



# The Titans' Tribune

Home and School Working Together

March 7, 2025

Issue #13

## Upcoming Dates

Hello LFMSS Families:

This edition is full of the many initiatives and events that have been happening at Fundy over the past couple of weeks. There is plenty of positive energy in the air and we only have one more week until our Spring Break is upon us. We continue to remind students that we still have one more week of learning and our Staff continue to maintain the structures of the day and will provide learning opportunities for the entirety of the week.

This is a reminder that Student-Parent-Teacher-Conferences are next week and the online appointment system will be open until Monday, March 11<sup>th</sup> at 11:00 PM. After that deadline, parents must contact a teacher directly if they wish to schedule a time to meet (and it may not be during the Wednesday and Thursday conferences).

Finally, thank you to pedestrians and drivers for continuing to abide by all traffic laws during school hours. I would like to thank our wonderful Crossing Guards who are doing their best to ensure that our students are safely traveling through our intersection. Thank you for your patience during the peak hours of the day.

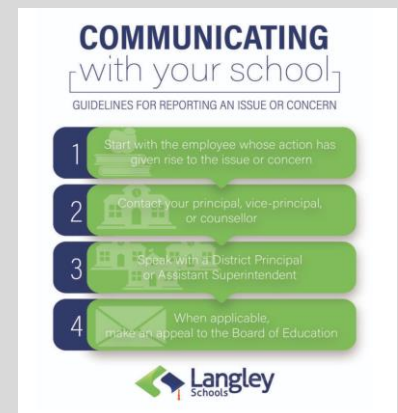
I wish you a wonderful weekend and we will have a Titan Tribune next week prior to our extended break.

Sincerely,

Ms. Carla Clapton  
Principal

- Mar. 11**      **Music in the Movies 7:00 pm**
- Mar. 12/13**   **Student Parent Teacher Conferences – early dismissal 1:55pm**
- Mar. 17-28**   **Spring Break**
- Mar. 31**      **Welcome Back!**

Please visit [www.lfmss.sd35.bc.ca](http://www.lfmss.sd35.bc.ca) for the most up to date calendar of events.



# Diversity and Respect Week

Last week, the LFMSS community celebrated many aspects of the Langley School District's "Diversity and Respect" week. In the main foyer and down the art wing, student work was displayed as they provided their personal experiences as it relates to their feelings about the difference between 'fitting in' and 'belonging'.

## DIVERSITY & RESPECT DISPLAY



## Sports Information

### Basketball Program looking for Corporate Sponsorship

Next year we will have a new look to our gym (large Titans mural, another updated logo option, and hopefully new LED score clock screens! Along with this we plan to update all of our grade 8 & Jr. & Sr. basketball uniforms!

We are now looking for corporate SPONSORSHIP for our uniform upgrades. The Langley school district has approved schools finding corporate sponsors. Sponsorship can be in 2 forms - a donation (ie. For a set of uniforms) that pays for the uniforms, which gets the business a donation receipt for tax purposes. This will also get a thank you banner hung in the gym for the season. The second way is sponsorship - which does not get the donation receipt but can include a badge on the uniforms with the company name, which will be there for the life of the uniform. *(We are happy to announce that **Team Tube**, a company in the steel industry, has already agreed to sponsor the Sr. girls team uniforms which are presently being designed and will be used next year!)*

As parents in our Fundamental program, can you talk to the people you know who might be in the position to consider offering corporate sponsorship? We really appreciate it and look forward to exciting developments next year. Of course, we will be looking to order these uniforms before the end of this school year (if funding is in place).

# What's Happening Around the School

The leadership class and leadership class volunteers organized a "Kindness Carnival" for Pink Shirt Day. All students were invited to the gym to play carnival games and earn candy. After playing four games, 80 lucky students received a bucket of pink cotton candy! Thank you to all the students who planned such fun and entertaining games.



Digital Media 11/12 Students have been working on engraving designs.





## Hot Chocolate Project



## CARNAVAL

DE QUEBEC



# Spring Health Information from Fraser Health

Health, safety, and wellness continue to be a priority in our schools. To help support our students and families, we are sharing important information from our community partner Fraser Health about Spring health. Please see below for helpful reminders to support your child.

## **Spring Health for Kids**

The spring season is approaching, which means warmer weather and more outdoor activities. It's also an opportunity to foster new healthy habits for our children. Here are five practical tips for school-aged kids to make the most of this season.

### **Get Active**

Warmer weather makes spring the perfect time to get outside and play. Take a walk around your neighbourhood or head to a local park or hiking trail.

### **Think Fresh**

Springtime often brings up images of fresh fruits and produce. Now is a great time to teach children about where food comes by helping them to start their own home garden. You don't need a large space to get started. Strawberries, tomatoes and lettuce can all be grown from pots on a sundeck.

### **Be Sun Safe**

Sun burns are possible even in spring. Use a sunscreen that has Sun Protection Factor (SPF) 30 or more. When possible, schedule outdoor activities in the morning or late afternoon and early evening. If you and your children are out in the sun during mid-day hours, wear long sleeves, loose-fitting long pants and a hat with a wide brim.

