

# Thunder Blurb: Mon Nov 17th, 2025

#### Principal's Message

A sincere thank you to all the coaches of fall sports which are winding down and are excited for our Sr boys soccer team who will play in the provincial round next week. All the best! Winter sports have begun with girls and boys' basketball tryouts and stay tuned for Curling.

**Remembrance Day** was honoured with two assemblies. I would like to extend gratitude for our students who participated in activities leading up to our presentations expressing their thoughts in a project called "peace by piece", Thank you to our students including the concert band, the Dance class, student readers, student indigenous artists and staff members who helped to honour our veterans.

Our **Careers Department** ran a successful Post Secondary Fair offering an opportunity for our Gr 11 & 12s to ask questions and see the variety of options available to them following high school.

We enjoyed listening to our musicians in the **LSS Concert Band** who performed in the District Band Festival at Walnut Grove Secondary along with bands from other secondary schools across the district. A debut for our new band director, Mr Tressel.

**First quarter Reports** (Learning Updates) will be published on Friday, November 21st . Please access the MyEd Portal to review the reports . If you have any questions, please reach out to the classroom teacher.

Please tell your friends and invite them to our **Winter Market** on Sunday, November 16th at the school. Proceeds go to the LSS PAC and helps to support our school programs.

The year is flying by and we are heading into the holiday season. Various groups help distribute hampers for the holidays and we thank the AVID team who will be fundraising, the STEPS program as well as Christian Life Assembly who offer supports. If you are interested in making a donation, you can do so on school cash online.

# Diane Smillie, Principal

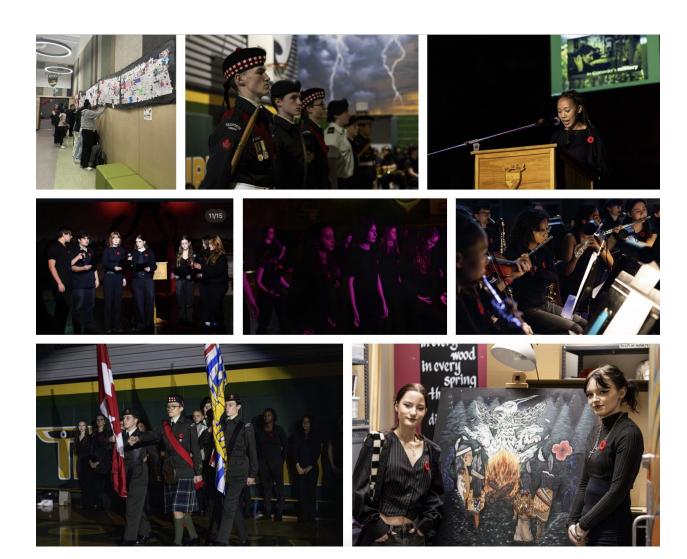










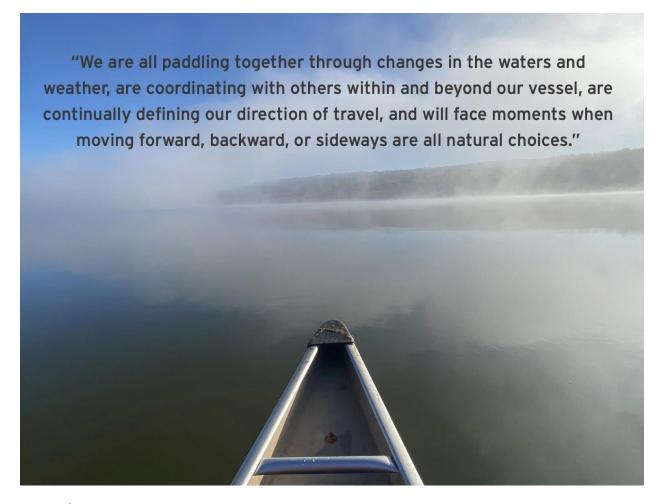


# Winter Market! November 16th at LSS



Join us for the Christmas Market and get a jump on your Christmas shopping!

