



# The Titans' Tribune

Home and School Working Together

February 6, 2026

Issue #11

Dear LFMSS Families:

As we move into February, I want to extend my appreciation to our families, students, and staff for their continued engagement and support as we head into an exciting and busy time of year.

## Course Planning for September 2026

Course planning for the 2026–2027 school year has officially begun. Students continue to receive information from counsellors and teachers to help them make thoughtful decisions about next year's programs. Families are encouraged to discuss interests, goals, and pathways together as we support each learner in designing a meaningful and successful school experience. The LFMSS Course Planning Guide can be found on our website <https://www.sd35.bc.ca/lfmss/course-planning>

## Thank You for Attending the Parent Information Session

A heartfelt thank you to all families who joined us for last night's Parent Information Session. Your questions, engagement, and partnership are truly valued. If you were unable to attend, we will be sharing key resources and information on our school website in the coming days.

## Basketball Season (Grades 6–12)

Our basketball season is beginning to wind down and it has been inspiring to see the dedication, teamwork, and sportsmanship demonstrated by our athletes. Thank you to our coaches, volunteer drivers, and supporters for lifting up our athletes throughout the season.

## Upcoming Dates

Feb. 6	Gr. 8-12 Linear Informal Updates Published in MyEd
Feb. 9	District Pro-D Day
Feb. 13	Design & Assessment Day for Gr. 6 & 7 Students not in session. Gr. 8-12 students in session
Feb. 16	Family Day Schools are closed
Feb. 18	Gr. 6/7 Hot Lunch
Feb. 23-27	Diversity & Respect Week
Feb. 25	Pink Shirt Day

Please visit [www.lfmss.sd35.bc.ca](http://www.lfmss.sd35.bc.ca) for the most up to date calendar of events.

## COMMUNICATING with your school

GUIDELINES FOR REPORTING AN ISSUE OR CONCERN

- 1 Start with the employee whose action has given rise to the issue or concern
- 2 Contact your principal, vice-principal, or counsellor
- 3 Speak with a District Principal or Assistant Superintendent
- 4 When applicable, make an appeal to the Board of Education

## February is Black History Month

February marks Black History Month, a time to honour the achievements, contributions, and lived experiences of Black Canadians and Black communities worldwide. Throughout the month, students will engage in learning activities that highlight stories of leadership, resilience, innovation, and culture. Please check our display in the main foyer highlighting some inspirational Canadians.

## Diversity & Respect Week (Last Week of February)

The final week of February is the Langley School District's Diversity and Respect Week. This is an opportunity for our school community to focus on kindness, inclusion, and celebrating the diverse identities that make our Titan community strong. Activities and lessons will take place throughout the week to promote understanding and belonging. More information about these events will be shared soon.

## Upcoming Important Dates

Please note the following important dates:

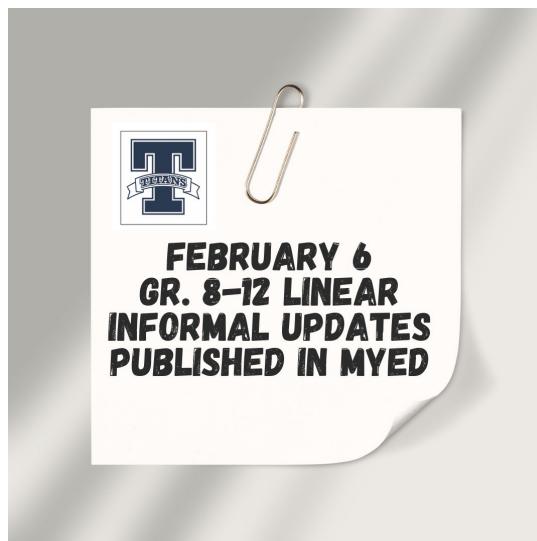
- **Monday, February 9 – District Professional Development Day (no school for all students)**
- **Friday, February 13 – Design and Assessment Day for Grade 6 & 7 Staff (no school for Grades 6 & 7 students)**

