



The Titans' Tribune

Home and School Working Together

January 23, 2026

Issue #10

Upcoming Dates

Hello LFMSS Families:

As we move through the final week of Semester 1, I would like to take a moment to recognize the energy, growth, and commitments taking place across our school community.

This past week, many Grade 11/12 Snowball students enjoyed spending an evening listening to music, socializing, enjoying lots of food, and even a little bit of dancing! A huge thank you to the Grad Student Council, Staff chaperones, and Grad parents who coordinated this event. In addition, last evening we recognized our Grade 12 Basketball athletes at our Fundy Seniors' night!

This coming Monday, we recognize the culmination of an important journey for our Grade 12 students, as they proudly present their Capstone presentations. These projects reflect months of inquiry, critical thinking, personal growth, and self-reflection. Thank you to Staff, mentors, and families who supported students through this meaningful learning experience.

On Tuesday, the Grade 8 and 9 Career Fair provides valuable insight into a wide range of career pathways and post-secondary options. Again, much appreciation to Staff and community members who will volunteer their time to share insight and knowledge with our students.

Grade 10 and 12 Graduation assessments will be happening on Monday and Tuesday and all impacted students are well aware if and when they are completing assessments. There are other assessment windows in April and in June.

All important dates and deadlines are within this Tribune, in our school website calendar, and often on our Instagram handle.

Over 270 Grade 6-12 students continue to participate in the Cypress Alpine Program. Outdoor education experiences like this help students build resilience, teamwork, and confidence outside the classroom.

Athletics continue to be a strong point of pride in our school. Our basketball teams continue to demonstrate dedication, sportsmanship, and perseverance throughout the season. We appreciate our coaches, athletes, and supporters for representing our school with enthusiasm and integrity.

Jan. 26	Gr. 12 Capstone 9:30-11:30am
Jan. 26	Gr. 8-12 Student Success Day (By Invitation Only)
Jan. 26	Literacy 10 Assessment @ 9:00am
Jan. 27	Gr. 8-12 Student Success Day (By Invitation Only)
Jan. 27	Numeracy 10 Assessment @ 9:00am
Jan. 27	Literacy 12 Assessment @ 9:00am
Jan. 27	Gr. 8/9 Career Fair - AM only
Jan. 28	Semester Turnaround Day (Grade 8-12 Students NOT in session)
Jan. 29	Semester 2 Begins Gr. 8-12 Linear Classes Resume
Jan. 30	Alpine Ski Program
Feb. 5	Parent Information Sessions Current Grade 5's Starting Grade 6 in September @ 6:00pm
Feb. 5	Parent Information Session Current Gr. 8-11
Feb. 6	Whistler Session
Feb. 6	Gr. 8-12 Linear Informal Updates Published in MyEd
Feb. 9	District Pro-D Day

Please visit www.lfmss.sd35.bc.ca for the most up to date calendar of events.

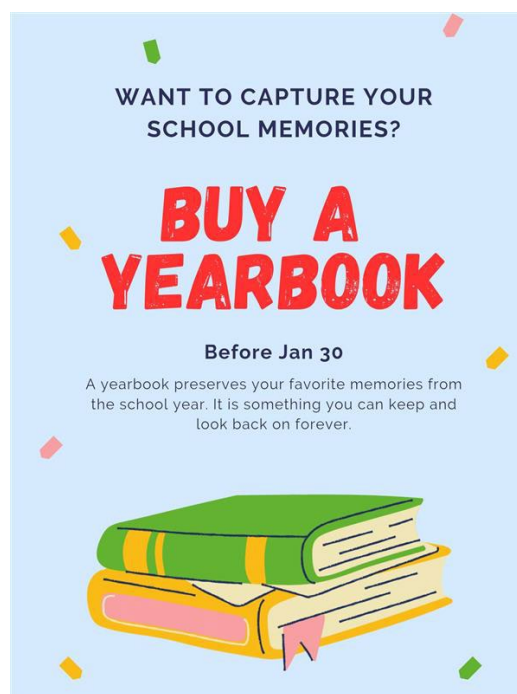
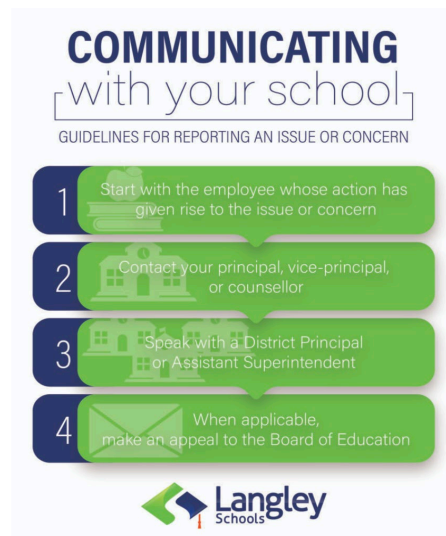
Finally, I would like to acknowledge the inclement weather conditions we have experienced recently. Thank you to students and families for your patience, preparedness, and cooperation in ensuring everyone remains safe during the winter months.

