

COGHLAN FUNDAMENTAL ELEMENTARY SCHOOL

4452 -256th Street, Aldergrove, BC V4W 1J3

<http://coghlansd35.bc.ca>

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Principal: Mrs. Isabella lam

admin. Assistant: Mrs. Naomi laycock

Rocky Raccoon Weekly Update September 23 – October 4, 2024

September 19 – October 2	Thanksgiving Food Drive. See details below.
Monday, September 23:	Pokémon Club. 12:00 pm @Library
Monday, September 23:	Terry Fox Run. 1 pm
Friday, September 27:	Truth & Reconciliation Assembly. 9 am
Monday, September 30:	National Day for Truth & Reconciliation (No School)
Friday, October 4:	School Improvement Day. Students DO NOT Attend.
Friday, October 18:	PAC Meeting. 9 am @Library

Terry Fox Run – Monday, September 23rd at 1 pm

Coghlán Elementary is so proud to be a part of this year's Terry Fox School Run.

If you wish to make a contribution to the Terry Fox Run please click on the link below. Donations will not be collected at our school.

Coghlán Elementary Fundraising Page: <https://schools.terryfox.ca/CoghlánFundmentalElementary>

Our Terry Fox Run will take place at approximately 1:15 pm, after a short assembly in the gym at 1:00 pm. Families are welcome to join us, and be a part of this amazing community event!

Where do I find staff emails?

On the Coghlán website: coghlansd35.bc.ca Under: Staff Connections

Application Process for Programs of Choice for 2025-2026 – Kindergarten

If you wish your child to enter Kindergarten at Coghlán in September 2025 you must follow an application process! Siblings get priority over outside applicants providing they have a Langley/Aldergrove Address. If you do not make the application within the deadlines your sibling child will not get a space.

For entry into the 2025-2026 school year, registration begins Monday, October 7th, 2024 at 12 noon, and closes Monday, October 21st, 2024 at 12 noon.

Please check here for further information and instructions :

<https://www.sd35.bc.ca/programs-initiatives/programs-of-choice/>

IMPORTANT: The lottery is only for students who will be turning 5 by the end of the year they enter

Kindergarten. If your child will not be turning 5 years old by December 31st, 2025, the application will be removed from the lottery.

If you require assistance or have any further questions about the application process, please contact the School Board Office at **604-534-7891**.



APPLE SALE!!!

Please support Coghlan's Fall Apple Sale

All proceeds go to funds for items the PAC supports in the school to help **ALL OF OUR** kids! PAC pays for Welcome Back BBQ, Pancake Breakfast, Student Presentations & Performances, Extra Sports Equipment, Field Trips, School Activities, Technology & MORE!

Without fundraising support, NONE of this is possible!

Please share with your family and friends:

https://fundraising.sunokafruit.com/seller_1/091224735/org-campaign/coghlan-fundamental-elementary-pac-harvest-2024

(If you create your own campaign you can earn \$\$ off your own apples!)

Fundraiser closes October 9th

Delivery to Coghlan & Pick up will be Monday, October 21st

THANK YOU!!



Pokémon Club 2024-2025

Our Pokémon Club is returning this Monday, Sep. 23 at 12:00 pm lunch in the Library. A big thank you to Ms. Baylie and Mrs. Chan for running the club this year! Our Pokémon Club will run every other Monday, with the next one taking place on Monday, Oct. 7.

Cross Country 2024

A big thank you to Ms. Keller and Ms. Hunter for coaching this year's Cross Country Team! The meets will take place at Aldergrove Regional Park at the Aldergrove Bowl. There are 3 meets and a championship race. The qualifying race dates are Wednesday, Sep. 25, Wednesday, Oct. 2, and Wednesday, Oct. 9. The championship race is on Wednesday, Oct. 16. Good luck to all of our racers!

