Peter Ewart Middle School

A Collection of Resources for our PEMSchool community.

SUPPORTS FOR PARENTS AND FAMILIES

horizontal line

The members of our staff have compiled a list of useful resources for parents whose kids and families are struggling during COVID-19 isolation. There is a brief description of the resource and the link to access the information.

# Family supports through the ministry

<https://www2.gov.bc.ca/gov/content/family-social-supports>

# The Parent in Residence/Youth in Residence through the Family Smart Program

* This program helps parents and youth navigate the mental health system through their lived experiences. The information is found at:  
  <https://familysmart.ca/program/parent-youth-in-residence/>

# Mediate BC: Conflict mediation support available for those in isolation

* This program provides conflict mediation for those in isolation due to Covid. This service needs to be voluntary for both parties. Information is found at:

<https://www.mediatebc.com/resolving-other-disputes/quarantine>

# Langley Community Services

- Provides a variety of supports for families who are struggling including parent supports.

<https://www.lcss.ca/important-information-about-programs-and-services/>