



The Titans' Tribune

Home and School Working Together

September 5, 2025

Issue #1

Upcoming Dates

Hello LFMSS Families:

This is the first edition of the Titan Tribune for the 2025-26 school year. We have now completed our first week and students seem to be settling into their classes and daily routines.

Traffic Flow (Before and After School)

As you may have noticed, the traffic has increased during drop off and pick up and we continue to monitor the traffic flow. We have crossing guards so that your children travel through the intersection safely and we thank you for your patience and for following the rules of the road. We have also added additional supervision in both parking lots outside after school. Our local RCMP is doing their best to be more present during these busy traffic times.

Promising news! As per the information in this Tribune, the Township is predicting that the 40th avenue culvert project will be completed by approximately October 10th.

Athletics

Grade 8-12 volleyball, cross-country, and boys' soccer tryouts are beginning and middle school cross-country will be starting up soon. Schedules are posted on Instagram, on our website, on our school monitors, and at the large gym.

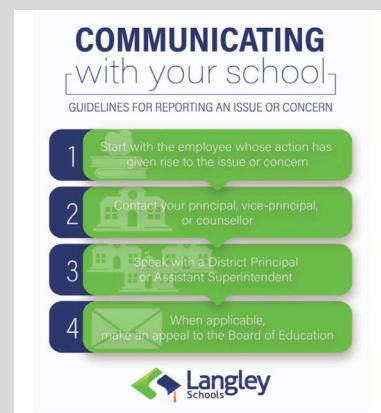
Breakfast Club, Feeding Futures, and Canteen

Each morning, there will be healthy breakfast items available for everyone who wishes to have something prior to the start of the school day. Some of these mornings are coordinated by our Support Staff and other mornings are coordinated by our Breakfast Club students. Grades 8-12 can go to the canteen for a snack and Grade 6 & 7's can go to the courtyard outside of Room S2. There are always snacks available as needed in the counselling area.

The LFMSS Canteen (run by our parent community) will be opening in early October and will be available for Grade 8-12 students to purchase lunch. This option is not available to Grade

Sept. 8	Photo Day
Sept. 15	PAC Meeting 7:30pm
Sept. 18	Welcome Back & Open House (formerly Meet the Teacher) 5:15-6:45pm
Sept. 18	Grade 12 Parent Info Session 7:00-8:00pm
Sept. 26	Orange Shirt and Truth & Reconciliation Acknowledgement
Sept. 29	School Improvement Day Students not in session
Sept. 30	National Day for Truth & Reconciliation – School Closed

Please visit www.lfmss.sd35.bc.ca for the most up to date calendar of events.



6 and 7 students. We have an excellent hot lunch program for our Grade 6/7's that is run by our PAC. Please refer to the PAC Facebook page for more information about the hot lunch program.

Fundy Open House (formerly known as 'Meet the Teacher') – Thursday, Sept. 18 (5:15 – 6:45 PM)

We welcome everyone to join us on Thursday, September 18th and take advantage of the opportunity to meet our LFMSS teachers! Please note that this is an informal evening to meet your child's teachers and take a self-tour of the school. This is not the time to discuss your child's current progress in a class. If you wish to have such a discussion, please make an appointment with the teacher and we also have Parent Teacher Interviews in October.

Grade 12 Student and Parent Information Session – Thursday, Sept. 18 (7:00 - 8:00 PM)

After the Fundy Open House, all Grade 12's and their parents are invited to a session in the small gym to discuss all things related to their Grade 12 year.

We look forward to seeing you there!

Please Stay Connected!

Please stay connected to our school through our Instagram account and our LFMSS website. Our PAC also has a Facebook page and it is a great way to connect and get involved with the parent community. We are working on creating a year-long calendar on our school website. Thank you for your patience as we are navigating a new website programme. In the meantime, please refer to the September that was communicated in late August and it is also included in this Titan Tribune.

Finally, we have many community supports that can be accessed for those who may require some financial assistance as it relates to school-related items such as school fees, school supplies, and Grad-related events. Please note that this does not include fundraising for field trips that are beyond a one day event. Please reach out to one of our school counsellors, Ms. Traber (Student last names A-L) or Mrs. Frost (Student Last names M-Z) for assistance as soon as possible.