Parent Consent Request

Each year, Langley Schools asks families to complete a set of parent consent forms for their child. These consent forms are required by our schools to ensure the health, safety, and security of all students. Langley Schools uses a secure web form to collect this information. Beginning mid-September, please watch for an email request (subject Parent Consent Request) that contains one link for you to submit consents for all children in your family attending any Langley School. If your email address or contact information has changed, please call your school to correct it in our files. If you have not received an email regarding Parent Consent Request by the end of the month or have any questions/concerns, please contact your school administrator.

SchoolMessenger in the Langley School District

The Langley School District uses a notification system called SchoolMessenger to communicate information to families. As we welcome our new families to our schools, some parents/guardians may receive a text message notifying them about SchoolMessenger. For more information about the system and how to opt-in to receive text messages, visit the District webpage [here](#).

Traffic caution on 256: Monday, September 23 to Thursday, September 26

There will be some television filming (Fire Country) across the street at 4425 256 Street on the above dates. It is not expected to interfere with parent drop off or pick up but we wanted you to be aware in case it does. Please give yourself extra time to arrive at school.

New to District Fall Registration

Do you know a family with children in the K-12 school system that is moving to Langley in fall 2024? Please assist the District in sharing this information with any of your friends and family. The District is encouraging families moving to Langley from another jurisdiction to register their child for school as soon as possible. With high enrolment in some schools, the District is working to facilitate student placement for September entry and support a smooth transition for these new families. For more information on the registration process and required documents, visit the webpage [here](#).

Communicating With Your School

Schools and families continue to work together to ensure success for students. If you have an issue or concern but don't know who to speak with, the District encourages you to read these helpful Communicating with your School guidelines for parents/guardians found on our District website [here](#). As an additional reference, review this one-page resource [here](#).

Coghlan Action Plan for Learning

Please take the time to read this important information on "Action Plan for Learning". This is also posted on the Coghlan website: Coghlan.sd35.bc.ca
Click on the link below. Thank you!

CFF APFL One-Pager

Parent Community Volunteers

At Coghlan, we appreciate parent volunteers who assist our staff with school-based activities and events. The Langley School District has updated processes for potential volunteers who would like to volunteer at schools on a more than casual basis. This process would include connecting with your school Principal first. If you are interested in volunteering at Coghlan this year or have questions pertaining to volunteer work itself, please reach out to the Principal directly to begin the process: ilam@sd35.bc.ca

Student Use of Personal Digital Devices in Schools

As you may have heard in the media, the province has directed school districts to develop guidelines around the use of personal digital devices in schools, devices such as cell phones. The District has created ***Administrative Procedure (AP) 350 Appendix A Student Use of Personal Digital Devices***, a document which can be found on the District website [HERE](#). At Coghlan, we will be implementing and communicating this information to our students in age-appropriate ways in these first few weeks of school. We encourage families to review this AP document closely, and have conversations with your child about these expectations and guidelines as they are an extension of the District's student code of conduct.

Here is a brief summary of the restrictions outlined in this administrative procedure:

Students in elementary and middle school will not be able to use their personal digital devices during the school day, from the student's arrival at the start of the day, to the student's departure at the end of the day. This includes non-instructional time (recess, lunch, breaks) and instructional time, unless permitted by staff for instructional purposes. Students are encouraged to leave their devices at home. Any devices brought to school should be turned off and stored away in backpacks or lockers.

These guidelines aim to address potential distractions in the classroom, ensure equitable access to learning resources for all students, allow for accommodations for students with diverse abilities who may require devices to support their learning, as well as foster digital citizenship.

Coghlan staff will work collaboratively with students and families to set the tone and culture of the use of technology in the classroom. As educators, our role is to help students embrace technology, mitigate potential negative impacts devices may have on children and youth, and support learning.

As a friendly reminder, we have a school phone available for students to use at the office if they need to call home. We are also happy to relay messages to students from parents/guardians as needed. Please feel free to call the office.

Student Accident Insurance Plan (Voluntary Insurance)

This year, the District is offering two options for a voluntary student accident insurance plan that replaces the family accident reimbursement plan offered last year. Please note that this plan is voluntary, but there are significant benefits of this accident insurance coverage for families.

