys bathroom will remain closed. As a recent update, we are pleased to share that the Plumbing Department has informed us that they are able to add an additional sink to the bathroom, which would provide the boys with 2 sinks moving forward. The work is estimated to be completed soon. Please note that our other boys bathroom in the primary hallway will still be accessible for students to use.

We apologize for the inconvenience during this time, but we are looking forward to providing our students with more handwashing accessibility once the work is complete. Any further updates will be communicated via email or in our weekly newsletters. If you have any questions or concerns, please feel free to contact Ms. Lam directly.



**Mud puddles have a way of finding kids** (2) and they come to the office wet needing dry clothes. Please save yourself a trip to school in the afternoon by sending a couple sets of dry clothes, including extra socks in their backpack and replacing them as needed. Thank you!

## Communicating Student Learning (CSL) - Elementary School

Learning is a journey for all students that requires the support of teachers, staff, and families. Parent/guardian involvement is always a contributing factor to a student's success. But how does a parent/guardian know how their child is doing? The District is sharing information about the different ways of **Communicating Student**. **Learning (CSL)** to help support families. In this newsletter you will find information about student inclusive conferences, proficiency scales, and self-reflection on the core competencies. These resources are aimed to help support your child. Read more <u>here</u>.

## Term 1 Student Inclusive Conferences (SICs)

Our Term 1 Student Inclusive Conferences are taking place between November 25th, 2024, to December 6th, 2024. Please see the handout below for further information on what the SICs entail. Parents can start to make teacher appointments on Wednesday, November 13th and the last day to make appointments is Sunday, November 24th at 9 pm. Here is the link to book your appointment and parent instructions below on creating an account:<u>https://coghlan.parentteacherconferences.net/admin/</u>



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"I don't get it yet, but I am trying."

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WWW.SD35.BC.CA

competencies relevant to the expected learning.

Working together to support dialogue around a student's learning progress.

## Food Bank Donations

Thank you for donating to the Langley Aldergrove Food Bank. You can place donations in the box in your child's class or in the front lobby. The most requested items are peanut butter, tuna, canned veggies, canned fruit, cereal, and pasta sauce. We will begin collecting donations this coming Monday, November 18.

## **Emergency Preparedness, Power Outages, and School Closures**

With storm season upon us, the District is reminding families about procedures during emergencies such as power outages. The District will post important information on school and District websites as well as on social media channels. The District may also send special instructions in emails and text messages (for those that opt-in) via School Messenger. In the event of power outages, schools have an emergency phone line operational. Please avoid calling the school unless it is an emergency as this ties up the phone line.

As per the District's procedures, schools in the District may be closed to students by the Superintendent for weather related emergencies such as power outages or other causes related to health and safety. The decision to close a school due to a power outage is based on many considerations including expected power restoration time, operational emergency lighting, access to water and washrooms, among other factors. As always, it is a parent's decision whether to send their child to school (or keep their child at school) based on safety and individual circumstances. If you feel it is unsafe for you or your child to travel to or attend an open school for any reason, please keep your child home and report an absence to the school. For more information on school status information, read <u>here</u>.

The District thanks students, families and staff for their cooperation during recent power outages impacting schools.

## **Information About School Status During Inclement Weather**

Snow closures and power outages are an annual occurrence in the Langley School District. So, where do you go to get information about the status of schools during periods of inclement weather? If you are able to access the internet via computer or smartphone, current information about Langley schools can be accessed on all school websites or **www.sd35.bc.ca**. Updates are also posted to X (formerly Twitter) @LangleySchools and Facebook at <u>www.facebook.com/langleyschooldistrict</u>. If you don't have internet connectivity but your phone is working, call a relative or friend in an area that has not been affected by the storm and ask them to check the district website for you. Local radio stations are also informed of school status in Langley. Tune in to CKWX 1130AM, CKNW 980AM, Country Radio 107.1FM, Pulse 107.7 or CBC 690AM or 88.1FM for updates.

Please note that Langley District schools are all considered 'open' until a decision to close is required. Decisions on school closures are usually made by 6:30am. As always, it is a parent's decision whether to send their child to school based on safety and individual circumstances. If you feel it is unsafe for you or your child to travel to or attend an open school for any reason, please keep your child home and report an absence to the school.

#### "This Month in the Arts"

The Arts are alive and thriving across many Langley secondary schools and each month there are many different events happening which are inspiring and engaging evenings for staff and family. Please see the flyer below for a list of events happening "This Month in the Arts" across Langley schools:

# This Month in the Arts Poster - November.pdf

## **Student Illnesses**

It's that time of year when we see a rise in illnesses impacting students and staff in our school. We are hearing from families about colds, respiratory illnesses, and stomach bugs circulating in our community. As a reminder to help keep our school community healthy and well, we are sharing this online resource from our community partner Fraser Health. Here you will find information about protecting your child from communicable diseases and managing their illness:

https://www.fraserhealth.ca/health-topics-a-to-z/school-health/illness-and-immunizations/illness-in-the-classroom

## Dental, Hearing, and Vision Checks (from Fraser Health)

Health, safety, and wellness continue to be a priority in our schools. To help support our students and families, we are sharing important information from our community partner Fraser Health about dental, hearing, and vision checks. Please see below for helpful reminders to support your child.