As always, I am grateful for the strength of our school community and the way we continue to support one another.

Thank you for your continued support in making our school a special place.


Sincerely,

Carla Clapton
Principal



What's Happening Around the School



Would you like to learn more about the sports you love? Throughout Recreational Leadership (available to grades 10-12), you will be able to do just that. By spending your time at the score table, or helping coach a team, you will gain credits as well as valuable leadership skills. This might end up being your favourite course! Sign up during course selection week. If you have any questions, message Mr. Johnson via Teams.



RECREATIONAL LEADERSHIP

Earn Credits - While Enjoying Sports! Register during Course Selection

AN OUTSIDE THE TIMETABLE COURSE – OPEN TO GRADES 10-12



LEARN MORE

Message Mr. Johnson via Teams for more details!

Snowball Dance Gr. 11 & 12



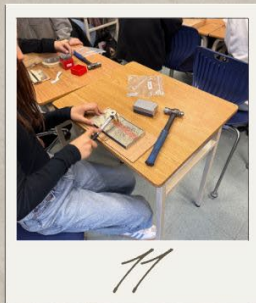
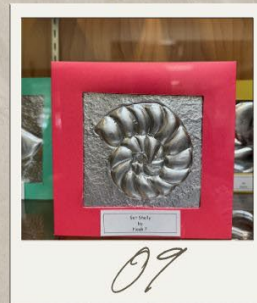
LOST AND FOUND

Lost Something?

We May Have Found It! Check the lost and found.



Ms. Cho's grade 7's hard at work creating, building and discovering new ideas in Metal Work.



Metal Work
Ms. Cho's Grade 7

FUNDY

FOOD TRUCK

Fridays

GRADE
8-12

Pre Order
Now!



BURGERS, CHICKEN STRIPS, POUTINE, HOT
DOGS, AND FRIES RANGING FROM \$7-\$16

You can pre-order! Follow the QR Code.
Any questions please contact the PAC lfmsspac@gmail.com

A Season of Theatre

The Langley School District is proud to be presenting another season of Main Stage Productions! This year's lineup dives deep into what makes us human - **identity, love, resilience, and transformation**. From the bold defiance of *Antigone* to the glittering ambition of *Chicago*, the heart of *The Prom*, and the magic of *The Little Mermaid*, every show invites you to explore who we are and what we stand for. Please see the full listing of shows and dates at the link below and reserve your seats and experience the power of live theatre!

SEASON OF THEATRE



Brookwood Secondary
February 18-21, 25-28

Tickets:



R.E. Mountain Secondary
March

See school website for
ticket information



Aldergrove Secondary
May 26-29

See school website for
ticket information



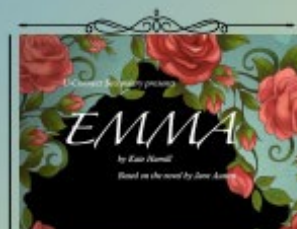
Langley Secondary
February 26-28, March 5-7

Tickets:



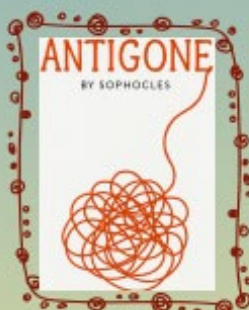
Walnut Grove Secondary
April 30, May 1-2, 7-9

Tickets:



U-Connect Secondary
Chief Sepass Theatre
May 2 and 3

Tickets:



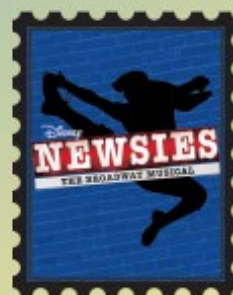
Langley Fine Arts
March 1 - 7

Tickets:



Langley Fundamental Middle Secondary
April 22-25, 27-29, May 1,2

See school website for
ticket information



D.W. Poppy Secondary
February 26-28, March 5-7

Tickets:



LSS Sport Academies Information Nights

Are you looking for a way to fuel your passion for hockey, baseball or softball while still achieving your academic goals? Langley Secondary School's sports academies may be the perfect fit for your child! These high-performance skills-based programs combine on-and off-field or ice training, strength and conditioning education, and the BC school curriculum. Learn more at an upcoming Information Session, which is scheduled for February 5th at 6pm in the Langley Secondary Learning Commons. See attached posters for details. Please note, this information session does NOT include the LSS Soccer Academy.