I wish you and your loved ones a wonderful weekend.

Sincerely,

Ms. Carla Clapton
Principal

2025
September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labour Day	2 Returning ISP Orientation 12:30pm to 3:00pm Grade 6/7 Welcome 1:30pm to 2:30pm	3 Grade 6-12 students attend (Day 1A rotation) 9:45am Grade 11/12 Assembly	4 9:45am Grade 8-10 Assembly	5	6
7	8 Photo Day - AM	9	10	11	12	13
14	15 7:30pm PAC Meeting	16	17	18 5:00-7:00pm - Welcome Back & Open House (formerly known as "Meet the Teacher")	19	20
21	22	23	24	25	26 Orange Shirt Day and Truth and Reconciliation Acknowledgement	27
28	29 School Improvement Day (Students Not in Session)	30 National Day for Truth & Reconciliation (Schools are Closed)				

40th Avenue Culvert Replacement Project Update

Please refer to below hyperlink regarding 40 Avenue Culvert Replacement project update. 40 Avenue between 208 and 216 Street is scheduled to open on October 10, 2025, subject to weather and any unexpected delays. We appreciate your patience during this culvert replacement project.

<https://www.tol.ca/en/news/40-avenue-culvert-replacement-update.aspx>

Student Fees

We continue to offer **School Cash Online**, which provides you with the convenience of paying online for the Student Activity Fee, Grad Ceremony Fee, Yearbook Orders and PAC donation. We are asking all LFMSS families to pay their school fees using our School Cash online system. Parents who are not able to pay online can pay at the office. **Please refer to the next page or our school website for School Cash Online payment instructions.**

Student Activity Fees 2025/2026 \$ 30.00 (Mandatory)

- The Student Activity Fee helps fund planned activities for LFMSS students such as guest speakers, school spirit days, special events, student agendas, & student leadership initiatives.

Yearbook 2025/2026 \$ 60.00 (Optional)

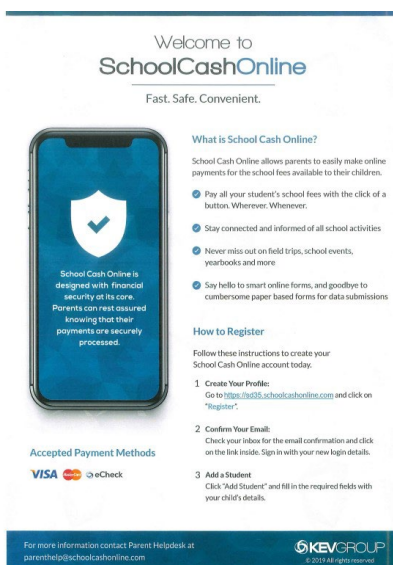
- Yearbooks are optional and can be ordered by prepayment online. Price increases to \$65.00 after October 31, 2025. Orders will be placed in early January 2025, so parents are encouraged to prepay to reserve your copy by early January 2025. Reminder to parents that student fees must be paid, and library materials returned to receive their yearbook at the end of the school year.

Grad Ceremony Fee 2025/2026 \$ 80.00

- The Grad Ceremony Fee includes Cap & Gown, Grad Class Photo & Folder and is payable by all Grads of 2026)

