



COGHLAN FUNDAMENTAL ELEMENTARY SCHOOL

4452 -256th Street, Aldergrove, BC V4W 1J3

<http://coghlansd35.bc.ca>

Phone: 604-856-8539

Principal: Mrs. Isabella Iam

Fax: 604-856-4309

Admin. Assistant: Mrs. Naomi Laycock

Rocky Raccoon Weekly Update

October 21 – November 1, 2024

Monday, October 21:	Div. 7 & 8. Laity Pumpkin Farm Pick up Apple Orders after school
Tuesday, October 22:	Pokémon Club. 12:00 pm @Library (changed to Tuesday this week) Gr. 6/7 BOYS Volleyball Game @Peterson Road. 2:50 pm
Wednesday, October 23:	Gr. 6/7 GIRLS Volleyball Game @Peterson Road. 2:50 pm
Thursday, October 24:	PAC Hot Lunch October Informal Learning Update Home PAC Movie Night. Doors open at 5:45
Friday, October 25:	Pro-D Day. Students DO NOT Attend
Wednesday, October 30:	Donuts from "The Hive". Order through Munch A Lunch.
Thursday, October 31:	Intermediate students swimming at Walnut Grove Primary Students parade at 1:00 pm outside depending on weather
Friday, November 1:	Spirit Day – wear your favourite pj's

Application Process for Programs of Choice for 2025-2026 – Kindergarten

If you wish your child to enter Kindergarten at Coghlan in September 2025 you must follow an application process! Siblings get priority over outside applicants providing they have a Langley/Aldergrove Address. If you do not make the application within the deadlines your sibling child will not get a space.

For entry into the 2025-2026 school year, registration begins Monday, October 7th, 2024 at 12 noon, and closes Monday, October 21st, 2024 at 12 noon.

Please check here for further information and instructions :

<https://www.sd35.bc.ca/programs-initiatives/programs-of-choice/>

IMPORTANT: The lottery is only for students who will be turning 5 by the end of the year they enter Kindergarten. If your child will not be turning 5 years old by December 31st, 2025, the application will be removed from the lottery.

If you require assistance or have any further questions about the application process, please contact the School Board Office at **604-534-7891**.

Calling in student absences

When your child(ren) will be absent please be sure to call the school office and leave a message.

It's fine to email the teacher and Mrs. Laycock but if either are away then the staff member doing attendance will not be aware and you will get a phone call. Thank you!

Toys/Sports Equipment

A friendly reminder that all toys should be kept at home, unless otherwise permitted by your child's teacher. Sports equipment from home are permitted to be at school, and used during recess and lunch play time. Please note that it would be the student's responsibility to ensure that all equipment is used appropriately, and kept safe. Thank you for your support

Lost and Found Items

At the end of June Coghlan donated all our non-claimed found clothing items to a local charity organization. This is part of their letter to us.

We wanted to reach out and send a thank you to all of you for donating your lost and found items from your school to us. We had 8 schools in Langley donate their items, and we were able to host our free store this past week on Tuesday.

We had over 150 families come through the store and shop entirely for free! There are many stories of the impact it had and I wish I could share them all with you - the one I will share is meeting a little boy in grade 2 who had only his sister's shoes to wear...and we found him a pair of runners he absolutely loved in his exact size. He walked away with new shoes, new hoodies, shirts, a hat and a winter jacket.

So thank you for the work you did to gather the items and for saying yes to allowing us to pick them up and create something that gives back right in our community.

From: **Mary van Zuuk** <aldergrovefoodbank@gmail.com>

Date: Tue, Oct 15, 2024 at 8:00 AM

Subject: Big thank you

Hi to everyone at Coghlan Elementary,

We want to thank you all so very much for all the food donations! It will help put healthy, nutritious food on the tables of so many families in Aldergrove.

We serve more than 100 families, comprised of single moms with school-aged children, seniors and those on disability cheques. Thank you for easing their worries about food insecurity.

With gratitude,
Aldergrove Food Bank



Emergency Procedures & Response

Health and safety are a priority in the Langley School District. Schools follow emergency procedures to ensure students, staff, and any visitors in our schools or sites are safe when unexpected incidents or events happen. At the start of every school year, administrators, teachers, and staff review these emergency procedures. Schools practice a set number of drills annually in preparation for unexpected situations. The District encourages families to become familiar with these staff emergency procedures and the drills that are completed in schools. You can read them in the Staff Emergency Procedures Poster **here** or find them posted in areas throughout District buildings. If you have questions or concerns about emergency procedures, please contact your child's teacher or principal.