#### Important Dates on the Horizon



#### November

Sun Nov 16th: LSS PAC Winter Market (Langley Secondary School)

Fri Nov 21st: First Semester Reports (Learning Updates published)

Mon. Nov 24th: 7:00 pm PAC Meeting in the Learning Commons

Thurs Nov 27th: Senior Winter Formal

#### December

Mon Dec 15th: Gr 9 Immunizations

Thurs Dec 18th: Santa Breakfast

Fri Dec 19th: Winter Assembly (last day before Christmas break)

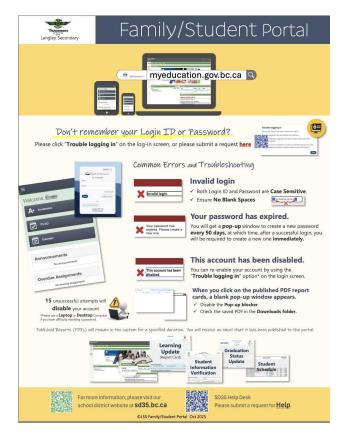
Dec 22 - Jan 2: Winter Break

Jan 5 (A1): Schools Reopen

#### **School News**



#### Report Cards: Published Nov 21st



We are continuing to have report cards available through the Parent Portal on MyEdBC. There are

several benefits associated with being able to access this feature on MyEdBC for parents. The Parent Portal

provides parents access to check attendance, class progress, student schedules, and also download report cards.

Instructions for accessing the Parent Portal are shown here. Parents who already

have an account and are having difficulty accessing the Portal please contact the school office. Parents without

accounts will need to have an email account to be able to access the Parent Portal. If you do not yet have an

account, please click on the MyEdBC Assistance Form.

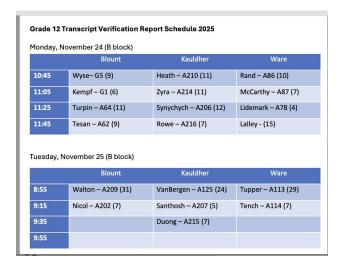
"Insufficient Evidence" (IE) is assigned when a student is not currently achieving learning outcomes at the

expected level for a course. An "IE" can be assigned at any time during the school year. Please reach out to your child's classroom teacher if you have any questions or concerns.

#### Counselling News

Grade 12 Class Visits for TVRs (November 24 & 25) Counsellors will be visiting Grade 12 classes during B block on November 24 & 25. Each visit is anticipated to take around 10-20 minutes depending on number of grade 12s per class. Please see schedule provided. Students will need something to write with—preferably a pen as they will be signing their TVR. TVR stands for Transcript Verification Report and students will be signing off on the following:

- Check the correct spelling of your LEGAL name
- Is your birthdate correct?
- Does your transcript include all of your completed courses?
- Cross off any courses no longer enrolled in (will remain incomplete) and discuss with counsellor
- Confirm that you are aware of your "Student Graduation or Completion Status" as stated on your TVR
- Sign the bottom of TVR and return it to your counsellor



#### **Grad News**



### **Grad photos**



Grad photos are scheduled for Jan 8th - 13th in the mobile photo studio at LSS!

Booking QR codes will be posted around the school and links will be sent out via Teams. Alternatively, you can book online now using <a href="https://example.com/thistory/">THIS LINK</a>!

Please note that all grads will need to have a photo taken for the grad composite, yearbook and commencement.



November 27<sup>th</sup> at LSS Senior Students Only Guests allowed

\*Guests must be a senior student or a last year's graduate\*

\$25

TICKETS ON SALE OCTOBER 24<sup>TH</sup> GUEST PASSES DUE NOVEMBER 7<sup>TH</sup>

GUEST PASSES CAN BE PICKED UP IN THE OFFICE

Seniors Dance (gr 11 & 12) with guest passes. Tickets are selling out so grab them while you can!

## Purdy's fundraiser for Dry Grad



Check your email from the school to order your Purdy's . A great stocking stuffer or hostess gift!



#### **CAREER ED WEBSITE AND SOCIAL MEDIA**

We have a **new website** and students, parents and staff are encouraged to visit <a href="https://www.sd35.bc.ca/careered">https://www.sd35.bc.ca/careered</a> and to follow the District Career Education Department

on social media (@sd35careered) as information is shared as soon as it's available. Thank you for your patience as we update the website!

You will find a weekly PowerPoint giving you the most up-to-date information on what opportunities are available on our website.

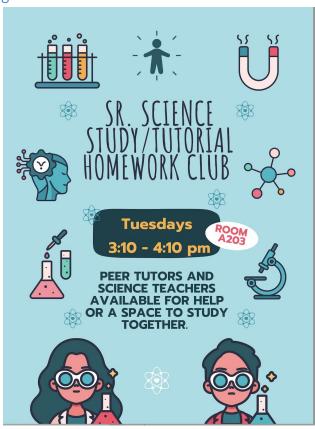
#### **Academic Tutoring**

Homework Club: Tuesday and Thursday 3:00- 4:00 pm in Room 114.

#### Math Tutoring

Aside from seeking extra help from the classroom teacher, student math tutors are also available. Please reach out to the counsellor in charge of your child's alpha to help direct.

#### Senior Science Tutoring



#### Senior Science Study/Tutorial Time

Offering Tuesdays after school in room A203 from 3:10-4:10 pm. There will be Senior students to support/tutor/study, as well as a science department teacher.

