

LANGLEY FUNDAMENTAL

MIDDLE & SECONDARY SCHOOL

The Titans' Tribune

Home and School Working Together

December 5, 2025

Issue #7

Hello LFMSS Families:

As we enter the final weeks of 2025, I want to share some exciting updates and reminders about what's happening at our school throughout the month of December.

A December Events & Celebrations

This month is filled with opportunities to come together and celebrate the season. Please keep an eye on our calendar for special activities, events, and initiatives that showcase the incredible talents and spirit of our students.

W Choir Carolling Field Trip

Our choir spread holiday cheer on their carolling field trip throughout Langley on Wednesday! They completed their day by sharing their vocal talents in the atrium at the Langley School Board Office. This is an annual event and We are so proud of their hard work and dedication. Thank you to our music team and parent volunteers for making this memorable experience possible.

Learning Continues Until Winter Break

While the holidays are near, we remain focused on meaningful learning right up to the winter break. Attendance and engagement are key, and we continue to encourage and remind our students to stay committed. If students are away for an extended period due to holiday plans, please communicate with your child's teachers. However, instruction happens when students are in session and therefore learning may be missed as a result of such an absence.

Basketball Season is Underway

Our basketball teams have kicked off the season with energy and enthusiasm! Come out and support our athletes at upcoming games—your support makes a difference.

Thank you for your ongoing support and partnership. Wishing you all a joyful December and a restful winter break ahead.

Sincerely,

Carla Clapton Principal

Upcoming Dates

Dec. 12	Gr. 6/7 Hot Lunch
Dec. 12	Gr. 7 Winter Music Celebration 1:30pm
Dec. 18	Gr. 8-12 Titans' Music Witner Concert 6:00pm
Dec. 19	Last Day Before Winter Break
Dec. 20 to Jan. 4	Winter Break
Jan. 4	Welcome Back
Jan. 9	Alpine Ski Program
Jan. 9 Jan. 14	Alpine Ski Program Gr. 6 & 9 Immunizations
Jan. 14	Gr. 6 & 9 Immunizations
Jan. 14 Jan. 14	Gr. 6 & 9 Immunizations Gr. 6/7 Hot Lunch
Jan. 14 Jan. 14 Jan. 23	Gr. 6 & 9 Immunizations Gr. 6/7 Hot Lunch Alphine Ski Program

Please visit <u>www.lfmss.sd35.bc.ca</u> for the most up to ate calendar of events.



What's Happening Around the School



Student Council is sponsoring the annual "Giving Trees" drive to benefit people in our community this season. Students are encouraged to take a star off of a tree and return it with the needed item. Donations will be accepted until December 17th.



Titan's Concert Choir embarked on their annual carolling trip on Wednesday, December 3rd, once again filling our school with warmth and festive spirit. The choir visited classrooms and hallways, sharing joyful holiday music with students and staff throughout the day. Their musical outreach extended beyond the school as they performed at Langley Fundamental Elementary School, Coghlan Fundamental Elementary School, Timms Community Center, and Hilltop Manor, where residents and community members enjoyed their cheerful singing. The choir also made a special stop at the school board office, delighting staff with their bright harmonies and seasonal favorites. Our talented student singers demonstrated remarkable dedication, teamwork, and musicianship, truly representing our school with pride and compassion!









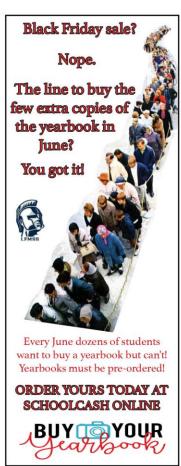


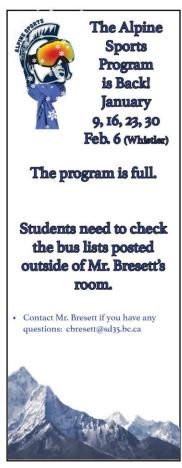
The DELF Junior is intended for secondary school students who want to have their French language skills assessed and recognized by an internationally recognized diploma, granted by the French government, outside of a classroom environment. It assesses oral and written comprehension and expression.