"VOLUNTEERS NEEDED" - the PAC has organized some fun upcoming events and needs parents help to be successful. Please consider taking some time to help out, our kids love seeing you part of the event! Movie Night still needs volunteers and we will be sending out the sign up for the Christmas Market November 16th next week.

Parent Volunteer Application Process – A letter from Ms. Lam was sent home to families on Monday, October 7th, to provide details of the application process. Thank you to all parents who have reached out to Ms. Lam and indicated their interest in volunteering at the school this year. Please note that moving forward, all approved volunteers are to sign-in/out at the office and wear a volunteer nametag that will be given by Mrs. Laycock or Ms. Lam.

Hello everyone,

Volunteer opportunities for "**Pumpkin Surprise (It's a secret, so please don't tell your kids!!!)**" Monday October 21 and Wednesday October 23, 2024" are now open.

Please click on the following web link (or copy it into your web browser if clicking doesn't work) to go to the signup sheet:

volunteersignup.org/HK9KQ

To sign up, just follow the instructions on the page. It only takes a few seconds to do. Thank you for volunteering!

Mel Hébert
babes_177@hotmail.com

Hello everyone,

Volunteer opportunities for "Movie Night/Trunk or Treat Thursday October 24, 2024" are now open.

Please click on the following web link (or copy it into your web browser if clicking doesn't work) to go to the signup sheet:

volunteersignup.org/PQWR8

To sign up, just follow the instructions on the page. It only takes a few seconds to do. Thank you for volunteering!

Mel Hébert
babes_177@hotmail.com



REVIVE
FIRST AID TRAINING

COGHLAN FUNDAMENTAL ELEMENTARY FUNDRAISER

FRIDAY, NOVEMBER 8TH

More Information :

www.revivebls.com

Info@revivebls.com

LOCATION

Coghlan Fundamental Elementary
4452 256 Street, Aldergrove, BC

RED CROSS STAY SAFE COURSE FOR AGES 9-13

*Gives kids the tools to stay safe while
alone for short periods of time

\$67.75

08:30 - 2:30 PM



SCAN TO SIGN UP

RED CROSS BABYSITTING COURSE FOR AGES 11-15

*Students learn the business of
babysitting, child play, feeding, etc.,
including basic first aid

\$78.25

08:30 - 4:00 PM



SCAN TO SIGN UP

Election Day – Use of School Sites

On Saturday October 19th many of our school gyms across the District will be used as provincial election polling stations from 8am – 8pm. As guided by Section 81 of the Election Act “accommodation in a school that is the property of a board of school trustees under the School Act must be made available by the board for use as a voting place.” Please take note of extra pedestrian and vehicle traffic in the area of these sites on election day.

The District appreciates the support and cooperation from families and members of our community. The District is encouraging everyone who is eligible to do their civic duty and vote. For a list of school sites being used, visit the District website [here](#).

Programs of Choice – Deadline to Register is Monday, October 21st

Langley School District offers a rich diversity of programs that are designed to meet the specific needs and interests of students. Programs include Fine Arts, French Immersion, Fundamental, Langley Environmental Awareness Program (outdoor education), Montessori, and U-Connect. Registration for Kindergarten entry (for most programs) begins on **Monday, October 7th at 12 noon**, and closes on **Monday, October 21st at 12 noon**. For U-Connect, please contact the school directly. For more information and instructions to register your child, visit our District website [here](#) and review our FAQ choice programs resource [here](#).

When and how long to keep sick kids home from school

When to keep kids home from school in BC?

Please keep your child home if they: [Have a fever](#). **Are too sick to take part in all normal school activities**. Have a suspected or known communicable disease (i.e. strep throat, chicken pox, measles).

How long after sickness can you go back to school?

Children with diarrhoea or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).

How long are kids contagious with a cold?

Colds are the most common infectious disease. They're very contagious, especially in the first 2–4 days after symptoms start. They can even spread for [a couple of weeks after someone starts feeling sick](#).

How long after flu can you return to school?

Children with the flu should be isolated in the home, away from other people. **They should also stay home until they have no fever without the use of fever-control medicines and they feel well for 24 hours**. Remind your child to protect others by covering his or her mouth when coughing or sneezing.

Why do you have to wait 24 hours after a fever?