PAC Fundraising 2025/2026 \$ 50.00

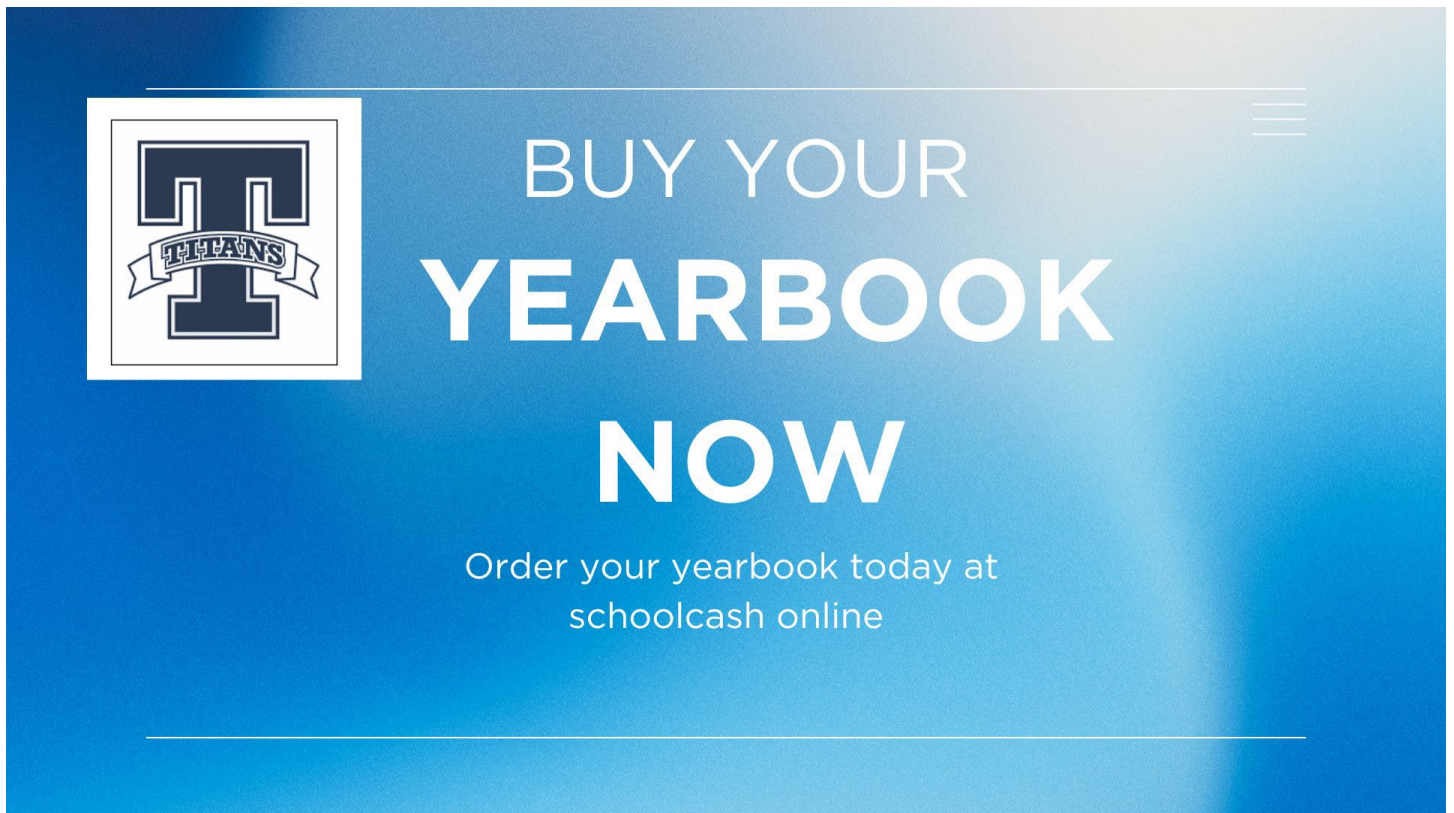
- Our PAC promotes a \$ 50.00 donation and therefore limits year-long fundraising projects. This money goes into a PAC supervised account and is given back to the school in support of classroom instruction, student events, athletics, fine arts, and other electives. This payment can be made online using **School Cash Online** but if you are paying by cheque please make it payable to **LFMSS PAC** and drop it off at the office.



What's Happening Around the School

Thank you to Graduating Class of 2026 for hosting the Welcome Back BBQ!





Counseling Center

Welcome to the Counseling Center. This includes Ms. Paula Frost for students with last names starting with A to L and Ms. Janelle Traber for students with last names starting with M to Z.

Counseling services include the following:

CAREER CENTRE

- Career Advisory Assistant available to meet individually with students.
- Advising students on career goals and assistance with establishing a plan.
- Checking for prerequisite courses and requirements for various occupations and post-secondary institutions.