In the photos, students are eating *pain au chocolat* in celebration of finishing the written component of the exam which is a huge accomplishment as it is not typically attainable for Core French students. This year our school was the only Core French program in the district to have multiple students write this exam.



Congratulations to the Senior Boys Volleyball team for their valiant effort at the Provincial Championships this year in Prince George! They came into the tournament shorthanded but managed to fight their way to be the 10th best team in the province. The boys were excellent ambassadors for LFMS as many officials commented on their sportsmanship and talent during game play. A BIG thank you to our Administrators and Teachers for their support of the team throughout the season and for the trip to Provincials!









Drafting 10 – Christmas & Holidays Designs



LFMSS Raffle

Our LFMSS raffle has started and we have some incredible prizes generously donated by some Fundy families.

Prize 1 - \$800 Fairmont Gift Card & \$200 Sequoia Company of Restaurants Gift Card

Prize 2 - \$500 Mastercard Gift Card

Prize 3 - Skylight Calendar & \$50 Best Buy Gift Card (\$500 value)

Tickets are \$2 each or \$20 for a book of 10. The draw will take place on December 18 at the Winter Concert.

Peer Tutors Available

As Learning Updates are going to be made available during the next week, I am writing to let you know I have compiled a list of our LFMSS senior students who have indicated their availability to provide Peer Tutoring services to our younger students who may be looking for a little extra academic support in some of their courses.

For their services, our Peer Tutors are reimbursed at a very reasonable hourly rate. If you would like to have your child receive some dedicated one-on-one tutoring, please email me, Paula Frost, School Counsellor, to let me know in which subjects you are wanting to have tutoring provided, and I will send you a list of the senior students available to provide academic support in that subject.

Contact Information: PFrost@sd35.bc.ca

Volunteers Needed - LFMSS Career Fair

On Tuesday, January 27th, 2026 we are having a half-day career fair for our grade eight and nine students. This fits in as part of the increased focus on career education in the curriculum and is a part of their assessment for Career Education 8 and 9. We hope to be able to provide at least five different interest-based career exposure opportunities for each student over the course of the half-day. The career fair will run from 8:45am to 11:50am. Additional scheduling details will be sent out to volunteers as we approach the date.

This is what we need: You!

We need approximately 15 parents or guardians who would be willing to volunteer their time, for part of the day, to talk about their career. I know from previous years that we have many fascinating careers represented across our parent population, and so it would be wonderful to share your experiences with our students. For our career fair, it would be ideal if we had about 15 different careers being represented in order to appeal to the various interest areas of our students.

If this is something that you would consider, or would like more information about, please email me at klay@sd35.bc.ca and let me know the career you would be willing to tell our students about, as well as your availability on that date. I will be emailing additional details about scheduling and format once we have our speakers accounted for.

This is such an important and impactful opportunity for our students, and so I thank you for your consideration of it. I look forward to hearing back from many of you.

PS: If you have older children who are LFMSS alumni, or if you know of someone with an interesting career who would be willing to talk about what they do, please pass this message to them as well.

Information About School Status During Inclement Weather

Snow closures and power outages are an annual occurrence in Langley School District. So, where do you go to get information about the status of schools during periods of inclement weather? If you are able to access the internet via computer or smartphone, current information about Langley schools can be accessed on all school websites or www.sd35.bc.ca. Updates are also posted to X (formerly Twitter) @LangleySchools and Facebook at www.facebook.com/langleyschooldistrict. If you don't have internet connectivity but your phone is working, call a relative or friend in an area that has not been affected by the storm and ask them to check the district website for you. Local radio stations are also informed of school status in Langley. Tune in to CKWX 1130AM, CKNW 980AM, Country Radio 107.1FM, Pulse 107.7 or CBC 690AM or 88.1FM for updates.

Please note that Langley District schools are all considered 'open' until a decision to close is required. Decisions on school closures are usually made by 6:30am. As always, it is a parent's decision whether to send their child to school based on safety and individual circumstances. If you feel it is unsafe for you or your child to travel to or attend an open school for any reason, please keep your child home and report an absence to the school.

