

Professional Cook 1

Program Guide



Professional Cook

Territory Acknowledgement

The Langley School District serves the Matsqui, Kwantlen, Katzie and Semiahmoo First Nations, The City of Langley, and the Township of Langley. The District is honoured to operate on the unceded, ancestral, and traditional territories of the Máthxwi, ḡʷa:ḡłəḡ, ḡiçəḡ, and SEMYOME First Nations.

We respectfully acknowledge that Vancouver Community College is located on the traditional and unceded territories of the xʷməθkʷəḡəm (Musqueam), Skwxwú7mesh (Squamish), and səliwətaʔ (Tsleil-Waututh) Nations.



Welcome

We are glad you're interested in learning more about this program! This guide will give you all the information you need to understand our SkilledTradesBC Youth Train in Trades Professional Cook 1 Program.

It is quite a commitment, and we want you to have as much information as possible to ensure this program will work for you. This program will lay the foundation for you to pursue an exciting and successful career as a Red Seal Certified Cook.



Why this Program?

About the Program

The Langley School District (SD35) offers the SkilledTradesBC Youth Train in Trades Professional Cook 1 (PC1) program at Walnut Grove Secondary School (WGSS). This full-time program, in partnership with Vancouver Community College (VCC), offers SD35 students the opportunity to participate in SkilledTradesBC recognized Professional Cook 1 Technical Training. Students earn high school course credits, as well as post-secondary credits, while learning the required skills and knowledge to become an apprentice upon program completion.

Develop Professional Industry Skills

- Cook alongside an award-winning professional chef to create amazing gourmet cuisine in a fast-paced environment
- Be a key part of the team that operates a restaurant, prepares regional/international cuisines, and delivers unique dining experiences for the local community
- Craft and present delicious, gourmet creations while preparing for competitions and events

Timeline

Application Year
Program Year 1
Program Year 2

- 1 January-March:** Learn more at the info session and apply
- 2 May:** Interviews for short-listed students
- 3 June:** Conditional acceptance
- 4 Summer:** Gain experience in the industry
- 5 September-January:** Take program prerequisites and/or grad requirements
- 6 November:** Final acceptance
- 7 February-June** Program at WGSS
- 8 September-January:** Continue program at WGSS
- 9 February-June:** Complete grad requirements or begin working/apprenticeship (if graduated)

Spring & Summer Breaks

WAVE/work experience recommended

Program Prerequisites

Youth Train in Trades programs are only offered to registered SD35 students. At the time of application students must:

- Be registered and currently attending a school in the Langley School District
- Be 18 or younger on June 30 of application year
- Have not graduated from high school before starting the program
- Have intention to graduate

Prerequisites

Have completed before the start of the program:

- Grade 10
- English 11
- FOODSAFE Level 1

Recommended:

- Completed any Math 11
- Experience working in food industry
- Cafeteria, Food Studies 11/12 or experience in a professional kitchen

Tuition, Program Fees and Credentials Earned

Tuition and Program Fees

- Tuition is paid by the Langley School District. Value of approximately \$3850
- Student pays approximately \$950 for chef knives and tool case, textbooks and supplies (kept by the student after the program)
- Partial bursary available for students requiring financial assistance
- Some additional costs may be incurred (footwear/ PPE)

Credits and Credentials Earned

- SkilledTradesBC Professional Cook 1 (Institutional Entry) Technical Training
- Credit for six high school courses (24 credits)





SD35CareerEd

Potential Career Paths

- Sous Chef
- Personal Chef
- Hotel Chef
- Restaurant Chef
- Food Stylist
- Food Product Developer
- Menu Consultant
- Food Blogger
- Cookbook Author
- Catering Chef
- Food Truck Owner Operator

More Info and to Apply

- See your school's Career Advisor
- Visit sd35.bc.ca/careered for more info including FAQ



sd35.bc.ca/careered



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