



Thunder Blurb: Sept 15, 2025

Principal's Message



I am very impressed with our students who have been instrumental in a smooth startup with our new Grade 9's settling in nicely to secondary school life. We look forward to a great year at LSS as we work together to encourage our students to work hard and celebrate their accomplishments.

School photos are scheduled for Sept 17th for all students as well as the Gr 12 Grad Cruise on Sept 18th.

Fall sports have begun with Cross Country travelling this week for their first meet, jr and sr. football games ongoing and junior girls volleyball with their first league match. Please note a variety of ways students can get involved and please follow us on Instagram!

Parent Consent Request

Each year, Langley Schools asks families to complete a set of parent consent forms for their child. These consent forms are required by our schools to ensure the health, safety, and security of all students. Langley Schools uses a secure web form to collect this information. Beginning mid-September, please watch for an email request (subject Parent Consent Request) that contains one link for you to submit consents for all children in your family attending any Langley School. If your email address or contact information has changed, please call your school to correct it in our files. If you have not received an email regarding Parent Consent Request by the end of the month or have any questions/concerns, please contact your school administrator.

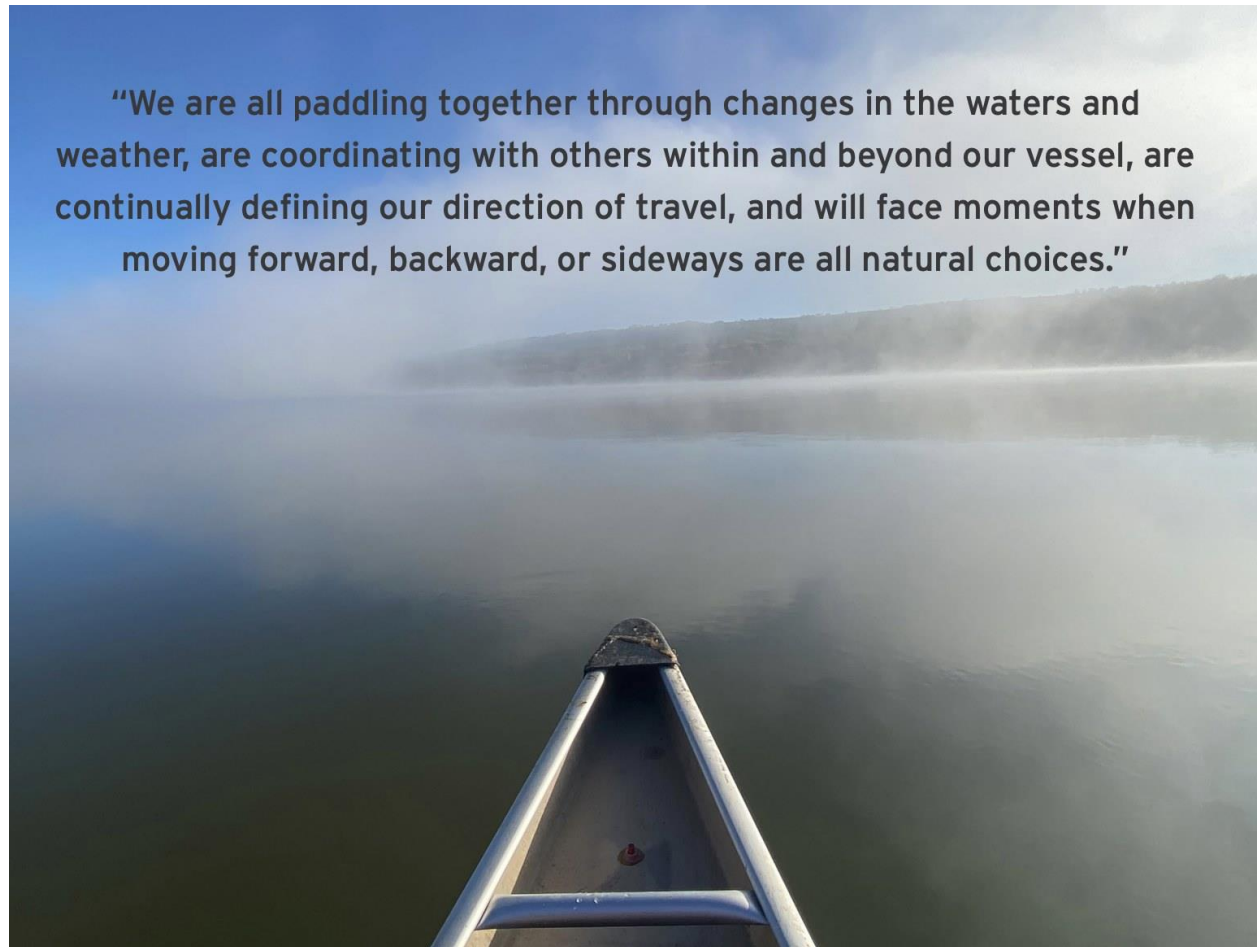
If you are interested in joining the **Parent Advisory Committee** meetings, the first one is scheduled on Monday, September 15th at 7:00 pm in the Learning Commons. I recommend you use the parking in the back of the building to gain easier access to the learning commons.