December Health Messaging - Fraser Health

As part of its health promotion for students and families, our community partner Fraser Health is sharing important information on various topics. The theme for December is Winter Health. Please share the following information below in your next newsletter or communication to families. This information will be shared on the District's social media channels.

Winter Health (from Fraser Health)

Health, safety, and wellness continue to be a priority in our schools. To help support our students and families, we are sharing important information from our community partner Fraser Health about Winter Health. Please see below for helpful reminders to support your child.

Keep Your Child Healthy During Winter

As the chilly winter season approaches, there are things you can do to help keep your children healthy and well.

Get Ready For Winter At Home And In The Community

Winter can bring extreme weather and it's important to have plans to be safe during cold weather, storms and power outages, including staying warm, having a carbon monoxide detector and planning for emergencies. Learn about programs that can support your family:

- Get ready for winter: Snow and cold safety for you and your home Fraser Health Authority
- Indoor air quality Fraser Health Authority

Bundle Up For The Cold

Dressing appropriately for cold weather keeps your child comfortable and protected. Wearing multiple layers is a great way to trap body heat and provide insulation against the cold.

Keep a warm hat, gloves, scarves and warm, waterproof boots handy. Remind your child to wear these items before heading outside to play or going to school.

Learn about **hypothermia** and **frostbite** as children can be more susceptible.

Protect Against Winter Illnesses

Winter brings an increased risk of colds and flu. Ensure your child receives their annual flu vaccine and talk to a health care provider about any additional vaccines that may be recommended. Teach your child good respiratory etiquette such as regular hand washing, covering their coughs and sneezes and staying home when sick. If they are sick and cannot stay away from others, masks can help to reduce the risk of spreading illness. Learn more about masks **here**.

Keep Their Bodies Moving

It is important to keep your child active during winter as regular physical activity is important for good health. Outdoor activities such as skating, sledding and going for walks as a family are all great ways to keep active. On colder days, indoor play and activities such as dancing, yoga or sports are great ways to promote movement. Look for drop-in programs at local community centres or indoor sports facilities.

If you play on frozen lakes or ponds, be sure that the ice has been tested for strength and safety. Learn more on the **Lifesaving Society's website**.

Find more tips for a healthy winter on Fraser Health's **Winter Health** page.

Student in Distress and School Safety

Health and safety are a priority in the Langley School District. Our schools follow procedures to help keep students, staff, and the community safe. Depending on the situation, communication to parents/caregivers is needed to keep families informed about incidents in our school, such as during lockdowns, hold & secures, and room clears, or in the event of a student in distress. Sometimes these situations may not be emergencies but events that require a school response. It is important to note that the decision to send communications to families is dependent on a variety of factors including the nature of what happened, who has witnessed or was directly impacted by what happened, as well as student and staff privacy. Communication is unique and dependent on the specific situation; there are times when a student is in distress, yet the situation may or may not require a message or letter to families. In addition to communication with parents/caregivers, teachers and staff may debrief with students after an incident that may have upset them. In some cases, the school counsellor may offer support to students in need. As always, we want families to let us know if your child requires support. If you have any questions or concerns about communication related to situations or emergencies, please reach out to the school.

'intheknow' Online Events

Connect & Learn

Online Events for Parents & Caregivers

Every month, we host events for parents and caregivers of a child or youth with a mental health and/or substance use challenge.

Join us to watch a video and share experiences and strategies that help in the hard moments, focusing on strengthening our understanding and connection with our kids.



Understanding, Supporting and Connecting with Teens with Depression

When our teens are struggling with depression, we can feel lost about how to best support them. How do we know when they are experiencing a mental health challenge and when should we intervene? Learn from Karen Peters, Registered Clinical Counsellor, and Victoria Keddis, a parent with lived experience, as they talk about how depression shows up in teens and ways of journeying with them through it.

Join us and other families for this video presentation and discussion that's facilitated by a FamilySmart Parent Peer Support Worker.