#### **PAC News**



Next PAC Meeting on Mon Nov 24th at 7:00 pm in the library. All are welcome!

Nominations are being accepted for the Dpac position for the 2025-2026 school year. If you or someone you know is interested in taking on this role please send your nomination to <a href="mailto:Lsspac.elections@gmail.com">Lsspac.elections@gmail.com</a> Voting will take place at November meeting

Budget voting will take place at our Next General PAC meeting. Gaming funds will be distributed to help support various programs in the school.

LSS Pac is now live on Instagram Please follow and share @Lss.pac to stay connected with current PAC information . See the QR code below.







# **@LSS.PAC**

#### Administration

- Principal: Ms. Smillie
- VP: Mr. Kilvert (A-K)
- VP: Ms. Johnson (L-Z)

#### Counsellors

- Ms. Blount (A-G) (Sr AVID)
- Ms. Ware (H-O) (Jr AVID)
- Ms. Kauldher (P-Z) and ELL

#### **Clinicians**

- Chelsi Collard
- Amanda Hille

#### **Aboriginal Support Worker**

- Dave White
- Youth Care Worker
  - Diaz Kambere
  - Maina Manodon
- School Liaison Officer
  - Cst Millar
- Athletic Director
  - Mr. Paul / Mr. Sheppard
- Careers:
  - Rachel Kiers / Ms. Warmerdam / Ms. Seymour
- Family Support Worker:
  - Mr. Sanchez

#### Inclement weather



#### Information About School Status During Inclement Weather

Snow closures and power outages are an annual occurrence in Langley School District. So, where do you go to get information about the status of schools during periods of inclement weather? If you are able to access the internet via computer or smartphone, current information about Langley schools can be accessed on all school websites or <a href="www.sd35.bc.ca">www.sd35.bc.ca</a>. Updates are also posted to X (formerly Twitter) @LangleySchools and Facebook

at <u>www.facebook.com/langleyschooldistrict</u>. If you don't have internet connectivity but your phone is working, call a relative or friend in an area that has not been affected by the storm and ask them to check the district website for you. Local radio stations are also informed of school status in Langley. Tune in to CKWX 1130AM, CKNW 980AM, Country Radio 107.1FM, Pulse 107.7 or CBC 690AM or 88.1FM for updates.

Please note that Langley District schools are all considered 'open' until a decision to close is required. Decisions on school closures are usually made by 6:30am. As always, it is a parent's decision whether to send their child to school based on safety and individual circumstances. If you feel it is unsafe for you or your child to travel to or attend an open school for any reason, please keep your child home and report an absence to the school.

#### **Community News**





#### **Health Canada Experiences**

The FREE Virtual Learning Sessions on Opioids and Cannabis return, including a new Cannabis program geared towards students in grades 9 - 12. Book a free learning session about opioids and/or cannabis use from <u>Health Canada Experiences</u>.

https://healthcanadaexperiences.ca/

The *Know More Opioids* and *Cannabis* awareness programs are free, interactive, and educational virtual experiences for students in grades 7 through 12.

We are currently offering 3 virtual experiences:

Know More Opioids: <u>Sign your class up now</u> Cannabis Awareness Program: <u>Sign up your class</u> <u>now</u>

#### November Health Messaging - Fraser Health

As part of its health promotion for students and families, our community partner Fraser Health is sharing important information on various topics. The theme for November is Dental, Hearing, and Vision Health. Please share the following information below in your next newsletter or communication to families. This information has been shared on the District's social media channels.

#### Dental, Hearing, and Vision Health (from Fraser Health)

Health, safety, and wellness continue to be a priority in our schools. To help support our students and families, we are sharing important information from our community partner Fraser Health about Dental, Hearing, and Vision Health. Please see below for helpful reminders to support your child.

#### Make Dental, Hearing and Vision Checks Part of a Healthy Routine

It's important for your child to have regular eye exams and routine dental checkups. This can help find issues early and lead to better outcomes. It is also important to recognize any hearing loss early as this is essential for speech and language development.

#### **Dental**

Tooth decay and other oral health concerns are the most common preventable chronic diseases in children. Establishing good oral hygiene habits early and ensuring regular dental checkups are essential for your child's oral health.

To find a local dentist who is accepting new patients, visit the BC Dental Association's <u>Find a Dentist database</u>.

If your family is experiencing financial challenges and doesn't have extended health coverage, there are <u>programs</u> available to help make dental care more accessible. You can also reach out to the dental program at your local public health unit at <u>Dental Care - Fraser Health</u> to learn about community resources and support.