Dropoff & Pickup: With the start of the school season, we're asking drivers to avoid distractions and watch for children, especially near schools, parks and residential areas. Due to the number of students outside at dismissal, electric scooters should be walked on campus for safety reasons. An email went out Friday asking for help with pickup and dropoff as the west side of the building is extremely busy with cars and foot traffic. The north side (shared stadium parking) may be a safer alternative. I do realize it is busy everywhere!

Langley Secondary is a robust, thriving learning environment working closely with our community. If you have any questions or concerns, please reach out to our office.

Diane Smillie, Principal

Important Dates on the Horizon



Wed Sept 17th: School Photo Day

Thurs Sept 18th: Grad Cruise (Gr 12's only)

Mon Sept 29th: School Improvement (Staff Only)

Tues Sept 30th: National Day for Truth & Reconciliation (School Closed)

Tues Oct 7th: Terry Fox School Assembly

Fri Oct 10th: Football Home Opener

Mon Oct 13th: Thanksgiving (School not in session)

Wed Oct 22nd: Parent Teacher Interviews

Thur Oct 23rd: Parent Teacher Interviews

Thurs Oct 23rd: Gr 9 Parent Evening (6:00 pm)

Thurs Oct 23rd: Gr 12 Parent Evening (7:00 pm)

Fri Oct 24th: Pro D (No school for students)

School News



School Photo Day: Wed Sept 17th



School Photo Day is coming up on Wednesday, September 17th!

Artona will on site taking photos for staff and students. Students will be called to the learning commons by grade throughout the day.

For Grade 12s, these photos will not be your grad photos but will be used for your student IDs throughout the year.

If you miss your photo day, retakes will take place on November 5th.

Get involved!

LSS CLUBS Show up for a meeting. All are welcome!		LED BY	WHEN/WHERE TO MEET	BEGINS	DESCRIPTION
	ANIME CLUB	HJ/DECKI	@ LUNCH & AFTER SCHOOL, PORTABLE 24 (closer to stadium)	SEPTEMBER	At lunch we watch the first episode of a new anime, chosen either by teacher or student within the club. After school, we can talk about the anime or watch two more episodes-with popcorn!
	ANTI-RACISM & DIVERSITY CLUB	DUONG	WEDNESDAYS @ LUNCH, A215	September	Students who want to make a difference and are reliable create posters, announcements, host events & fundraisers throughout the year. Listen to announcements for first meeting.
	BADMINTON CLUB	CALDERON		WINTER	Play badminton!
	BOOK CLUB	KUSICK	THURSDAYS @ LUNCH, A131 Every other week	SEPTEMBER 18	Connect with other readers, share about what you're reading, get recommendations. Fall day field trip to celebrate with readers from Langley School District
	CROCHET CLUB	POGORZELSKI WILLIAMS	AFTER SCHOOL, A112	SEPTEMBER 17	New or experienced crocheters welcome!
	DANCE CLUB	LIDEMARK	MONDAYS & WEDNESDAYS, 3-4pm, Dance Studio, A78	START OF SEMESTER 1 OR 2	Join us to do HIP HOP/JAZZ/FUNK choreo, if you'd like to perform.

1 - Clubs

DUNGEONS & DRAGON'S CLUB	HJ/DECKI	TUESDAYS AFTER SCHOOL	TUESDAY SEPTEMBER 14	Play! We can teach you if you've never played.
ENVIRONMENTAL CLUB	PAGNANINI	THURSDAYS @ LUNCH, A203	SEPTEMBER	Plan activities to engage/improve earth-friendly choices for LSS
GENDER SEXUALITY ALLIANCE (GSA)	LEE	TUESDAYS @ LUNCH, A112	SEPTEMBER	A safe place for students of all backgrounds and identities to ask questions, play games and connect with peers.
GOLF CLUB	RAND		SPRING	Play golf!
HOMEWORK CLUB	SEA'S & AVID 12 STUDENTS	TUESDAY, WEDNESDAY, THURSDAY AFTER SCHOOL, A114	SEPTEMBER	Get support on your homework. Starts 3rd week in September.
K-POP CLUB	ALATRASH	MONDAYS @ LUNCH	SEPTEMBER 16	Meet other fans! We listen to the latest releases, play games, decorate photo cards and other K-pop related activities.
MAGIC THE GATHERING CLUB	WATSON	TUESDAYS & THURSDAYS @ LUNCH, PORTABLE 8	SEPTEMBER	Learn & play the card game Improve deck-building skills