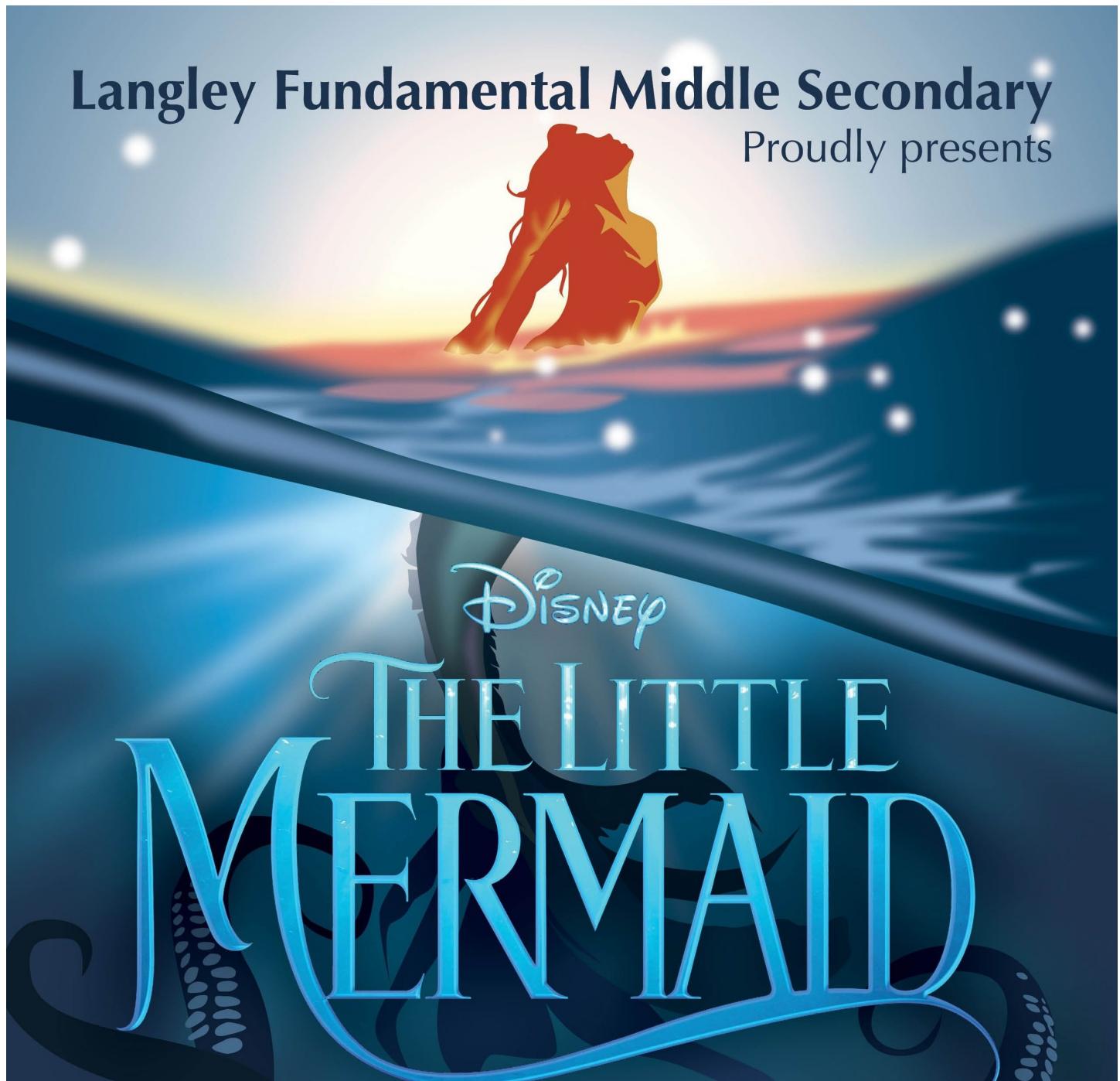
We appreciate families planning ahead for these schedule adjustments.

Thank you for your ongoing partnership and support. I am grateful for our students, staff, and families who make our school such a vibrant and caring place to learn.

Sincerely,

Carla Clapton  
Principal





Tickets go on sale Friday, February 6.

[Buy Tickets](#)

<https://lfmssmusicals.com/>



# BALL HOCKEY ANYONE?

ARE YOU INTERESTED IN PLAYING BALL HOCKEY FOR  
FUNDY?

STUDENTS IN GRADES 8-12 ARE INVITED TO ATTEND A  
MEETING IN THE LARGE GYM AT LUNCH TIME ON FRIDAY,  
FEBRUARY 13TH.