LSS Sports Academies Information Night

Baseball Semester 1

Softball Semester 1

Hockey Semester 2

Students can attend LSS all year or for the semester of Academy

Langley Secondary School
Learning Commons
Thursday February 5 6pm

This night is an opportunity for students and parents to find out information regarding the Baseball, Softball and Hockey Academies Offered at LSS. For any further information please contact: tbannister@sd35.bc.ca



LSS Hockey Academy Information Night



Langley Secondary School
Learning Commons
Thursday February 5 6PM

This is an opportunity for students and parents to find out more information about the LSS Hockey Skills Academy. If you have any other questions please contact:

tbannister@sd35.bc.ca

FEBRUARY
5

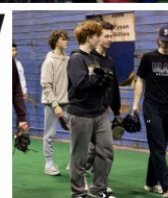
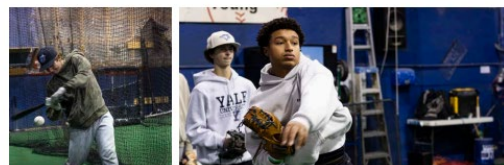


LSS SOFTBALL ACADEMY

Information Night
Thursday February 5, 6pm
LSS Learning Commons

This is your opportunity to come and find out more information regarding the LSS Softball Academy. For more information, please contact

TBANNISTER@SD35.BC.CA



LSS Baseball Academy Information Night



Langley Secondary School
Learning Commons
Thursday February 5, 6pm

This is an opportunity for students and parents to come and find out more information regarding the Baseball Academy at LSS. For any other information please contact:

tbannister@sd35.bc.ca

Information About School Status During Inclement Weather

Snow closures and power outages are an annual occurrence in Langley School District. So, where do you go to get information about the status of schools during periods of inclement weather? If you are able to access the internet via computer or smartphone, current information about Langley schools can be accessed on all school websites or www.sd35.bc.ca. Updates are also posted to X (formerly Twitter) @LangleySchools and Facebook at www.facebook.com/langleyschooldistrict. If you don't have internet connectivity but your phone is working, call a relative or friend in an area that has not been affected by the storm and ask them

to check the district website for you. Local radio stations are also informed of school status in Langley. Tune in to CKWX 1130AM, CKNW 980AM, Country Radio 107.1FM, Pulse 107.7 or CBC 690AM or 88.1FM for updates.

Please note that Langley District schools are all considered 'open' until a decision to close is required. Decisions on school closures are usually made by 6:30am. As always, it is a parent's decision whether to send their child to school based on safety and individual circumstances. If you feel it is unsafe for you or your child to travel to or attend an open school for any reason, please keep your child home and report an absence to the school.

January Health Messaging – Fraser Health

As part of its health promotion for students and families, our community partner Fraser Health is sharing important information on various topics. The theme for January is Child and Youth Mental Health. Please share the following information below in your next newsletter or communication to families. This information has been shared on the District's social media channels.

Child and Youth Mental Health (from Fraser Health)

Health, safety, and wellness continue to be a priority in our schools. To help support our students and families, we are sharing important information from our community partner Fraser Health about Child and Youth Mental Health. Please see below for helpful reminders to support your child.

Support Your Child's Mental Health

Positive mental health allows us to enjoy our lives and can help children and youth weather the normal ups and downs of life. It plays a critical role in the healthy development of children and youth, supporting their ability to build healthy relationships and succeed in school.

How Can Parents Support Positive Mental Health?

Parents can foster positive mental health through strong and caring relationships with their children.

- Self-care – focus on doing something for yourself, even if just for a few minutes.
- Build routines – consistent schedules, such as meal, sleep and play times help children feel safe.
- Connect – talk and listen to their feelings and experiences.
- Be active together – take a walk and build physical activity into family time.
- Take notice – encourage and praise the positive behaviours and choices your children make.
- Keep learning – encourage your child to learn from both positive and negative experiences.
- Be present, not perfect – give your time, your encouragement and your presence.