EDUCATIONAL

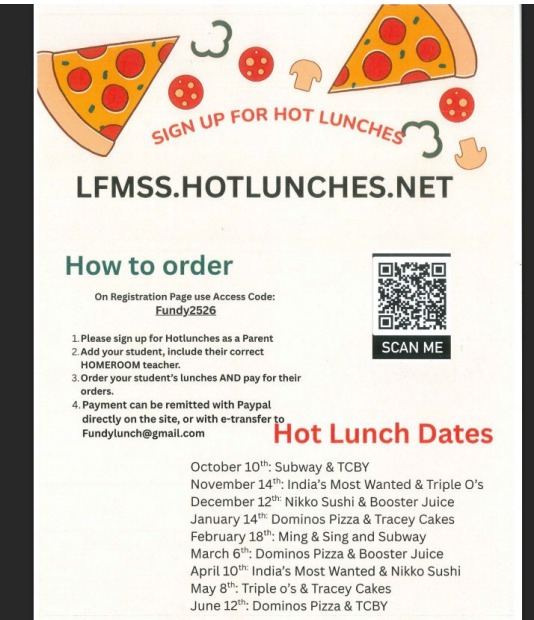
- Course planning leading to graduation, post-secondary education and employment.
- Arranging for assistance for students academically.
- Providing scholarship information and applications.
- Helping students with the registration process for some post-secondary institutions.

PERSONAL

- Crisis counselling involving home or school issues and provide referrals to appropriate agencies.
- Resolution of problems arising from difficulties related to class or school policies and procedures.
- Students may drop in to see a counsellor during school hours and before or after school.
- Parents are also welcome to phone counsellors or book an appointment if they have any questions or concerns regarding their child.

Hot Lunch Information for Grades 6 & 7 Only

For Grades 6 & 7 ONLY



A poster for hot lunches featuring illustrations of pizza slices, pepperoni, and mushrooms. The text 'SIGN UP FOR HOT LUNCHES' is written in a curved banner. Below this is the website 'LFMSS.HOTLUNCHES.NET'. The 'How to order' section includes an access code and four steps. A QR code with 'SCAN ME' is also present. The 'Hot Lunch Dates' section lists the schedule for October through June.

LFMSS.HOTLUNCHES.NET

How to order

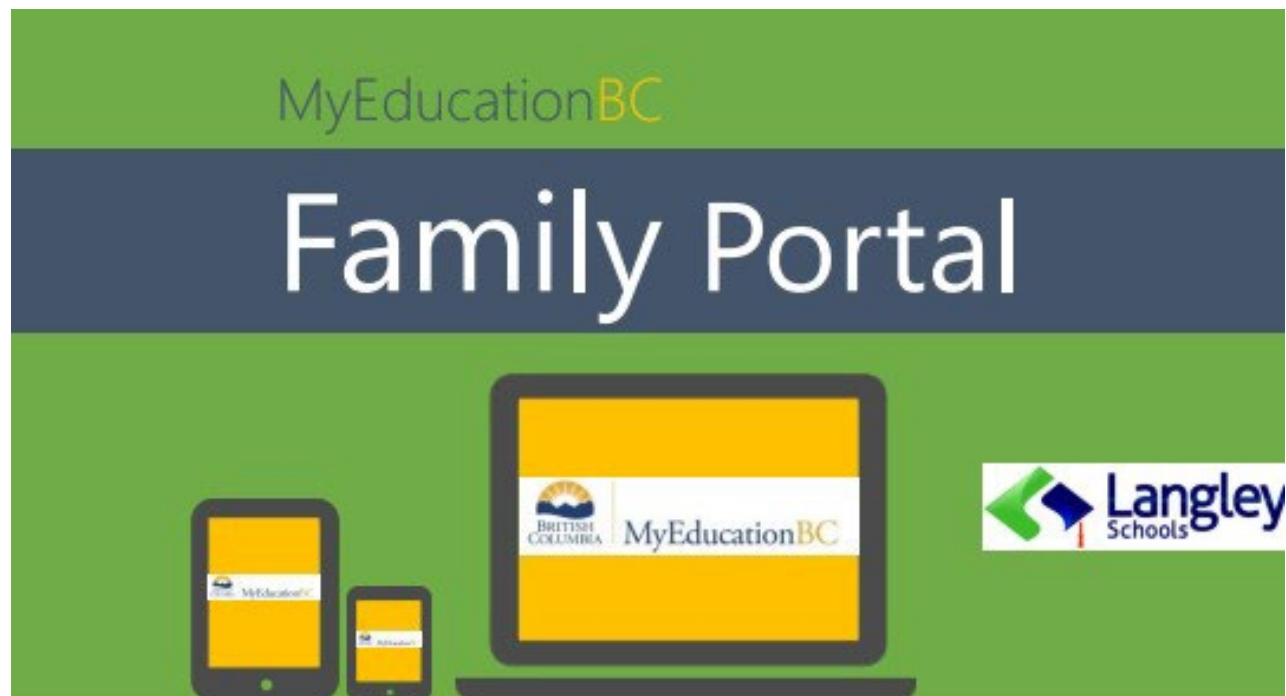
On Registration Page use Access Code:
Fundy2526