# CANADA SPIRIT DAY

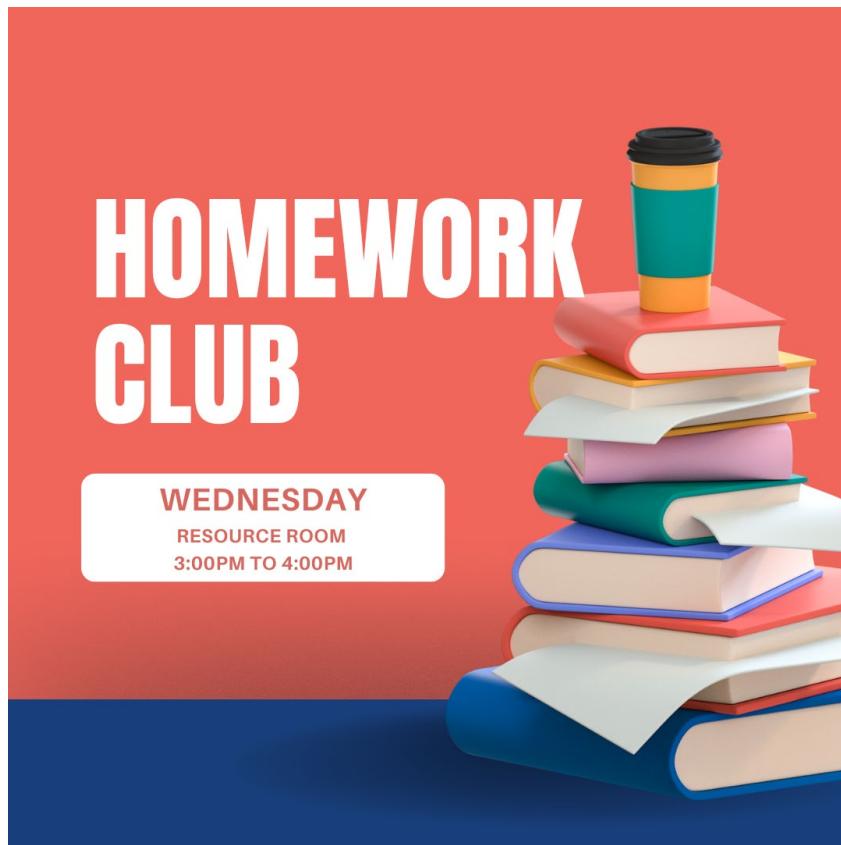


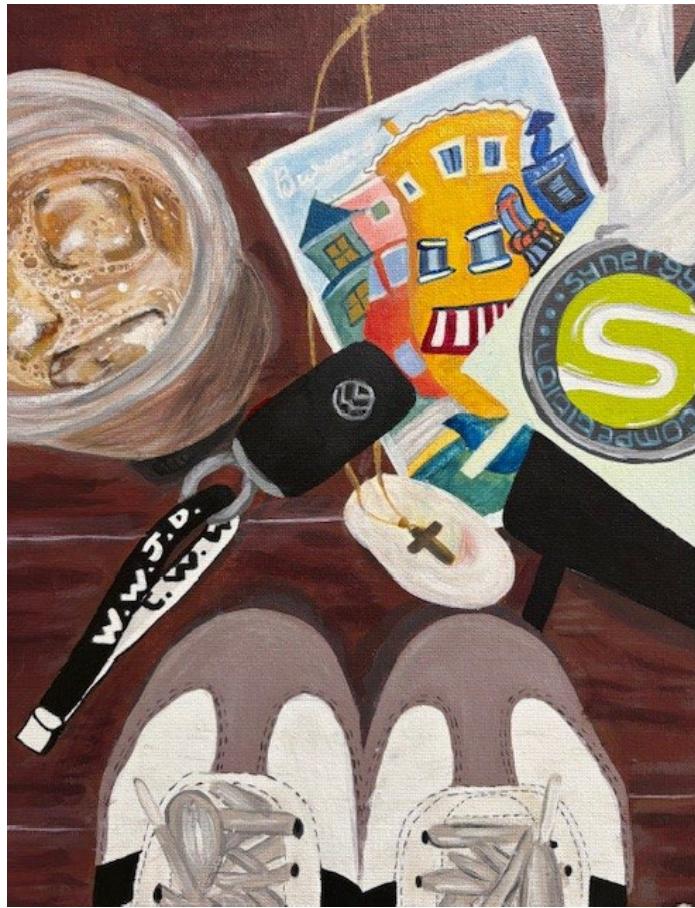
**WEDNESDAY, FEB 11**

Wear your Canada gear on Wednesday  
in support of Canada's Olympic team-  
come down to the front of the school  
for a picture at lunch!



On January 20th, students from Grades 8 to 12 gathered in the library for a Music Trivia Kahoot Competition. During the competition, students answered 30 Kahoot questions focused on guessing song titles from different genres and time periods. This event was another leadership activity planned this year, allowing the team to continue developing their organizational and teamwork skills. Although the leaders are still gaining experience, they worked well together to ensure the event ran smoothly. Teachers also participated in the competition and enjoyed joining in with the students, which created a welcoming and inclusive atmosphere. The competition was exciting and full of friendly energy throughout the lunch period. First place received a \$15 canteen card, while second place won \$10 and third place won \$5. Overall, the Music Trivia Kahoot was fun, educational, and a great success for everyone involved.





#### Artist Statement –

One theme that stuck out to me during this project was how my identity is shaped by my morals, faith, and who I am as a person. My piece is about my still-life from my point of view. All the objects joined together calmly to represent how I enjoy my days, the shoes are my comfort ones I wear everyday, my go to morning coffee, my cross necklace and Bible, representing my faith in Jesus, my car, keys, dance medals reflecting on my competitive years, and a postcard collected from my travels. They are all arranged carefully as if they belong together, shaping who I am. I came up with and chose these images because they are things that interact with me every day. The cross necklace, being near the center of the piece represents how my faith is the center, stronghold and foundation of my life where everything branches from. All of the aspects cohesively work together because they all branch from the same perspective. The warmer tones show my personality and visually create a calm yet bubbly portrait that is accurate and personal to me.