Please note, enrolment in the program can be done online only, through one of the following options:

[Insure My Kids](#)

OR

[Study Insured](#)

Corresponding digital support materials for above service providers can be accessed via following links:

Insure My Kids:

[Insure My Kids - Support Material](#)

Study Insured:



[Study Insured - Support Material](#)

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[CFE APFL One-Pager](#)

Early Literacy Information for Parents

"All About Early Literacy" brochure for parents and caregivers that includes strategies they can use to support learning at home, what to look for, and who to speak to if they have questions or need support.



[**Early Literacy Information for Parents.pdf**](#)

Student Safety in Schools (Elementary Schools)

The Langley School District is committed to fostering safe and caring schools that promote mutual respect, cooperation, and social responsibility, and support optimal learning. Trauma Informed Practices and Procedures promote the creation and maintenance of safe, inclusive, equitable, welcoming, and nurturing school environments. The District expects all students to follow the Student Code of Conduct [AP 350](#).

The District is sharing a reminder that no one can have "any weapon for any purpose" on school property. This means that weapons are not allowed to be used as part of an educational project, drama production, or themed costume. Examples of weapons include but are not limited to knives, bb guns, and toy guns. Failure to follow these expectations may result in confiscation, intervention, and consequences.

Online Family Support Sessions on Navigating Digital World – Hosted by Safer Schools Together

The Ministry of Education has once again contracted Safer Schools Together to offer complimentary Family Sessions, designed to support families and caregivers navigate the digital world. There is one session per month. Families can participate in as many as they wish. Sessions can be found at the link below:

[erase Registration \(saferschoolstogether.com\)](#)

Families will learn:

- Digital media habits, oversharing, and digital addiction
- The permanence of online posts/activity
- The significance of your digital tattoo in how others perceive you (e.g., sports teams, college admissions, and potential employers)
- The importance of caring for peers both online and offline
- Geo-locational settings and the dangers of social media and cell phone misuse
- The social and legal consequences of cyberbullying behaviour as well as possession and distribution of intimate images (sexting and sextortion)
- An anonymous student reporting tool that can help you and your friends stay safe both online and offline

When and how long to keep sick kids home from school

When to keep kids home from school in BC?

Please keep your child home if they: [Have a fever](#). **Are too sick to take part in all normal school activities**. Have a suspected or known communicable disease (i.e. strep throat, chicken pox, measles).

How long after sickness can you go back to school?

Children with diarrhoea or vomiting should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).

How long are kids contagious with a cold?

Colds are the most common infectious disease. They're very contagious, especially in the first 2–4 days after symptoms start. They can even spread for [a couple of weeks after someone starts feeling sick](#).

How long after flu can you return to school?

Children with the flu should be isolated in the home, away from other people. [They should also stay home until they have no fever without the use of fever-control medicines and they feel well for 24 hours](#). Remind your child to protect others by covering his or her mouth when coughing or sneezing.

Why do you have to wait 24 hours after a fever?

Within 24 hours of a fever, your child's immune system is weakened, and they are much more likely to catch something else. This is why it can seem like your child is better for a couple of days, only to be sick again.

Langley CHILD Day is back again!

We hope you can join us for our next event on Friday, October 4, 2024 at Church in the Valley (23589 Old Yale Road, Langley). Some new booths and new children's activities and all of our favorites are back too!! Food vendors and a coffee truck will be on site. The event runs from 10:00 am – 1:00 pm with staggered entry options.

This is a **free event** for families with children, birth through Kindergarten age (expectant parents/older siblings welcome)! This event is an opportunity for parents and caregivers to learn more about various programs, resources, services and products for children.

Check out [photos](#) from our past events.

For more information, or to register, please click [here](#).



CHILD DAY
TALK • PLAY • CARRY • LEARN •

FREE EVENT

LANGLEY CHILD DAY

COMMUNITY INFORMATION FAIR FOR THE EARLY YEARS

Caregivers can explore and gather valuable resources and information about child care, early learning programs, child development and more. This event is **FREE** for families and caregivers with children from birth to kindergarten age and expectant parents.