Get more information about positive mental health for children and youth [here](#).

Sometimes parents aren't sure how to talk about mental health. Learn more about [tips for how to talk to your child or teen about mental health](#).

Family transitions like separation and divorce can be tough and can impact mental health. To learn more and access practical resources visit [**FamiliesChange.ca**](https://familieschange.ca).

Need help? Find out services, programs and resources for your child and/or youth on Fraser Health's [**Child and youth mental health**](#) page.

Remember, you can get fast and reliable health advice from registered nurses with emergency experience who have access to your child's personal health record. Contact them via phone at 1-800-314-0999 or web chat. Learn more at [**Fraserhealth.ca/VirtualCare**](https://fraserhealth.ca/VirtualCare).

Student in Distress and School Safety

Health and safety are a priority in the Langley School District. Our schools follow procedures to help keep students, staff, and the community safe. Depending on the situation, communication to parents/caregivers is needed to keep families informed about incidents in our school, such as during lockdowns, hold & secures, and room clears, or in the event of a student in distress.

Sometimes these situations may not be emergencies but events that require a school response. It is important to note that the decision to send communications to families is dependent on a variety of factors including the nature of what happened, who has witnessed or was directly impacted by what happened, as well as student and staff privacy. Communication is unique and dependent on the specific situation; there are times when a student is in distress, yet the situation may or may not require a message or letter to families. In addition to communication with parents/caregivers, teachers and staff may debrief with students after an incident that may have upset them. In some cases, the school counsellor may offer support to students in need. As always, we want families to let us know if your child requires support. If you have any questions or concerns about communication related to situations or emergencies, please reach out to the school.

Careers



SD35 Career Education

Pathways to the Future

Exploring Langley School District's Trades & Career Opportunities

Join us for this family information evening as we highlight the district's career programs and pathways to post-secondary success!



When:

**February 3, 2026
6:30 pm- 8:00**

Where:

**Langley Events Centre
7888 200 Street, Langley**



**LOOK
FORWARD TO
YOUR FUTURE!!**

**CONNECT WITH
POST-SECONDARY
INSTITUTIONS!!**

**PARENTS &
STUDENTS
WELCOME!!**

DUAL-CREDIT PROGRAMS (TRADES & ACADEMIC)



**APPLICATIONS FOR THE 2026-2027
SCHOOL YEAR WILL OPEN IN JANUARY!**

CHAT WITH YOUR CAREER ADVISOR, TO LEARN MORE.

JASPERACTIVE

Dive into interactive lessons and practice real-world tasks to build your Microsoft Office skills step by step (Word, Excel, & PowerPoint).

Get ready to boost your confidence and become a Microsoft Office pro!

Industry Immersion Series
by myBlueprint

 **SHAD**
CANADA

Learn more at:
IndustryImmersionSeries.ca/Sponsors/Shad



Series Completion Incentive Grade 7-11 students Deadline: January 5th 2026

5x Shad Canada Entrance Scholarships

In collaboration with myBlueprint's Industry Immersion Series, Shad Canada is offering 5 Entrance Scholarships to students across Canada for the 2026 program & beyond

Indigenous Cultural Safety Training

Cultural Safety Training will help you to better understand how to serve, work alongside and build relationships with Indigenous peoples and communities.

APPROPRIATE FOR STUDENTS INTERESTED IN HEALTH CARE, EDUCATION, TRADES AND MANY OTHER IN-DEMAND SECTORS

Monday, February 9
9:00-3:00

Langley School Board Office
See your Career Advisor for an application!
Applications due: January 26, 2026

Contact info: FBrown@SD35.BC.CA

<https://careered.sd35.bc.ca/news-events/list/>

Project Resiliency Program

Project Resiliency is a three-day counselling-based program (for Grades 8-12) that offers young people the opportunity to address whatever might be preventing them from achieving their full potential

For more info <https://www.sd35.bc.ca/page/5993/project-resiliency>

Alternate programs

Alternate programs in Langley are designed to address educational, social, and emotional needs of students whose needs are not met in traditional school settings

Public Health Nurse - supporting the Langley School District

Fraser Health's healthy schools nurses support school districts and identified (Focus) schools to promote the physical, emotional and social well-being of students.

For more information, please contact: publicnurse@sd35.bc.ca

<https://www.sd35.bc.ca/page/2018/healthy-schools>

<https://www.sd35.bc.ca/community-bulletin-board>