### Artist Statement

In my painting, there is a theme of memorability. For example, my dad would always take me with him while he worked on the Mustang, and I would always be in the passenger seat while he test drove it. The painting is a picture of symbolic memories. Each object came from a different moment in my life, but together they form my identity, personality, and show my appreciation for lifelong memories. I choose to show these specific objects because they show important milestones like my first vehicle or my first school car in school aged, and because they remind me of times shared with the people that I love. These objects work together because they are united by memory rather than function. They allow for the piece to show how separate moments, experiences, and memories can come together in one place and effectively tell a story, my story.



# DRAFTING & DESIGN 10



Student council

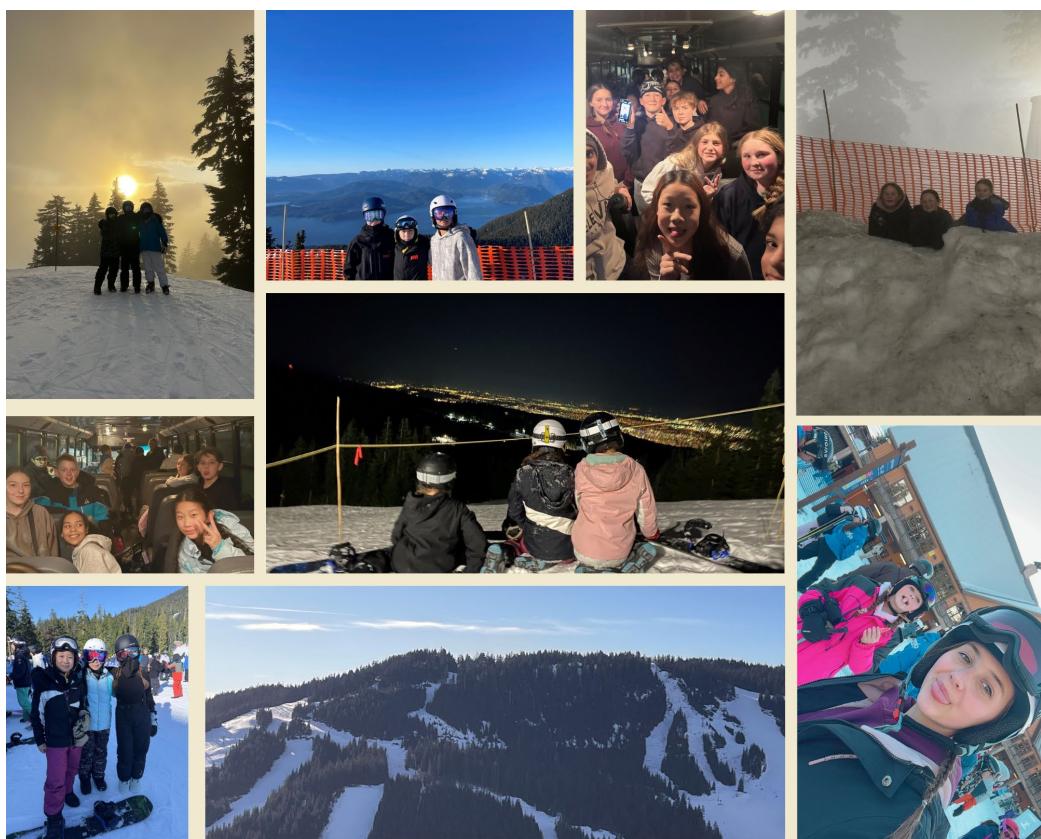
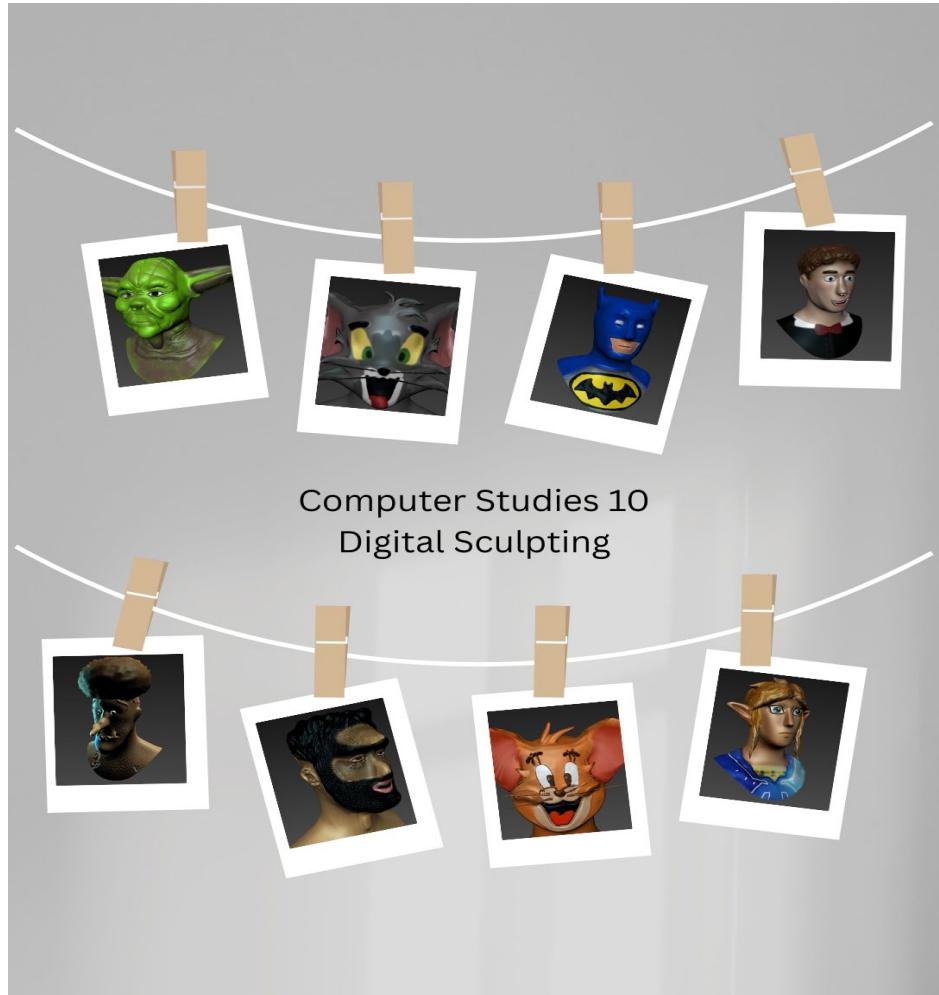
# Crush for Crush