Within 24 hours of a fever, [your child's immune system is weakened, and they are much more likely to catch something else](#). This is why it can seem like your child is better for a couple of days, only to be sick again

**In an effort to provide advance notice of important calendar dates. We have compiled a “Year At A Glance” for you to prepare for ahead of time. Please note that dates are tentative, and may change at any point in time, including additions of new dates/events as it comes up. However, we will endeavor to keep changes to a minimal. We hope this is helpful. ©*

UPDATED Calendar Dates 2024-2025 (Year At A Glance)

As of Oct. 11th, 2024 – Please see highlighted changes

September 2024

19 (R) – PAC Welcome Back BBQ 12:00 pm & Meet the Teacher. 2:45-3:45 pm
20 (F) – Individual Photos for Staff/Students
23 (M) – Terry Fox Run. PM
25 (W) – Vancouver Football Club Visit. PM
27 (F) – Truth & Reconciliation/Orange Shirt Day Assembly. 9 am
30 (M) – Truth & Reconciliation Day (Stat, no school)

October 2024

3 (W) – Vancouver Football Club Visit. PM
4 (F) – **School Improvement Day (no school for students)**
9 (W) – Vancouver Football Club Visit. PM
11 (F) – School-Wide Presentation Green Thumbs Theatre (Mixolydian). 1 pm
14 (M) – Thanksgiving Day (Stat, no school)
24 (R) – PAC Fall Fair
25 (F) – Pro-D Day
31 (R) – Halloween Parade for Primary Students, Halloween Swim for Intermediate Students at Walnut Grove

November 2024

5 (T) – Individual Photo Retakes for Staff/Students
7 (R) – Remembrance Day Assembly. AM
8 (F) – **Design & Assessment Day (no school for students)**
11 (M) – Remembrance Day (Stat, no school)
12-14 – Scholastic Fall Book Fair
25-Dec 6 – Student Inclusive Conference Window for Conferences
27 (W) – Student Inclusive Conference Day
28 (R) – Student Inclusive Conference 2 Hour Early Dismissal

December 2024

2-6 – Student Inclusive Conference Window Continues
4 (W) – Gr. 6 Immunizations
5 (R) – Late Night for Student Inclusive Conference
10 (T) – Christmas Concert; Afternoon & Evening Concert
13 (F) – PAC Gingerbread People
20 (F) – PAC Pancake Breakfast & Last Day of School before Winter Break

January 2025

6 (M) – School Reopens
28 (T) – Jump Rope for Heart Assembly

February 2025

10 (M) – **District Pro-D (no school for students)**
13 (R) – School-Wide Presentation Green Thumbs Theatre 500 Words. 1 pm
14 (F) – Valentine’s Swim for Intermediate Students at Walnut Grove
17 (M) – Family Day (Stat, no school)
19 (W) – Jump Rope for Heart Event Day
24-Mar. 7 – Student Inclusive Conference Window for Conferences
24 (M) – **Design & Assessment Day (no school for students)**
26 (W) – Student Inclusive Conference Late Night
24-28 – District Diversity & Respect Week

March 2025

3-6 – Scholastic Spring Book Fair; TBD
3-7 – Student Inclusive Conference Window Continues
5 (W) – Student Inclusive Conference 2 Hour Early Dismissal
6 (R) – Student Inclusive Conference Day
14 (F) – Last Day of School before Spring Break
31 (M) – School Reopens

April 2025

1 (T) – Talent Show Sign-up Begins
10 (R) – Class/Team Photos for Students. AM
18 (F) – Good Friday (Stat, no school)
21 (M) – Easter Monday (Stat, no school)

May 2025

2 OR 9 – PAC Fun Fair. Date TBD
5-15 – Track & Field Tryouts. 1:45-2:30 pm
16 (F) – **District Pro-D Day**
19 (M) – Victoria Day (Stat, no school)
20 (T) – PAC Staff Appreciation Luncheon
23 (F) – Talent Show. 1 pm
26 (M) – Welcome to K
29 (R) – Track & Field Meet. McCleod Athletic Park

June 2025

4 (W) – Parent Appreciation Tea
6 (F) – Gr. 6 Immunizations
20 (F) – Sports Day
23 (M) – Cultus Lake (to confirm in October)
26 (R) – Last Day of School for Students/Gr. 7 Grad Assembly/Early Dismissal @11:36 am/Reports Home
27 (F) – Admin Day

Spirit Days 2024-2025 School Year

Oct. 31 (R) – Halloween Dress-up Day!

Nov. 1 (F) - PJ Day

Nov. 20 (W) - Western Wednesday

December 20 (F) – Ugly Sweater Day/PAC Pancake
Breakfast Day/PJ Day/Last Day of before Winter
Break

Jan. 30th (R) - Decades Day

Feb. 14 (F) - Valentine's Day

Feb. 20 (R) - Careers Day

Mar. 14 (R) - Stuffed Animal/PJ Day/Last Day
before Spring Break

April 24 (R) - Hobby Day

May 5 (M) - Star Wars Day

May 22 (R) - Anything but a Backpack Day

June - No Spirit Days

**A special thank you to Ms. Witzke and Mr.
Chadsey's Gr. 7s for planning this year's
Spirit Day Themes!**

Dear Parents and Caregivers,

A new Hot Lunch Program has coming to our school. The Program is being funded by the Province of British Columbia through the Feeding Futures Fund. The goal is to make wholesome meals more accessible for our students. Please note this program is in addition to our Coghlan PAC Munch A Lunch (where the funds benefit our school).