2 - Clubs

COURSES OUTSIDE THE TIME TABLE Have a question? Contact the teacher on Teams or in person.		TEACHER	WHEN/WHERE TO MEET	WHO IT'S FOR, WHEN TO JOIN
	CHOIR	TRESSSEL	MON & WED 3:10 - 4:30	GRADES 9-12, COURSE SELECTION & SEPTEMBER
	CONCERT BAND	TRESSSEL	TUES & THURS 3:10 - 4:30	GRADES 9-12, COURSE SELECTION & SEPTEMBER
	JAZZ BAND	TRESSSEL	TUES & THURS 7:30 - 8:30AM	GRADES 9-12, COURSE SELECTION & SEPTEMBER
	MUSICAL THEATRE	MC MATH	MON 4:45-8:30 & FRI 3 - 4:30	GRADES 9-12, COURSE SELECTION & SEPTEMBER
	TECH CREW	LOPEZ/NIELD	WED AFTER SCHOOL	GRADES 9-12, COURSE SELECTION & SEPTEMBER
	ATHLETIC LEADERSHIP	SHEPPARD	FULL YEAR	GRADES 9-12, COURSE SELECTION
	LEADERSHIP	WILLIAMS/ZYRA	FULL YEAR 7:30am TUESDAYS	GRADES 9-12, COURSE SELECTION
	PEER MENTORSHIP	VAN MEER	Teams Message VAN MEER	GRADES 10, 11, 12, COURSE SELECTION & SEPTEMBER
	WORK & VOLUNTEER EXPERIENCE	KIERS	Info Sessions at Lunch Sept. 9, 11 & 12 in A113 FIRST CLASS, Sept 18 library @REP	Applications due in A103b, September 26, 2025

3 - Outside the Timetable Credited Courses

THUNDERBIRD SPORTS <small>Cross Country, Football and Soccer will accept new student athletes!</small>		TEACHER	WHEN /WHERE TO MEET	START DATE	SEASON
	CROSS COUNTRY RUNNING	NICOL PAGNANINI	WED/THURS PRACTICES AFTER SCHOOL, A203	Meeting September 4 th at Lunch in A202	FALL
	FOOTBALL	MAC LEOD - Senior SAFIQ - Junior	M, T, W, R, 3pm, STADIUM	JUNE, FALL for GR. 9	FALL
	SOCCER	ROWE	Senior Tryouts: Sept. 8 & 10 3:15pm	SEPTEMBER (2nd WEEK)	BOYS FALL, GIRLS SPRING
	VOLLEYBALL	MCLEOD - Senior MYETTE - Grade 10	September 3&4 Juniors - 3:15-5:30 Seniors - 6-8pm	Tryouts: 1st week of school	FALL
	BASKETBALL	SHEPPARD		LATE OCT	WINTER
	CURLING			MID NOV	WINTER
	RUGBY	PAUL & VAN MEER		FEBRUARY	SPRING
	BADMINTON	OH		LATE FEB	SPRING
	GOLF	HEATH		APRIL	SPRING
	TRACK & FIELD	NICOL/PAGNANINI/ SYNCHYCH		APRIL	SPRING
	ICE & BALL HOCKEY	BANNISTER		APRIL	SPRING

4 - Sports Teams

Athletics



Fall Sports have begun with jr and sr football games ongoing, first league games for girls volleyball this week and x country travelling to meets. Follow us on instagram!

Seasonal Sport Schedule		
Fall Sept-Nov	Winter Dec-Feb	Spring Mar-Jun
<ul style="list-style-type: none"> Boys Soccer Cross Country Football Volleyball 	<ul style="list-style-type: none"> Basketball District Team Wrestling 	<ul style="list-style-type: none"> Badminton Girls Soccer Golf Hockey Rugby Track and Field



Grad Cruise comes early this year! Thurs Sept 18th



The Grad Cruise is booked for Thursday September 18th bringing the Grads of 2026 together early. Tickets for the Grad Cruise have now closed on school cash online. Students are asked to be at the school by 4:00pm in semi formal attire with busses departing at 4:15 pm. This is open to Grade 12 students only as there is limited capacity. Grads are asked to make arrangement for rides to be at the school for pickup for 10:30 pm.