12 February

FOYER AT LUNCH

Buy a Crush soda for yourself, a friend, or your crush. A sweet drink with a sweet idea.

**\$2 each**





The LFMSS ADST Department has diverse course opportunities for students. Students have the unique opportunity to choose from industry-level courses specific to computer, digital technology, design.

Entry to courses is determined by prerequisites, not your grade level. Students who want to take a course without the required prerequisite must have the permission of the department.

For more information on stand-alone courses, see individual course descriptions online.



Computer Science 10



Computer  
Information Systems  
11



Computer  
Information Systems  
12



Digital Media  
Development 11



Digital Media  
Development 12



Drafting 10 Level I



Drafting 12 Level III



Drafting 11 Level II

FUNDY

# FOOD TRUCK

Fridays

GRADE  
8-12

Pre Order  
Now!



BURGERS, CHICKEN STRIPS, POUTINE, HOT  
DOGS, AND FRIES RANGING FROM \$7-\$16

You can pre-order! Follow the QR Code.  
Any questions please contact the PAC lfmsspac@gmail.com

## WHAT'S ON

### BOOK review



**The Color of a Lie**  
by Kim Johnson

The Color of a Lie is one of those YA historical thrillers that pulls you in right away. It follows Calvin, a Black teen whose family moves to 1955 Levittown and starts passing as white, hoping for a safer fresh start. Of course, nothing stays simple—Calvin starts noticing the town's darker side and realizes that hiding his identity comes with some heavy emotional fallout. The book blends suspense with important themes like racism, community pressure, and figuring out who you are in a world that wants you to be someone else. It's fast-moving, thoughtful, and super readable.

What advice do you get from a librarian?



Believe in your shelf!



### upcoming EVENTS

**February**

Black History Month

**Wednesdays**

Board Game Club meets at lunch.

**February 14**

Valentine's Day - Blind Date a Book @ the LLC.

**February 17**

Lunar New Year

**February 17**

Ramadan Begins



## January 2026

### NEW THIS MONTH!

There were 127 new books added to the collection this month.

Students are really enjoying our small, but growing, Manga collection.



### CIRCULATION stats

760 items were signed out of the library during January!

Grade 6s signed out 353 items  
Grade 7s signed out 73 items  
Grade 8s signed out 61 items  
Grade 9s signed out 161 items  
Grade 10s signed out 46 items  
Grade 11s signed out 44 items  
Grade 12s signed out 22 items

There are currently 187 students with overdue Library books.



# A Season of Theatre

The Langley School District is proud to be presenting another season of Main Stage Productions! This year's lineup dives deep into what makes us human - **identity, love, resilience, and transformation**. From the bold defiance of *Antigone* to the glittering ambition of *Chicago*, the heart of *The Prom*, and the magic of *The Little Mermaid*, every show invites you to explore who we are and what we stand for. Please see the full listing of shows and dates at the link below and reserve your seats and experience the power of live theatre!

