



MARCH • 2022

REMSS NEWSPAPER



CONTENTS

SPRING PICNIC

BY JOANNA CHOI

CHERRY BLOSSOM SEASON

BY YOYO WU

SPIRIT WEEK

BY SARA HASANINE

UBC PHYSICS OLYMPIC COMPETITION

BY COCO ZHANG

MASK FREE SCHOOL

BY TINA YU & RAYMOND ZHANG



SPRING PICNIC

BY JOANNA CHOI

The weather is getting warmer and we know the official springtime has come. When in doubt of what to do with warm sun and fresh breeze, walking around Langley's parks and having picnics with friends and family are always a great option. Here are three of the best parks in Langley:

1. Campbell Valley Regional Park

Address: 20285 8 Ave

This park has 29km of trails for hiking and other activities such as bird watching, dog walking, and picnicking are also popular among the residents of Langley. This park has various trails for all kinds of uses, such as cycling and even horse riding. Each entrance has picnic tables where you can enjoy nature with family and friends, and large trees along the Little River Loop Trail that you can spend time under.

2. Derby Reach Regional Park

Address: 21801 Allard Crescent

Derby Reach Regional Park is famous not only for its walking trails but also for its camping site and fishing areas. The Edge Farm Trail also has lots of birds among the shores of the water, which are covered with trees and bushes. There are especially many reviews of Derby Reach Regional Park being enjoyable during the winter; the crisp air feels refreshing as you walk along the shorelines. If you are looking for a place that has camping sites and beautiful sunsets over the water, this is the right place.

3. Aldergrove Park

Address: 26845 27 Ave



Aldergrove Park is known for its numerous trails that give you amazing scenery along the way. They range from 19 to 144 metres and some are smooth enough for in-line skating as well. Picnicking is another popular activity here with the wide, flat land and you can walk along the soothing waterway with your loved ones.

All parks in Langley have breathtaking scenery and relaxing nature to enjoy, but you can also try out fun activities including picnics, campfires and in-line skating at Campbell Regional Park, Derby Reach Regional Park, Aldergrove Park!



CHERRY BLOSSOM SEASON

BY YOYO WU



Every year around the time of early April, cherry blossoms bloom and create a remarkable delight for the Vancouverites. There are many places where you could spot cherry blossom trees, so it is not surprising to spot one right in your neighbourhood. However, there is a list of golden places recommended for everyone to visit in their spare time. If you are a local Vancouverite, you definitely do not want to miss spending a day at Stanley Park or Queen Elizabeth Park. Both of these parks grow a variety of cherry trees and offer a perfect photoshoot when they bloom during the spring.

If you would like to explore another location to see cherry blossoms, the VanDusen Botanical Garden is another great option. The garden itself grows many cherry trees coming in different varieties. Every year, the city hosts different kinds of cherry blossom festivals to celebrate the blossoming. Events include Bike the Blossoms where participants are able to ride across the prettiest spots to see Cherry Blossoms in Vancouver for the day. For all the poetry enthusiasts, there is also a Haiku Invitational competition where participants submit a haiku poem and the winner gets their poem published on an official webpage. Grab a friend and enjoy the dazzling scenery of nature this spring!



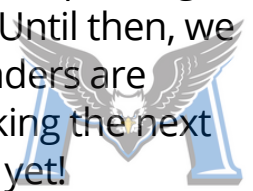


SPIRIT WEEK

BY SARA HASANINE

In case you missed it, March 7 to March 11 was our Spirit Week! Eagles dressed up for: Elementary School Monday, Twin Day Tuesday, Jersey Day Wednesday, Mountain Colours Thursday and PJ Friday! Needless to say, our school's halls were filled with school spirit just in time for our Senior Boys Pep Rally on Mountain Colours Thursday.

Despite the unforeseen events that took place prior to Spring Break, students and staff alike had an amazing week full of fun activities to commemorate the upcoming break. A huge thank you to our Rec Leaders as well as staffs who helped organise these events for us. Until then, we are sure our Rec Leaders are working hard at making the next Spirit Week the best yet!