We will be working together with the Lunch Lady to deliver this new program at **Coghlan**.

Meal service is available every **Tuesday**. **Each meal is individually labeled and packaged and affordably priced at \$6.75. Regular, vegetarian and halal friendly options are always available. New menus are posted monthly.**

For **Tuesday** lunch delivery, please place your order by **Thursday 10 pm (the week prior to delivery)**. We recommend ordering for a month at a time but the program is flexible and you can join this pilot Lunch Program at any time.

Setting Up a Regular Account – Please use this one-time registration link order.lunchlady.ca/signup/54 To register for your lunch account. Once an account is created, place your order, and pay for your child's hot lunches at order.lunchlady.ca

Requesting a Subsidized Account - This program is for everyone. If your family is experiencing food insecurity or financial hardship, fully subsidized lunches are also available. Please reach out to your school office or trusted adult in the school for your one-time registration link. (*We promise to respect your privacy. Subsidy information will only be shared with school staff such as the Principal, school secretary, and The Lunch Lady as required*). All meals will look the same when delivered and no one will know the subsidy status of any child. Children are asked to **bring a leak-proof bag** to school on hot lunch days as all leftovers and containers can be taken home. Students are also encouraged to bring their own re-usable cutlery from home each lunch day.

Enjoy!

Questions? Please reach out to your Lunch Lady Team at jennifer@thelunchlady.ca

Please note *The Lunch Lady* operates peanut and tree nut-free commercial kitchens; however, it is the parent and caregivers' responsibility

November 2024 Langley MENU – Tuesdays



Tuesday	Week 1 11/05	Week 2 11/12	Week 3 11/19	Week 4 11/26
Regular	Smiling Shepherd's Pie Mashed Potato Fruit	Perogies PEI Mixed Vegetables Sour Cream Fruit	Turkey Hot Dog Fresh Veggies & Dip Ketchup Fruit	BBQ Chicken Drumsticks Mashed Potatoes Corn Fruit
2nd Choice	Bagel with Cream Cheese Cucumbers and Dip Fruit	Mac n' Dogs Broccoli Fruit	Chicken Nuggets, Dinner Bun, Plum Sauce Fresh Veggies and Dip Fruit	Chicken Caesar Salad Dinner Bun
Vegetarian	Bagel with Cream Cheese Cucumbers and Dip Fruit	Veggie Mac n' Dogs Broccoli Fruit	Veggie Hot Dog Fresh Veggies and Dip Ketchup Fruit	Falafel Ranch Salad Dinner Bun
Halal Friendly	Bagel with Cream Cheese Cucumbers and Dip Fruit	Halal Mac n' Dogs Broccoli Fruit	Halal Chicken Hot Dog Fresh Veggies & Dip Ketchup Fruit	Halal BBQ Chicken Drumsticks Mashed Potatoes Corn Fruit

TRUNK OR TREAT & FAMILY MOVIE NIGHT



**HOTEL
TRANSYLVANIA
OCT 24**



******NO DROP OFF - PARENTS MUST STAY******

TRUNK OR TREAT STARTS AT 5:15PM Until 5:45PM

Doors to movie open at 5:45PM movie starts at 6PM

Wear a costume or come in PJ's

Tickets: \$3.50 - ORDER ON MUCH A LUNCH

****\$4 at the door****

Whole pizzas can be ordered on Munch a Lunch

**Concession, popcorn and LIMITED amounts of sliced
pizza will be available**

**Bring Water bottles, blankets pillows or chairs to stay
comfortable - No pop or Juice**

**SIGN UP TO DECORATE YOUR CAR AND HAND OUT CANDY!
ON OUR BOGHLAN FACEBOOK PAGE!**





COGHLAN SPIRIT WEAR IS BACK!

We are excited to announce that SPIRIT WEAR is back for sale!!!

**This year we have added lots of new items: Exciting New Colors,
Sweatpants, Toques & Caps!
Prices start at \$14**

Ordering is open now, and will close November 8th, 2024

Link for ordering:

<https://coghlanspiritwear.itemorder.com>



PLEASE NOTE:

SORRY!! No late orders will be accepted after the online store closes.

Delivery to the school week of November 24th.

ALL SALES ARE FINAL.



**This fundraiser gives a portion of each sale back to Coghlan PAC.
Thank you for your support!**