## Make dental, hearing and vision checks part of a healthy routine

Health screenings help find issues early which can make treatment easier and more effective. It's important for your child to have regular eye exams and routine dental checkups. It is also important to recognize any hearing loss early as this is essential for speech and language development. Read on to learn when and how to access services for your child.

## Dental

Tooth decay is the most common, but preventable, childhood chronic disease. It is important to establish good oral hygiene at a young age and have children's teeth checked by a dentist regularly. To find a local dentist near you who is accepting new patients, visit the BC Dental Association's <u>Find a Dentist database</u>. If you are a member of a low-income family and you do not have extended health coverage, there are several programs that can help you access <u>affordable</u> <u>dentistry for your children</u>. You can also contact the dental program at your <u>local public health unit</u> and ask about resources available in your community.

## Vision

<u>BC Doctors of Optometry</u> recommends children receive their first eye exam when they are six to nine months old with a follow up exam at least once between the ages of two and five and then yearly once they enter school. You can find an optometrist accepting new patients near you at the College of Optometrists of British Columbia's <u>Find an Optometrist</u> <u>database</u>. In B.C., one basic eye exam per year is free up to the age of 18. Some optometrists may charge a user fee of about \$35-50 per visit, so be sure to ask about any fees before you make an appointment.

## Hearing

Good hearing is essential for speech and language development and plays an important part in a child's social and emotional growth. It is important to recognize hearing loss early and seek out testing and treatment if needed. Fraser Health's Public Health community audiologists provide hearing services for children from birth to 19 years of age. If you have a concern about your child's hearing, referrals can be made by a parent or caregiver, a health care provider or education professional to your <u>local public health audiology (hearing) clinic</u>.

Find more information on child health screenings and how to access free vision, hearing and dental exams on Fraser Health's website: <u>https://ow.ly/oK9z50PegZB</u>

## Lunch Lady Hot Lunch Program (December Menu)

Please note this program is separate from our Coghlan PAC Munch A Lunch (where the funds benefit our school).

## Setting Up a Regular Account -

Please use this one-time registration link **order.lunchlady.ca/signup/54** To register for your lunch account. Once an account is created, place your order, and pay for your child's hot lunches at **order.lunchlady.ca** 

## Questions? Please reach out to your Lunch Lady Team at **jennifer@thelunchlady.ca**

Please note *The Lunch Lady* operates peanut and tree nut-free commercial kitchens; however, it is the parent and caregivers' responsibility to review each meal and select only meals that consider their child's dietary restrictions. December 2024 Langley MENU – Thursdays

| Thursday               | Thursday 12/05   | Thursday 12/12   | Thursday 12/19  | Thursday 12/26 | Thursday 01/02 |
|------------------------|--|--|---|----------------|----------------|
| Regular                | Cheese Omelette with<br>Hash Brown Triangles<br>Fruit of the Day | Chicken Teriyaki Rice<br>Bowl<br>California Vegetables<br>Fruit of the Day | Turkey Dinner<br>Seasonal Fruit<br>Mini Candy Cane        | WINTER BREAK   |                |
| 2 <sup>nd</sup> Choice | Crunchy Chicken Ranch<br>Wrap<br>Fruit of the Day                | Spaghetti with Beef<br>Meatballs and Tomato<br>Sauce<br>Fruit of the Day   | Pancakes<br>Seasonal Fruit<br>Syrup<br>Mini Candy Cane    |                |                |
| Vegetarian             | Crunchy Veggie Chick'n<br>Ranch Wrap<br>Fruit of the Day         | Tofu Teriyaki Rice Bowl<br>California Vegetables<br>Fruit of the Day       | Pancakes<br>Seasonal Fruit<br>Syrup<br>Mini Candy Cane    |                |                |
| Halal                  | Halal Crunchy Chicken<br>Ranch Wrap<br>Fruit of the Day          | Spaghetti with Halal<br>Meatballs and Tomato<br>Sauce<br>Fruit of the Day  | Halal Chicken Dinner<br>Seasonal Fruit<br>Mini Candy Cane |                |                |

Order.lunchlady.ca

theLunchLady<sub>ca</sub>

## UPDATED Calendar Dates 2024-2025 (Year At A Glance)

As of Nov.22nd, 2024

#### November 2024

5 (T) – Individual Photo Retakes for Staff/Students
7 (R) – Remembrance Day Assembly. AM
8 (F) – Design & Assessment Day (no school for students)
11 (M) – Remembrance Day (Stat, no school)
12-14 – Scholastic Fall Book Fair
25-Dec 6 – Student Inclusive Conference Window for
Conferences
20 (W) – Spirit Day: Western Wednesday
27 (W) – Student Inclusive Conference Day (students do not attend, unless they have a scheduled conference)