UBC PHYSICS OLYMPIC COMPETITION

BY COCO ZHANG

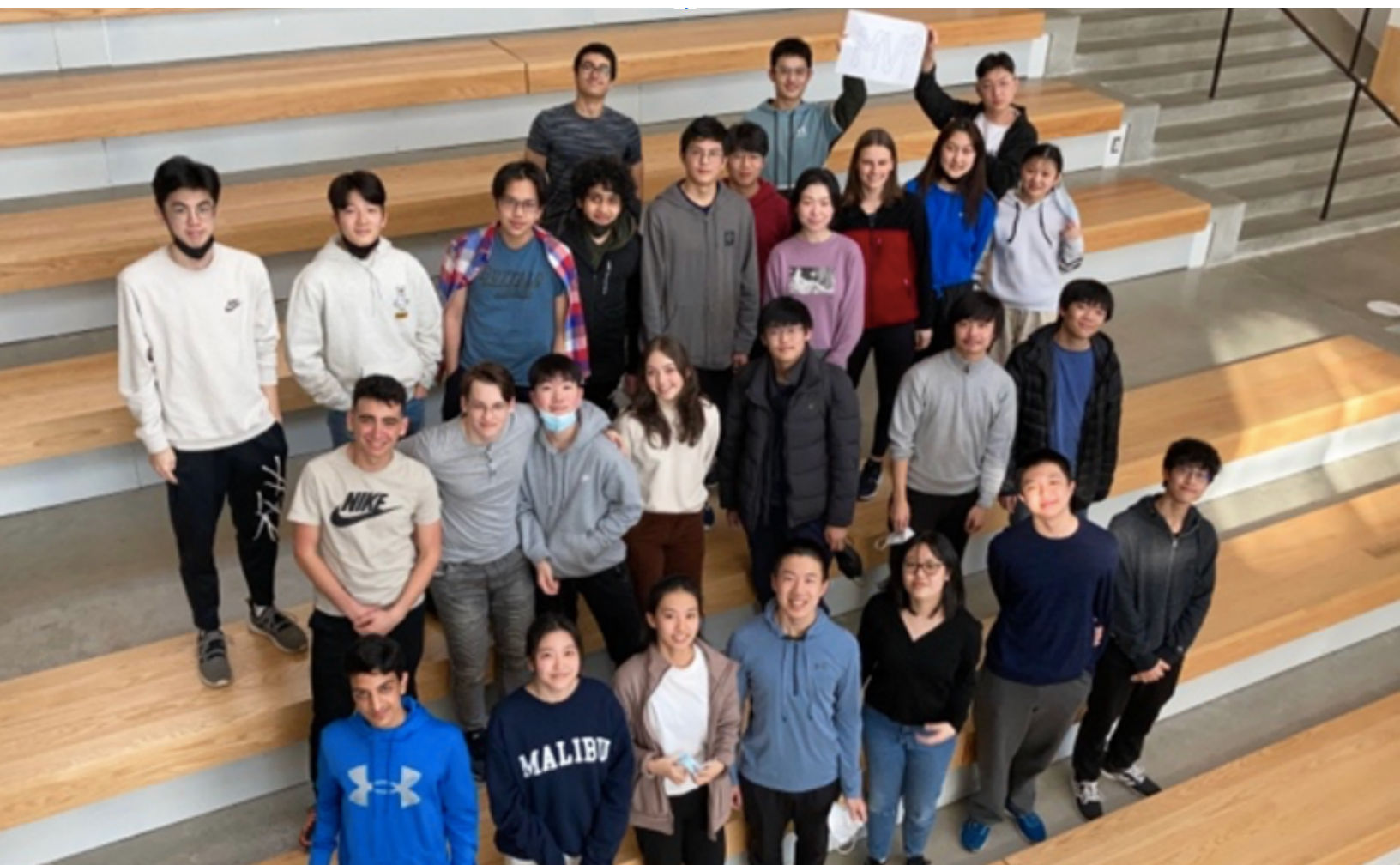
On March 5th, 2022, REMSS students participated in the annual UBC Physics Olympics Competition. Out of over 50 participating schools across the lower mainland, the team achieved an overall 3rd place.

The competition includes a pre-built project of moving a smart phone from the table surface to the floor with minimum acceleration, Fermi questions that are focused on estimation of real-world physical quantities, analysis of astronomy lab about exo-planet detection, and two rounds of multiple-choice general physics questions.

Our school team this year consists of 28 students who are passionate about Physics. Before the competition, the students met several times every week at lunch as well as before and after school. During this time, three grade 12 students - Eric Chen, Isabelle Han, and Coco Zhang - led brief lessons to prepare the team for the astronomy lab.

With support from Mr. Klassen and Mr. Carroll, and hours of collaborative work by the team members, the team built an elevator for a smartphone using a water tower and raft system which lowered the acceleration to under 2m per second squared. The elevator was ranked 3rd out of all the submissions.

This experience inspired learning and creativity for REMSS students beyond the academic curriculum. Moreover, it was a growth and bonding opportunity for students to work towards a common goal, achieving together as a team.



MASK FREE SCHOOL



Officially as of Friday, March 11th, the BC government announced a long-awaited lifting of its indoor mask mandate due to an observed decrease in hospitalizations and increase in vaccination rates. Furthermore, businesses may now choose their own regulations regarding masking. Masking is no longer mandatory, but is strongly encouraged in tight indoor spaces with less social distancing. While our school adopts the ministry's mask mandate for the K-12 school system, we also recognize and value students' and staffs' individual choices. School members are respected whether or not they wear a mask. Walking past the gallery, we can see students with or without their masks, respecting each other's choices. In addition, teachers also strive to provide an inclusive class and learning environment for our students for them to feel safe and relaxed to study. Great job, Eagles!

Here are some anonymous opinions we collected from interviews with students and teachers:

- I'm happy [about the mask mandate release], I find my mask annoying, and I respect everyone's decision. However, I will keep it on for other people to feel safer.
- I respect everyone's opinion and I can't judge people [for wearing or not wearing masks] because they all have personal circumstances. I wear a mask because without it I look ugly.
- I understand everyone's choice, and I believe we just have to coexist with the virus. If I don't wear a mask, I will self-consciously distance myself. If I wear a mask, I feel safer to be closer to people. I still think there may be a danger though.

THANK YOU FOR READING!

REMSS NEWSPAPER



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WE BELIEVE IN EQUALITY FOR ALL
RESPECT OTHERS LIKE HOW YOU WANT TO BE RESPECTED