 **SEASON OF THEATRE**

**the PROM**  
SCHOOL EDITION  
FEBRUARY 18-21, 25-28, 2026

Brookwood Secondary  
February 18-21, 25-28  
Tickets: 

**10 STORIES**

R.E. Mountain Secondary  
March  
See school website for ticket information

**LONDON SUITE**  
A PLAY BY NEIL SIMON

Aldergrove Secondary  
May 26-29  
See school website for ticket information

**NEWSIES**  
THE BROADWAY MUSICAL

Langley Secondary  
February 26-28, March 5-7  
Tickets: 

**CHICAGO**  
TEEN EDITION

Walnut Grove Secondary  
April 30, May 1-2, 7-9  
Tickets: 

**EMMA**  
by Jane Austen  
Based on the novel by Jane Austen

U-Connect Secondary  
Chief Sepass Theatre  
May 2 and 3  
Tickets: 

**ANTIGONE**  
BY SOPHOCLES

Langley Fine Arts  
March 1 - 7  
Tickets: 

**THE LITTLE MERMAID**

Langley Fundamental Middle Secondary  
April 22-25, 27-29, May 1, 2  
See school website for ticket information

**NEWSIES**  
THE BROADWAY MUSICAL

D.W. Poppy Secondary  
February 26-28, March 5-7  
Tickets: 

# February Health Messaging – Fraser Health

As part of its health promotion for students and families, our community partner Fraser Health is sharing important information on various topics. The theme for February is Sexual Health. Please share the following information below in your next newsletter or communication to families. This information has been shared on the District's social media channels.

## **Sexual Health (from Fraser Health)**

Health, safety, and wellness continue to be a priority in our schools. To help support our students and families, we are sharing important information from our community partner Fraser Health about Sexual Health. Please see below for helpful reminders to support your child.

### **Sexual Health (from Fraser Health)**

#### **Healthy Childhood and Youth Development includes Sexual Health**

Learning about sexual health, including understanding your body, its changes, health conditions, personal hygiene, healthy relationships, consent and sexuality, are all part of growing up. Youth going through puberty experience big physical, emotional and social changes. Talking about sexual health can encourage children and youth to identify their values and develop skills that promote healthy decision making and self-esteem.

#### **How do I teach my child about sex and sexuality?**

Beginning to talk to your children, as early as pre-school age, about sexual health is important. Establishing an open and trusting relationship with your child will help them know they can come to you for honest and reliable information about sex and sexuality.

For help on how to talk to your child and what to include about sexual health, read Fraser Health's [Sexual education for children](#) page.

#### **Youth Clinics**

Let your teen know about our youth clinics. Located throughout the Fraser Health region, these clinics offer free and confidential sexual health care for youth, with age eligibility varying by site and service. Learn more about the services available at youth clinics [here](#).

# **Information About School Status During Inclement Weather**

Snow closures and power outages are an annual occurrence in Langley School District. So, where do you go to get information about the status of schools during periods of inclement weather? If you are able to access the internet via computer or smartphone, current information about Langley schools can be accessed on all school websites or [www.sd35.bc.ca](http://www.sd35.bc.ca). Updates are also posted to X (formerly Twitter) @LangleySchools and Facebook at [www.facebook.com/langleyschooldistrict](http://www.facebook.com/langleyschooldistrict). If you don't have internet connectivity but your phone is working, call a relative or friend in an area that has not been affected by the storm and ask them to check the district website for you. Local radio stations are also informed of school status in Langley. Tune in to CKWX 1130AM, CKNW 980AM, Country Radio 107.1FM, Pulse 107.7 or CBC 690AM or 88.1FM for updates.

Please note that Langley District schools are all considered 'open' until a decision to close is required. Decisions on school closures are usually made by 6:30am. As always, it is a parent's decision whether to send their child to school based on safety and individual circumstances. If you feel it is unsafe for you or your child to travel to or attend an open school for any reason, please keep your child home and report an absence to the school.

# Student in Distress and School Safety

Health and safety are a priority in the Langley School District. Our schools follow procedures to help keep students, staff, and the community safe. Depending on the situation, communication to parents/caregivers is needed to keep families informed about incidents in our school, such as during lockdowns, hold & secures, and room clears, or in the event of a student in distress. Sometimes these situations may not be emergencies but events that require a school response. It is important to note that the decision to send communications to families is dependent on a variety of factors including the nature of what happened, who has witnessed or was directly impacted by what happened, as well as student and staff privacy. Communication is unique and dependent on the specific situation; there are times when a student is in distress, yet the situation may or may not require a message or letter to families. In addition to communication with parents/caregivers, teachers and staff may debrief with students after an incident that may have upset them. In some cases, the school counsellor may offer support to students in need. As always, we want families to let us know if your child requires support. If you have any questions or concerns about communication related to situations or emergencies, please reach out to the school.