Communicating with your School

Schools and families continue to work together to ensure success for students. If you have an issue or concern but don't know who to speak with, the District encourages you to read these helpful Communicating with your School guidelines for parents/guardians found on our District website [here](#).

COMMUNICATING with your school

GUIDELINES FOR REPORTING AN ISSUE OR CONCERN

1

Start with the employee whose action has given rise to the issue or concern

2

Contact your principal, vice-principal, or counsellor

3

Speak with a District Principal or Assistant Superintendent

4

When applicable, make an appeal to the Board of Education



Drop off and Pick up



As we head into the new school year we just want to communicate some guidelines for parents around pick up and drop off and give some information on the various pick up and drop off areas.

Front of School (56 Ave)

This area is for pick up and drop off only, parking spaces are very limited and available elsewhere. Please be advised it is not legal to turn left into this area when travelling east on 56th Ave. RCMP have advised they will be doing traffic patrol on this street.

CLA Parking Lot

The staff at CLA allow parents to use their parking lots for pick up and drop off, however the space is sometimes booked for movie productions and events. We will communicate out any instances where it will become available. Students need to exercise caution and cross the street at the crosswalk light to get to the church parking lot as the road is very busy during pick up and drop off times. CLA has also asked us to remind everyone to drive slowly and obey posted signage in their parking lot

North Side Parking Lot

We have a large parking lot that we share with McLeod Athletic Park Stadium on the north side of the school. There is a lot of parking available and we encourage parents to use this lot as much as possible during pick up and drop off times as it has the most entrance/exit points and best traffic flow on site. Exiting left out of the parking lot will take you back to 216th St.

West Parking Lot by Gym

Please do not pull over to drop off at the curb following the green turning arrow. This can cause an accident. Please pull into the parking area by the portables and exit carefully. We are working on foot traffic to use the cross walk at the lights.

Career News

The first WAVE 12 class will meet this Thursday. If you are interested, teams message Ms. Kiers

Careers 9: Students will meet in the Small Gym on September 24th during REP Time.

Grief & Loss

Support Training Series

Through experiential learning, participants develop their supportive skills and practical strategies for coping with loss. Completion Certificate provided.



Tuesday, Oct 7, 14, 21
Thursday, Oct 9, 16, 23
6:00pm - 8:30pm
Oct. 24 9:00-3:00



**See your Career Advisor
for an application!**

Applications Due: Friday, Sept. 26

5 - Teen Grief and Loss Training Series

Have any students interested in pursuing future careers in Counselling, Social Work, Victim Services, etc?

The Grief and Loss Support Training for Teens Series is for Grade 10 - 12 students looking for experiential opportunities to develop their supportive skills and gain practical strategies when it comes to coping with loss. The series consists of 8 sessions at the School Board Office on Tuesday and Thursday evenings starting in October. You will receive a certification upon completion! Applications can be picked up from Mrs. Warmerdam or Ms. Seymour in the Counselling Centre and are due Friday, September 26th.

CANADIAN UNIVERSITIES EVENT (CUE)

Mark your calendar and watch for more information about the upcoming field trip to the Canadian Universities Event (CUE): a forum designed to highlight Canada's universities to British Columbia's secondary school students.

DATE: Thursday, October 02, 2025

EVENT TIME: 12-3pm

CUE is also hosting two public events this fall and you're invited!

- Monday, September 29th - Delta Hotel, Burnaby - 6:00PM to 8:00PM
- Thursday, October 2nd - Sheraton Guildford, Surrey - 6:00PM to 8:00PM



6 - Canadian Universities Event Field Trip

Considering Post Secondary? Want to find out what programs are out there? Grade 11 and 12's are encouraged to attend the Canadian Universities event. See Mrs. Warmerdam or Ms. Seymour in the counselling office for an application form.

- **Administration**

- Principal: Ms. Smillie
- VP: Mr. Kilvert (A-K)
- VP: Ms. Johnson (L-Z)

- **Counsellors**

- Ms. Blount (A-G) (Sr AVID)
- Ms. Ware (H-O) (Jr AVID)
- Ms. Kauldher (P-Z) and ELL

- **Clinicians**

- Chelsi Collard
- Amanda Hille

- **Aboriginal Support Worker**

- Dave White

- **Youth Care Worker**

- Diaz Kambere
- Maina Manodon

- **School Liaison Officer**

- Cst Millar

- **Athletic Director**

- Mr. Paul / Mr. Sheppard

- **Careers:**

- Rachel Kiers / Ms. Warmerdam / Ms. Seymour

- **Family Support Worker:**

- Mr. Sanchez



Emergency Marshalling Area

In the event of an emergency evacuation, students will be guided to **Twin Rinks** at **5700 Langley Bypass, Langley, BC**. This is our designated marshalling and family reunification area, where families can safely reconnect with their children.