1. Please sign up for Hotlunches as a Parent
2. Add your student, include their correct HOMEROOM teacher.
3. Order your student's lunches AND pay for their orders.
4. Payment can be remitted with Paypal directly on the site, or with e-transfer to Fundylunch@gmail.com

Hot Lunch Dates

October 10th: Subway & TCBY
November 14th: India's Most Wanted & Triple O's
December 12th: Nikko Sushi & Booster Juice
January 14th: Dominos Pizza & Tracey Cakes
February 18th: Ming & Sing and Subway
March 6th: Dominos Pizza & Booster Juice
April 10th: India's Most Wanted & Nikko Sushi
May 8th: Triple o's & Tracey Cakes
June 12th: Dominos Pizza & TCBY

Please refer to the following poster for assistance in accessing the Parent Portal.



Login ID: sd35-xxxxxxx
both logins and passwords are case sensitive. Logins should be all lower case.



One login ID
should give parents access to all their children's information.



Passwords are good for 90 days
to protect your child's data and you will be prompted to change your password.



Published Report Cards
It is recommended that you save the PDF documents as the report card is only posted on the Family Portal for a limited time.



Forgot password?
Please click "I forgot my password" on the log on screen or please submit a request [here](#)



How to use the Family Portal
Please visit our website [here](#).



Need Help?

Please submit a request through our website <https://www.sd35.bc.ca/students-parents/myedbc-family-portal-help/myedbc-request-for-assistance-form/>



For more information
<https://www.sd35.bc.ca/students-parents/myedbc-family-portal-help/>

September Health Messaging – Fraser Health

As part of its health promotion for students and families, our community partner Fraser Health is sharing important information on various topics. The theme for September is Back to School Health. This information will be shared on the District's social media channels.

Back to School Health Tips (from Fraser Health)

Health, safety, and wellness continue to be a priority in our schools. To help support our students and families, we are sharing important information from our community partner Fraser Health about various topics to keep our students healthy and safe as they return to school. Please see below for helpful reminders to support your child.

Tips for a healthy back to school season

As children head back to school, parents face the familiar challenge of managing busy schedules, school routines and inevitably, health concerns.

*Help set the stage for a healthy school year with Fraser Health's **Healthy Back to School Guide**.*

*Fostering healthy routines for sleep, mealtimes and physical activity can support your child's health and wellness. Learn more at Fraser Health's **School Health** and **Children and Youth** pages.*

Staying healthy during the school year isn't just about routines - it's also about protecting children from illnesses that can spread quickly in classrooms. An important preventable illness to be aware of right now is measles, which has been increasing globally, including here in Canada. Symptoms of measles include fever, cough, runny nose and red, inflamed eyes, followed by a rash. The rash usually starts on the face and neck and spreads to the chest, arms and legs.

Get vaccinated against measles

*Immunization is the best way to prevent measles infection. Please check that you (if born in or after 1970) and your children have received at least two doses of a measles-containing vaccine. Find out how to check your immunization records **here**.*

*Measles-containing vaccines are available at many **pharmacy locations**, physician offices and at all **public health units**.*

If your children have symptoms of measles, please keep them home.