FRIDAY, OCTOBER 4, 2024
CHURCH IN THE VALLEY
23589 OLD YALE RD, LANGLEY
10:00AM – 1:00PM

- ✓ Information booths
- ✓ Door prizes
- ✓ Market place
- ✓ Children's entertainment
- ✓ Play activities
- ✓ Giveaways

SCAN ME
TO REGISTER or find us on TICKET TAILOR

<https://buytickets.at/inclusionlangleysociety/1302946>

MÉTIS NATION
BRITISH COLUMBIA

Langley Schools

inclusion
langley society

LCSS

Centre for Early Childhood Development
School place

THANKSGIVING

Food Drive

SEPTEMBER 20TH
TO
OCTOBER 7TH

Baskets have been placed in each class!

Every donation of food helps, all donations will be brought to the local food bank.

We accept donations of non-perishable food in jars, cans and sealed packets. We recommend sauces, soups, beans, vegetables in cans or jars, honey, peanut butter, candy, boxed juices, long-life milk, etc.

Thank you!

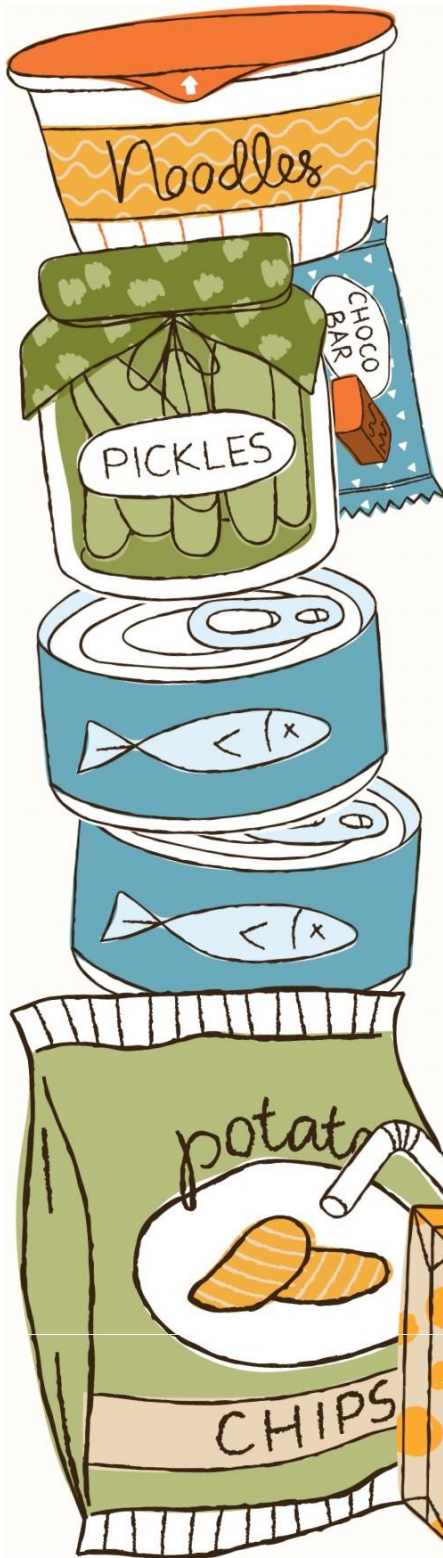




TABLE *TALKS*ALDERGROVE

SUBSTANCE USE & YOUR NEIGHBOURHOOD
A DESSERT & DIALOGUE EVENING

**WED
OCT16**

6:30PM-9PM
ALDERGROVE KINSMEN
COMMUNITY CENTRE
26770 29TH AVE.

///// JOIN US FOR CONVERSATIONS ON IMPORTANT
TOPICS RELATED TO SUPPORTING OUR LOVED ONES,
REDUCING STIGMA, EXPLORING ROOT CAUSES, AND
THE ROLE WE PLAY IN THE TOXIC DRUG CRISIS



Langley Community
Services Society