Thank you for helping us keep our school community safe.



Mountain Movers:
***An Anger Management
Group for Men***

If you notice you have struggles with anger and are looking for a supportive and empowering environment to learn healthier coping mechanisms, we invite you to join our anger management group and take a journey towards self-awareness, emotional intelligence, and ultimately, a happier and healthier life. Facilitated by a Registered Clinical Counsellor (RCC).

6-Week Anger Management Group for Men

When: Wednesdays
September 17- Oct 22
Time: 5pm-7pm in-person
Where: Langley Community Services
5339 207th street
Langley BC, V3A 2E6

***Cost:** \$200

Space is Limited
Register: lmargueratt@lcsc.ca
leave a message at 604-534-7921 ext. 1240

*sliding scale available
Certificate provided following completion of all 6 sessions

Langley Community Services Men's Group

There is a Men's Group on Anger Management being held by Langley Community Services. If you would like to share the attached flyer in your next school communication, please feel free to do so.

School Health Resources

Fraser Health's [Healthy Back-to-School Guide](#) has information on back-to-school anxiety, nutrition, safe travel to and from school, sleep and immunizations.

Fraser Health [School Health Web Resource](#) has answers to the most frequently asked health related questions from parents, teachers and school administrators.

September Health Messaging – Fraser Health

As part of its health promotion for students and families, our community partner Fraser Health is sharing important information on various topics. The theme for September is Back to School Health. Please share the following information below in your next newsletter or communication to families. This information will be shared on the District's social media channels.

Back to School Health Tips (from Fraser Health)

Health, safety, and wellness continue to be a priority in our schools. To help support our students and families, we are sharing important information from our community partner Fraser Health about various topics to keep our students healthy and safe as they return to school. Please see below for helpful reminders to support your child.

Tips for a healthy back to school season

As children head back to school, parents face the familiar challenge of managing busy schedules, school routines and inevitably, health concerns.

Help set the stage for a healthy school year with Fraser Health's [Healthy Back to School Guide](#).

Fostering healthy routines for sleep, mealtimes and physical activity can support your child's health and wellness. Learn more at Fraser Health's [School Health](#) and [Children and Youth](#) pages.

Staying healthy during the school year isn't just about routines - it's also about protecting children from illnesses that can spread quickly in classrooms. An important preventable illness to be aware of right now is measles, which has been increasing globally, including here in Canada.

Symptoms of measles include fever, cough, runny nose and red, inflamed eyes, followed by a rash. The rash usually starts on the face and neck and spreads to the chest, arms and legs.

Get vaccinated against measles

Immunization is the best way to prevent measles infection. Please check that you (if born in or after 1970) and your children have received at least two doses of a measles-containing vaccine. Find out how to check your immunization records [here](#).

Measles-containing vaccines are available at many [pharmacy locations](#), physician offices and at all [public health units](#).

If your children have symptoms of measles, please keep them home.

If you or your child needs urgent care for something like a high fever, please inform your health care provider before you visit so they can take steps to prevent the spread of measles. Wear a mask and avoid using public transportation.

Need general health advice? Fast care for busy families with Fraser Health Virtual Care

Our Fraser Health Virtual Care registered nurses and dietitians have access to your personal health record and provide convenient, fast health advice and information for busy families. With options for phone or web chat consultations, families receive medical advice from nurses with emergency experience, saving time and, in many cases, avoiding unnecessary visits to clinics or emergency departments. Nurses can connect you directly with a health care provider at an Urgent and Primary Care Centre for various health needs, including questions about measles-like symptoms.

How to reach Fraser Health Virtual Care

- 1. Dial 1-800-314-0999.*** *For an interpreter, say your language in English.*
- 2. For web chat,*** *go to fraserhealth.ca/virtualcare and click the blue chat bubble in the right corner to start.*

*Available 10am to 10pm, seven days a week including statutory holidays (after hours Call 8-1-1).
Learn more about Fraser Health Virtual Care, other care options and more
at: [Fraserhealth.ca/VirtualCare](https://fraserhealth.ca/VirtualCare)*