28 (R) – Student Inclusive Conference 2 Hour Early Dismissal at 12:30 pm (the afternoon is dedicated to Student Inclusive Conferences)

#### December 2024

#### 2 (M) – Langley Children's Choir. 10:50-11:20 am

2-6 – Student Inclusive Conference Window Continues 4 (W) – Gr. 6 Immunizations

5 (R) – Late Night for Student Inclusive Conference

#### 9 (M) – DW Poppy Volleyball Jamboree

10 (T) – Christmas Concert; 1:00 pm @Coghlan Gym & 6:30 pm Evening Concert @DW Poppy

11 (W) – LFMSS Christmas Caroling, 9:15-9:30 am

13 (F) – PAC Winter Festivities

20 (F) – Spirit Day: Ugly Sweater Day/PAC Pancake Breakfast & Last Day of School before Winter Break

#### January 2025

6 (M) – School Reopens 28 (T) – Jump Rope for Heart Assembly 30 (R) – Spirit Day: Decades Day!

#### February 2025

#### 10 (M) – District Pro-D (no school for students)

13 (R) – School-Wide Presentation Green Thumbs Theatre 500 Words. 1 pm 14 (F) – Valentine's Swim for Intermediate Students at Walnut Grove

## 17 (M) – Family Day (Stat, no school)

19 (W) – Jump Rope for Heart Event Day 20 (R) – Spirit Day: Careers Day! 24-Mar. 7 – Student Inclusive Conference Window for Conferences

#### 24 (M) - Design & Assessment Day (no school for students)

26 (W) – Student Inclusive Conference Late Night 24-28 – District Diversity & Respect Week

#### March 2025

#### <mark>3-6 – Scholastic Spring Book Fair</mark>

3-7 – Student Inclusive Conference Window Continues
5 (W) – Student Inclusive Conference 2 Hour Early Dismissal
6 (R) – Student Inclusive Conference Day
14 (F) – Spirit Day: Stuffed Animal & PJ
Day! Last Day of School before Spring
Break 31 (M) – School Reopens

#### April 2025

1 (T) – Talent Show Sign-up Begins 10 (R) – Class/Team Photos for Students. AM 18 (F) – Good Friday (Stat, no school) 21 (M) – Easter Monday (Stat, no school) 24 (R) – Spirit Day: Hobby Day!

#### May 2025

2 OR 9 – PAC Fun Fair. Date TBD 5 (M) – Spirit Day: Star Wars Day!

5-15 – Track & Field Tryouts. 1:45-2:30 pm

#### 16 (F) – District Pro-D Day

- 19 (M) Victoria Day (Stat, no school)
- 20 (T) PAC Staff Appreciation Luncheon
- 22 (R) Spirit Day: Anything but a

Backpack Day!

- 23 (F) Talent Show. 1 pm
- 26 (M) Welcome to K
- 29 (R) Track & Field Meet. McCleod Athletic Park

#### June 2025

4 (W) – Parent Appreciation Tea
6 (F) – Gr. 6 Immunizations
20 (F) – Sports Day
23 (M) – Cultus Lake (to confirm in October)
26 (R) – Last Day of School for Students/Gr. 7 Grad Assembly/
Early Dismissal @11:36 am/Reports Home 27 (F) – Admin Day



Dear Parent or Guardian:

The Government of British Columbia is pleased to inform you that your child may be able to receive the **\$1,200 B.C. Training and Education Savings Grant**.

Children may be eligible if:

- □ The parent or guardian, and the child, are B.C. residents, and
- $\Box$  The child is between the age of 6 and the day before turning 9.

Once you open an account, known as a Registered Education Savings Plan (RESP), and apply for the B.C. Training and Education Savings Grant (BCTESG), \$1,200 will be deposited into the RESP for your child. Students can then use the money to pay for post-secondary education or training expenses.

## Plan today: you don't have to put any money into the RESP to receive the \$1,200. Step 1: Get Social

Insurance Numbers (SINs) for you and your child. Go to **http://www.canada.ca/social-insurance-number** to find out how.

**Step 2:** Make an appointment with one of 56 financial organizations that offers the BCTESG. A list of partners is available here: <u>https://www.canada.ca/en/employment-</u> <u>social-development/programs/canada-education-</u> <u>savings/resp-promoters-list.html</u>

Bring the SINs for you and your child and proof of B.C. residency and say: "I want to open an RESP and get the B.C. Training and Education Savings Grant for my child."

Learn more:

BCTESG homepage QR Code



BCTESG homepage URL https://www2.gov.bc.ca/BCTESG

Question? Contact: <u>BCTESG@gov.bc.ca</u> Your child may also be eligible for other, federal incentives, see: <u>https://www.canada.ca/en/services/benefits/education/education-savings.html.</u>