**MAKE AN IMPACT WITH THE  
LOWER MAINLAND GREEN TEAM,  
TOWNSHIP OF LANGLEY,  
& ORION CONSTRUCTION!**

**THE LOWER MAINLAND GREEN TEAM**

**ORION CONSTRUCTION**

**Township of Langley**

Meet new people, spend time outside, try new things, earn volunteer hours and make a positive environmental impact, all while having fun!

**Sun. Feb. 22nd, 2026**  
**9:45am - 1pm**  
**Derek Doubleday Arboretum, Langley**  
Remove invasive blackberry to protect our environment!

NO EXPERIENCE NEEDED! All ages & abilities welcome.  
Gloves, tools, snacks & educational instruction provided!

**MORE INFO, SIGN UP, & OTHER ACTIVITIES!**

Scan the QR code, visit [bit.ly/greenteam-feb22-2026](https://bit.ly/greenteam-feb22-2026)  
OR email Max Muehlen, at [Max@greenteamcanada.ca](mailto:Max@greenteamcanada.ca)

This Lower Mainland Green Team activity is sponsored by Orion Construction,  
with direction and support from the Township of Langley.



## VOLUNTEER OPPORTUNITIES!



### Spring Camps and Summer Camps

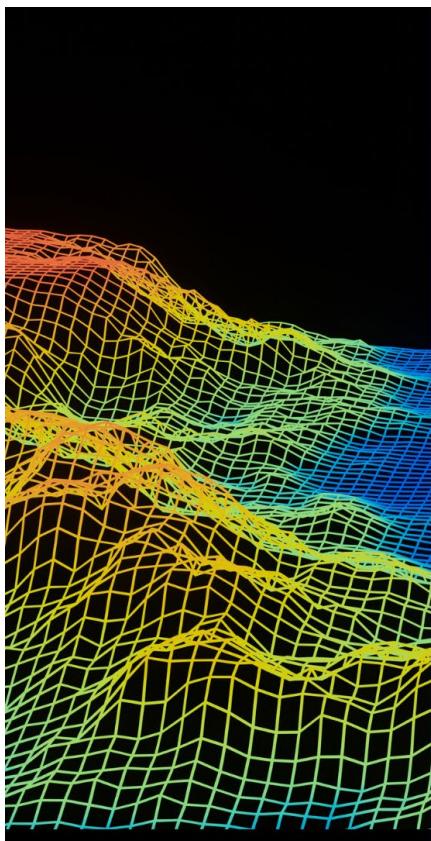
Gain experience working with kids and youth  
Make a positive impact in the community  
Volunteer hours are very flexible

Volunteer application forms are available on our website: [www.RfCamps.com](http://www.RfCamps.com)

- Swimming
- Sports
- Arts and Crafts
- Table Games
- Forest Exploration
- Playground Games
- Talent Shows
- and much more!

Non-profit, child-centred, outdoor-based day camps

March 16–27, 2026  
June 26–September 4, 2026



#### CAREER EXPLORATION

#### BE PART OF THE SOLUTION. BECOME A GEOSCIENTIST.

#### Critical Minerals, Critical Careers

#### Why Geoscience Matters

Power the future—explore careers that drive sustainability and innovation

Love science, problem-solving, and the outdoors? Explore the real-world impact of a career in geoscience and hear directly from professionals working in industry, academia, and government at this engaging speaker panel.

**Online Speaker Panel:**

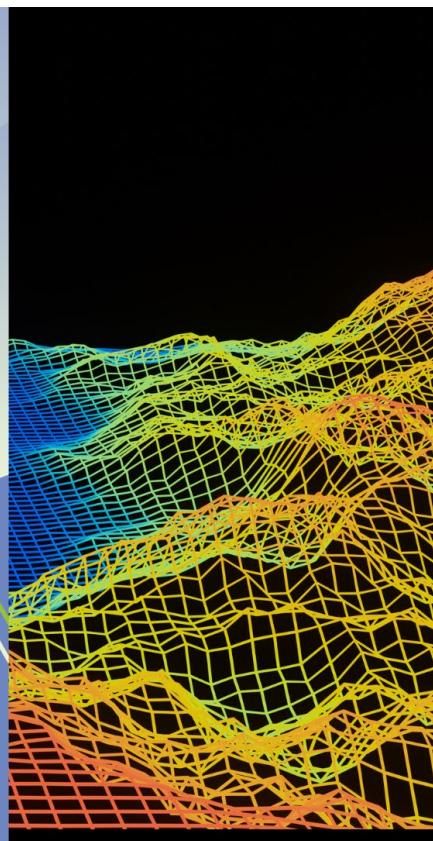
**LUKE OOTES, M.Sc., P.Geo.**  
Manager, Economic Geology and Geochemistry  
British Columbia Geological Survey

**LARA MCCLINTOCK, M.Sc., P.Geo.**  
Manager of Exploration, North & Central America  
South32

**DR. DAN GIBSON**  
Professor, Department Chair  
Earth Sciences, Simon Fraser University

26 FEBRUARY 2026  
6-7 PM  
REGISTRATION:  
THIS EVENT WILL NOT BE RECORDED  
[Registration link](#)

Online Speaker Panel: Critical Minerals, Critical Careers Why Geoscience Matters



## PIPING



## ELECTRICAL



## EARLY CHILDHOOD EDUCATION PROGRAM



### Info Session

Date: February 19, 2026  
Time: 6:30pm  
Location: Langley Secondary

### Applications Open

Applications open January 21, 2026  
Applications due April 17, 2026

See your Career Advisor for more info!