Spring is also a good time to make sure your family has plans in place to be healthy in the coming heat. Investigate if your family is eligible for retrofitting rebates to keep the family cool, as indoor temperatures can be dangerous for everyone.

### **Support Positive Mental Health**

The best way to support positive mental health in your children is by forming strong and caring relationships with them. Make time for connection each day. Talk to them about their feelings and experiences.

### **Practice Road Safety**

Biking is a great way to exercise and spend quality time with your family. Remember to keep safety top of mind. Protect their heads with a well-fitted helmet and teach them the rules of the road, such as the hand signals for stop, right and left-hand turns.

Find more tips for a healthy spring in Fraser Health's Spring Health Guide: [\*\*Your spring health guide - Fraser Health Authority\*\*](#)

## Career and Secondary Education Information

Please see the SD Career Education information

<https://careered.sd35.bc.ca/news-events/list/>

### **JIBC LAW ENFORCEMENT VOLUNTEER FAIR**

**Mar 19, 2025, 11:00 am - 2:00 pm JIBC New Westminster**

Volunteer roles in law enforcement, public safety, and community service. This event connects JIBC Law Enforcement Studies diploma and degree students, as well as members of the public, with employers seeking motivated individuals ready to make an impact.

<https://www.jibc.ca/event/law-enforcement-volunteer-fair>

### **JIBC LAW ENFORCEMENT CAREER FAIR**

**Mar 20, 2025, 11:00 am - 2:00 pm JIBC New Westminster**

Explore career opportunities in law enforcement at the JIBC Law Enforcement Career Fair. Connect with recruiters from top agencies, including the RCMP, Canada Border Services Agency, Vancouver Police, BC Sheriff Service, E-Comm 911, and more. Learn about careers in policing, corrections, probation, security, and emergency response.

<https://www.jibc.ca/event/law-enforcement-career-fair>

## Students in Distress and School Safety

Health and safety are a priority in the Langley School District. Our schools follow emergency procedures to help keep students, staff, and the community safe. Depending on the situation, communication to parents/caregivers is needed to keep families informed about incidents in our school, such as during lockdowns, hold & secures, and room clears. Sometimes these incidents may not be emergencies but are medical crises. It is important to note that the decision to send communications to families is dependent on a variety of factors including the nature of what happened, who has witnessed or was directly impacted by what happened, as well as student and staff privacy. Although communication is unique and dependent on the specific situation, there are times when a student is in distress and the incident may require a message or letter to families. In addition to communication to parents/caregivers, teachers and staff may debrief with students after an incident that may have upset them. In some cases, the school counsellor may offer support to students in need. As always, we want families to let us know if your child requires support. If you have any questions or concerns about communication related to emergencies or incidents, please reach out to the school.

## Volunteer Approval and Training

There is a new District process for adults volunteering in Langley schools. All volunteers who are more than just casual volunteers must complete a Criminal Record Check, the Refresher/Training video, and complete the Volunteer Application Form, all on the School District Website. The link is: <https://www.sd35.bc.ca/our-district/volunteer-at-the-langley-school-district/> The password to access the information is **SD35Volunteer**

## Financial Hardship

The District is committed to ensuring that no student of school age will be denied an educational program due to financial hardship. Within the fiscal ability of each school and the District, no student is to be denied access to programs, events or field trips that are aligned to and enhance the BC curriculum. If you have any questions or are in a situation of financial hardship, please contact the school counsellor or administrator.

## Community News

Here are a few items from the Langley School District's Community Bulletin Board. For more community events please visit <https://www.sd35.bc.ca/news-events/community-bulletin-board/>

### Your Voice Matters!

**Are you between 12-18 years old?**



Take our online survey to share your thoughts about sharing private pictures or videos without permission.

**Anonymous:**  
No one will know your answers.

**Fast:**  
It takes about 10 minutes.

The government of British Columbia offers services to help people whose private pictures or videos were shared without their permission.

We want to know if young people find these services helpful and identify ways they could be improved in the future.

Scan the QR code to start!



Survey weblink:  
[tinyurl.com/56pst5cx](https://tinyurl.com/56pst5cx)

For more information, please visit:  
[TakeBackYourImages.gov.bc.ca](https://TakeBackYourImages.gov.bc.ca)



### valley GranFondo



#### VOLUNTEER OPPORTUNITY

**VOLUNTEERS NEEDED!**

- Shifts available on Wednesday June 4th, Saturday, June 7th & Sunday, June 8th
- Volunteer in Fort Langley, Langley, Abbotsford and Vancouver
- Fun group jobs such as Aid Stations & Festival Support
- Honorariums are available for group volunteers. Contact us for more details!
- Volunteers receive t-shirt, lunch, beverages and festival access!

For more information please contact:  
[volunteer@valleygranfondo.com](mailto:volunteer@valleygranfondo.com)

Post-Ride Festival, Lunch & Shirt included!

**Sign Up Now!**



[www.valleygranfondo.com](https://www.valleygranfondo.com)

**Location:** Eagle Acres Dairy Farm, Fort Langley, BC

**Sunday, June 8, 2025**