If you or your child needs urgent care for something like a high fever, please inform your health care provider before you visit so they can take steps to prevent the spread of measles. Wear a mask and avoid using public transportation.

Need general health advice? Fast care for busy families with Fraser Health Virtual Care

Our Fraser Health Virtual Care registered nurses and dietitians have access to your personal health record and provide convenient, fast health advice and information for busy families. With options for phone or web chat consultations, families receive medical advice from nurses with emergency experience, saving time and, in many cases, avoiding unnecessary visits to clinics or emergency

departments. Nurses can connect you directly with a health care provider at an Urgent and Primary Care Centre for various health needs, including questions about measles-like symptoms.

How to reach Fraser Health Virtual Care

1. **Dial 1-800-314-0999.** For an interpreter, say your language in English.
2. For web chat, go to fraserhealth.ca/virtualcare and click the blue chat bubble in the right corner to start.

Available 10am to 10pm, seven days a week including statutory holidays (after hours Call 8-1-1).
Learn more about Fraser Health Virtual Care, other care options and more at:

[Fraserhealth.ca/VirtualCare](https://fraserhealth.ca/VirtualCare)

Careers

Welcome back to another wonderful school year! Hope you all had a restful and safe summer! My name is Ms. Brown, and I am the LFMSS Career Advisor. As an integral part of the school staff, I am available to assist students and parents/guardians in matters that may be of concern to student's career planning and more.

The Career Centre has a variety of information, not only for Grade 12 students, but **for ALL**

- Explore post-secondary pathways, understand admission requirements, and the application process
- Discuss course selection for post-secondary institutions
- Post-secondary financial aid and funding information, including scholarships, bursaries, awards, and more.
- Assist with scholarship applications and personal profile essays
- Career and post-secondary related events and opportunities for personal growth
- District Transition programs:
 - Youth Train in Trades - Tuition FREE post-secondary programs
 - Youth Work in Trades
- Resume writing and interview assistance
- Available volunteer and job opportunities in the community
- Students are welcome to visit at any time and are encouraged to ask questions. Feel free to drop in or email me.

Contact info: FBrown@SD35.BC.CA

<https://careered.sd35.bc.ca/news-events/list/>

SchoolMessenger

The Langley School District uses a notification system called SchoolMessenger to communicate information to families. As we welcome our new families to our schools, some parents/guardians may receive a text message notifying them about SchoolMessenger. Below is information about the system.

Families may get a text message that says:

"Langley School District messages. Reply Y to confirm, HELP 4 info. Msg&data rates may apply. Msg freq varies. schoolmessenger.com/smsca"

What is SchoolMessenger:

- A notification service for parental outreach, emergency broadcasts, school information, student attendance alerts, secure file delivery, and other communications for education.
- A safe and secure service that enables schools to communicate in a timely matter, and ensure messages are received without delay or issues caused by email filtering or blocking.
- A service which makes use of recorded phone messages, emails, and text messages (optional to opt-in) to relay important information to students and parents/guardians.
- A service which makes use of contact information found on MyEDBC (provincial information system) to relay messages. (No action required to receive the service except for text message notifications requires parents/guardians to opt-in)
- A service that will NOT replace other communication methods. (e.g., parents/guardians can continue to access and connect with administrators via phone, email, and TEAMS meetings as usual).

What do families need to do in preparation for the new notification service?

- Read this information to get familiar with the service and know what to expect. An infographic about the tool is [here](#).
- Ensure your contact information on MyEDBC is up to date (email addresses and phone numbers). Please contact the school to make changes.
- If contact information is up to date, you will automatically receive phone and email messages.
- If you want to take advantage of the text message notification service (optional), please follow the instructions. If you have already opted-in by responding to an earlier text message sent by the District, no further action is needed. Instructions to opt-in are [here](#).

Community News

Langley School District's Community Bulletin Board. For more community events please visit

<https://www.sd35.bc.ca/news-events/community-bulletin-board/>