#### Vision

**BC Doctors of Optometry** (BCDO) recommends children receive their first eye exam when they are six to nine months old, with a follow up exam at least once between the ages of two and five, and then yearly once they enter school. You can find an optometrist accepting new patients near you on <a href="BCDO's website">BCDO's website</a>. In BC, one basic eye exam per year is free up to the age of 18. Some optometrists may charge a user fee of about \$35-50 per visit, so be sure to ask about any fees before you make an appointment. Find more information on BCDO's <a href="Children's Resources">Children's Resources</a>page.

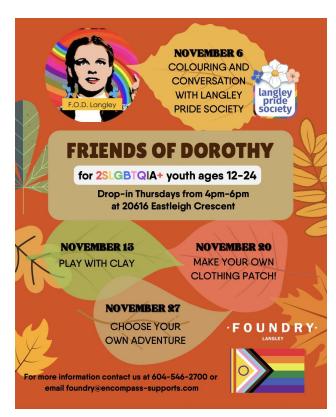
#### Hearing

Good hearing is essential for speech and language development and plays an important part in a child's social and emotional growth. It is important to recognize hearing loss early and seek out testing and treatment if needed. Fraser Health's Public Health community audiologists provide free hearing services for children from birth to 19 years of age. If you have a concern about your child's hearing, referrals can be made by a parent or caregiver, a health care provider or education professional to your local public health audiology (hearing) clinic.

Find more information on child health screenings and how to access free vision, hearing and dental exams on Fraser Health's website.

#### **Youth Clinics**

Let your teen know about our youth clinics. Located throughout the Fraser Health region, these clinics offer free and confidential sexual health care to youth, with age eligibility varying by site and service. Learn more about the services available at youth clinics <a href="here">here</a>.











FamilySmart is hosting 3 events this November - two on Zoom and one in person. All of our programs are free - parents or caregivers can register on our website - https://familysmart.ca/monthly-events/ if interested.(brochures attached)

Substance Use and the Power of Support: November 6, 12 pm November 18, 6:30 pm

Connection and relationship can make a difference in substance use and addiction. Through a recorded video, Guy Felicella will discuss harm reduction, trauma therapy, and faster access to treatment.

Now What? A beginning conversation to support families when our kids begin experimenting with substances: November 4, 6:30 pm November 13, 6:30 pm November 26, 6:30 pm

Learning that our kids are using substances can be scary. This is a beginning conversation to help parents self-reflect on how they show up to talk to their kids about their substance use.

Connect and Learn In-Person Event for Parents and Caregivers: Raising children with ADHD: Finding Calm in Emotional Unpredictability: November 18, 6:30-8:00 pm Executive Plaza and Suites 405 North Road, Coquitlam - Aspen Room \*Register the vehicle at the desk

Managing challenging behaviour can be difficult, even though you can't control it, you're not powerless. We'll explore how shifting your own responses during challenging moments can help ease tension and increase your sense of calmness and confidence as a caregiver.

Any questions - please ask!

#### Helen

Helen Lee, (she/her)Family Peer Support Worker - Langley

#### (604) 607-9578

#### click here to book an appointment with mewww.familysmart.ca

# Connect & Learn

#### Online Events for Parents & Caregivers

Every month, we host events for parents and caregivers of a child or youth with a mental health and/or substance use challenge.

Join us to watch a video and share experiences and strategies that help in the hard moments, focusing on strengthening our understanding and connection with our kids.



Register online at familysmart.ca/events

Now What? A beginning conversation to support families when our kids begin experimenting with substances.

Learning that our kids are using substances can be scary. Our fears about substance use can affect how we react. This is a beginning conversation to help parents self-reflect on how they show up to talk to their kids about their substance use. Learn with us while Victoria Keddis hosts a conversation with Douglas Hardie, Registered Clinical Counsellor and Program Coordinator of Island Health's Child, Youth and Family Mental Health and Substance Use Programs.

Join us and other families for this video presentation and discussion that's facilitated by a FamilySmart Parent Peer Support Worker.

- COST: Free
- DATES:

Times are in Pacific Time (most of B.C.)

- Tuesday, November 4, 6:30pm
   Thursday, November 13, 6:30pm
   Wednesday November 26, 6:30pm







# English Conversation Circles

Saturdays from 10am-2pm at the Langley City Library! Saturdays, November 1, 15, 22 and December 13, 20



#### Are you a newcomer who would like to:

- connect with others and practice English?
- learn more about your community and Canada?
- challenge yourself to build your speaking confidence?

We are here to support you. Join us in person for discussions and activities. Learn about Canadian heritage and more. Recommended for Level 1 to 4. This is a free, drop-in program. This program is in partnership with Langley Community Services Society

City of Langley Library 20399 Douglas Crescent, Langley | 604 514 2850 Read, Learn, Play, | www.fvrl.ca