- COST: Free
- DATES

Times are in Pacific Time (most of B.C.)

- Tuesday, December 2, 6:30pm
- Thursday, December 4, 6:30pm
- Tuesday, December 9, 6:30pm
- Wednesday, December 10, 12pm
 Thursday, December 11, 6:30pm
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November 2025



Farther Than The Moon by Lindsay Lackey

Dreaming of space? Houston Stewart has one goal: become an astronaut. When he gets into the Junior Astronaut

Program, it feels like his dream is coming trueexcept his little brother Robbie can't join him.

At camp, Houston faces tough challenges, makes new friends, and learns some big truths. Can he find a way to keep Robbie's dream alive too?

A heartfelt story about family, friendship, and reaching for the stars.

If you liked A Rover's Story by Jasmine Warga you will like this one!

LIT DIVE BOOKS

Teens Read Diverse Books!!

- Breath of the Dragon by Shannon Lee & Fonda Lee
- The Deep Dark by Molly Knox Ostertag
- Woven in Moonlight by Isabel Ibanez
- Needy Little Things by Chanelle Desamours
- Ruin Road by Lamar Giles
- All The Little Monsters by David A. Robertson
- The Sticky Note Manifesto of Aisha *Agarwal* by Ambika Vohra
- · Skater Boy by Anthony Nerada

Check them out in the LLC today





Check out our selection of audiobooks on SORA!



CIRCULATION stats

833 items were signed out of the library during November!

Grade 6s signed out 312 items Grade 7s signed out 168 items Grade 8s signed out 139 items Grade 9s signed out 89 items

Grade 10s signed out 32 items Grade 11s signed out 52 items Grade 12s signed out 5 items



Wednesdays

Board Game Club meets at lunch



Thank You, PAC!

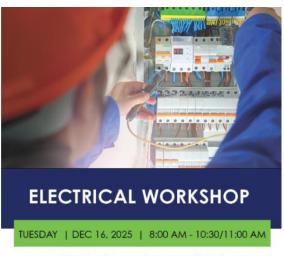
A big thank you to our Parents Advisory Committee for generously funding new board games for our Board Game Club! Your support helps create a fun, welcoming space where students can connect, learn, and enjoy time together. We appreciate all you do to make LFMSS a great place for our students!

Some of the games we added are:

- Sequence
- Exploding Kittens
- Owirkle Code Breaker
- Connect 4 Classic Skip-Bo
- Connect 4 Spin
- Sushi Go
- Trouble
- Monopoly Deal
- Cribbage
- Sorry Battleship
- Kanoodle · Uno
- · Guess Who?
- Blokus
- Boggle Suspend
- · Checkers
- · Piggy Piggy
- · Ticket to Ride London
- · Chain Triangle Chess

If you have any board games at home that you would like to donate to the LFMSS Board Game Club, please get in touch with Mrs. Husieff in the Library Learning Commons.





Interested in becoming an Electrician?
Want to learn more about the Electrical Program?

Students in grade 10 & 11 are invited to join us for a workshop at Langley School District's Youth Train in Trades Electrical Program at DW Poppy.

Students will learn about occupations related to the Electrical industry and will be involved in some hands-on activities with current BCIT students.



There will be plenty of time to ask questions!

See your Career Advisor for an Application!

Contact info: FBrown@SD35.BC.CA

https://careered.sd35.bc.ca/news-events/list/

Community News

Project Resiliency Program

Project Resiliency is a three-day counselling-based program (for Grades 8-12) that offers young people the opportunity to address whatever might be preventing them from achieving their full potential For more info https://www.sd35.bc.ca/page/5993/project-resiliency

Alternate programs

Alternate programs in Langley are designed to address educational, social, and emotional needs of students whose needs are not met in traditional school settings

Public Health Nurse - supporting the Langley School District

Fraser Health's healthy schools nurses support school districts and identified (Focus) schools to promote the physical, emotional and social well-being of students.

For more information, please contact: publicnurse@sd35.bc.ca

https://www.sd35.bc.ca/page/2018/healthy-schools