### Info Session

Date: February 17, 2026  
Time: 6:30pm  
Location: DW Poppy Secondary

### Applications Open

Applications open January 21, 2026  
Applications due April 2, 2026

See your Career Advisor for more info!



### Info Session

Date: February 25, 2026  
Time: 6:30pm  
Location: Richard Bulpitt Elementary

### Applications Open

Applications open January 21, 2026  
Applications due April 2, 2026

See your Career Advisor for more info!



## PROFESSIONAL COOK 1



## INTRO TO HEALTH SCIENCE COURSE



### Info Session

Date: February 26, 2026  
Time: 6:30pm  
Location: Walnut Grove Secondary

### Applications Open

Applications open January 21, 2026  
Applications due April 17, 2026

See your Career Advisor for more info!



### Info Session

Date: Feb 26, 2026  
Time: 4:30pm  
Location: Virtual on Teams

### Applications Open

Applications open January 21, 2026  
Applications due April 2, 2026

See your Career Advisor for more info!



Contact info: [FBrown@SD35.BC.CA](mailto:FBrown@SD35.BC.CA)

<https://careered.sd35.bc.ca/news-events/list/>

# Community News

## Project Resiliency Program

Project Resiliency is a three-day counselling-based program (for Grades 8-12) that offers young people the opportunity to address whatever might be preventing them from achieving their full potential. For more info <https://www.sd35.bc.ca/page/5993/project-resiliency>

## Alternate programs

Alternate programs in Langley are designed to address educational, social, and emotional needs of students whose needs are not met in traditional school settings

## Public Health Nurse - supporting the Langley School District

Fraser Health's healthy schools nurses support school districts and identified (Focus) schools to promote the physical, emotional and social well-being of students.

For more information, please contact: [publicnurse@sd35.bc.ca](mailto:publicnurse@sd35.bc.ca)

<https://www.sd35.bc.ca/page/2018/healthy-schools>

<https://www.sd35.bc.ca/community-bulletin-board>

Online Events

'intheknow'  
Online Events

## Connect & Learn

Online Event for Parents and Caregivers

### Parenting ADHD Children A Neuro-Affirming Approach

Build a deeper understanding of how the ADHD brain works. Explore how some aspects of ADHD can act as a strength in certain situations, and a challenge in others. This event is designed for parents of school-aged children.



Join FamilySmart and Mary Klovance live online for an evening to learn neurodiversity-affirming communication strategies to reduce power struggles and strengthen connection. Parents will leave with tools they can use immediately, greater compassion for their child's nervous system, and a clearer roadmap for supporting their child.

Mary Klovance is an award-winning counsellor, author, and founder of The Neurodiversity Family Centre. She has over 14 years of front-line experience as a school counsellor and working with youth facing complex challenges. She is a Registered Clinical Counsellor and ADHD-Certified Clinical Services Provider.

- **DATE:** Wednesday, February 18, 2026
- **TIME:** 6:30 – 8:00pm (Pacific Time)
- **LOCATION:** On Zoom (online)
- **COST:** Free

With gratitude, FamilySmart would like to acknowledge the generosity of the Ministry of Children and Family Development for sponsoring this event.



Register online at  
[familysmart.ca/events](https://familysmart.ca/events)



**FamilySmart**  
Together-Centred

## Connect & Learn

Online Events for Parents & Caregivers

### For Families: A Conversation About Eating Disorders

Knowing how to help our kids who are experiencing an eating disorder can be a terrifying, isolating and overwhelming experience. Learn about disordered eating, what to be aware of, the importance of connection, and strategies that help support recovery. Learn as Victoria Keddis hosts a conversation with Eating Disorders Therapist & Educator Carmen Kaufmann, and Rylee McKinlay, a young person with lived experience, and Terri McKinlay, a parent with lived experience.

Join us and other families for this video presentation and discussion that's facilitated by a FamilySmart Parent Peer Support Worker.

- **COST:** Free
- **DATES:**

Times are in Pacific Time (most of B.C.)

- Wednesday, February 4, 6:30pm
- Thursday, February 19, 6:30pm
- Thursday, February 26, 6:30pm



Register online at  
[familysmart.ca/events](https://familysmart.ca/events)



**here to help**  
EDUCATION EVENTS

**FamilySmart**  
Together-Centred